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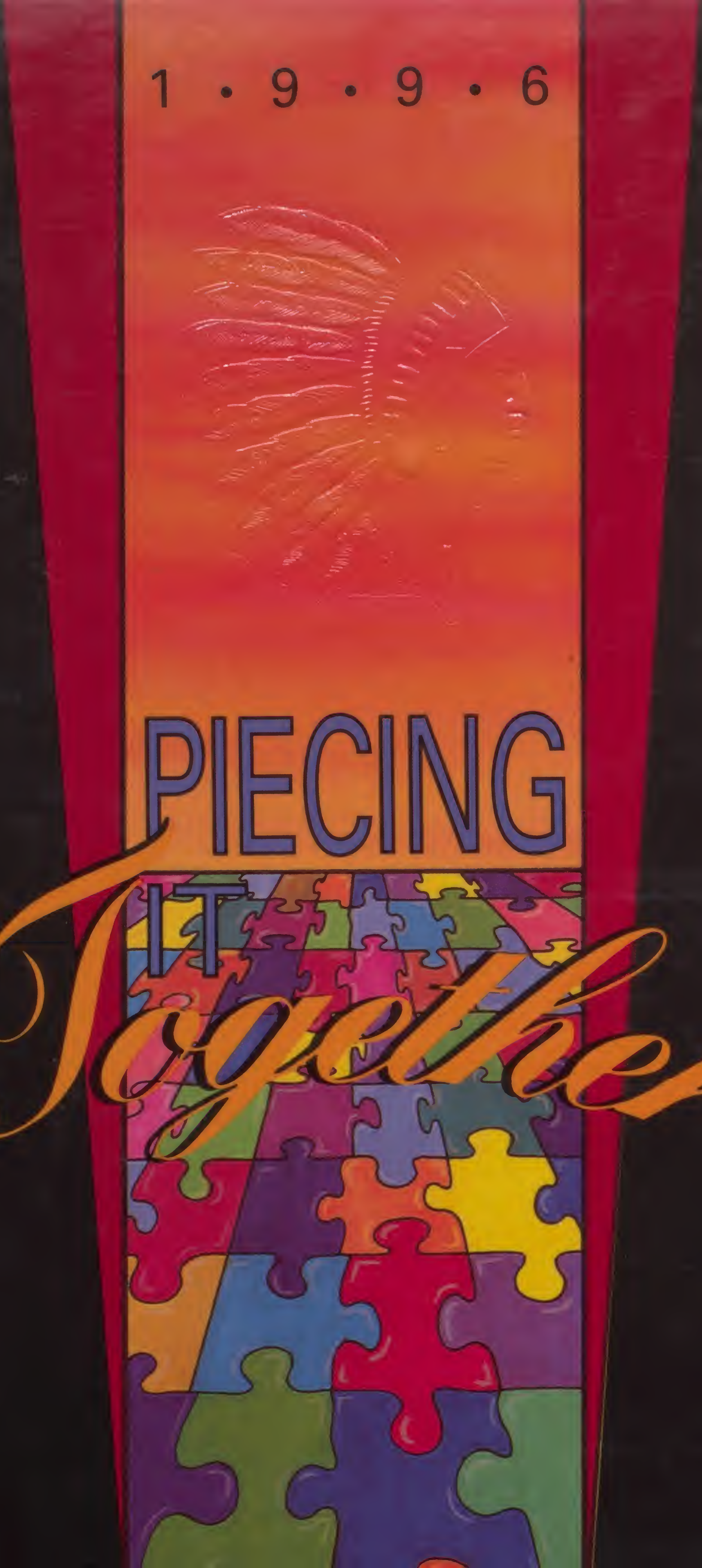
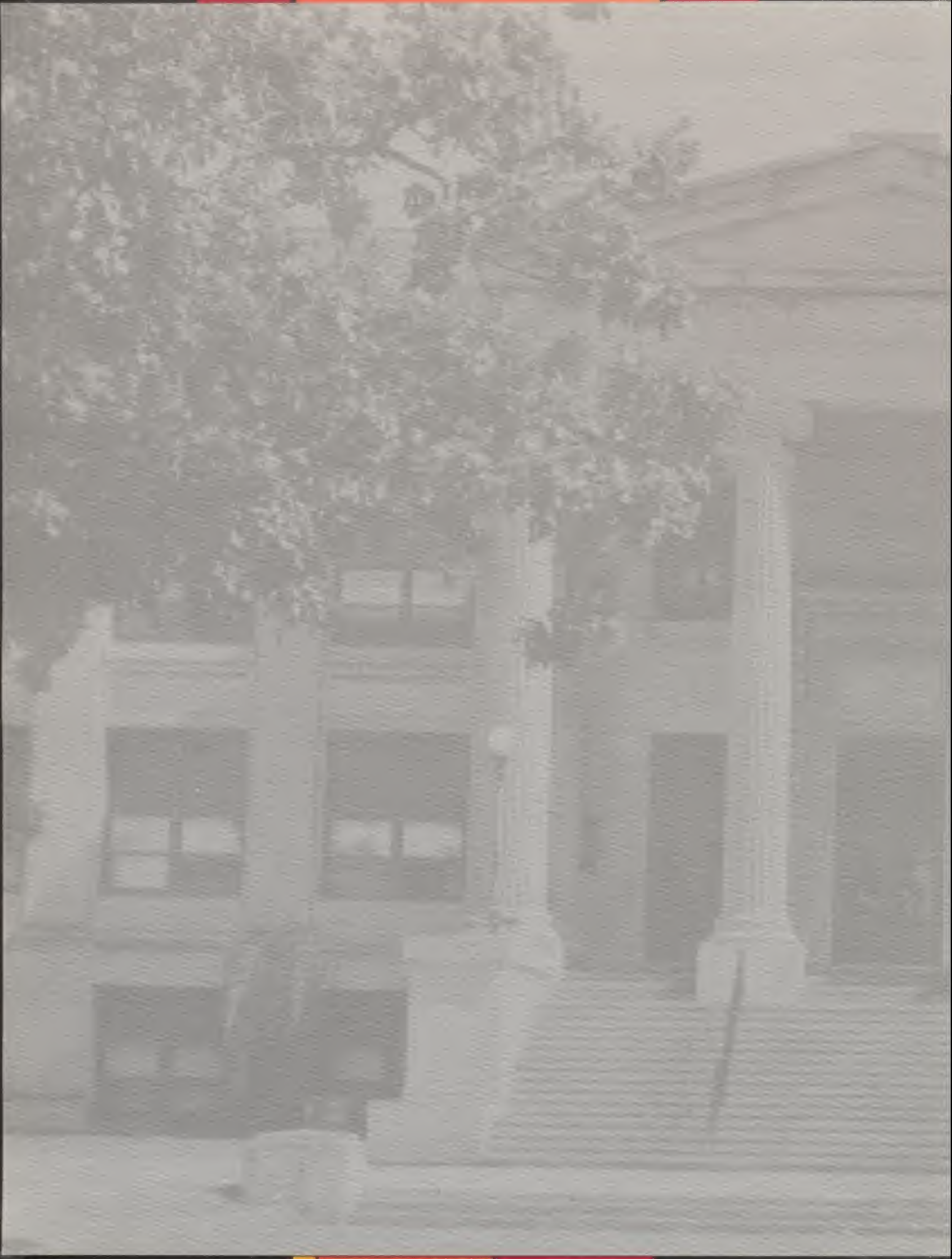
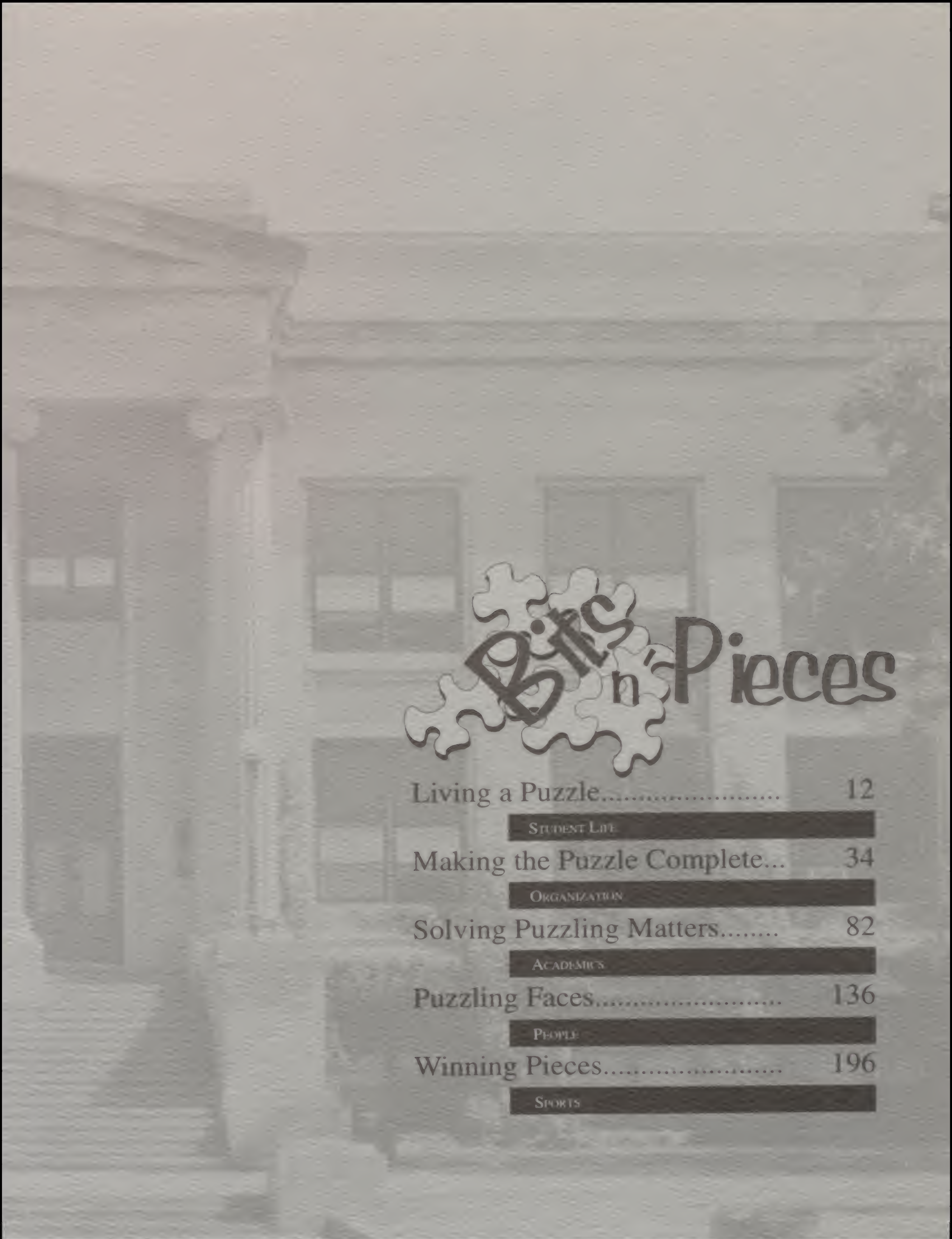


PIECING IT Together





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SPORTS

Piecing It Together

East High School

815 East 13th Street, Des Moines, Iowa 50316
(515) 242-7788
For the Service of Humanity
Volume 90

1995-1996

All 'n Pieces

Has life ever felt like an enormous puzzle where the pieces don't quite fit together? No matter how much you search for the right place to put your piece down, it just won't fit.

Take your freshman year. The puzzle of your life was scattered before you and your job was to piece it all together. You started with meeting new friends, going to your first dance, and struggling through your first semester finals.

Well you survived, we all do, and a fourth of that puzzle was completed.

As the high school years go by, more and more of that puzzle starts fitting easily together. Everything—life, friends, and school—become more comfortable.

When the pep assemblies have got you standing and the cheerleaders have had you singing the school fight song, or it's time for a serious lecture, another one of the many pieces of your life seems to lock into place.

After four years of stress, games, pep assemblies, and you're ready to put the final piece of your high school years in place as you graduate. You've completed what is one of the biggest and hardest puzzles of your life.

This seems like the last big puzzle of your life. But that is not the end. There are still many more pieces to put together in a larger puzzle called life.

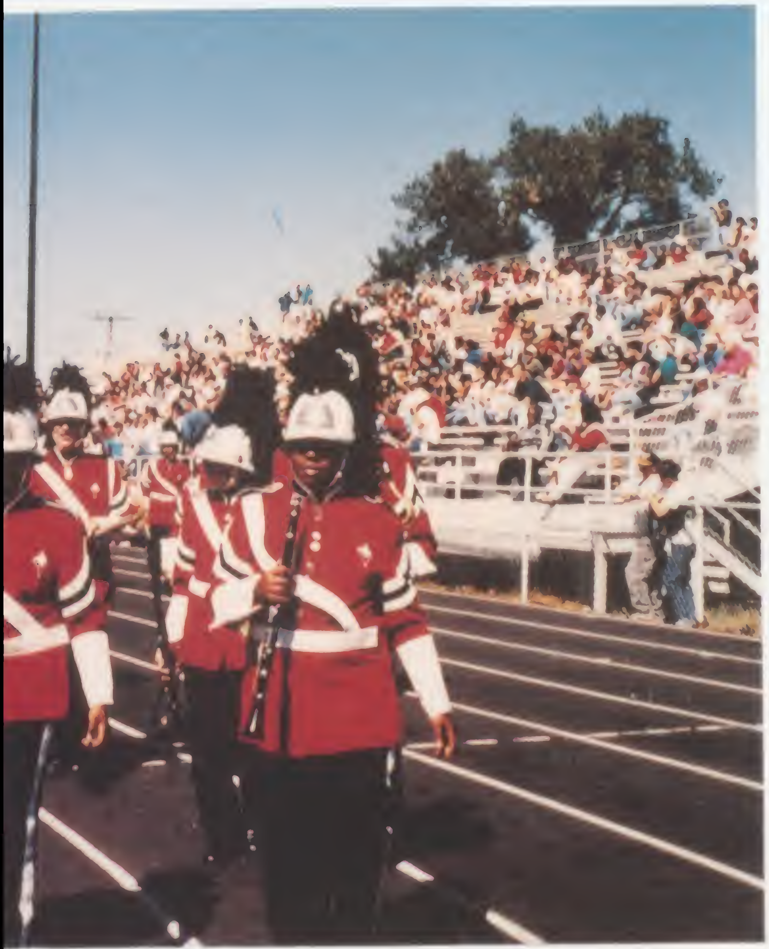
Life is like a puzzle, and we're the pieces. Put together, we make up an awesome picture. We are the pieces that make up the East High community.

We are all special in our differences. Each one of us are a very vital piece of the puzzle. Without one of us, the picture would look dumb. So unite, accept each other as what we are, and don't fear what you don't know. Then and only then will hate, racism, and prejudice disappear and the puzzle will be complete.

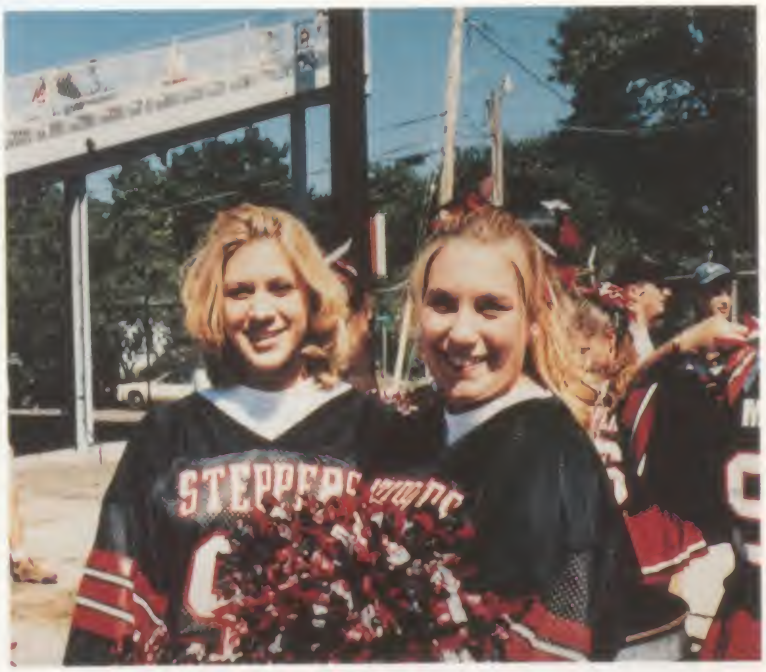
Here's hoping you can *Piece it Together*.

__Taking a quick break__ at a game, the varsity cheerleaders take the time to do a quick pose for the camera. These girls kept the crowds cheering and alive during the toughest of times.

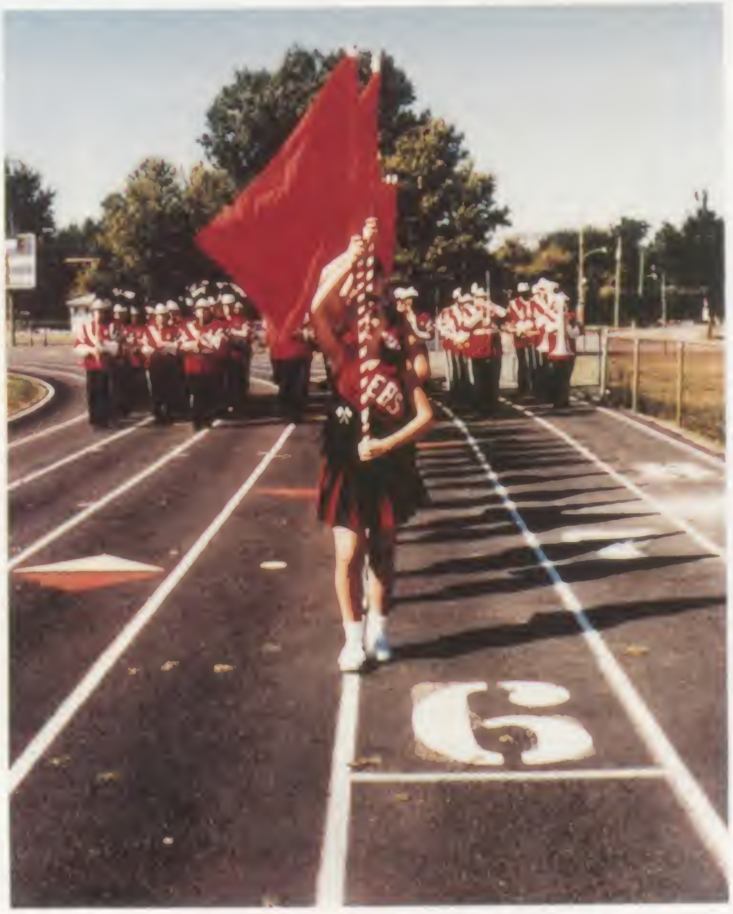
__Ah coach,__ when do we get our chance to go in? These fooothall players kept playing at their best no matter what the challenge was and no matter whether they won or not.



***On the left**, getting ready to rock, the band sets forth onto the field. They worked hard throughout the season to keep the rhythm going and the crowds on their feet dancing to the groove.*



***Senior Steppers Cassandra Zeh** and **Misty Gilleland** stop and take a break to give the camera a friendly smile after doing their spectacular dance during half time at the game.*



***Sophomore Krystal Tharp** leads the way along with the rest of the Colorguard. These girls proudly displayed the colors of red and black all throughout the first semester of school.*

__Water baby.__ Junior __Abby Lozano__ spent most of the summer in the water because of her lifeguarding job. Lots of students could be found laboring away in the hot sun at Teachout Pool.

__Temperatures did not fall__ on the hot summer nights. Sophomores __David Suggett__, __Jennifer Weeks__ and __Julie Johnson__ retreated to the pool to escape the humid nights.

__Hot sun__, sweltering heat, and burning sand. All of these could be found along with students at every beach in Polk County. Hanging out, getting tans, and having fun were all reasons to go to the beach.

Water

The cure for hot weather

Water

What do people do when the thermometer explodes? They head for the nearest body of water, of course.

That's exactly what happened more than a few times this summer. Especially when the temperatures reached record-breaking highs.

"During the week the temperatures reached 100 degrees and over, it was dangerous to be outside unless you were in the water. So I guess we didn't have a choice but to go swimming," said junior **Abby Lozano.**

From the beach to the pool, as long as it was water it was an escape from the choking humidity and burning heat.

"I spent a lot of the summer at pools or beaches to get a tan. It was too hot to be anywhere else anyway," said senior **Melody Mendenhall.**

The beach just happened to be a popular pastime for students this summer, they could be found in the water and on the sand.

"I went to the beach every chance I could get. My friends always went and I always saw people from school," said sophomore **Julie Johnson.**

There was a lot more to the summer than just swimming.

"When the beach got boring my friends and I went cliff jumping at Red Rock. We went a lot because the beach got boring fast," said senior **Ryan Carlstedt.**

The students knew exactly how to cure a bad case of heat, lots of sun block and plenty of water.

__The volleyball team__ avoided the summer heat by moving practices into the pool. Juniors __Jessica Piper__, __Jenny Fallis__, __Beth Abbas__, and sophomores __Crystal Leach__ and __Nicki Mooers__ endured a different kind of practice.

Seniors ***Tatum*** *and* ***Heather Armstrong*** *show some sisterly love during a game. Though the team lost this one, their spirits still ran high.*

Hangouts

over the weekend

Hangouts

Where to go, what to do?

During the course of the school day, one can always find students studying hard, preparing for tests, and some students even sleeping away on their desks. What one usually can't find is students having fun.

When the final bell had rung on Friday and the parking lots were cleared, where did all the students go for fun?

Well, on most Friday nights students went to hangout and watch their Scarlets take on other schools in various sports.

"I like to hangout at the games because it's cool to yell and support our team," said junior **Jennifer Fallis**. "They need to hear our support."

"I just think that it is very important to show our team that we are supporting them no matter how they play," said junior **Jennifer Fuller**. "We also go just to get out and have a lot of fun with our friends."

As Saturday rolled around, students prepared for another full night of having fun.

"My friends and I work during the day on Saturdays so we head to Rock n' Bowl at night," said senior **Erik Davis**. "Rock n' Bowl is awesome because you can bowl until two in the morning and listen to some cool rock music while bowling."

That's fun for some, but others preferred different things.

"Saturday nights I like to head downtown to scoop the loop," said senior **Mike Adams**. "My pals and I go downtown to meet people and admire some of the cars we'll never have."

"After bowling it's kind of cool to check out what's going on down on the loop," said **Davis**. "Since it doesn't normally slow down until about three or four in the morning."

When Sunday came and the weekend ended, some just took it easy.

"On Sundays after church," said sophomore **Josh Huitt**, "I like to hang out at the mall and just kind of relax to kill time."

"I just use Sundays to catch up on my school work," said senior **Eric Winn**, "Sundays boring anyway."

As weekends came to a close and school began again, students returned but mostly used the weeks to plan for the next weekend's hangouts.

***Strike a pose,** there's nothing to it. Senior **Tim Clark** shows that he's number one after bowling a strike at Rock n' Bowl.*

***Just walk up and roll** the ball down the long lane, it's not that hard. Hopefully releasing a strike, junior **Jessica Piper** bowls away.*

Louder please! *Freshmen* ***Jake Gerrietts, Dan Rendall****, senior* ***Kelly Mrogenski, Jeremy Isaac****, and* ***Scott Knouf*** *practice their trumpets during the summer. The 65 band members practiced four hours a day at East.*

Say Cheese*! The Upward-Bound members pose for a picture during their summer camp in Pella at Central College. They were gone from June 8 to July 24.Over 150 students from all over Iowa attended this camp.*

Look this way*. Juniors* ***Madeline Wiseman, Kati Jividen*** *and* ***Adam Fisher*** *cheese for the camera during the seminar held at the University of Missouri at Columbia. Six students from East attended journalism seminars in the Midwest.*

For Yo
USA
TAE KWON DO
NATIONAL & JUNIOR
QUALIFIER

Camps
for the summer
Camps

Wish you were here!!!

The day you have all been waiting for has finally arrived. The last bell of the school year rings pleasantly in your ear. School is finally out, but not for all East High students. Many students went to summer camps for extracurricular activities.

Junior **Madeline Wiseman,** along with many other students, attended a summer media workshop at the University of Missouri Columbia. "It gave me a trillion ideas for the Scroll and will help the staff cover a vast number of ideas and topics," she said.

"It helped me to become a better writer. Our teachers were the top journalism teachers in the state. I won the award for the best lead writer," said junior **Kati Jividen**.

Many cheerleaders went to the Universal Cheerleaders Association at Iowa State University.

"It taught us a lot more cheers and stunts to do at games. It also gave us advice on what to do at assemblies," said senior **Amanda Nalevanko**.

"It gave us a lot of good ideas and suggestions. We had a lot of fun at camp and it brought our squad closer together," said junior **Melissa Bannick**.

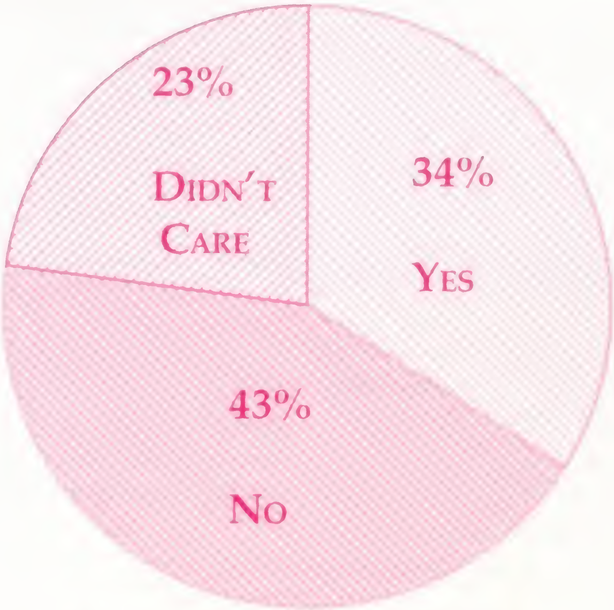
A camp held here at East was band camp, in session August 14-25.

"Camp gives us additional time to practice and put our show together. It also gives us time to socialize and have fun," said senior **Anne Cady**.

Making their way through the hallways, seniors **Amanda Smith** and **Jodi Schlotterbeck** talk about what happened over the summer. The first week of school students did a lot of catching up with their friends.

Struggling with her locker, freshman **Stephanie Fallis** tries to open her locker after school. Trying to remember your locker combination is one part of the many things to remember the first week of school.

Were you excited for school to start?



These results are from a random survey of all grade levels taken the first week of school.

Problems
the first week
Problems

Where did that cafeteria go ?

With sweat pouring from the bodies of students, classrooms were again filled after the summer break. An early dismissal at 1:50 helped to relieve students from the heat for the first three days of school since the classroom temperature rose to over 100 degrees.

"It was pretty cool that we got out early so we didn't have to suffer through the heat," said sophomore **Heather Martineau**.

Junior **Carol Blair** said, "It gave me some extra time to kick back and relax."

"I really don't think it's fair that the guys can walk out of the school and take their shirts off to cool down and we women have to wait until we get home," said junior **Anna Lefleur**.

Students also had other problems arise during the first week of school besides the heat.

"My locker had already been given to someone else and then they changed the combination without telling us," said **Lefleur**.

"I had trouble even finding my locker," said junior **Nick Winterberg**.

Junior **Debra Palmer** said, "I had problems getting to my classes on time because of the crowded hallways."

Freshmen and new students had to learn their way around the school.

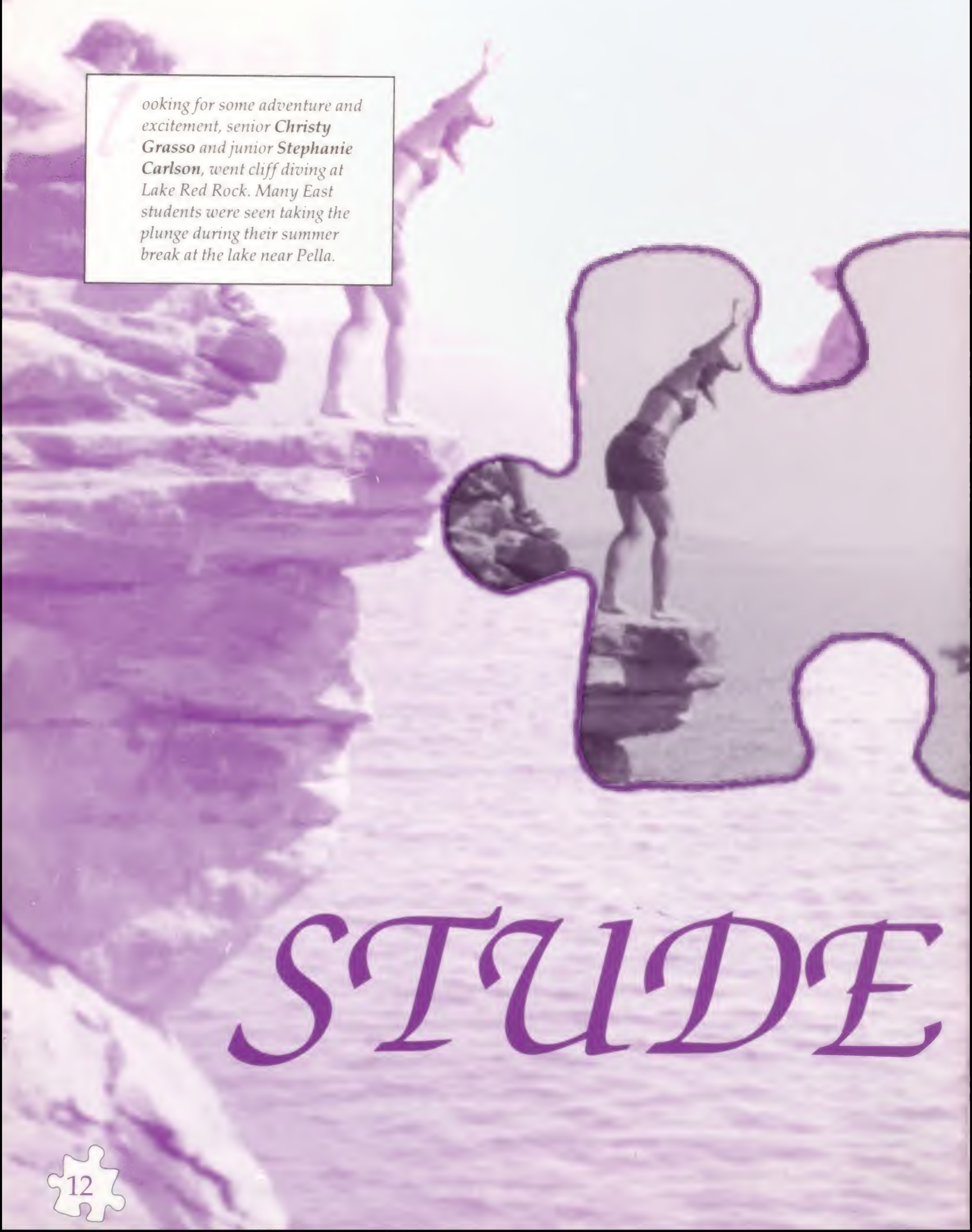
"I was scared since it was my first time here. Finding my classes wasn't the easiest thing in the world. I got lost but soon found my way around," said freshman **Kristina Hokanson**.

Beside a few minor setbacks the first week went well. Students settled back into the school routine fairly quickly.

"I was excited for school to start because this is my last year and I wanted to hurry back to get this year over with," said senior **Teresa Corbin**.

"Not much really happened the first week. It seemed as if it was a continuation of the last day of last year," said **Palmer**.

***Guarding the senior bench**, seniors **Nick Ryan**, **Gabe Cain**, and **Dan Stoutenberg** take a break between classes. Every year the seniors claim the bench in the hallway outside of the counselors' offices.*



*ooking for some adventure and excitement, senior **Christy Grasso** and junior **Stephanie Carlson**, went cliff diving at Lake Red Rock. Many East students were seen taking the plunge during their summer break at the lake near Pella.*

STUDE

Living a Puzzle

The first day back from winter break, attendance was 97.3%.

This year's pregnancy rate has decreased 5%.

First semester, 112 students had release time.

More than 3,000 napkins are used during lunch in less than a week.

Parking stickers were issued to 564 students as of January 1.

The lunch room sells about 175 cookies daily.

NT LIFE

Sophomore ***Ashley Inthalangsy*** *concentrates on getting an order right. Many students learned that hard work paid off.*

WORKED For the Money

Work!!Work!!Work!!

Ahh!!!! Summer comes and school's out! Usually the summer is a relaxation time for students, but that's not always the case. Some student spend their summer working, to afford cars, to have spending money or just "because."

"I got a job at Chuck's sausage plant to learn more about the meat industry," said senior **Mick Wright**.

Senior **Jill Hollister** said, "I went to work because I needed the money for college and my trip to Europe next summer."

Although spending their summer working may not be the ideal vacation for many students, some found their jobs to have a bright side.

Junior **Amber Swayne** said she "got paid to watch kids and work on her tan" when she took up a life guarding job at Easter Lake Beach.

Junior **Adam Fisher** said, "I worked at Adventureland because of all the babes that work there, it's a total chick-fest!"

Then again, some jobs can being dangerous.

"I was in Cedar Rapids working on removing old iron frames and replacing them, at a school. I was outside and wasn't wearing a hard hat, when a frame fell on my head," said senior **Matt Clark**.

Jobs ranged from working at the fair to working at the grocery store, and depending on where they worked, a student could make between $180 a week to $400 bi-weekly.

"After taxes, I got paid about $400 every two weeks from my job at Atlas Company," said junior **Amanda Arpy**.

"I got paid about $380 a week working at Greek Gyros during the fair ," said junior **Jake Thompson**.

Working during the *hot summer, junior* **Beth Abbas** *adjusts the lights at Professor Bellows photography shop. Most students averaged 40 hours a week during the summer.*

Dishing up fries *at Burger King, junior* **Rusty Kling** *helps to make every customer's visit a happy one. A $4.65 minimum wage beginning can improve if you're willing to be trained and stick around.*

Who's teachin' what?!!

Piece it out!

D'an Boire-

Works with a small group of students on a variety of subjects throughout the day.

Rob Boley-

Is involved with Student Government and coaches wrestling and soccer.

Ken Burgess-

A 1988 alumnus. Coaches freshman football and baseball.

Barbara Campbell -

Helps students get jobs.

Carolyn Chase-

Teaches "real stuff"—information to use forever.

Keri Frommelt-

Does projects on different life species and how they interact.

Jessica Gogerty-

A 1985 alumni. Deals with the Earth and cosmos.

Deann Hebert-

Taught at East in 1977.

Marilyn Miller-

Teaches songs—"Ai-ya-ya-ay!"

Griff Reese-

Went to 5 colleges and a university.

***Understanding dawns as Carolyn Chase** explains the assignment to senior **Sheryl Willwerth**. Questions are aplenty when learning about Adult Living and understanding it makes real life a lot easier.*

***Industrious students write** as **Deann Hebert** explains the assignment for the day. "Teaching students makes things interesting around here," she said.*

Answers: 1. Resource teacher. 2. English and Earth Science. 3. Special Ed. Resource. 4. New Horizons. 5. Adult Living and Fashion. 6. Biology and Chemistry. 7. Earth Science. 8. Child Development and Sewing. 9. Spanish. 10. English and Career/Social Skills.

New Faces, Old Faces

Along with new students and freshmen, nine more teachers joined in.

Another school year has gone by. You're older. You've done a zillion hours of homework, and hopefully learned something. You've suffered through it all.

Looking back you remember the first day of school, but that seems like two thousand years ago. Freshmen and new students were wandering around the school, lost and a bit intimidated, dreading getting lost and getting to class late.

Among these students were teachers—as lost and confused as freshmen and new students.

However, two new teachers, **Jessica Gogerty** and **Ken Burgess**, definitely knew their way around, for they are alumni.

Special ed. resource teacher **Burgess** graduated from East in 1988.

"I am proud to be a Scarlet. I believe in the values that are taught here at East. I am part of a community and I said I would always help when needed."

Burgess has been coaching ninth grade football for the last four years, and freshman baseball for the last three years.

"I can remember football games with the bleachers full on Friday nights, and the basketball games being played at Vets Auditorium because our gym couldn't hold the crowd," said **Burgess**.

Jessica Gogerty, a 1985 alumna, also has many fond memories of East.

"I remember former physics teacher Ed Peterson, who inspired me to become a teacher."

"I really miss the ding-ding-ding-ding through the intercom before announcements every morning," she said.

The most obvious thing about these new teachers was that they really loved to help. No kidding!

For instance, **Griff Reese** not only taught ninth grade English and career and social skills but he also worked at Orchard Place, helping troubled teens.

"I want to teach students and help them as well as share the knowledge I know," he said.

"I like working with kids and it's an investment toward the future," said Gogerty.

Adult living and fashion teacher **Carolyn Chase** put it this way, "I like teaching 'real stuff'—information that they can use forever."

"Have you done your homework?" Going over assignments, ***Keri Frommelt*** *answers questions and checks the homework. Most assignments were very interesting, like the Ecolum, where students find three different species and learn how they interacted.*

***These sophomore farmers, Julie Johnson** and **Ashley Inthalangsy**, showed their spirit every day of the week. Dressing up was required for the cheerleaders, but these two enjoyed it no matter what.*

***Groovy!** These four students went out of their way to show their pride for the school. The motto for the day turned out to be "Peace, bro."*

***Rock and roll** with these teachers. During the Homecoming assembly, these teachers decided to bring back the music of their time. "Teenager in Love" and "Sh-boom" were the top hits.*

Planning the Homecoming assembly caused ***George Davis*** *a lot of headaches, but as you can see it ran smoothly. Trying to fit every act in a two hour time period was hard, although* ***Davis*** *managed to accomplish it.*

Traditional Spirit

Crazy days!! Walking up and down the halls October 16-20, you probably would have thought the school went wack-o. In reality, it was just many spirited students and faculty dressed up for Homecoming Week.

The week started out with Pajama Day on Monday which made many students think they were still in bed.

"I woke up and I didn't have time to change. Luckily it was pajama day," said junior **Patty Mills.**

Tuesday began as a Farming Day. Many students dressed as farmers to relive the days of harvest.

"I just wanted to show my school spirit," sophomore **Angie Carey**.

A day many students didn't like was Wednesday, Clash Day. Still, many dressed up to show their spirit.

"I hate clashing, but I had to show my school spirit," said senior **Mandy Bennett**.

The biggest day of the week was, of course, Thursday. HIPPIE DAY! Many people dressed up for this day, whether they borrowed their parent's clothes or had them themselves, it didn't matter. We all had school spirit.

"It felt natural to me to dress up like a hippie because I've always felt like I'm a true flower child," said senior Travis Risius.

Friday ended with a great assembly organized by coach **George Davis**.

"We showed how much dedication we have towards the east side and to East High," said senior **Jason Kristufek**.

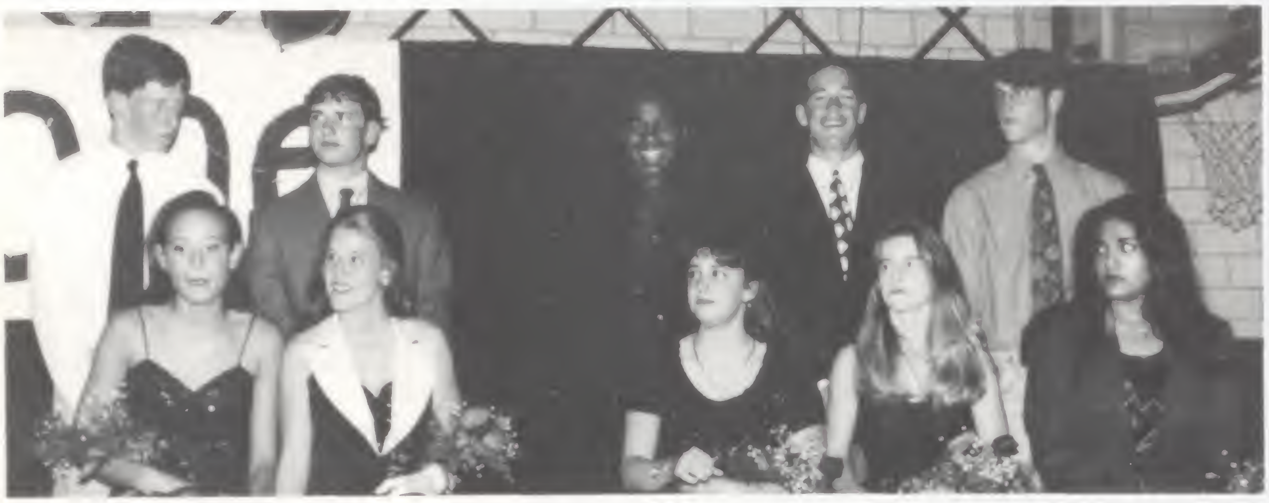
Although no adults showed up at Doanes Park for the car rally later that night, our spirited students made it happen.

"I led the rally, and I thought it went pretty well," said senior **Tony Mills**.

Through everything that happened Homecoming week, the students and staff made this year a memorable one. Everyone joined together, whether they knew each other or not, and brought a piece of the puzzle to join together.

__The Homecoming Court__ waits tensely for the King and Queen to be announced. The Court consisted of seniors __Kim Green, Pat Lowe, Missy Garrett, Tim Stroope, Michelle Vail, Tyson Mixon, Scott Rourke, Jodie Schlotterbeck, Josh Christenson,__ and __Shopha Matthew__.

__Corsages and boutonnieres__ are just one of the many new experiences freshmen have to deal with during their first Homecoming dance. Freshman __William Sittisay__ and __Ben Cowie__ help adjust each other's flowers at the restaurant.



__Flashbacks to__ the disco age. Seniors __Andy Von Anhen__ and __Ross Peterson__, and junior __Steve Webb__ strut their stuff during the dance. Decorations were handled by Student Government and Mullica.

__Latin King__: the most popular restaurant for your Homecoming dining. Seventeen freshmen and a number of upper-classmen dined at the eastside restaurant.

Surviving the freezing cold weather junior ***Kristi Cox*** *and senior* ***Amy Flynn*** *keep warm with lots of heavy blankets. Homecoming Court and attendents had to circle the football field in golf carts during halftime.*

Homecoming: 'You Are Not Alone'

Homecoming is probably the most important event of the football season, a fun-filled week topped off by an important game and a memorable dance.

Indianola was the opponent on October 20.

"What really stuck in my mind was running onto the field with the fans cheering, the cheerleaders yelling and realizing this is the last time I'll ever run onto this field," said senior **Brian Archer.**

Although the temperatures dropped drastically that night and the wind-chill was unbelievably cold, fans sat faithfully in the stands to watch the game.

"We stayed, although it was freezing, because we support our school and we were trying to show our school spirit," said junior **Angi Allison.**

Luckily temperatures rose a bit for the next night's dance.

Like every homecoming dance before it, a King and Queen were crowned. Seniors **Tyson Mixon** and **Missy Garrett** held those honors.

"My heart was beating hard, I was nervous, and my palms were sweaty. Not everybody gets the chance to be the Homecoming King," said **Mixon**.

"One of my memorable moments was at the assembly when Tyson and I walked down the center of the gym. Afterwards, many of my friends came to congratulate me, telling me how proud they were," said **Garrett.**

The dance turned out to be a success. Whether 'alone' or not, both the game and dance was filled with school spirit.

King: ***Tyson Mixon***

Queen: ***Missy Garrett***

Junior Attendents:

KristiCox &
Jeremy Hills

Sophomore Attendents:

Jenny Booth &
Frank Ewurs

Freshman Attendents:

Stacey Zelenovich
& Zak Banks

Taking a break from the dance, *seniors* ***Tim Stroope, Ryan Childs*** *and* ***Scott Rourke*** *make hearts out of their hands. You can tell love was in the air.*

Essence of Elegance

Just like every year, February was a month full of love and mixed feelings. Many girls were excited, but feeling a little funny about this year's spree dance. Everything was its exact opposite.

Guys were going to sit back while their dates paid for everything.

"I made my date, Amy Banks, pay for everything because I paid for everything at all the other dances, so this time I broke her," said junior **Anand Gobin**.

Some guys felt badly about this arrangement so they tried to help out.

"I didn't feel comfortable making my date pay for everything so I paid for the pictures," said freshman **Ben Cowie**.

One of the exciting things at Spree was the traditional announcing of the King and Queen and the other lucky winners from different classes.

Seniors **Kim Green** and **Kurt Loving** were the King and Queen. Juniors **Crystal Patterson** and **Don Anderson**, sophomores **David Suggett** and **Sherri Kittikoune** and freshmen **Chantelle McFadden** and **Ben Cowie** also won a place on the court.

For many students this was a night of good memories.

"Spree has never been as much fun as Homecoming to me, but this year I had a blast even though my date didn't pay for anything," said sophomore **Rickie Carlson**.

The cold and extremely windy weather may have affected some, but it didn't get in the way of most students having a good time throughout the night.

"The dance started out bad because it was so windy that I tripped and Steve's boutonniere fell into the mud," said sophomore **Jennifer Campbell**.

The dance had some fun activities to keep students entertained. People were sending their dates to jail and wouldn't even bail them out. Luckily they would spot a good friend.

"I guess I was in luck because my date never sent me to jail. I'm glad because I would have felt stupid," said sophomore **Laurie Brown**.

How did they really feel behind the bars?

"My date put me in jail, but not for long. He must have felt bad because he soon bailed me out," said sophomore **Allison Sharp**.

The wedding bells rang for many students on February 10. A lot of people took advantage of being able to "marry" someone.

"It was cute to be able to have a certificate saying we were married even if it was just for fun," said sophomore **Sondra Rivera**.

Receiving roses and feeling proud about themselves, sophomores **Sherry Kitthikoune** and **David Suggett** were selected for Spree attendants for their grade level. Students are nominated to be attendants through their DRs, but the actual voting takes place at the dance by those students attending.

Looking up at the camera, seniors **Angie Bacon** and **Tammy Halbur** pose pretty for the camera. Having your picture taken formally and just for the memory is a thing lots of students take advantage of to make their high school dances worth while.

Hearing wedding bells, sophomore **Josh Stuart** and freshman **Jennifer Williams** tie the knot at the marriage booth. For the price of two tickets, students received a marriage certificate, wedding rings and a special ceremony performed by former East hall monitor Gary Gilchrist.

"Put your left arm in, take your left arm out, put your left arm in and shake it all about." After all these years, the hokey-pokey is still popular even in high school.

Partying to the 'Silence of Love'

It's the nineties now and girls don't wait around for the guys to do all the asking. But 12B dances have always been a girl-ask-guy dance.

Some girls wish it could have stayed guy-ask-girl, but for others it's no problem.

"At first I felt kind of stupid. I didn't know who to ask, but then I decided to ask a friend and it was okay," said senior **Christy Grasso**.

Some girls didn't fear asking a guy to the dance at all.

"I've had a boyfriend for three years; so it really wasn't a problem," said senior **Missy Garrett**.

The 12B dance was held in the Cloud Room at the airport on December 16. It was a small area, but everything worked out fine. Everybody danced and had a good time.

"It was a fun dance, but I only stayed for a short time. At this dance people actually danced. It was a lot more fun than any other dance I've ever been to," said senior **Sue Lee**.

12B was harder to put together than some people actually thought it would be. With a committee of 25 people it took three months to get everything together. The day of the dance, it took three to four hours to get all the decorating finished.

The Cloud Room was decorated with red, green and silver and the hostess' hard work showed.

"When You Say Nothing At All" by Allison Krauss and Keith Whitley was the song of 12B; the theme was "Silence of Love."

"I think more people should have come because it was a lot of fun," said junior **Sabrina Overton**.

The dance lasted from 8-11 p.m. and tickets were sold by the hostesses for $25.00 a pair.

"The hostesses have to raise the money for the dance because it is not sponsored by the school. The money we were short came out of my mom's pocket," said senior chairperson **Amanda Nalevanko**.

One of the most exciting things that took place at the dance was the traditional announcing of the new chairperson.

All the hostess' stood in a long line and passed a wine glass with the dance logo on it down to **Sabrina Overton**, who is the lucky junior who will be taking **Nalevanko** place as chairperson next year.

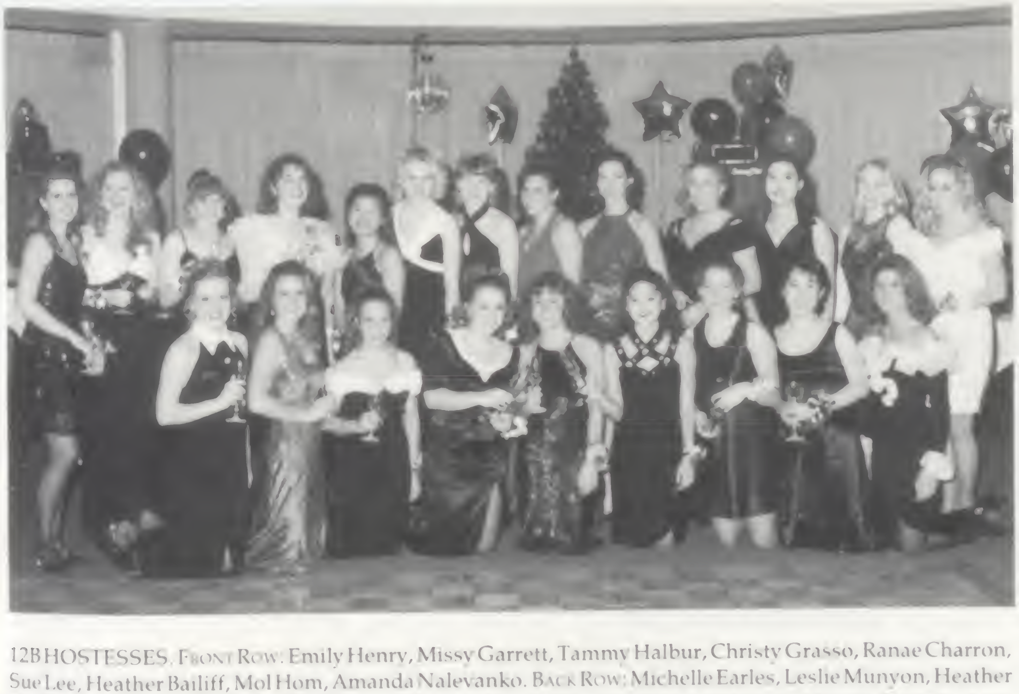
"I'm sure Sabrina will do a great job as chair," said **Garrett**.

A question often asked by many students is "What is 12B?"

"12B is a dance for everyone during the holiday season to get together and have fun," said **Garrett**.

Just for the fun of it, *seniors* ***Emily Henry, Christy Grasso,*** *and* ***Ranae Charron*** *take time away from the dance to sing to their shoes. The average cost for a pair of nice dress shoes is around $20.*

Seniors Ranae Charron, Amanda Nalevanko, Christy Grasso, *and* ***Missy Garrett*** *take a break on the dance floor after all the decorations are finished. A hard working committee put in 2-3 hours of work the day of the dance.*



12B HOSTESSES. FRONT ROW: Emily Henry, Missy Garrett, Tammy Halbur, Christy Grasso, Ranae Charron, Sue Lee, Heather Bailiff, Mol Hom, Amanda Nalevanko. BACK ROW: Michelle Earles, Leslie Munyon, Heather Collins, Michelle Vail, Euie Kitthikoune, Tatum Armstrong, Heather Armstrong, Mandy Suggett, Amy Flynn, Misty Gilliland, Kham Calo, Theresa Rayman, Sabrina Overton.

How do you fit into East High

1.

At a school pep assembly do you...
a) skip and go hang somewhere better
b) sit and act totally bored
c) scream and yell like a crazy person

2.

In your locker do you find...
a) a cockroach motel
b) graffiti from the person before you
c) you are missing three hooks and have rust everywhere

3.

In a crowded stairway do you...
a) push and shove until you get through
b) stop and talk with friends
c) say excuse me and pass slow-moving people

4.

Do the desks you sit in...
a) seem way to small
b) have more graffiti than your locker
c) always leave gum on your jeans

5.

Where is your parking permit located in your car?
a) In the front window
b) in the back driver's side window
c) nowhere at all

6.

How do you get to school?
a) the yellow bus
b) my mommy drops me off (all you freshmen)

78 2261 2

scoring

1) a. 1 b. 2 c. 3
2) a. 2 b. 3 c. 1
3) a. 2 b. 3 c. 1
4) a. 1 b. 3 c. 2
5) a. 1 b. 3 c. 2
6) a. 1 b. 2 c. 3
7) a. 2 b. 1 c. 3
8) a. 3 b. 2 c. 1
9) a. 3 b. 2 c. 1
10) a. 3 b. 1 c. 2

SCARLET RED 24-30
You are a true do or die East Higher and you love it. You fit in perfectly with the atmosphere of the school. When something happens at this school, you know exactly what to do.

INDIAN BLACK 17-23
You know East High and you like going here but you'd rather just get an education than really get into the school.

SCARLET GREY 10-16
You may go to East High but you are either a freshman and don't quite know what the school is about or you are a zombie.

c) you drive a bumperless boat or ride in a friend's junky jalopy.

7.

If you attend school sports as a spectator do you...

a) watch the game and yell the players to victory

b) socialize with friends

c) dress up like a crazy mascot

8.

During the blizzard of '96 did you...

a) slip and fall on the lovely shoveled school walks

b) get your car stuck in school parking lots

c) get caught throwing snow balls on school property

9.

At school dances do you...

a) dance to every song and have a great time

b) stare at those dancing like they are fools

c) heck, you don't attend school dances

10.

When someone yells "fight," are you the first to...

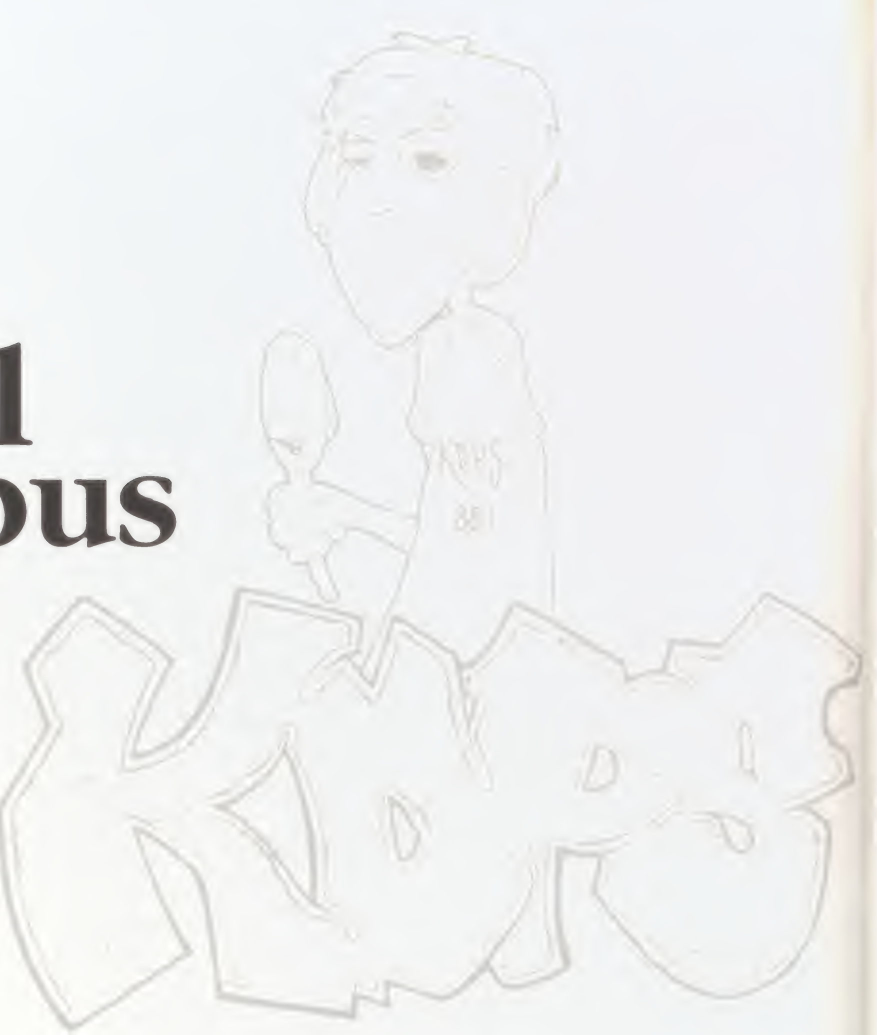
a) run to the scene and watch with awe

b) go tell a teacher

c) not care because you would rather be in class on time than see a wimpy fight

88.1 FM

Central Campus



On the Air!

KDPS is the Central Campus radio station that has been around for about 30 years now. There are two classes of approximately 30 students in each class. Senior **Cory Cason** and juniors **Lindsay Dudley**, **Cortnei Davenport**, **Aniekan Ubom** and **Amy Kroeger** are the East students that work at KDPS.

"The radio station is a good experience for many students because you get to learn not only about working with other people but also the importance of radio television," said **Ubom**.

KDPS is not like any other radio station around Des Moines. It plays an assortment of music ranging from alternative rock, hard rock, grunge, rap, and R&B. But they do not play country.

"We play different kinds of music to bring in a variety of listeners," said production manager **Blake Roth**.

The radio station is on the air from 8:00 a.m. until 10:00 p.m Some special night shows on KDPS are: Techno, Des Moines Underground and the 88th Chamber.

"Each night we have a specific show. Only certain people have shows that they do each week," said **Davenport**.

Not everyone that works at the radio station goes on the air. There are some kids that just take the radio television classes to learn more about the subject.

"Not everyone has a show and not everyone goes on the radio. We choose our own partners to work with," said **Kroeger**.

To be able to work at KDPS you must pass a knowledge and book test, plus you must be passing the regular school classes and it must be certified by a teacher.

"It's a lot of work but it's great. You get to do what you like and only have to follow a few rules," said **Davenport**.

"When you're on the air you feel like you're in control," said **Kroeger**.

Taking time out *from working hard, juniors* ***Aniekan Ubom***, ***Lindsay Dudley*** *and senior* ***Cory Cason*** *have a lot of fun at the radio station.*

Taking a break *from on air to pose for a picture, juniors* ***Aniekan Ubom***, ***Lindsay Dudley*** *and senior* ***Cory Cason*** *enjoy being a part of KDPS.*

Deciding which music *to play next, junior* ***Aniekan Ubom*** *has his own show on Friday nights called the 88th Chamber.*

Communication plays a big role *in working at a radio station and is displayed by junior* ***Lindsay Dudley*** *who is taking a request for a music selection.*

Adding some finishing details *to his latest work, senior* ***Job Yamen*** *shows why he is one of East's most talented students. Yamen's work has been displayed in various publications and throughout the halls of East High.*

Senior Memories '92 – '96

For the seniors in the graduating class of 1996, there have definitely been a number of good times as well as bad times. From the number of wrestlers and teams that went on to compete in state competition to the very emotional loss of student and close friend of many, Sarah Dank.

For sports, there were the good years and the not-so-good years. When it comes to memories, though, it seems that football has produced the most. When there were rivals, there were bound to be some good match-ups and memories.

"When I was on the freshman football team, we went 5-4 and best of all, we beat Dowling," said senior **Brian Shogren**. "It was the best football season in years."

Then there were fights between schools...but we won.

"My greatest memory was beating Hoover's a@* during the big brawl my sophomore year," said senior **Ryan Anderson**.

Fights occurred in our own school, but they were friendly.

"When I was on the JV team, it was so fun giving freshman treatment to the freshman team," said senior **Troy Brown**.

Friends always help to make school a pleasant place to come.

"The friends that I've made that have come and gone through the years that I've been at East," said senior **Scott Flesher**.

Then there's just the good times during high school life.

"Doing the Jerome skits during all the pep assemblies and other school affairs is the thing that I liked most here at East," said **Deangelow Dudley**.

"I remember when I fell off the ledge on the side of the stairs at the front of the building my freshman year," said senior **Erik Davis**. "Two of my best friends pushed me off."

Then there was the negative article that came from the *Cityview* paper that compared East to Valley.

"I think that it was totally wrong to compare a school of our financial status to that of Valley," said senior **Mike Adams**. "They shouldn't have called us 'gangsta's wearing hand me down clothing' either."

In four years at East, the seniors compiled a number of memories, good and bad. From Job Yamen's outstanding art seen round the school to the tremendous increase in turnouts at assemblies throughout the four years, it's been a great time.

DREAMS TO DREAM

Giving some partial credit *to the attendance policy that was adopted during their junior year, the crowds during pep assemblies have grown tremendously. With the increase of the crowds, it showed that students were behind their school to the end.*

we miss you
we love you Sarah

Shown by the use of a flower*, stickers and writing on this locker, students expressed their love for classmate Sarah Dank. Dank passed away during the sophomore year of the class of '96.*

The tradition lives on*, the seniors still hold the senior bench. Although many underclassmen wanted to be a part of the bench, none were allowed.*

All dressed up *and Homecoming to go, senior twins* ***Tatum*** *and* ***Heather Armstrong*** *enjoy their selves as they display their smiles for the camera. These twins are identical but they have very different personalities.*

Huddling together *to stay warm at the Roosevelt-East football game, junior twins* ***Jamie*** *and* ***Amber Swayne*** *stick together. If you see one of them then you will see the other one close by, probably following.*

"I must be looking in the mirror." *Sophomore twins* ***Keri*** *and* ***Kendra Sawhill*** *experience this feeling every time they see each other. Twins usually stick together and are close.*

Having fun *and trying to stay out of trouble isn't always easy for these two junior twins* ***Jamie*** *and* ***Amber Swayne****. Being a twin is always fun and games.*

REFLECTIONS

Am I seeing double? Yes, you probably are if you're walking down the hall and you run into a set of twins.

East had more than its share this year with almost ten sets. Although twins can be identical, some are of the opposite sex or do not look alike.

"Most people can tell the difference between us because our hair length is different and our personalities are too," said junior **Jamie Swayne** (her sister is **Amber**).

Being a twin doesn't just mean you have someone walking down the hall that looks or acts like you. Most twins differ in a lot of ways so that they are more individual.

"The difference between Paul and me is that I like to play sports and he would rather do things that have to do with art," said senior **Jon Grother**.

Most twins experience competition with each other.

"Keri always tries to do better in school then me and we both compete against each other in the sports we play," said sophomore **Kendra Sawhill**.

But all in all, being a twin has many advantages.

"Sometimes we still dress alike just for fun and that's our excuse why," said **Swayne**.

"The advantage is that you're never alone. If I go somewhere new and don't know anyone, she's always there," said **Sawhill**.

"She's my best friend who will always be there and we'll always have each other," said senior **Tatum Armstrong** (her sister is **Heather**).

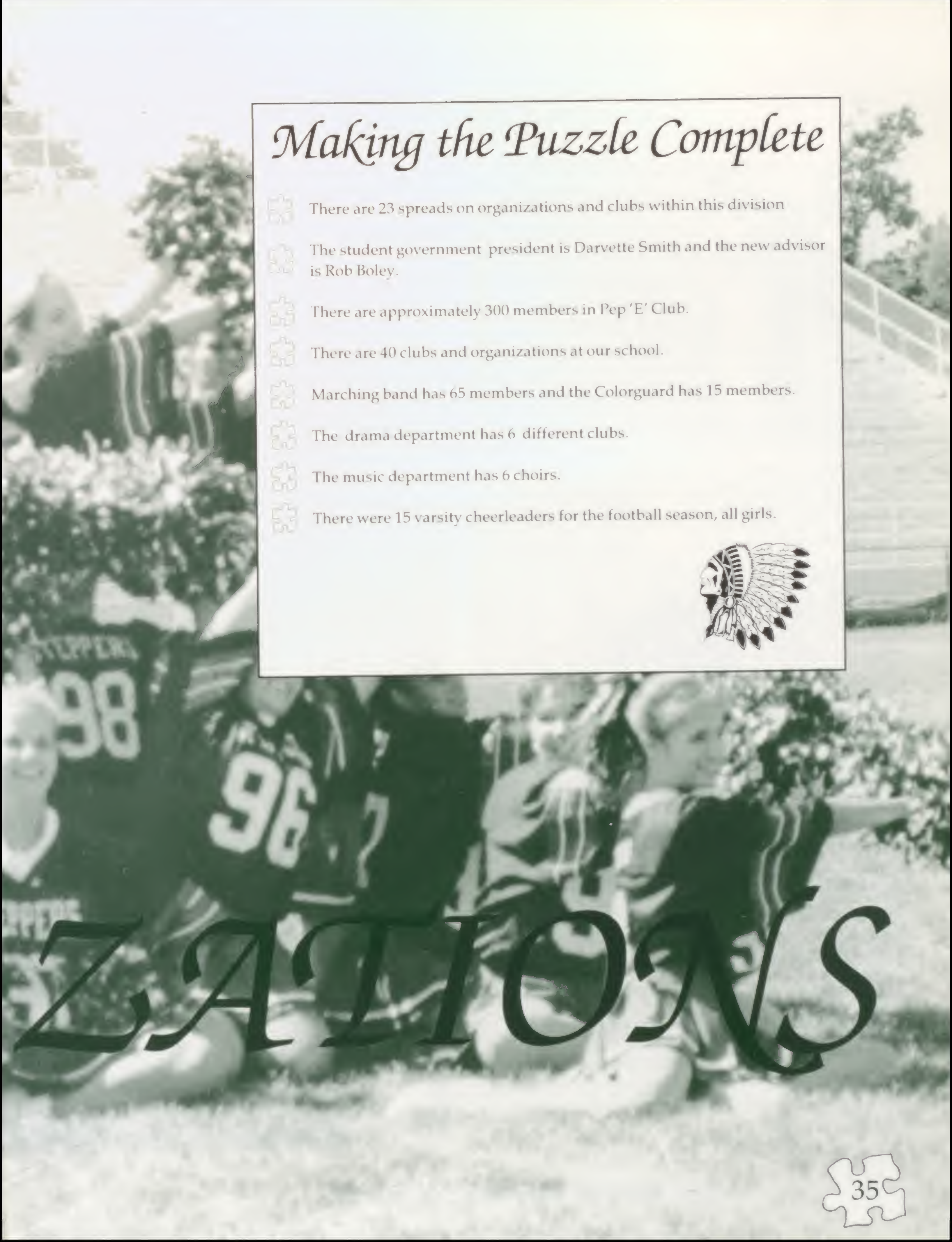
From dressing alike to having different hair colors, every set of twins is different and unique in their own way.

So if you see a set of twins walking down the hall, just remember, two is always better than one.

*Getting ready to go to school, sophomore twins **Julie** and **Brian Johnson** get together for a quick picture. These two are fraternal twins which means they look nothing alike.*

In an "H" form the 21 varsity Steppers perform their routine to the music of "Hands Down" at half time during a Saturday football game against Ames. The Steppers perform year round at different sporting events and competitions.

ORGANI

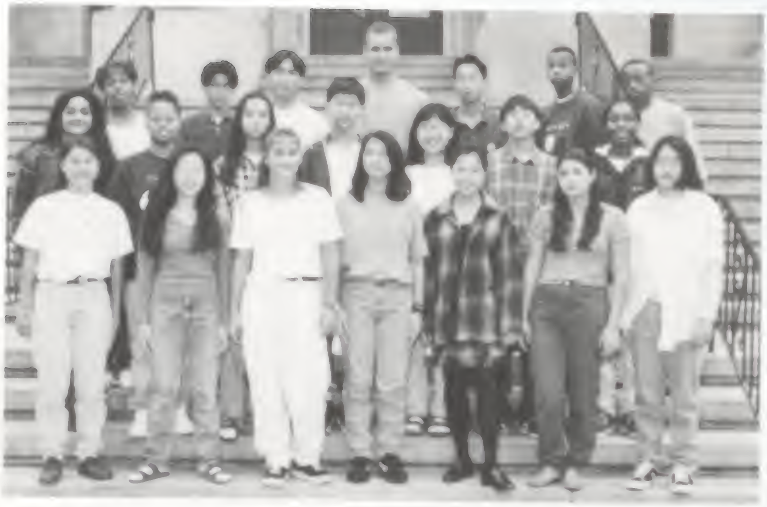


Making the Puzzle Complete

- There are 23 spreads on organizations and clubs within this division
- The student government president is Darvette Smith and the new advisor is Rob Boley.
- There are approximately 300 members in Pep 'E' Club.
- There are 40 clubs and organizations at our school.
- Marching band has 65 members and the Colorguard has 15 members.
- The drama department has 6 different clubs.
- The music department has 6 choirs.
- There were 15 varsity cheerleaders for the football season, all girls.

ZATIONS

***Helping students** with their homework at a Science Bound meeting teacher **Lowell Long** has a room full of students waiting to be helped.*



SCIENCE BOUND. Front Row: Euie Kitthikoune, Landna Baccam, Vanessa Mata, Nicky Vang, Khamnoy Sipaseuth, Rocio Ibarra, Palina Prasasouk. Row 2: Shopa Matthew, Valerie James, Savanchay Hacknorath, Kea Vongchanh, Cindy Lo, Neng Lee, LaDondra Moon. Back Row: Talisa Butts, William Sitthisay, Kal Lovan, Herbie Underwood, Lee Vang, Charles Mercer. Not Pictured: Bagdy Lovan, Manila Lovanh, Nophalak Meksay, Tameka Miller.

***Smiling,** laughing and having fun, sophomore **Cindy Lo** enjoys herself at a Science Bound meeting. She was getting ready to cut something with her scissors. Meetings were held after school in room 210.*

***Ahh,** a refreshing drink. Seniors **Peter Trost** and **Joe Blackford** hold their cups in their hands after finishing their food at the Upward Bound dinner held at Taste of Thailand.*

College is seen in their Future

College bound in Science and Upward Bound! These two groups studied hard to get ready for college, and a bright future.

Science Bound is a program associated with Iowa State University. Minority students who have great potential of going to college are selected to participate in the organization sponsored at school by science teacher **Lowell Long**. Students work on getting good grades and look forward to attending ISU.

"Being involved with Science Bound for four years now will help me get into great college at ISU and make my future very promising," said senior **Euie Kitthikoune.**

Upward Bound is associated with Central College, DMACC, and sponsored by counselor **Patty Hoffman**. Students in this program are given the opportunity to learn what college life is like by spending time during the summer at the two colleges learning and having fun.

"The program is really awesome, I got to spend time at Central this summer. I learned a lot and met tons of cool people," said senior **David Kephart**.

Getting students ready and prepared for college through tests and studying hard is the point of the organization.

"Being able to take the PSAT at no cost is neat because Upward Bound cares enough so I can take the test and put myself up for college scholarships," said junior **Jamaal Clarkson**.

UPWARD BOUND/CENTRAL COLLEGE. FRONT ROW: Patchay Kamvanh, Shawnda Gardner, April Richardson, Kevin Minard. ROW 2: Kham Calo, Kamilia Lee, Jamaal Clarkson. BACK ROW: Tyrell Talyor, David Kephart, Peter Trost, Long Southammavong. NOT PICTURED: Joe Blackford.

UPWARD BOUND/DMACC. FRONT ROW: Markisha Carr, Natasha Long, Rosa Dozal. BACK ROW: La Donda Moon, Clarence Foy, Robert Long.

Helping support the Students

Helping students make more of their education and life on campus was the work of the Booster Club and Parent Teacher Student Association (PTSA). Both groups were organized to help students by getting parents involved with education and extracurricular activities, on and off campus.

Booster Club officers were president **Lance Hanson**, vice president **Steve Fuller**, secretary **Sharon Page**, and treasurer **Marsha Mills**. New officers are voted in every year. There are 25-30 board members that help organize meetings and activities.

Throughout the year they sponsor the AAU Basketball Tournament and help with the AAU Volleyball Tournament. They run the concession stands and scoreboards, take money at the door and gate to games, and do what they can to raise money for all groups.

The Booster Club often joins with the PTSA to get work done and to get parents involved.

PTSA officers are president **Valerie Spargo**, vice president **Jason Spargo**, secretary **Diane Mrogenski**, and treasurer **Chuck Knopp**. There are about 200 members that pay a $4 fee to become part of the National PTSA committee.

Throughout the year they worked to improve the stadium, get an alternative school started, extend the shop housing program to all grade levels, and got used to sharing the concession stands with North. Most of their money came from concessions during the football season.

From starting the school lunch program to lobbying for bicycle helmets, the PTSA is determined to help students.

Both PTSA and Booster Club aim to get parents more involved with the education of their children.

"We plan on getting more parents involved with their children's education."
-PTSA president Valerie Spargo

PTSA. FRONT ROW: Valerie Spargo and Chuck Knopp. NOT PICTURED: Jason Spargo and Diane Mrogenski.

BOOSTER CLUB. FRONT ROW: Lance Hansen, Ricki Knight, Steve Fuller, Jay Martin. BACK ROW: Randy Childs, Donna Hansen, Mary Irvin, Judy Flynn, Jane Christiansen, Shane Rutlege, Vicki Zelenovich, Bob Sams, Denise Rourke, Ed Lortcsher, Tim Elder.

***Sharon Page** was not available during the group picture.*

Lance Hansen *takes his turn in the concession stand. Yelling was the easiest way to relay a message.*

Nancy Holmes *gives her input about the concession stand. Workers enjoyed company when times were slow.*

Always a cheerful face, Lance Hansen *greets his customers. Booster Club is learning to share concessions with North.*

Bob Sams *checks the game during a break. Sweatshirts were a hot item during football season.*

LIBRARY AIDES. Front Row: Casey Law, Jodi Hansen, Ginger VanGundy, Shawn Pepel. Back Row: Dennis McMahon, Mike Hagenbach, Erik Davis, Chad VanGundy, Travis Hartman. Not Pictured: Katie Sawhill, Jessica Hound, Jeff Howe.

P.E.O.P.E.L. PE. Front Row: Kari Teske, Krystal Tharp, Leann Sou, Michelle Vail, Sam Abusharkh. Row 2: Amber Swayne, Kati Jividen, Missy Garrett, Jessica Jensen, Kristy Keener. Row 3: Coach Joyce Vickroy, James Cheeney, Charity Hart, Charity Hodson, Brandon Sayles, Jennifer Mullins, Jessica Schierholz, Robert Bacon. Back Row: John Schatz, Greg Fry, Brad Reed, Jerry Schaffer, Marty Osborn, Alvaro Castro, Pelon Streeper, Katrina Gipson, Chris Nelson

OFFICE AIDES. Front Row: L. Guy, J. Hills, K. Olsen, M. Bannick, S. Halsten, J. Johnson, N. Littel, A. Inthalangsy. Row 2: B. Lewis, J. Piper, H. Bailiff, J. Nowadzky, L. Sou, S. Overton, J. Elliot, S. Carlsen, P. Mills, L. McCoy, B. Leevy, M. Gillian, M. Bennett, S. Beardsley, K. Keener, J. Kligopolous. Row 3: T. West, D. Bell, A. Aldini, L. Stocker, R. Puchta, J. Owens, J. Ackelson, B. Dalrymple, N. Patterson, S. Gibbs, C. Taha, M. Woodard, E. Henry, S. Lee, J. Garner, S. Oltman, J. Schlotterback, A. Bacon. Row 4: M. VonAhnen, S. Pruitt, A. Sharp, J. Lamb, R. Schimig, D. Lambricks, S. Haws, C. Michael, N. Winterberg, T. Reasby, M. Ross, V. Baccam, L. Lewis, H. Robinson, S. Thomas, R. Gardener, M. Flipping. Back Row: L. Doornenbal, A. Carey, C. McKeen, R. Rustan, K. Jividen, K. Byers, K. Mauk, A. Beason, M. Adams, A. Banks, A. Gobin, C. Rice, C. Donahue, R. Peterson, T. Risius, J. Kristufek, N. Kock, M. Moore, S. Webb, R. Anderson, T. Sams, B. Johnson, M. Green, N. Green.

While *at the ice skating rink, juniors* ***Charity Hart, Amber Swayne*** *and sophomore* ***Kari Teske*** *pose for a shot. The P.E.O.P.E.L. PE class takes an annual field trip down to the rink.*

Library helper senior Eric Davis *helps a student check out a book. The twelve library helpers assist other students in finding materials and checking out books.*

__Working__ on their assignments, everyone in the class has something to do. The class does activities inside and outside.

Lending an extra helping Hand

Have you ever wondered what P.E.O.P.E.L. PE is and what it stands for? Well, it stands for Physical Education Opportunity Program for Exceptional Learners.

"This is a class for anyone who doesn't fit into a regular gym class," said **Joyce Vickroy**.

"Here kids are lending a helping hand to other kids," said junior **Amber Swayne**. "It's also a great way to meet other people."

"We help out some of the Special Education students. We help them to become better athletes while also becoming their friend," said junior **Kati Jividen**.

Many students also help out by working in the counseling, attendance, main offices, or even in the library.

"Working in the office is fun because I get to work with the vice-principals and staff members," said junior **Amy Hollingsworth**.

Scarleteers is a group of East High student volunteers.

"It is a group of East students, ranging from the sophomores to the seniors, who help out with freshman orientation," said **Diane Fleming**. "They also host the State of the School breakfast in January and the Alumni dinner."

While sitting *and making Homecoming decorations with some fellow students, senior* ***Heather Bailiff*** *explains a couple of details. Homecoming took a lot of time for planning and hard work from many of students.*

Decorating the hall *for Homecoming by hanging a couple of balloons, junior* ***Angie Allison*** *shows that she's got true school spirit. Decorating was not an easy job by any means, but the committee did a great job.*

Piling into the back *of a pick up-truck, the cheerleaders are on their way to the Homecoming Game to cheer on the Scarlets. The car parade to the stadium was just another way to gather and show support for the school.*

School Spirit

East school spirit is a topic that can be widely defined. School spirit means showing your school support in ways such as wearing your school's colors, showing up at school activities, and chipping in when your school needs anything.

At East High, students show their spirit in many ways. The most common by far is joining the Pep "E" Club which shows support by displaying the colors of red and black and also by trying to get people rallied up like at events such as assemblies and games.

During Homecoming Week, students showed up in a number of costumes to celebrate spirit week. Students painted the sidewalks and all grade levels bought spirit links to show which class had the most school spirit.

School spirit reached its peak on Thursday night as the school was tee-peed and then was so generously put up for sale by the students out of fun. Students set out sale signs of about four or five different companies in the front lawn of the school. The week came to a close with the Homecoming game which all though we tried, we still lost and the popular Homecoming Dance.

At East, school spirit runs high in the hearts of many students and throughout the halls of the school. From decorations to the wearing of school colors, students always are there to represent and support the fine tradition of East High.

***Decorating** the Homecoming Hearts, senior **Euie Kitthikoune** counts exactly how many hearts that she still has to make. The hearts have always been a big thing for students and their dates at the annual dance.*

***Taking the time** to go over some decorative strategies, senior **Darvette Smith** explains to some fellow classmates about the decorations. Decorating is one of the things that Student Government did to show their school spirit.*

***Painting** the main Homecoming banner, senior **Euie Kitthikoune** and senior **Shopha Matthew** work hard on their art. The banner was only one of the many decorations that had to be prepared by the hard-working students.*

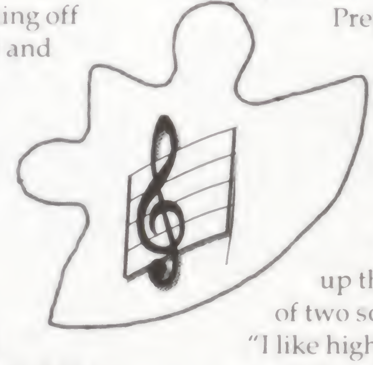
***The members** of Prep Choir stand attentively on the risers in the auditorium at the fall choir concert held October 19.*

Morning music heard by Ears

From the first bell of the morning to third period, three different choirs sing, rehearse, and learn their various music. Music teacher **Linda Baker** had approximately 72 students in the three choir groups.

Scarlet Choir starts the morning off learning various musical styles and improving individual singing styles.

"I like to sing a variety of songs and learn new songs, so I enjoy taking choir," said junior **Cheryl Welker**.



Voice class comes second period. Although it is small in number, and only in its second year, individual students learned skills in performance singing. They use a microphone, the stages and do public singing.

"I enjoy singing in Voice Class because it is a lot of fun. I like singing solos and using the microphone. I'm having a great time and improving my singing at the same time, " said junior **Holly Payne**.

Prep Choir finally rolls around third period. These students improve their singing abilities while also learning different music styles.

Learning to work within a group during a performance was a goal of the choir.

This year many freshmen make up the Prep Choir with the exception of two sophomores.

"I like high school choir better than middle school choir because we sing a better variety of music and it's at a higher level of singing, " said freshman **Sarah Lewis**.

Singing *during first period, members of the Scarlet Choir stand on the risers in the music room practicing their songs.*

Singing in their recital, *sophomores* ***Clarence Foy*** *and* ***Marlin Devan*** *hold the microphones while music teacher* ***Linda Baker*** *plays the piano. The recital was held October 23 in the music room.*

VOICE CLASS. Front Row: Beth Leclere, Amanda Strahl, Chauncey Mallett, Holly Payne. Back Row: Marlin Devan, Clarence Foy, Scott Haworth, Cortnei Davenport.

SCARLET CHOIR. Front Row: Angela, Cheryl Welker, Yakonda Dudley, Scarlet Monaco, Tiffany Davis, Manila Lovanh, Maryanna Boucher. Row 2: Jessica Randolph, Amy Forkner, Dorene Black, Shonna Cannon, Estella Payton, Tiffany Torrans, April Butler, Tanya Cleghorn. Back Row: Nicole Poland, Tamara Gregory, Melinda Kimball, Emily Van Horn, Amanda Strahl, Angela Pebbles, Curtez Patton, Jami DeMoss, Shannon Iverson, Courtney McClelland, Katy Ryan. Not Pictured: Savannah Saltzman, Jaclyn Flagg.

PREP CHOIR. Front Row: Nicky Atkinson, Meggan King, Sarah Lewis, Craig Webber, Patrick Mc Neley, Joe Schuler, John Easter III. Row 2: Alisha Wallace, Jennifer Ball, Angela Curry, Heather Collins, Heather Adamson, Shandy Campbell, Judy Kligopoulos. Row 3: Tabatha Smothers, Mindy Kohrs, Jason Slaughter, Jereme Schulz, Leah Browne, Heather Wright, Jessica Miller. Back Row: Clarence Foy, Joyce Loghry, Melissa Wheeler, Scott Brueck, Dillion Wonders, Lissa Baker, Courtney Hurdle. Not Pictured: Gary Waldon.

Music makestheworldgo Round

Music makes the world go round for 48 A Cappella Choir members and 36 Treble Choir members.

Choir was a fun way to meet people and be with your friends while learning the art of music.

"I love being in choir. It gives me a chance to do what I love, which is singing. People always give kids in choir a bad reputation. We are just having fun and doing what we like to do," said junior **Sherida Oltman**.

"I like the way the choirs bring the people together. We have a common love of music," said junior **Anna Lefleur**.

Some of the performances the A Cappella choir participated in this year were: Large Group State Contest, All-State Auditions, the spring trip to St. Louis, performances throughout the community, CIML Choral Festival, State Show Choir Contest, Ft. Madison Show Choir Competition, and two to four home school concerts.

In June, a select group of students will be traveling to New York City to perform at Carnegie Hall. There will be 150 students from Iowa.

"It should be a very exciting opportunity and an unforgettable experience. While in New York City, we hope to catch the sights and possibly see a taping of David Letterman," said junior **Adam Erickson**.

"...possibly see a taping of David Letterman."

The Treble Choir performed two or three concerts and participated in Large Group State Contest.

"My favorite Treble Choir performance was when I sang a solo at the Pops Concert in ninth grade. I sang with Barbara Mallett. It was scary but a wonderful experience," said junior **Jacki Jacobus**.

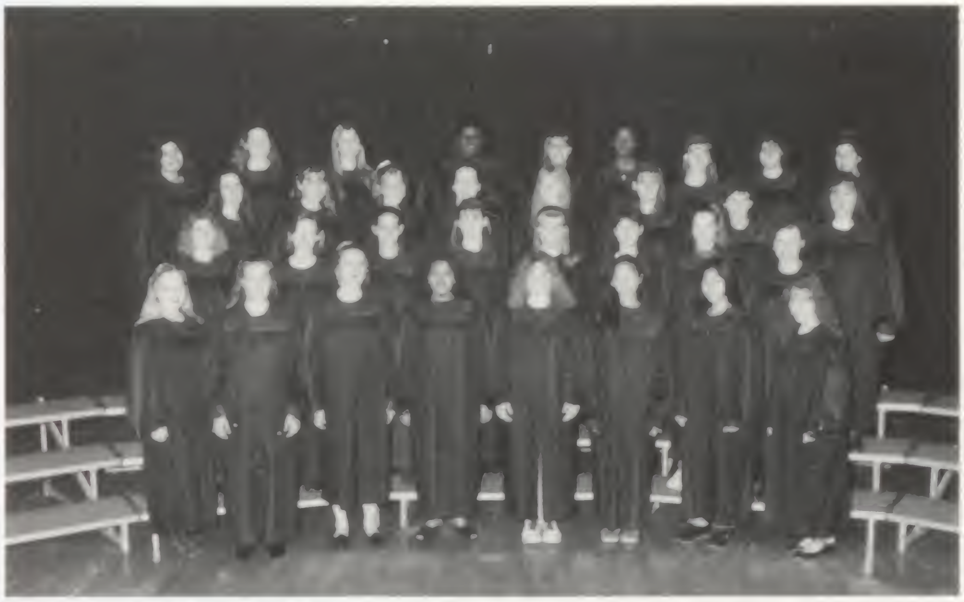
"The vocal department has seen an increase in growth," said **Linda Baker**.

Perfect! Members of the Treble Choir practice their songs during 5th hour. Many hours of practice were put in to prepare for the various concerts performed throughout the year.

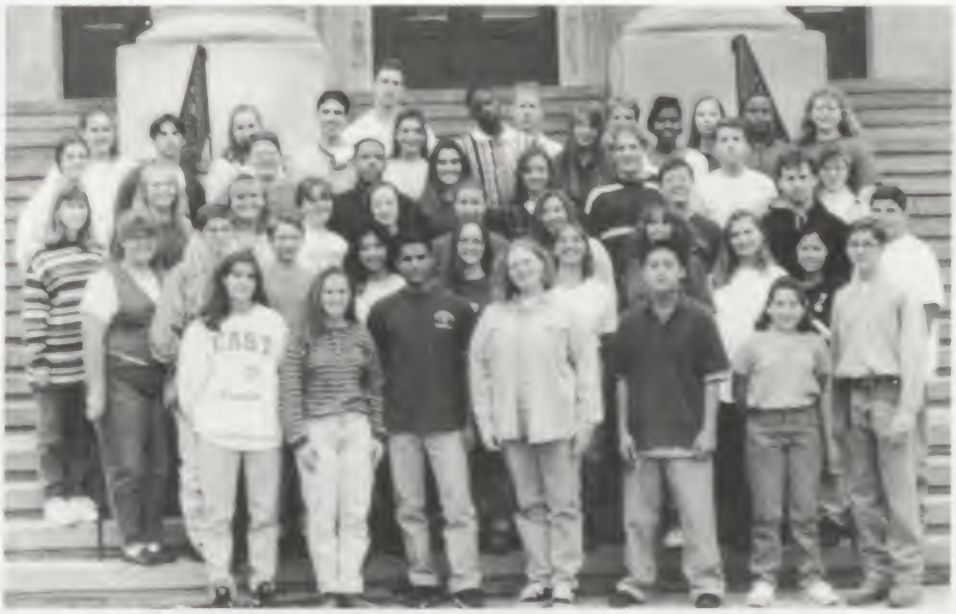
***Senior Christy Grasso** sings a solo as the members of the A Cappella Choir join in. Forty-eight students performed with the A Cappella Choir this year.*

***Good job guys!** This quartet consisting of freshman **Chauncey Mallett**, sophomore **Marlin Devan**, junior **Scott Haworth**, and sophomore **Clarence Foy**, sing together at the fall show held October 17.*

Tastes good! *Junior* ***Laura Fetter****, senior* ***Christy Grasso****, and junior* ***Sherida Oltman*** *pose for a picture enjoying a huge sandwich. These three girls are the A Cappella officers.*



TREBLE CHOIR. FRONT ROW: Dianna Lambrix, Emily Lewis, Shawna Gering, Martina Carr, Brandi McAninch, Sandy Yang, Julie Yang, Amanda McFarland. ROW 2: Amy Wolff, Jenni Myer, Brady Shanahan, Tina McCann, Keri Thornton, Michelle Murphy, Shannon Barrett, Courtney Carpenter. ROW 3: Katie Sawhill, Leah Brown, April Smith, Diane Bailey, Patty Wilson,Tara Matthews, Jean Miller, Meredith Smith. BACK ROW: Anna Lefleur, Jacki Jocabus, Amanda Strahl, Kamilia Lee, Shawna Lore Christine Mallett, Kimberly Graham, Renee Bernhardt, Denda Lopez.



A CAPPELLA CHOIR. (alpha) J. Bauman, A. Davis, M. Devan, J. Dougherty, A. Erickson, L. Fetter, L. Fisher, C. Foy, A. Gardner, C. Grasso, K. Harrington, J. Hayes, L. Heck, R. Hesseltine, S. Hunt, B. Lamb, M. Lee, D. Lovan, A. Long, S. Long, J. Mason, L. McCoy, D. McChurch, S. Mendenhall, S. Miller, R. Montis, S. Moran, K. Morgenski, K. Nevins, S. Oltman, K. Pagel, L. Pastore, H. Purcell, S. Ramirez, H. Reese, C. Reeves, J. Rose, K. Sawhill, B. Sevenbergen, K. Sihoum, K. Sipaseuth, B. Stamper, B. Stradley, A. Swayne, F. Swoboda, K. Teske, E. VanHorn, K. Wonders.

MARCHING BAND. (alpha) A. Anderson, J. Anderson, K. Anderson, S. Atkinson, C. Blair, J. Bosely, C. Burkhofer, A. Cady, M. Coleman, U. Cox, M. Cross, D. Cruchelow, A. Curl, A. Curtis, D. Davis, B Drey, J. Embrey, J. Embrey, T. Foley, A. Franklin, T. Froehle, M. Garlick, M. Gary, J. Gerietts, P. Gilbert, D. Thornton, E. Herrara, S. Ingersoll, J. Isaac, J. Jacobus, J. Jordan, J. Jorgensen, S. Knouf, J. Kurtz, S. Long, H. Martineau, J. Mason, R. McCarrel, D. McChurch, C. Mercer, R. Montis, K. Mrogenski, J. Oldham, D. Porter, K. Potter, D. Rendall, B. Reupel, L. Rice, P. Roush, S. Saddoris, A. Schater, K Thompson, K. Tiedemann, C. Tonsi, C. Ulmer, M. Wall, C. Welch, T. Welch, B. West, D. White, D. Wirtjes, M. Wiseman.

JAZZ BAND. Front Row: Brad Reupel, Dave Thornton, Katie Anderson, Chad Welch, Ethan Herrara, Jake Anderson. Row 2: Johnny Kurtz, Ramon McCarrell, RJ Montis, Jeremie Embrey, Ken Thompson, Sean Saddoris. Back Row: Marty Cross, Dan Rendall, Kelly Potter, Jeremy Isaac, Scott Knouf, Andy Anderson, Anne Cady.

After practicing all morning, *sophomores* ***Anesha Franklin*** *and* ***Maya Coleman*** *enjoy the lunch the Band Boosters provided. On competition days the students spent the whole day practicing.*

Bands
pumping up the
Volume

Practicing on the guitar, junior ***Brad Reupel*** *passes the time. The jazz band spent a lot of time practicing their music during seventh hour.*

Putting on their uniforms, freshman ***Megan Wall*** *helps freshman* ***Kristin Tiedemann****. Band members had to be careful to keep track of every part of their uniform.*

Wiping the sleep from their eyes, marching band members arrive at school at 7:00, an hour before school actually starts. They spend the next two hours outside attempting to learn drills in the cold weather. Not only that, they come to school on a lot of Saturdays, too.

"I enjoyed marching band, although it took a lot of time and effort," said sophomore **Sarah Ingersoll**.

It was not hard for them to find ways to amuse themselves.

Junior **Jacki Jacobus** said, "My favorite part was hanging out with my friends."

When they had competitions on Saturdays they would practice in the mornings, have lunch in the band room, and then load onto the bus to go to competition.

"On contest days, while we were eating, someone would turn on the radio and some guys would sing and dance. It was fun watching them make fools of themselves," said junior **Carol Blair**.

"People always think of band members as geeks, but really it is the funnest class I have."
-Sophomore Heather Martineau

Freshman **Lauren Rice** said, "Competitions were fun because everyone cheered, sang and just had a great time."

The competitions were not just for fun, though.

"They were strenuous and tiring. Mr. Paulson worked us very hard, but it was worth it all when we heard the applause," said sophomore **Heather Martineau**.

Another class that students spent a lot of extra time with was jazz band. The students met every other day in place of a study hall.

Students take jazz band for many different reasons.

"I think jazz band is fun and I also like taking a class so I don't have a study hall," said junior **Kelly Potter**.

Senior **Jeremy Isaac** said, "It lets us play some hot, up-beat jazz tunes and helps to improve our playing."

During *the home football games the band members sat in a section of the bleachers reserved just for them. They played songs during the game and sang cheers.*

Ben hasthetimefor Band

Everyone looks for a challenge in whatever they do whether it be activities, spare time, homework or a job. Sometimes people find their challenge while others seem to have the challenge find them.

Certain things must be done, sometimes, to get the personal challenge desired. One may even have to take away from their spare time in order to challenge themselves, get out of something simple and into something a little harder.

Sophomore **Ben Davis** made a decision to get out of something that was too easy for him and into something more difficult. **Davis** transfered to Concert Band at the beginning of second semester.

"It's different," said band member sophomore **Maya Colemon**. "Last year as freshmen we were just a band. Now we're a band with an upright bass."

"Band is more of a challenge to me," said **Davis**. "That is why I switched."

"In orchestra, Ben could read the music and have it down the first time," said sophomore **Jessica Davis**. "Now, it takes a little longer for him to learn."

During his year and a half of orchestra, **Davis** played solos, duets and a lot more. During the concerts, he would always share the spotlight up on stage, and still does.

"We've lost a good student," said senior **Kim Hamilton**, "but we will get new freshmen next year."

Orchestra is a class held every day, and has several great concerts throughout the year.

"I sit and listen to the orchestra play; for being such a small group they really are not that bad," said sophomore **Jason Embrey**.

"When handing out music to students, it's nice to be able to have a part just for an upright bass," said band director **Chris Paulson**.

Not many schools get a chance to have an upright bass involved with their Concert Band.

After first learning how to play the cello, **Davis** soon learned to play the upright bass during class time in orchestra.

Davis is glad he switched.

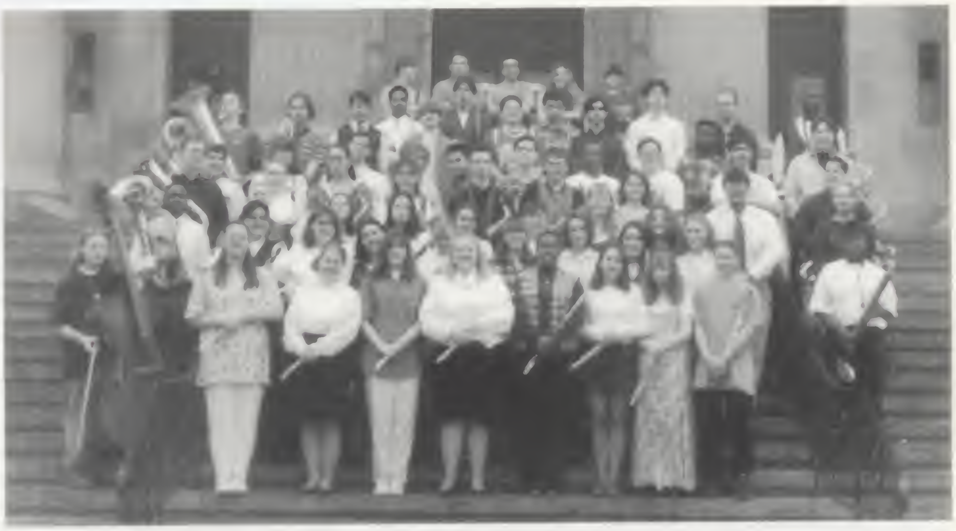
"I switched and I have more fun, now," said **Davis.** "I plan to stay in band next year."

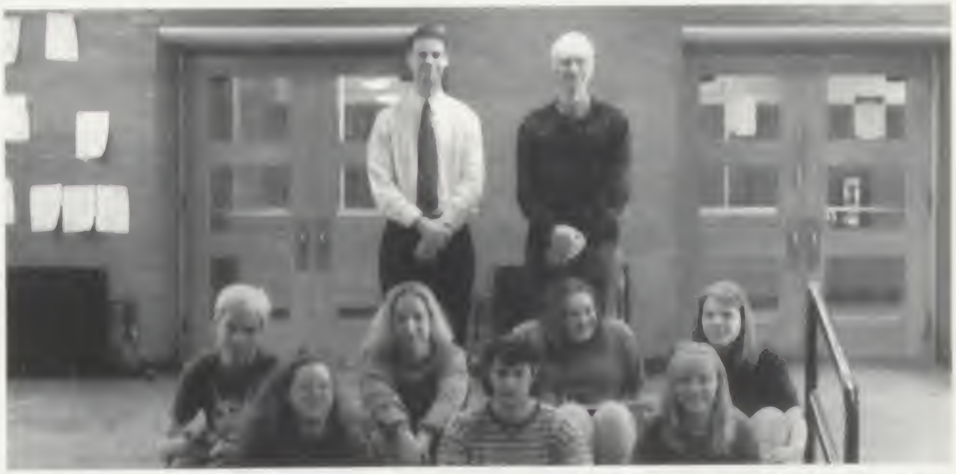
> *"Band is more of a challenge to me. That is why I switched."*
> *-Sophomore Ben Davis*

***Setting the pace**, adviser **Jim Brauninger** leads seniors **Kim Hamilton**, **Cassey Bauer**, and **Jessica Haug** in a rehearsal. The orchestra met everyday during the school year, practicing pieces for concerts.*

***Showing leadership**, senior **Dave Thornton**, directs the band during the Winter Assembly. After the performances and practices, the band practices all kinds of music for assemblies and home basketball games.*

CONCERT BAND. Front Row: Ben Davis, Dawn Porter, Heather Martineau, Andrea Curl, Angla Curtis, Maya Colemon, Megan Wall, April Schaffer, Derek McChurch. Row 2: Ramon McCarrell, Barb West, Letisha Taycher, Tasha Welch, Maddy Wiseman, Deana Cruchelow, Beth Drey, Abby Lozano, Jacki Jacobus, Anesha Franklin. Row 3: Scott Knouf, Jennifer Jordan, Staci Atkinson, Carrie Birkhofer, Jessica Oldham, Kara Rowan, Meredith Garlick, Kristin Tiedemann. Row 4: Jason Mason, Deb Wirtjes, Stacey Long, Katie Anderson, Tim Froehle, Josh Jorgensen, Kelly Potter, adviser Chris Paulson, Melissa Gilbert. Row 5: Kelly Mrogenski, Jeremy Isaac, Sarah Ingersoll, Jake Gerrietts, Dan Rendall, Chuck Mercer, Dennis White, Mike Gary, Jason Embrey, Chad Welch, Dave Thornton. Row 6: Ken Thompson, Ethan Herrera, Chris Ulmer, Terrence Reasby, Johnny Kurtz, Pat Gilbert, RJ Montis, Brad Reuppel, Jeremie Embrey, Sean Saddoris, Marty Cross, Drew Davis, Back Row: Chuck Tonsi, Andy Anderson, Joe Bosley, Anne Cady, Carol Blair.





ORCHESTRA. Front Row: Kim Hamilton, Cary Losenicky, Jessica Haug. Row 2: Scott Bauer, Cassey Bauer, Mellissa Woodard, Jennifer Gering. Back Row: Student teacher Mr. Page, adviser Jim Brauninger.

***Saying good-bye**, freshman **Jenninfer Gering** and **Mellissa Woodard**, give their regards to sophomore **Ben Davis**. He left the orchestra to join the band second semester.*

Preparing for half time, *members of the Colorguard squad listen to one of their instructor* ***Chris Paulson*** *to get instructions for their routine. They added rifles to their routine this year.*

Taking a break, *sophomore* ***Angie Parsons*** *and junior* ***Jenny Leete*** *show off for the camera at state competition in Johnston on December 2. The squad received a division one rating at State.*

Taking a break, *junior* ***Johanne Thompson*** *and sophomores* ***Amanda Ragan*** *and* ***Brandy Porter*** *relax after a hard day's work at camp. The squad received 25 superior ratings and two excellent ratings during camp.*

With a turn of the flag, *junior* ***Letisha Taycher*** *and sophomores* ***Amanda Ragan*** *and* ***Erika Olson*** *perform at half time during a football game. These girls started practice daily at 6:45 a.m.*

Up onthemountain Tops

When people think of Colorado, they usually think of crisp, clean snow-covered mountain tops. But Colorado also means competition.

In April, the Colorguard (along with the band) traveled by bus to Colorado Springs. They competed with other Colorguard squads from across the nation.

"We were all excited to go because we got to go to Pikes Peak and be with all our friends," said sophomore **Brandy Porter**.

"It's been a trying year to get along with each other. This trip gave us a chance to be away from home and become better friends with the squad," said junior **Angie Moyle**.

"I mainly wanted to get a good rating and bring home a trophy for the school," said sophomore **Erika Olson**.

To help them compete in various competitions, they added new additions to the squad. Five members were selected to use rifles, while the rest of the team used flags.

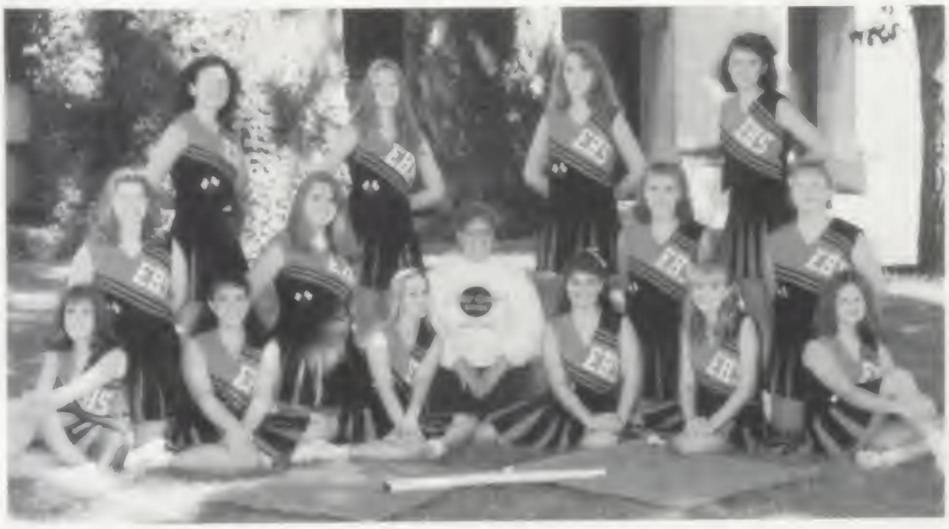
"I like working with the rifles. They are more challenging than the flags because they are heavier," said junior **Jenny Leete**.

Along with the rifles, new spirit uniforms, vests and silks for the flags were added.

"The season went really well because we all worked really hard and put a lot of time and dedication into everything we did," said **Porter**.

"I am looking forward to next year because we have no seniors on the squad so we will not lose any members due to graduation," said **Leete**.

> ***"I am looking forward to next year because we have no seniors on the squad so we will not lose any members due to graduation."***
> ***-Junior Jenny Leete***



COLORGUARD. FRONT ROW: Amanda Ragan, Jenny Leete, Johanne Thompson, Krystal Tharp, Presha Matticks, Jennifer Hall. ROW 2: Angie Moyle, Letisha Taycher, Beth Lamb,Jessica Davis, Melissa Woodard. BACK ROW: Brandy Porter, Angie Parsons, Stacey Griffith, Erika Olson.

Leading the way, *sophomore* ***Stacey Griffith,*** *junior* ***Angie Moyle*** *and sophomore* ***Presha Matticks*** *run onto the field during the half-time show.*

Dance! Dance! Dance!

From the hot summer days at dance camp to the long strenuous hours of practicing for the state dance competition, Steppers were busy.

"We worked really hard this year and I know all of our time and effort has paid off," said sophomore **Sarah Halsten**.

The 21 member dance squad was involved in various activities ranging from teaching third through fifth graders a dance at the "Little Stepper Clinic" to producing the first annual "Stepper Spotlight Parade."

"The outcome of the 'Spotlight Parade' was wonderful. We had a bigger audience than we expected and everyone seemed to enjoy the show," said Stepper sponsor **Jane Christenson**.

"I think the squad has really pulled together to make this year the best it could be."
-Senior Amanda Smith

The "Spotlight Parade" was held on Nov. 11. The show consisted of dance groups, cheerleaders, colorguards and mimes from around the metro area.

"I think the show went really well. It gave us a chance to meet people from different schools and we learned a lot about people," said sophomore **Carrie Whalen**.

The Steppers received a number one rating at the Iowa State Dance Competition for the second year in a row.

"We really worked hard together and everyone was proud of the outcome," said junior **Ashley Aldini**.

"I was really proud. I didn't think we would do as well as we did because we have a really young squad this year, but everyone put in a 100% effort," said captain and senior **Kristi Kimbley**.

Being a Stepper means getting to practice at 6:30 every morning. That was a big accomplishment for freshman **Sarah Consorti**.

"Getting to practice on time was the hardest thing for me but I got use to it after a while. I know some other girls also had some trouble with that," said **Consorti.**

Not only does the Stepper squad show teamwork but all of their hard work has paid off in the end.

"I think Steppers is a great experience. It lets you become involved more in school and make friends with a lot of different people," said **Aldini**.

The Steppers have been involved with many fun and interesting things other than just performing at games.

"My favorite thing we did this year was the 'Little Steppers Clinic.' We got to work with little kids and it gave them the opportunity to do something they normally don't get to do," said senior **Kim Green**.

"Most people don't realize the time involved with being a Stepper. Not only do we perform at games but are called upon to help in the community as volunteers and with fundraisers," said **Christenson**.

Steppers encounter the frustrations of trying to get dances learned and perfected by a certain day and pull together as a team to make things work.

"The key word to being a part of Steppers is teamwork. Everyone is putting in all of their effort and support," said sophomore **Bethanie Roof**.

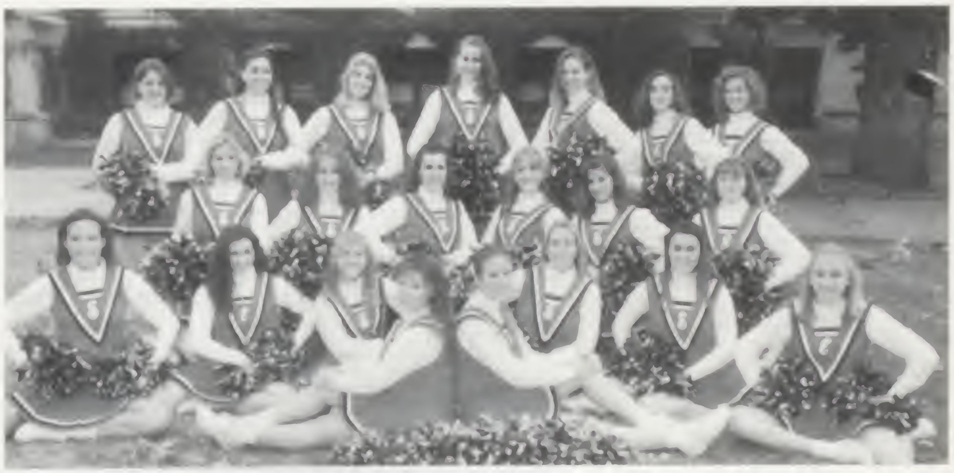
It takes a lot of dedication and commitment to be a part of Steppers and one thing for sure is that these girls love to dance.

Having fun *is what these girls like to do best. These "floozies" did a skit at summer camp and the whole idea of it was to have a good time and be crazy.*

Enthusiastic dancers *perform to "The Real Thing" while dancing in the Spotlight Parade. "It was one of the more exciting things we did this year. We were full of energy and enthusiasm; the audience loved it," said junior* ***Jennifer Grund****.*

Working with elementary students *at the 'Lil' Stepper clinic, sophomores* ***Sarah Halsten*** *and* ***Jenny Booth*** *make some new friends. The 'Lil' Steppers got a chance to perform in the Spotlight Parade.*

Performing *on a Saturday afternoon, senior* ***Laura McCoy****, sophomore* ***Jill Nowadzky*** *and senior* ***Kim Green*** *show their talent while dancing to "Hands Up." It took about two weeks for the Steppers to learn and clean each dance they perform.*



VARSITY STEPPERS. FRONT ROW: K. Kimbley (captain), E. Gervais (co-captain). ROW 2: K. Green, A. Smith, J. Quijano, M. Gilleland, L. McCoy, S. Halsten (secretary). ROW 3: J. Nowadzky, S. Consorti, J. Booth, B. Roof, C. Fetters, C. Whalen. BACK ROW: E. Govani, S. Bernard, A. Aldini, K. Pagel, D. Bell, J. Grund, T. Torgeson.

Spirit is name of the Game

Tracy Biondi, alumna, is back kicking it up as a sponsor.

Biondi, JV Stepper sponsor, was an EHS graduate and a Stepper.

"I like to keep in touch with East. Being a sponsor is a good way of staying in touch," said **Biondi**.

JV Steppers formed to involve more students in school activities.

The squad consists of eighteen girls who are mostly freshmen and sophomores. No guys are on the squad but they can tryout.

"I think guys should be involved. They have just as much talent as girls do," said sophomore **Allison Sharp**.

JV Steppers do their routines at half-time during freshman, sophomore and junior home games. They have also performed at Stepper Spotlight, 5.0, The Walk and at four other dances.

Just like any other group, it is not all fun and games. The squad has to work very hard.

"Everybody has to pass at least four academic classes to stay on the squad," said **Biondi**.

The group has to work together as a team. Everyone has to learn and teach a variety of dances to one another.

"We work together and get along pretty well," said freshman **Carrie Birkhofer**.

The group members have to tryout every year. Kicking, dancing and a display of enthusiasm are needed to tryout.

"A person also needs school spirit and dance rhythm," said **Sharp.**

There are goals that **Biondi** would like the JV Steppers to achieve.

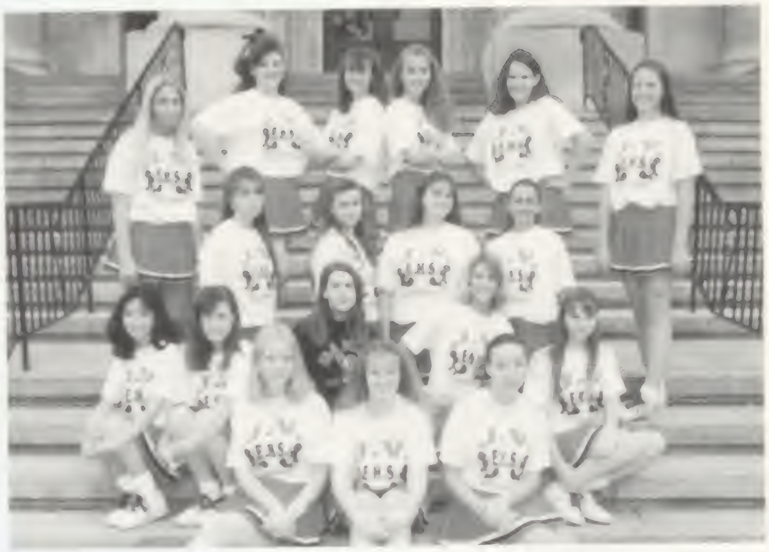
"I hope the JV Steppers will become varsity Steppers," **Biondi** said. "I've really had fun this year and I hope the others have also."

"Biondi is a good coach. She is very supportive," said freshman **Megan Wall**.

> *"I joined JV Steppers because I wanted to get back into dancing."*
> *-Sophomore Lottye Childs*

Pom poms held high, *JV Steppers stand at attention. They have to plan every move carefully.*

Under the lights *at the Stepper Parade,* ***sophomore Tessa Hill*** *and* ***senior Kristie Keener*** *get ready to dance. Groups from other schools were there to dance also.*



JV STEPPERS. FRONT ROW: Madeline Wiseman, Kathy Waldron, Melissa Wiseman. ROW 2: Diane Lovan, Kathleen Wilson, Megan Wall, Allison Sharp, Shawna Corbin. ROW 3: Nicki Littel, Angela Archer, Kristie Keener, Heather Webber. BACK ROW: Patricia Mills, Stephanie Gibb, Dusty Schooley, Tessa Hill, Lottye Childs, Carrie Birkhofer. NOT PICTURED: Jodie Griffin.

At a winter assembly, *JV Steppers strut their stuff. They performed at some of the school assemblies.*

While *doing their dance steps, the squad draws attention from the audience. Many hours are spent on rehearsing in order to look so smooth.*

Out with old, in with New

Varsity cheerleaders tumbled to a new year with their new sponsor, **Denise Rourke**.

"I never thought of being a cheerleading sponsor, until one day when my husband told me to because he thinks I'm crazy and that I should try something new," said sponsor **Denise Rourke**.

She enjoys being the new sponsor, but she thinks it's hard because there are so many kids on the squad. She also has a full-time job as an office manager during the day.

Senior **Sue Lee** said, "I like our new sponsor. She's a lot of fun to be with and she gets involved."

The captain of the varsity squad was senior **Christy Grasso**.

"I think it's hard being a captain, but it's fun," said **Grasso**.

Grasso likes being a cheerleader because she thinks it's something to get involved with and there's fun people to be around.

"Cheering is hard at first, but it gets very easy after awhile," said **Grasso**.

> *"It's fun being a cheerleader. It's a way to make new friends and get involved with school activities."*
> *-Senior Sue Lee*

There were 18 people on the squad. Each person had to tryout and a score was given to determine if they were cheering for the fall or winter season. There were six people who cheered for wrestling, six for girls' basketball and six for boys' basketball.

Most cheerleaders cheered for football during the fall.

Cheerleaders don't dance and do flips all the time, they also make signs to hang up on the athletes' lockers.

"Coloring and decorating the signs was difficult, but it's something neat to do to make time go by quick," said **Lee**.

"It's fun being a cheerleader. It's a way to make new friends and get involved with school activities," said **Lee**.

The squad went cliff jumping last summer to get to know the other cheerleaders in other grade levels. They also had a Christmas party and each person had a Secret Santa.

Smiling at the camera while taking a break during halftime, seniors ***Missy Garrett, Christy Grasso, Tammy Halbur, Amanda Nalevanko*** *and junior* ***Joy Elliot*** *squeeze together for a snapshot.*

VARSITY CHEERLEADERS. FRONT ROW: Missy Garrett, Darvette Smith, Ranae Charron, Sue Lee, La Vongphasouk. ROW 2: Stephanie Carlson, Christy Grasso, Michelle Vail, Emily Henry, Tammy Halbur, Leann Sou. BACK ROW: Autum Davis, Angie Jennings, Melissa Bannick, Laura Lewis, Stephanie Breese, Jo Elliot, Sabrina Overton.

Let's show some legs guys! *Seniors* ***Andy VonAhnen, Ryan Childs, Ross Peterson*** *and* ***Rob Nowadzky*** *show their school spirit at a varsity boys basketball game.*

Three varsity cheerleaders hold up senior ***Tammy Halbur*** *while cheering for the halftime show with senior* ***Sue Lee*** *standing on top of the drum.*

Arms up! *Juniors* ***Melissa Bannick, Stephanie Breese*** *and* ***Sabrina Overton*** *do their cheer with a great big smile.*

No, no tocamp.Money? Yes, yes!

Freshman cheerleaders were not able to go to last summer's cheerleading camp held at Iowa State University in Ames, Iowa.

"I guess it didn't really matter because they wanted us to get to know each other and cheer with each other for a year first," said freshman **Stacey Zelenovich**.

Most cheerleaders weren't too disappointed.

"I really didn't mind that we couldn't go to camp, but it would've been a good experience," said freshman **Jennifer Williams**.

Cheerleading sponsor **Denise Rourke** didn't know why the freshman cheerleaders were not able to attend camp. She said that it was a rule that was set up by the old sponsor. By the time **Rourke** took over in June, it was too late to sign up the freshman cheerleaders

Though they missed camp, the cheerleaders were also involved with many fund-raisers.

The two largest were putting up campaign signs for city councilman, **Mike McPherson** and helping pass out Cracker Jacks to customers who visited Younkers, at Merle Hay Mall and Valley West Mall, on November 24.

"The (fund-raisers) were a lot of fun and it gave us a chance to help out not only ourselves, but also our community," said sophomore **Rickie Carlson**.

"We got to meet a lot of new people and help out with McPherson's campaign for city council," said sophomore **Julie Johnson**.

Even though some of the cheerleaders were tired, they would be happy to do it again.

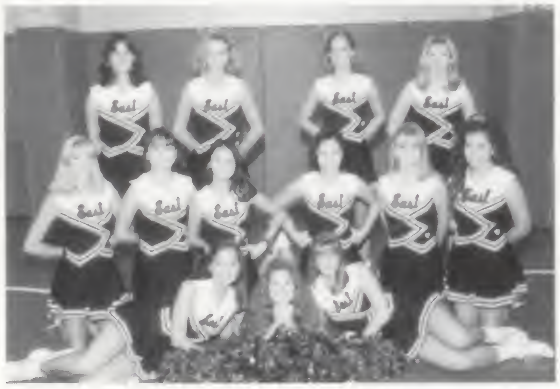
"It was a little tough getting up in the morning, but it was worth it because I had a lot of fun," said sophomore **Sarah Christenson**.

"It was fun! It was great! I'll do it again next year!" said sophomore **Jayne Corbin**.

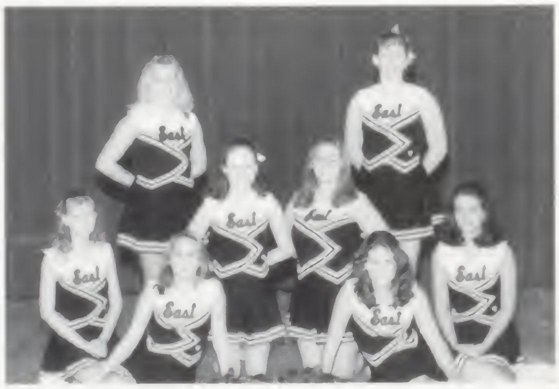
> *"I think the year went well. We got to know each other better and had fun doing so in the process."*
> *-Freshman Shawna Finch*

Sucking *on their popsicles, sophomore cheerleaders are enjoying their cool-down. They won three awards during summer camp.*

While doing *an out-jump, freshman* ***Evie McPherson*** *is being spotted at practice. Under a new sponsor the cheerleaders kicked the year off smoothly.*



SOPHOMORE CHEERLEADERS. FRONT ROW: Rickie Carlson, Jayne Corbin, Jennifer Weeks. ROW 2: Julie Johnson, Raychelle Puchta, Ashley Inthalangsy, Khamnoy Sipaseuth, Josie Owens, DeEnda Lopez. BACK ROW: Sarah Christenson, Tricia Forest, Kate Olson, Leslie Evans.



FRESHMAN CHEERLEADERS. FRONT ROW: Jennifer Williams, Stacey Zelenovich. ROW 2: Courtney LaRue, Evie McPherson, Mollie Schirman, Chantelle McFadden. BACK ROW: Shawna Finch, Stacey Letze.

Standing tall, sophomore **Kate Olson** is lifted up high by her teammates. On the sophomore squad there were only two girls who were able to do this maneuver.

After being benched, freshmen **Evie McPherson**, **Jennifer Williams**, **Chantelle McFadden** and **Stacey Zelenovich** frown for the camera. The freshman cheerleaders got benched for getting caught TP-ing during the football season.

"Give us a go!" yelled sophomores **DeEnda Lopez**, **Rachelle Puchta** and **Sarah Christenson** at one of the sophomore boys football games. This is one of the many cheers they chanted throughout the season.

Deciding which cheer to do next, sophomore cheerleaders **DeEnda Lopez**, **Rachelle Puchta**, **Tricia Forest** and **Kate Olson** think one up quickly. When the basketball players played at Hiatt, the cheerleaders went to hype up the players and crowd.

SDS— Give me an... E !!

They were back. Not only with new faces, but with new moves to get you pumping. You heard chants like...

"Give me an E—E! You've got your E! You've got your E! Give me an A—A! You've got your A! You've got your A...."

They're none other than the Scarlet Dance Squad.

The popular dance squad was back for its second year, getting the student body and the crowds at games hyped up.

> *"On our first performance, we all had to go down at the same time. When we went down, one dancer fell."*
> *—Junior Valora James*

"We love the response we get after we perform. Everyone is screaming and cheering. It gets us pumped up," said captain and senior **Valerie James**.

Sponsored by Fannie Wilson, the squad was formed last year during second semester.

"We started the squad so others could exhibit another dance scene, new dance steps and to get more minorities involved," said James.

Increasing minority involvement in the school was one of the squad's goals for the school year. Setting a good foundation for years to come is also a goal.

"We hope to keep the squad going for as long as the other organizations at East have been," said James.

Though only in its second year, the squad has had a tremendous impact on the school.

"We have brightened assemblies and shown the school a new dance style," James said. "I think the squad has had a positive impact on the school."

The Scarlet Dance Squad was made up of 20 members that like to dance. They practiced Tuesdays and Thursdays from 3-5 p.m. in the cafeteria and Wednesdays from 6-8 p.m. or 8:30-10 p.m in the big gym.

"A week before we perform, we put in a lot of hard work, so we do well when we perform," said James.

They perform at football and basketball games, parades and around the community.

This year, the squad held tryouts during second semester and students who tried out had to make up their own routines.

"I tried out because it's fun and everyone is friendly and most of all I like to dance," said sophomore **Angie Pebbles**.

Many squad members say the best thing is dancing and performing in front of a crowd.

"I like performing the best and also helping to make up the routines we perform," said junior and co-captain **Valora James**.

"I like the fact that I can dance to the music I like and at the same time, I can have fun," said Pebbles.

"No one should be afraid to tryout. If they can dance, keep a beat and have a good attitude, then they'll make it," said James.

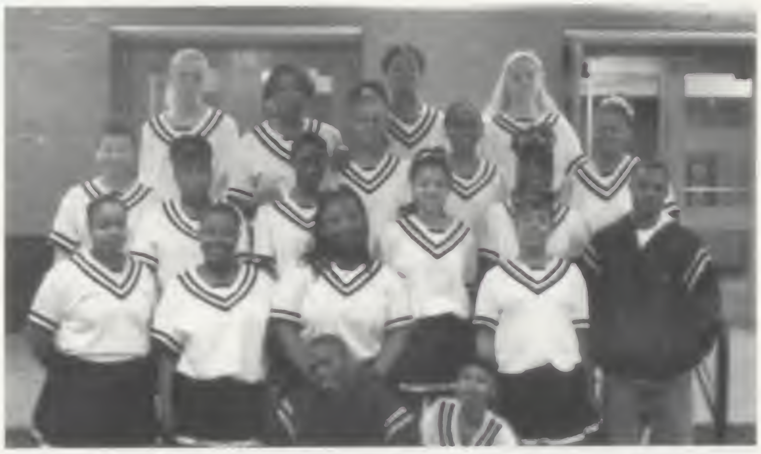
*At the fall Spotlight Parade, junior **Jackie Jacobus** and senior **Christine Mallett** show the crowd the latest dance steps. The fundraiser raised $2,600.*

E Red & Black
CLUB
You are not Alone

Dance! Dance! *Freshman* ***Courtney Carpenter****, senior* ***Natasha Long*** *and sophomore* ***Rashawnda Gardner*** *dance to "Scream" at the Homecoming assembly.*

Before a performance, *many members had time to talk and have fun. Conversing with one another was a way to make time fly by. They performed during half-time games.*

Scarlet
Dance Squad



SCARLET DANCE SQUAD. FRONT ROW: Clarence Foy, Angela James. ROW 2: Shawtay Murray, Morgan Haynes, Natasha Long, Martina Carr, Jamaal Clarkson. ROW 3: Courtney Carpenter, Tonette Haygood, Shantell Johnson, Valora James, Chontell Harris. ROW 4: Rashawnda Gardner, LaDondra Moon, Valerie James. ROW 5: Angie Pebbles, Tyheshia Wortham, Christine Mallet, Raychale Schmig. NOT PICTURED: Tiffany Mayse, Jackie Jacobus, Asia Mayied.

Smile! *Senior captains* ***Natasha Long*** *and* ***Valerie James*** *and junior co-captain* ***Valora James*** *pose for the camera. The trio set a good foundation for the squad by getting more dancers and making the squad more diverse.*

Pep 'E' doesalot! Club

Remember registration at the beginning of the year when you could join Pep "E" Club for a dollar? Then at the pep assemblies all the members sat on the west side of the gym and you could hear their earsplitting cheers.

Well, Pep "E" Club is more than just sitting in a certain section at an assembly. The club plans Spree, sells the spirit strips for Homecoming, delivers Thanksgiving baskets to retired teachers and decorates the library for holidays.

> *"We did a lot for the school this year; it was really fun to be involved."*
> *-Junior Amy Hollingsworth*

"Pep 'E' Club is important," said sponsor **Shirley Blendermen**. "It brings students together outside the classroom and gives them a chance to get involved."

Who does the planning and all the events? The board members, who are the representatives for each grade.

"I like being a sophomore representative; however, I just don't like the part about coming to school early for the meetings," said sophomore **Angie Beason**.

"I joined Pep 'E' Club to get involved and show my school spirit," said sophomore **Cindy Lo**.

"I joined Pep 'E' Club because I think that it is a dollar well spent," said junior **Sabrina Overton**.

"I like Pep 'E' Club because it's peppy," said junior **Robert Apt.**

Lets see, what's next? *Seniors **Heather Bailiff** and **Amanda Smith** help make Christmas decorations for the library. Pep "E" Club was busy all year supporting the school with spirit.*

This is so much fun! *The girls were making Thanksgiving baskets. They put a lot of time in to make the fruit baskets for retired teachers from East.*

The sign tells it all! *Juniors* ***Angi Allison*** *and* ***Jenie Fuller*** *hold up the sign Pep"E" Club made for homecoming. They put a lot of time in to get prepared. Besides decorating the halls with their beautiful art, they also made the spirit strips.*

How long did it take to make this beauty? *Building this bridge where people could get married was one of the activities the club did for Spree. At Spree quite a few people got married on the 'love bridge.'*

Oh honey, *I love you so much! Seniors* ***Ross Peterson*** *and* ***Ryan Childs*** *were an odd couple at Spree to get married. A lot of people got married; how long will it be before they get divorces?*

PEP "E" CLUB. FRONT ROW: Heather Bailiff. ROW 2: Amanda Smith, Kim Green, Missy Garrett, Michelle Vail, Darvette Smith, Christy Grasso. ROW 3: Mol Hom, Angi Allison, Raychelle Puchta, Jenie Fuller, Jenny Fallis, Ranae Charron, Sarah Halsten, La Vongphasouk, Niki Littell, Melissa Bannick, Kham Calo, Kingkeo Calo, Nick Kligopoulos. ROW 4: Leann Sou, Autum Davis, Chasyti Williams, Sarah Banks, Kate Olson, Melody Mendenhall, Emily Henry, Kristie Keener, di Hills, Jill Ackelson, Nichole Slater, Crystal Patterson, Emily Sawhill, Amy emminers. BACK ROW: Jill Nowadzky, Melissa Lamb, Kaofeng Lee, Megan Hill, ssica Allen, Shopha Matthew, Euie Kitthikoune, Christine Mallett, Hillary eynolds, Tessa Hill, Kamilia Lee, Bethanie Roof.

1996 Pep "E" Club

Helping the community and the School

When students want to join a club or organization, they usually just sign up, right?

But to be in Student Government, petitions are sent around and if they come back full of names of students and faculty, a student is a member.

"Petitions are sent around to see if the student is serious about joining," said **Rob Boley**, first year sponsor.

Sometimes students get a another chance to join second semester.

"I joined in second semester," said sophomore **Angie Beason**, "because when I'm a senior, I'll have a bunch of activities under my senior picture in the yearbook."

Student Government is about community service and is a planning group for the school.

"I wanted to participate in school functions and make school a better place," said senior **Euie Kitthikoune.**

"Student Government is a good activity to join." - Sophomore Cindy Lo

Sophomore **Renee Hesseltine** "just wanted something to do."

Every Thursday at 7:20 a.m. the group is busy brainstorming ideas for events like Homecoming.

"Student Government is an activity to voice opinions and have your say," said president and senior **Darvette Smith.**

Meetings are used to pick out activities, get opinions, brainstorm and decide on things to do.

Members also held a food, clothing and toy drive for the community, which was a success.

"We like to help the community," said sophomore **Amy Nemmers**.

Another activity was the annual student exchanges with other schools.

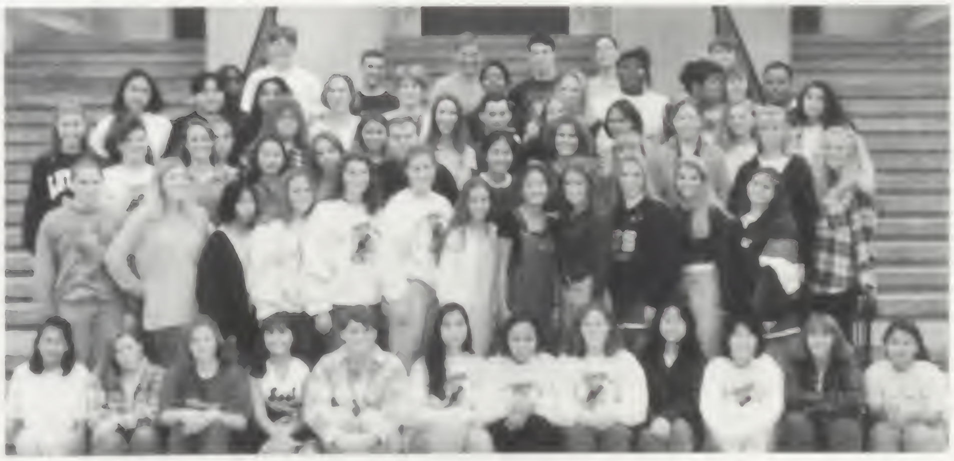
"Exchanges give us a chance to go to different schools, especially the smaller ones," said **Smith**, "and see the differences and how they function."

Hmmm? What's next? *Seniors* ***Tammy Halbur*** *and* ***Amanda Smith*** *check to find a new idea for the Homecoming dance. Many members helped decorate for the dance.*

This heart goes here, *this heart goes there. Senior* ***Euie Kitthikoune*** *sorts out hearts for the Homecoming Dance. Kitthikoune has been a member for four years.*

Smile! *Freshmen* ***Stephanie Gibb, Lacey Miller*** *and senior* ***Mol Hom*** *take a break from working on signs to give a smile. Many members put in a lot of effort by working before and after school on projects.*

1-2-3! Pull! *Senior* ***Missy Garrett*** *unravels streamers while decorating for the Homecoming dance. Garrett was crowned 1995-96 Homecoming Queen.*



STUDENT GOVERNMENT. FRONT ROW: L. Sou, L. Miller, H. Reese, R. Puchta, R. Rustin, K. Calo, D. Smith, H. Bailiff, K. Lee, M. Hom, R. Stamper, E. Kitthikoune. ROW 2: A. Nemmers, N. Slater, P. Kamvanh, C. Grasso, M. Vail, M. Garret, T. Halbur, S. Lee, M. Bennet, M. Gilleland, S. Beardsley, K. Kimbley. Row 3: R. Hesseltine, S. Gibb, K. Olson, K. Calo, M. Mendenhall, J. Kristufek, V. Vongphasouk, A. Nalevanko, C. Taha, N. Rooker, A. Richardson, A. Davis. Row 4: S. Moran, A. Williams, S. Banks, A. Flynn, A. VonAhnen, J. Young, S. Panvaree. Row 5: S. Kitthikoune, T. Lo, J. Spain, S. Matthew, J. Fenton, R. Zohbon, T. Berry, K. Lee, A. Devan, S. Letze. Row 6: R. Harringtion, R. Peterson, B. Zelenovich, R. Pauscher, S. Rourke.

*Thinking about her next move, freshman **Sara Huffman** works hard in art class. Huffman, along with the rest of the club, designed her own club t-shirt.*

Revival of an artistic Club

Some students take art just to have an "easy" class on their schedule. Others, however, take art because they enjoy it.

"It's a fun program," said freshman **Ben Jones**. "It's fun to put your creativity on paper."

"It's a great opportunity to have fun doing what I like," said junior **Kati Jividen**.

For students like this, the art club was revived in the spring of 1995.

"The club was originally set up for students who wanted to do certain activities outside of class," said art teacher and club sponsor **Jerry Goodrich**.

"I liked my pink shirt... it made me feel like I had power." -Senior Jeff Howe

The club, also sponsored by art teacher **Shirley Gooch** and special education teacher **Paul Allen**, held a small fund-raiser and completed several art projects.

"We airbrushed our own t-shirts," said senior **Jessi Jensen**, the club's secretary.

In addition to t-shirts, the club created projects using etched glass and made candles for the holidays.

Goodrich's favorite projects, however, were the "rain sticks."

"Rain forest natives break off needles from cacti and then stick them back in," said **Goodrich**. The natives use rain sticks for a calming effect because they make a sound like gentle rain.

The future of this club is somewhat in doubt. With only 18 members, one of the club's top priorities is getting new and more active members, according to senior **Jeff Howe**, the organization's president.

"We only average maybe eight or nine (at the meetings)," said **Goodrich**.

What do the teachers get out of helping the young artists?

"It's quite rewarding to help students (in art club), because the students are here because they want to be...they love doing artwork," said **Gooch**.

"They can find out how they can earn a living doing what they enjoy doing," said **Goodrich**.

The club nearly did not resume this year until Goodrich received a suggestion from junior **Joel Jones**.

"I asked if I could do extra stuff," said **Jones**. "Everyone in my class was goofing off, so we didn't get 'Fun Fridays' (free days in art class)."

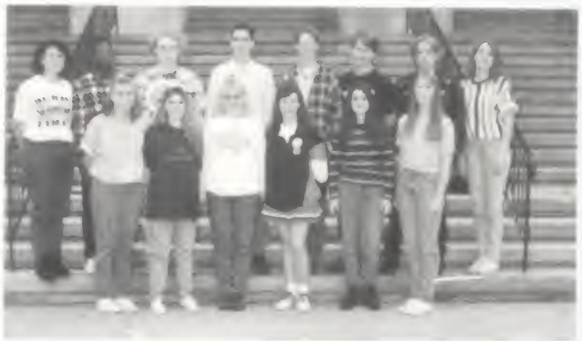
The sponsors also say that they won't let the club die as long as there is interest.

"We will run (art club) even if we only have three or four students," said **Goodrich**, about what the future holds.

ART CLUB. Front Row: Cindy Tabor, Jessica Jensen, Jeff Howe. Back Row: Ben Jones, Joel Jones. Not Pictured: Bobby Cowie, Brad Reynolds, Brian Beers, Heather Conner, Andy Foster, Sara Huffman.

***Junior Joel Jones** consults with sponsor **Jerry Goodrich** on his official art club button. Jones and Goodrich were the force behind Art Club all year.*

***Senior Cindy Taber** admires her unicorn t-shirt design. As treasurer, Taber was active in the art club this year.*



VIBRATIONS. Front Row: Jessica Davis, Michelle Stutes, Jodi Griffin, Kate Wilson, Lisa Johnston, Angie Parsons. Back Row: Brandy Porter, Deangelow Dudley, Ian Folsom, David Enos, Eric Dority, Dennis McMann, Mike Haffenbrack, Stacy Griffith. Not Pictured: Amanda Straw, Barb West, Coleen Parcel, Angie McCann, Yolande Pierson, Heather Garrison, Anthony Grother, John Grother, Pat Gilbert.

THEATER ARTS

These two wanna-be actors display their emotions through acting in Vibrations. Getting ready for shows takes a lot of hard work from all of the students involved.

In front of their fellow mimes, sophomores ***Lisa Johnston****,* ***Brandy Porter****, and juniors* ***Angie McCann*** *and* ***Amy Kroger*** *all enjoy being on stage.*

These stars, seniors ***Deangelow Dudley****,* ***David Enos****,* ***Troy Brown****, and juniors* ***Jodie Griffin*** *and* ***Dennis McMahon*** *give an amusing performance. Vibrations gave many performances using different themes.*

Painted faces, coming Out

A variety of classes and groups go back many years at East.

In 1973, **Ruth Ann Gaines** had a drama class made up of a variety of activities.

One day a boy in her class wondered if they could start up their own group. They successfully started a group of mimes in 1974 called Silent Vibrations.

In 1988, the students decided to change the name to Scarlet Vibrations. That name stuck.

"All of the kids agreed that they wanted to change the name, so we did," said drama teacher **Gaines**. "They all really enjoy the group and the performances they put on."

> *"It's fun knowing that you entertain all the younger kids at elementary schools."*
> *-Sophomore Stacy Griffith*

The Vibrations give many performances for schools, the general public and many other groups throughout the year (approximately 25 to 30). About 20 kids are involved and their performances last about 30 minutes.

Sometimes their performances reflect holiday themes for different occasions.

"It's a lot of hard work because you have to act so people will know what you are acting out, without using any words," said sophomore Jessica **Davis**.

Anyone can be involved in Vibrations and many kids repeat the class.

"It is a lot of fun but your first year is a lot of hard work," said **Davis**.

The fifth hour class lasts all year. They rehearse during class most of the time and sometimes after school and on days off.

They use paint on their faces for performances.

Sometimes they cover their whole face and sometimes only half. They also wear special shirts to represent the group.

"It's a lot of fun because you get to put mime make-up on, go on field trips to other schools and entertain younger kids," said sophomore **Angela Parsons**. "They really enjoy our performances."

Sometimes they charge performance fees and if they make a profit, they put it in the treasury to purchase supplies like make-up and costumes for the group.

Middle school students are riveted on the antics of senior ***David Enos*** *and junior* ***Jodi Griffin*** *. Elementary students around Des Moines were frequent audiences for the Vibrations.*

Theater arts has time to Play

Practice makes perfect! Seniors **Arwen Ryan**, **David Enos**, **Eric Dority** and junior **Jodie Griffin** practice for *Clumsy Custard Horror Show* which was held on May 17.

Runaways, Clumsy Cluster Horror Show, Ice Cream Clone Review— do these names sound familiar?

These are just a few of the plays that theater arts puts on.

"We do all kinds of plays," said sponsor **Ruth Ann Gaines**.

"The kids come back year after year because they love this class," she said.

In this class the only tryouts are reading the play and picking the part desired.

"When you find the part you want you try your best and hopefully you get the part you want," said junior **Dawn Porter**.

Some students' favorite play was *Clumsy Custer Horror Show*.

"It's my favorite play because it is a comedy, and the people in this class made it the best one yet," said junior **Dennis McMahon**.

"I think it was a good play because it was like Rocky Horror Picture Show in that it involved some audience participation," said **Gaines**.

Theater Arts has a normal practice schedule.

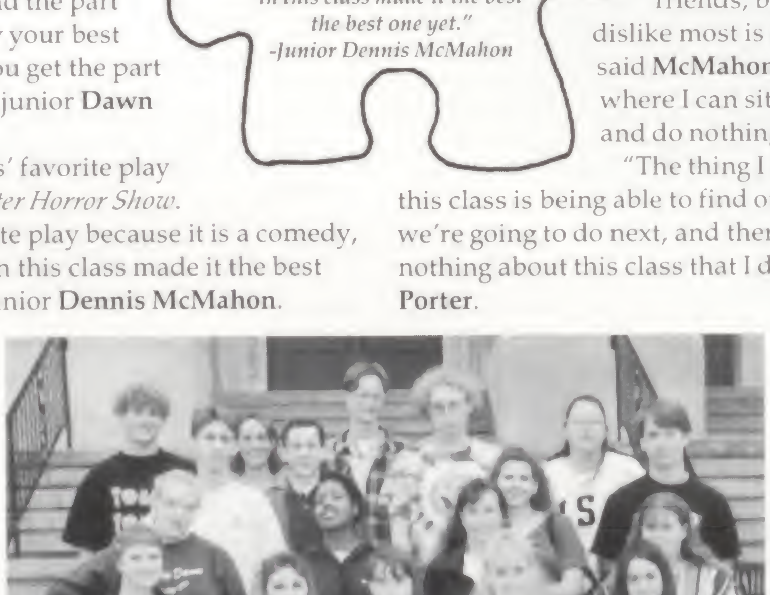
"We practice during class up until the week of the play, then we have practice after school," said **Gaines**.

Students like different things about this class.

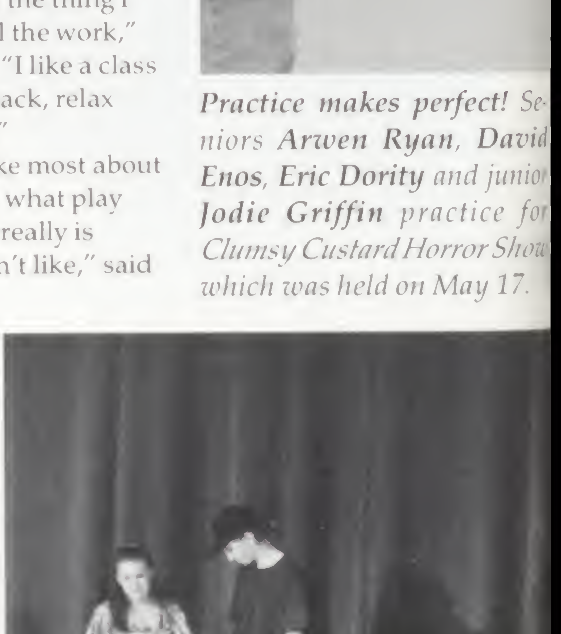
"My favorite thing is the opportunity to hang out with my many of my friends, but the thing I dislike most is all the work," said **McMahon**. "I like a class where I can sit back, relax and do nothing."

"The thing I like most about this class is being able to find out what play we're going to do next, and there really is nothing about this class that I don't like," said **Porter**.

> *"It's my favorite play because it is a comedy, and the people in this class made it the best one yet."*
> *-Junior Dennis McMahon*



THEATER ARTS. FRONT ROW: R. Arwen, M. Stutes, C. Parcel, J. Griffin, L. Johnston. ROW 2: T. Baker, C. Mallet, K. Wilson, D. Gerlach. BACK ROW: E. Dority, K.Olson, T. Stroope, C.Dawson, A. VonAhen, I.Folsom, D. Porter. NOT PICTURED: T. Leverett, A.Graves, P. Brown, N. Crook, T. Robuck, C. Losenicky, D.Armstead, D.Enos.



Performing for visitors senior **Cory Dawson**, junior **Nicole Aherns**, senior **Eric Davis** and sophomore **Ashley Inthalangsy**. **Ahers, Davis** and **Dawson** are introducing **Inthalangsy** in the play *Stuart Little*. There were two performances of this play, one in the morning and one at night. The morning play was put on for 125 kindergardners and pre-shoolers.

THEATER ARTS

Hangin' out *is what freshmen* ***Marc VonAhen, Kevin Cooper*** *and* ***Brady Coe****, are doing. In their hectic schedules, they can still find time to be with friends.*

A moment of despair*, in the play, senior* ***Eric Davis*** *calls to senior* ***Eric Dority*** *because Stuart Little is missing, while junior* ***Nicole Ahrens*** *looks on.*

Senior ***Thera Leverett****, playing the cat had rolled [Stuart Little] up in the window shade because Strart Little was showing off.*

Food for thought

language clubs munch on culture

Where would these clubs be without food?

Forget Home Economics. The *real* clubs that cater to the taste buds are the Spanish and French clubs, which offer some 110 members a taste of foreign culture. Feel an irresistible urge to try *churros,* a type of fried pastry rolled in cinnamon and sugar, or a *quesadilla*, made of tortilla and cheese? Or would you rather dip into the French cuisine, indulging in delicious crepes or chocolate sandwiches?

The Spanish and French clubs may be for you.

"Food, in my experience, can be a great way for kids to learn about culture and have a lot of fun," said French club sponsor **Susan Lorence**.

The connection between food and culture is realized by **Lorence** and Spanish club sponsor **Kathryn Hansen**. Every year the French club takes a day-long trip to Omaha, where they investigate museums, visit the zoo and dine out at an expensive French restaurant.

"I really liked it," said sophomore **Amy Braaksma**. "It was an interesting experience; I've never eaten anywhere so fancy before."

Students in Spanish club have also had plenty of opportunities to sample Mexican cuisine, whether eating out or ordering in.

"It's not all hamburgers and french fries."
- French club sponsor Susan Lorence

As a group, they've eaten at *El Tapatio*, which **Hansen** described as a "typical Mexican restaurant." When catering food in for a special celebration, such as the Columbus Day and Day of the Dead fiesta in October, Raul's is a club favorite.

"Much of the Mexican-American community is centered on the east side," said **Hansen**. "We're lucky so many authentic Mexican restaurants are so close to East."

Mexican food has obviously left an impression on Spanish club members.

"It was different, but not as spicy as I expected," remarked senior **Sam Abusharkh.**

On the contrary, sophomore **Kamilia Lee** said, "It was really, really hot. It burnt my mouth!"

One might think these clubs are just an extension of Spanish and French classes, a country club where fourth year Spanish veterans get together to perfect tongue-rolling, or where homework-hungry young students gather to conjugate more verbs.

But, **Lorence** said, the club has no special focus on language. Its attention is mainly directed to culture and activities.

"The club really emphasizes social activities. It's a chance for kids to get to know each other," **Lorence** said.

A few of those activities the French club held were fundraising, the Mardi Bowl at Fairlanes, held in celebration of Mardi Gras and the haunted hayrack ride at Sleepy Hollow.

"The hayrack ride was really fun," said sophomore **Steve Porter**. "They had these guys dressed up as Jason and witches that try to pull you off the cart."

The Spanish club celebrations also included bowling, school fiestas and a horseback riding trip, which unfortunately was canceled due to muddy conditions. The Spanish club, unlike the French club, took no trips this year.

"I'd love to see us take a trip," **Hansen** said, "but with so many kids in other activities, it's hard to get things planned."

The sponsors hope the activities give students insight on different types of cultures besides the American one and they want students to realize the different ways of doing things that vary from country to country.

"What we're trying to do," said Lorence, "is show kids that it's not just hamburgers and french fries (around the world)."

An inspiration to all *Spanish students, teacher* ***Kathryn Hansen*** *can either be known as Spanish club sponsor or the lady who brings the donuts to the meetings.*

***Mardi Gras** (aka. Fat Tuesday) gives juniors **Leann Sou, Jennifer Watkins,** and **Kelly Potter** something to celebrate.*

FRENCH CLUB. FRONT ROW: Julie Johnson, Carrie Whalen, Euie Kitthikoune, Leann Sou, Kate Olsen, Sarah Halsten, Raychelle Puchta, Krista Wonders, Khamnoy Sipaseuth, Melissa Wiseman. ROW 2: Alicia Pencook, Brenda Faux, Phone Philavanh, Cassey Bauer, Elizabeth Govoni, Kate Weick, Holly Reese, Christina Thomas. ROW 3: Melissa Fagen, Amanda Kindhart, Glenna Frank, Kari Teske, Lottye Childs, Amy Klopfenstein, Cindy Michael. ROW 4: Jill Hollister, Gretchen Proksa, Kelly Potter, Ken Sinclair, Kristin Tiedemann, Amy Braaksma, Nicole Jacobs, Amber DeVan, Josh Hayes, John Smith. BACK ROW: Kati Jividen, Andrea Farnsworth, Stacie Atkinson, Travis McKean, Aaron Johnston, Sherri Kitthikoune, Matt Hall, Jeremy Van Sice, Jodie Hansen.

SPANISH CLUB. FRONT ROW: Angela Beason, Crystal Patterson, Sadanan Panvaree, Sabrina Overton, Sue Lee, Christy Grasso, Dray Grantham, Krystal Young, Amanda French. ROW 2: Natasha Long, Amy Flynn, Melissa Bannick, Darvette Smith, Shopha Matthew, Becca Stamper, Adam Fisher, Amy Goddard. ROW 3: Rachel Deierling, Laurie Brown, Jill Ackelson, Kingkeo Calo, Christina Taha, Jennifer Cambell, Kathryn Hansen. ROW 4: Adam Kilgore, Tougee Lo, Mong Lee, Winell Waterhouse, Stacey Letze, Anna Ochoa, K.T. Harrington, Ryan Cook, Adam Neubauer, Josh Christenson, Scott Rourke. NOT PICTURED: Joe Blackford, Marie Blackford, Reyna Borges, Teresa Corbin, Jennifer Huffman, Kristina Huges, Kamilia Lee, Anna Lefleur, Juanita Mata, Martha Reasby, Laura Shelton, Jenny Young.

***Sombreros for everyone!** Freshman **Brian Humphrey** displays the most famous of all Mexican emblems.*

Click, clatter, beep. *Those are the sounds from the Office Education classroom as BPA president senior* ***Heather Bailiff*** *keys away. Office Education was a class (taught by BPA sponsor* ***Mary Jane Kaldenberg****) most BPA members were required to take.*

Helping each other *is a big part of learning as junior* ***Matt Humphrey*** *and sophomore* ***Nick Crawford*** *demonstrate. This skill helps a lot when students are working in the real world with other people as many BPA and New Horizons students had to do.*

BPA. First Row: Keli Guile, Tracy Berry, Heather Bailiff, Amanda Smith, Jodie Schlotterbeck, Cindy Brayden. Row 2: Emily Henry, Sabrina Smiljanic, Amber Gilbert, Stephanie Carlson, Michelle Perdue, Sponsor Mary Jane Kaldenberg. Back Row: Shantell Lloyd, Kim Green, Jason Ortega, Leasie Griffin, Angie Kirstein, Rachelle Schutt. Not Pictured: Lisa Borne, Chris Baumann, Kristie Kimbley, Misty Gilleland, Laura Lewis, Michelle Earles.

NEW HORIZONS. Front Row: P. Williams, M. Slaughter, L. Moon, N. Long, A Williams, T. Leverett. Row 2: H. Robinson, S. Johnson, C. Mallet, J. Clarkson, T King, T. Mastin, R. Milligan. Row 3: T. West, A. DeVan, T. Wortham, A. Myer B. Moore, B. Ballard. Back Row: R. Rustin, R. Carroll, K. Lee, N. Deering, J. Patto Not Pictured: C. Beach, M. Bos, R. Boyd, P. Clark, R. Clark, C. Collett, M. Gree T. Haygood, T. Heckinger, C. Hines, J. Johnson, K. Trond, A. Kroeger, E. Lloyd, N. Long, T. Lund, J. McClain, S. Mota, M. Osborn, Lakesha Patton, Latya Patton J. Sams, J. Schaffer, J. Shatz, M. Schillinger, R. Shipman, D. Stevens, S. Steward D. Swanson, D. Thompson, G. VanGundy, M. VanGundy, M. Vang, T. Vang, G Warren, S. Willwerth, P. Wilson, A. Woods, H. Wright, B. Battin, C. Phillip, L Bundy.

BPA, New Horizons & Office Ed

BPA

workin' toward the FUTURE

During senior year, most of the focus is geared toward college. Not that much emphasis is given to seniors who are joining the work force right after graduation.

However, there are programs to aid these students. New Horizons is one of them.

"New Horizons isn't just a program to help you get a job," said advisor **Fannie Wilson**. "We help students to become successful in school and jobs. Students are encouraged to explore careers and outside interests."

Business Professionals of America (BPA) is another helpful program.

"BPA's purpose is to help prepare young people for productive lives and business careers," said BPA sponsor **Mary Jane Kaldenberg**.

In addition, BPA isn't just a group for students with working on their minds. BPA was also involved in many extracurricular activities.

"During Christmas, we adopted a family and helped them with food, clothing and toys," said senior **Sabrina Smiljanic**. "It was really fun and nice to help others."

BPA did other things too.

"We collected pop can tabs for Ronald McDonald's Children's Charity," said BPA president **Heather Bailiff**. "It was a contest among different schools."

> *"BPA is very fun to get into and is very rewarding."*
> *–Senior Lisa Borne*

*Helping junior **Winell Waterhouse**, teacher **Nancy Hansen** explains the fundamentals of computers. Anything pertaining to computers is a big step toward the future.*

Making the world a better Place

Diversity Council, reintroduced this year as Leadership Council, has successfully taken off in its second year.

Members organized forums to help students ease human relations tension throughout the school. Students signed up and attended sessions to voice their opinions.

"We talked about what was going on. Everyone gave their opinion and then we tried to come up with solutions," said senior **Lee Vang**.

"Our goal was to break the racial tension and I believe we accomplished this," said senior **Christine Mallet**.

The council also visited elementary and middle schools throughout Des Moines.

Sophomore **Amber DeVan** said, "We went to other schools to tell them about East and answer their questions about teachers and students and our interactions."

Student involvement was motivated for a variety of reasons.

"Racism is a reality at school, and it's time things change," said junior **Nicole Crook**.

"I wanted to be a leader, not a follower," said senior **Valerie James**. "I also wanted to help improve our situation."

While Leadership Council worked to improve the school, the Key Club did service projects within the community.

Senior **Mol Hom** said, "Since there are no tangible benefits for being involved, everyone in the club really cares and wants to be there."

The Key Club did service projects like making casseroles for the homeless, passing out candy at Blank Children's Hospital and reading to autistic students.

"At Christmas we gave candy to the children at the hospital. It opened my eyes to the hard lives some people have and made me grateful for what I have," said junior **Glenna Frank**.

*At the African-American Extravaganza in February, sponsored by Leadership Council, guests included Principal **Jerry Stilwell**, reporter **Michelle Parker**, Mayor **A. Arthur Davis**, guest **Judy McCoy**, school board members **Elizabeth Goodwin** and **Jacquie Easley**, and Merrill administrator **Valerie Griffis**.*

*Planning their next service project, senior **Mol Hom** leads the Key Club meeting, while junior **Kati Jividen** listens intently. Key Club participated in the Walk-a-thon to help raise money to find a cure diabetes.*

Mixing up the ingredients, *junior* ***Andrea Curl*** *and sophomore* ***Steve Porter*** *help make the casseroles that the Key Club gave to the Salvation Army in November. The Salvation Army then distributed the food to those who needed it.*

LEADERSHIP COUNCIL. FRONT ROW: H. Garrison, R. Stamper, P. Kamvanh, D. Smith, E. Kitthikoune, L. Sou, S. Lee, N. Long, M. Carr, G. Woods, K. Lee. ROW 2: A. Williams, A. Richardson, K. Doung, K. Calo, V. Baccam, C. Xiong, P. Philavanh, S. Matthew, S. Panvaree, S. Monaco, M. Hovey, K. Mauk. ROW 3: E. Barefield, K. Calo, J. Campbell, A. DeVan, L. McCoy, M. Slaughter, M. Stutes, Y. Pierson, S. Johnson, V. James, L. Fisher, M. Colemon, T. Cason, A. Goddard. BACK ROW: N. Convery, J. Jackson, C. Davenport, W. Waterhouse, C. Mallet, T. Butts, S. Murray, L. Pastore, R. Carroll, J. Patton, J. Spaine, C. Donahue. NOT PICTURED: N. Crook, M. Logsdon, S. Thomas, S. Baccam, B. Auch, A. Graham, J. Clarkson, J. Mata, M. Deering, L. Vang, L. Griffin, A. Franklin.

KEY CLUB. FRONT ROW: Matt Redshaw (His.). ROW 2: Darvette Smith (Treas.), Mol Hom (Pres.), Khamphoui Calo. BACK ROW: Andrea Curl, Kati Jividen, Glenna Frank, Jenie Fuller. NOT PICTURED: KellyPotter, Kaofeng Lee, Steve Porter, Jill Hollister (VP), Ted Nemmers (Sec.), Nicole Jacobs.

The Leadership Council *held forums for students to discuss an article written in Cityview in late January. Each group wrote a letter, which they then sent to the paper.*

Venturing Beyond Television

Spitting, blood and gore, and intense drama were just a few things encountered by students on the Senior English Trip.

The students boarded at bus a 4:30 a.m. and were off to the Guthrie Theater in Minneapolis, Minnesota.

Many took things to make the bus ride comfortable.

"I saw people with food, pillows, headsets and stuffed animals," said senior **Heather Nordin**. "I didn't take anything; that was a mistake."

After arriving in Minneapolis, the students went to the theater for "Text Talk." This was where the actors discussed the play before-hand to help them understand what was going on.

"The Text Talk was boring. Most people fell asleep until they started to build the set for the play. That was interesting," said senior **Amy Wolf**.

After the discussion, students wandered through a sculptur garden and into a park where they ate lunch.

"The most interesting thing in the sculpture garden was a weird man running around the statues staring them in the face," said senior **Greg Hillson**.

Later, after lunch, the students headed back to the Guthrie to see the play *King Lear.*

"The play was an exceptional performance. The acting and the staging of the play allowed students to understand the theme," said chaperone **John Raymond**. "I believe by seeing live production, students come away with a greater understanding of both Shakespeare and drama.

Arriving back at school at 10:30 p.m., most students were exhausted from the long day and ready to go home. The experience of the play and the sculpture garden was what made the day exceptional.

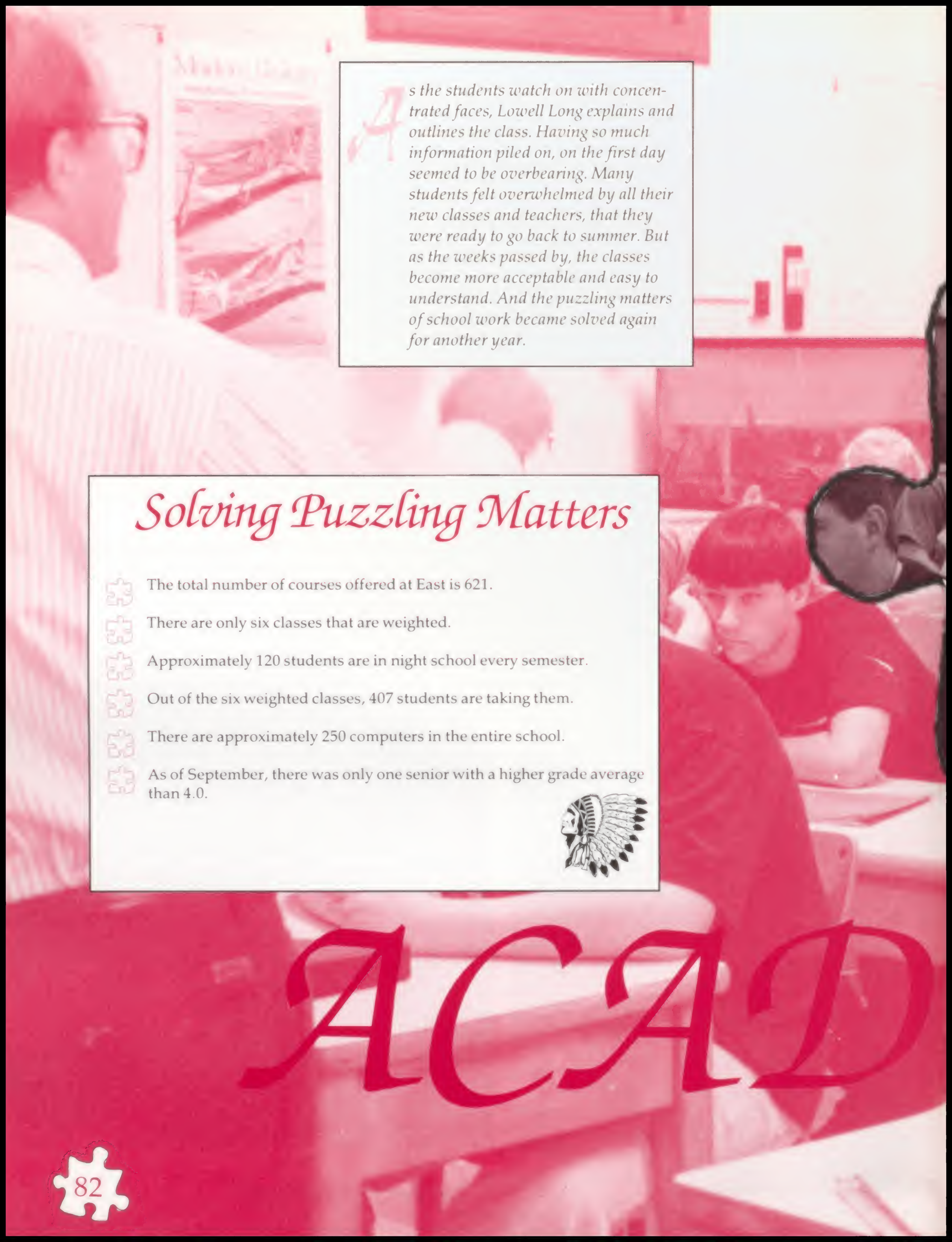
Feeding animals *in the park, seniors* ***Dave Thornton*** *and* ***Anne Cady*** *relax during lunch. The animals ate right from their hands.*

Having forgotten *a pillow for the long bus ride, senior* ***Tyrell Taylor*** *tries to sleep. Many awkward sleeping positions were seen.*

Wading *through water, senior* ***Greg Hillson*** *"surfs the spoon." The Oldenberg Spoon was the most popular sculpture in the garden.*

Trying *to balance on a sculpture, students hang on for a ride. All were told not to touch or climb on the sculptures, but . . . .*

Indulging*, senior* ***Teresa Rayman*** *shares her breakfast with everyone. Students were not themselves early in the morning.*

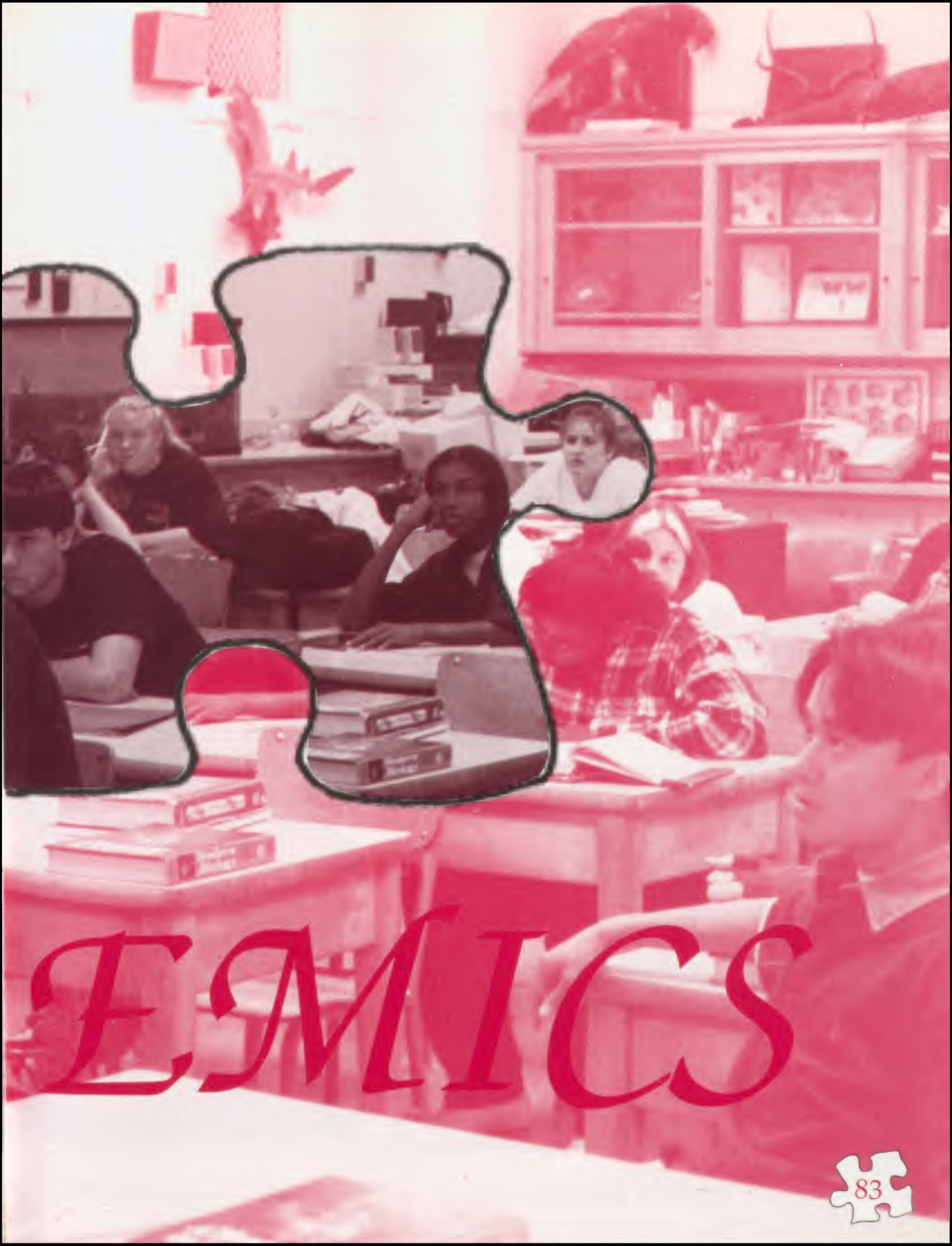


As the students watch on with concentrated faces, Lowell Long explains and outlines the class. Having so much information piled on, on the first day seemed to be overbearing. Many students felt overwhelmed by all their new classes and teachers, that they were ready to go back to summer. But as the weeks passed by, the classes become more acceptable and easy to understand. And the puzzling matters of school work became solved again for another year.

Solving Puzzling Matters

- The total number of courses offered at East is 621.
- There are only six classes that are weighted.
- Approximately 120 students are in night school every semester.
- Out of the six weighted classes, 407 students are taking them.
- There are approximately 250 computers in the entire school.
- As of September, there was only one senior with a higher grade average than 4.0.

ACAD



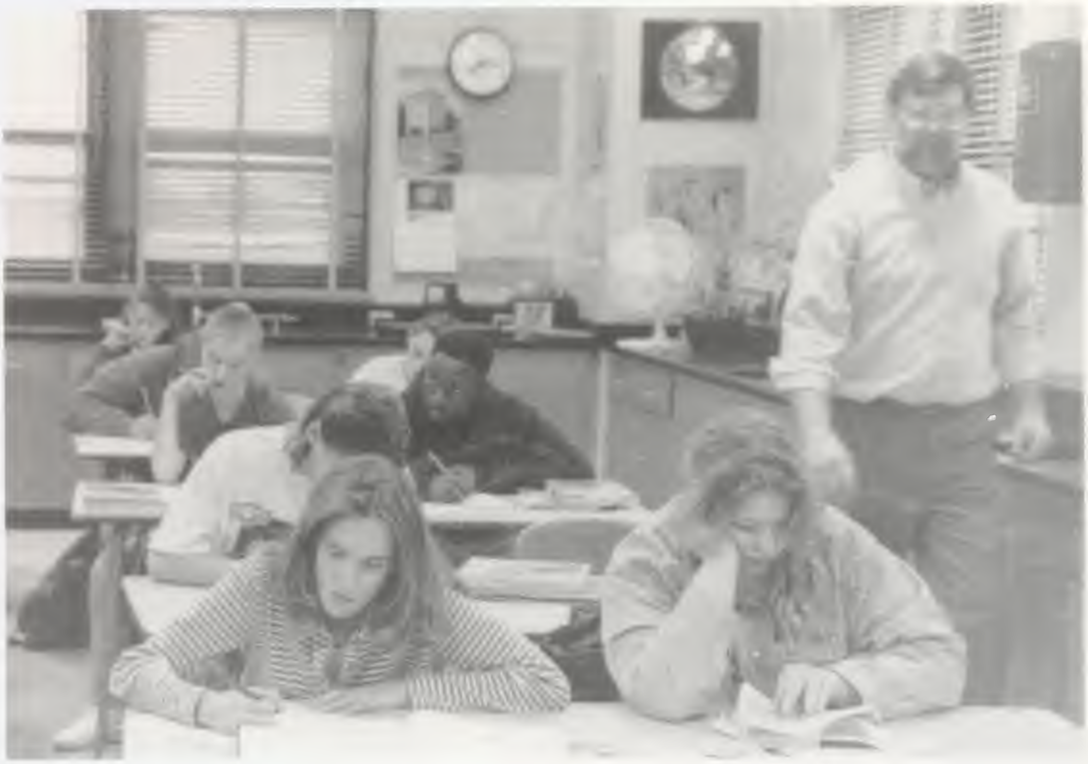
EMICS

Working together, *freshmen* ***Nicky Vang*** *and* ***Kerrie Calhoune*** *discuss how to go about things. Working in groups allowed the students to help each other.*

Attempting *to form a volcano from Play-Doh, an earth science student measures the height of his creation. Hands-on experience further educates students.*

Caught yawning during class, *freshman* ***Matt Hall*** *struggles to pay attention. In earth science the students found themselves taking notes and doing labs.*

The students *work on their assignment as teacher* ***John Rudisill*** *walks though the classroom to see if anyone needs help.*



the world around you

Learning about your environment and how to keep it safe

Knowing about the environment that surrounds you will help you in the future. This was the goal of the teachers in earth science and ecology classes.

Teacher **Debbie Neustadt** said, "I enjoy teaching ecology because I like everything about nature."

Many students also found that the classes were fun.

"I enjoyed earth science a lot because we do a lot of labs and it's not all book work, in fact we didn't even have a book," said freshman **Jennifer Williams**.

Freshman **Robert Moore** said, "I wouldn't say the class is fun, but it does not bore me. Some of the curriculum is interesting; however, some can be a little on the dull side, or confusing."

It was not just the students, but also the teachers, who had fun during the class.

"The kids choose to take ecology so they are motivated, which makes it fun for me," said **Neustadt**.

On the other hand, some students had a totally different opinion.

"Science classes have never been hard for me but I still don't like the subject because I don't find it interesting," said freshman **Kristina Hokanson**.

taking a closer look

Biology classes looking more in-depth

Biology.

When that one word comes to mind people think of experiments and observations. But biology students have learned there's more to the class than hands-on work.

Being in biology means you also have to do a lot of research, book work, and all that other fun stuff that the students love. Biology doesn't mean an easy grade. You have to put forth your best and participate in the class.

Biology I students are usually underclassmen who are preparing for Biology II.

"I think I will benefit from biology because I learn stuff that I normally wouldn't learn on my own," said freshman **Kimberly Duong**.

"We learn a lot about the world and the things in the world around us," said sophomore **Nicki Mooers**.

Biology II is a course taken after completing Biology I. Most students are juniors or seniors looking to expand their view of the world.

"It's a more in-depth look at biology from my sophomore year. We do a variety of different experiments and look at many different things," said senior **Brad Zelenovich.**

"I would recommend this class because it gives the students a better understanding of his or her living world," said senior **Stephanie Atkinson**.

The classes help the students to work on their own individually and at their own rate.

"Biology II has helped me to be even more independent and work at my own pace," said senior **Jeremy Isaac**.

Are we doing this right? *Senior* ***Andrew Von Ahnen*** *goes on with his work casually as senior* ***Scott Rourke*** *thinks "uh-oh" and looks as if he made a little mistake. Labs were sometimes confusing to the students and the teacher's help was often asked for. Working together in pairs helped the students get their work done faster.*

***Do you understand,** class?" Teacher **Lowell Long** explains a section of the biology book thoroughly and prepares for questions the students have. To get into most colleges a biology class is required.*

*"**Can't you read?** The answer is right there." Senior **Melissa Garrett** tries to help senior classmate **Ron Pauscher** with his homework. Working together got the job done faster and made it easier on the students.*

***These Biology I students** stare intensely at teacher **Lowell Long** as he presents some new facts. The students learned that paying attention helped them out with their work.*

natural reactions

New teachers for science learn along with students

It was not only students that had to deal with new classes but also the teachers. Many of the science faculty were in new positions.

"This was my first time teaching at a high school level, besides student teaching. Mr. Hutzel has been very helpful, going beyond what is expected," said teacher **Keri Frommelt.**

"Teaching physics is a lot more work but less frustrating. All the students are involved in the class which is a big change form working with freshmen," said teacher **Rollie Bramhall**.

Not all were dealing with new situations, though. **Larry Hutzel** has been teaching chemistry at East for 11 years and a teacher for even longer.

"I enjoy chemistry for the most part. Mr. Hutzel makes the class fun," said sophomore **Christie Timmerman**.

Students liked the class for several reasons.

Sophomore **Raychelle Puchta** said, "I enjoy Chemistry a lot! We learn different things every day with Mr. Hutzel's variety of teaching styles."

"Chemistry is fun and hard at the same time. The labs can be fun but the tests are hard because half of the time I don't understand what the book is talking about," said junior **Adam Erickson**.

But it was not all work and no play during class.

Senior **Jill Hollister** said, "We were ahead of the other class so Mr. Bramhall let us watch cartoons."

"We get to do a lot of labs with chemicals and fire, but I don't like it when we have to wear goggles," said junior **Kristina Hughes**.

***Leaning down** for a closer look, senior **Tony Mills** works on his physics lab. Students had to be careful to be accurate when recording data.*

POSTED
FOR ALL
HAZARDOUS
CHEMICALS

***For chemistry labs** the students worked in groups of two. One of the labs students did this year was making their own slime.*

Being careful *not to spill, junior* ***Nicki Littel*** *pours two liquids together as junior* ***T.J. Nicoletto*** *looks on. Chemistry and physics classes did a lot of labs.*

Vroom! Vroom! *Junior* ***Christina Taha*** *watches as someone pushes the car down the table. The students were doing a lab on speed and velocity.*

The chemistry class *pays close attention as teacher* ***Larry Hutzel*** *explains what the students read the night before. Listening closely was helpful when tests came around.*

piece of mind

Learning about the world around you

Do you want to understand what's going on in the world around you? Then you should sign up for one of the semester courses in psychology or sociology.

"Sociology deals with the different people and cultures in society," said teacher **Fred Vanderley**, "while psychology is about the individual."

Vanderley has been teaching sociology and psychology at East since 1985. Before that, he taught sociology and psychology at Hoover High School and Hoyt Middle School.

Many students felt sociology was a very interesting and fun class.

Senior **Teresa Rayman** said, "Sociology is fun. We talk and listen to what other students have to say about their personal experiences."

"I like sociology because it is interesting to learn about different societies. We do many different things, such as reading, watching videos and having discussions to keep it interesting," said senior **Laura Fuller**.

Students decided to take sociology and psychology for many different reasons.

"I decided to take sociology because I wanted to learn about social patterns, social behavior and how they affect me," said senior **Rebecca Auch**.

"I took psychology because I thought it would be neat to learn about people and how they react," said **Fuller**.

Senior **Brad Zelenovich** said, "I took psychology because I'm not familiar with the subject, and it will prepare me for college."

"I decided I wanted to take (psychology) for college reasons," said junior **Michelle Schillinger**.

Some students found sociology easy but occasionally challenging.

"Sociology can be hard if you don't involve yourself in class discussions," said **Auch**.

***Joking around** in class, junior **Justin Bauman**, seniors **Brad Zelenovich, Travis Risius,** and **Nick Dellaca**, learn a lot about society. Taking sociology helps the students in dealing with the world around them.*

Senior Nick Dellaca *holds sociology close to his heart. He enjoys learning about the people around him.*

Learning how to socialize *on a positive note, the class enjoys group discussions tremendously.*

selling a grade

Sell or fail

Learning how to manage a budget or learning legal rights is what all students go through their junior or senior year in government and economics.

Students had to choose economics or applied economics. Those who chose applied economics were required to sell items, of class choice, to pass the class.

"Our class sold window stickers. I saw people selling items from towels, to pens, to garter belts," said senior **Jeremy Kyburz**. "Some of the items didn't sell too well."

In government class, students learned how to cope in the world of politics.

"The class is interesting," said senior **Nicole Martin**. "We've learned our rights, how government works, parts of the Constitution, as well as how to register to vote."

Students from the government class went on a "Close Up" trip to Washington D.C. February 18-24. They spent months ahead of time on fund-raisers to earn $1,100 per person to go.

"This trip was more in depth than the U.N. trip our junior year to Washington D.C.," said senior **Teresa Rayman**. "We actually had time to study and look at things, instead of having to rush through and being told what it was that we were looking at. The trip was expensive, but well worth it."

Highlights of the trip were meeting the senators, visiting Congress, going to the Pentagon, shopping and seeing many statues.

***Looking confused**, senior **Teresa Rayman** listens to senior **Darvette Smith**. Government students met to plan the "Close Up" trip.*

***Figuring numbers** for the government trip, **Stan Thompson** does quick adding in his head. It cost $1,100 for each student to go on the trip.*

GOVERNMENT

Casually listening *to the speaker, students gazed around. Paying attention helped pass most students.*

Stan Thompson *works one on one. Making sure of what's going on in the class helped grades stupendously.*

GOVERNMENT

A guest speaker *goes over the Constitution. Students were taught their rights.*

history in the making

A bit of history in us, a bit of us in history

Dictatorships, wars, and the fight for truth and justice and political ideas that changed history forever are things we only read in the history classes.

However, we are living with history in the making.

The O.J. Simpson trial. Considering a whole year of racial epithets, fake evidence, as well as childish fights between O.J.'s attorneys and Marcia Clark, the not guilty verdict was shocking—and fast.

Senior **La Vongphasouk** said, "A lot of people won't trust the judicial system anymore. They will think that they won't be heard."

"This sends out the message that people can get away with anything just because they're rich and famous," said David Rumage.

"Throughout history, wars were started with the rich people and the poor people suffered," said history teacher **Ted Christensen**. "The rich got richer and more prestige, while the peasants died."

Another historical event in the making was the Republican swing in Congress. Newt Gingrich's Contract with America, a series of legislative programs which were to be the answer to the country's problem, had people thinking.

Student teacher **Ray Merrill** said, "When I saw Gingrich waving that contract, it reminded me of Mao Tse Tung waving the laws that everyone had to obey. It sent chills down my spine."

"I think it's a tragedy," said American history teacher **Jim Bush**. "Whenever the Republicans come to power, America gets set back decades. Medicaid, Medicare, retirement and education programs will all be set back."

History teacher **Bob Collins** said, "This political party swing is normal. In a few decades, the swing will go back to the Democrats."

Opinions differ.

"I think it's a good swing. We need a change," said sophomore **Nick Crawford**.

*"I got it!" exclaimed junior **Dawn Shaffer**. Learning about the past was sometimes confusing, but it helps a person understand more about themself.*

IT'S THE LAW

Dropping Interests in Law

Enrollment in Law & Issues has dropped considerably.

What would it be like to take a class where you learn about the laws and how they affect your life?

Law & Issues is that class. However, enrollment in Law & Issues has dropped considerably.

"There's just a lot of competition for good sophomores," said teacher **John Bankus**. "Second semester is a problem. Many sophomores take Drivers Ed. and are gone to Central Campus."

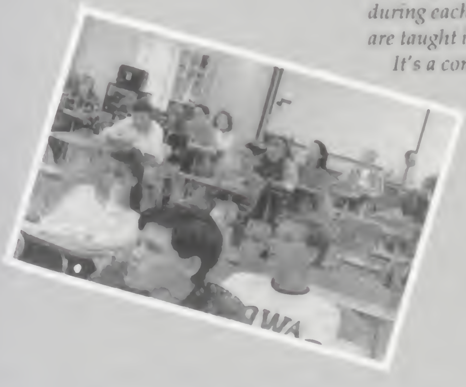
The class is usually taken during a student's sophomore year. However, it isn't only offered to sophomores.

Sophomore **Nick Crawford** said, "I wanted to take it but my schedule was full."

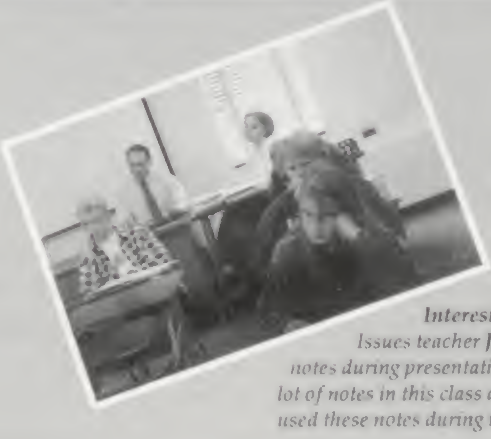
Insurance, Insurance! What about it? Law & Issues helps prepare students for the real life out there. It is a study of the government and its laws and how they help us.

Helping each other *find the answers was part of working in groups. History is full of people helping each other to make things work.*

Fellow classmates *listen attentively as senior* ***Tatum Armstrong*** *relates her opinion. History is more than dates and information, it is a sharing of ideas.*



Like a college setting*, a large group of students listen to one teacher lecture during each class period. Law & Issues are taught in the multi-purpose room. It's a combination of 4 classrooms and is taught by 4 teachers,* ***Stan Thompson, Don Murphy, John Bankus,*** *and* ***Mel Wilson****.*



Interesting! *Even Law & Issues teacher* ***John Bankus*** *takes notes during presentations. Students take a lot of notes in this class and sometimes they used these notes during tests.*

how do you say that

Twisting of the tongue is the key to Spanish & French

Bonjour.

Hasta luego and hola, too. Do you know what any of these phrases mean? Chances are, unless you've taken French with **Susan Lorence** or Spanish with **Margaret Severino, Marilyn Miller, or Kathryn Hansen**, you've probably never heard of them.

A great number of students take French or Spanish for a number of reasons. If it's just for fun, or for educational purposes, it's all up to the students.

"I like to take Spanish because it's a really cool language," said sophomore **Josh Huitt.** "It's coming to be a second language in the United States so it's good to know."

"I take Spanish mainly because I want to go to college and I know I'm going to need it to get in so I want to get it out of the way," said sophomore **Justin Shelburg**.

In such a class as Spanish or French, it's not uncommon for students to have a good time.

"I like it when we have parties because it's a time to sit back and have a good time with classmates and if you're good enough, you can strike up a conversation in Spanish," said **Shelburg**.

Just as in English, students that take foreign languages pick up catchy phrases that they adopt into everyday use.

"Hasta la vista baby," said **Huitt**. "I like it because I got it out of the *Terminator* and it's a cool phrase. It combines English with Spanish but it gets the point across."

For a class that's fun and interesting, a foreign language is highly recommended. It twists the tongue and puts the fun back into learning something new and different.

Showing her enthusiasm *for the class, sophomore* ***Sondra Rivera*** *glances over to her fellow classmate anxiously looking for some help. In foreign languages, help is often needed because English is used as little as possible.*

Obviously *having a great time, sophomore* ***Sarah Christenson*** *laughs after being told a joke. After speaking in another language for an hour, students were often entitled to some time to just relax and have some fun.*

Spanish teacher Kathy Hansen *stops to explain a phrase out of a Spanish book to one of her students. It was not uncommon at all for students to need a bit of extra help at times throughout the year.*

Packing up *as they prepare to leave class, juniors* ***T.J. Sims*** *and* ***Tasha Welch*** *are happy that class is over for the day. Once class lets out, it's back into the land of speaking English for students of foreign languages.*

Discussing their beliefs *about Spanish, sophomore* ***Kourtney Butts*** *and freshman* ***Antonio Alexander*** *enter a friendly discussion about why they took the class. Conversation is ok, just don't get caught using English.*

stage

To be, or not to be—brave

fright

For 11 years, Drama Club has been a part of East High with sponsor and drama teacher **Ruth Ann Gaines** coaching them along the way.

Every year the club puts on an annual variety show; this year 15 students were involved.

"The hard work and dedication comes from within. No one is going to force you to be in Drama Club," said sophomore **Lisa Johnston**.

Generally students come in every other Friday after school, from September to May, to have meetings and plan events.

One event is called "Comedy-n-Stuff," which is a mixed bag of comedy skits, mimes and improvisations.

"It takes us almost one to two hours a night to practice. Sometimes it depends on how well we've rehearsed a scene," said senior **Eric Dority.**

Like any school activity, Drama Club also has officers: president **Lisa Johnston,** vice president **Carey Losenicky,** secretary **Coleen Parcel** and sergeant-in-arms **Eric Dority**.

The club is not only for students in drama classes. Anyone can join at any time if they come to one of the meetings, and talk to a officer.

A special activity is to go to the Des Moines Playhouse. If they usher for the day they get to go for a showing of a play for free.

Gaines' years of hard work and dedication have paid off in the long run.

"Having a sponsor like her, always busy with a lot of other commitments, makes it hard for meetings and practices to get done, but somehow she finds a way to get it done," said sophomore **Laura Pastore**.

The skits, mime routines and improvs make Drama Club fun every year.

"I have a good bunch of (drama) kids I know I can count on," said **Gaines.**

"I feel drama is fun and exciting. This is my second year and I've learned to be more open and outgoing. When I first started, I was very shy but now I like to be in front of a crowd. I've been in four plays which all took hard work, but they were well worth it."

-Junior Nikki Littel

Concentrating on her work, drama teacher ***Ruth Ann Gaines*** *is making plans to fill her busy schedule. She is in charge of Drama Club along with classes all day long.*

"Drama has always been one of my favorite classes. I always loved to be the center of attention. I want to become a singer, maybe a Bette Midler Jr. Drama has gone really well this year. As I mature I'll become a better actress. The older I get the more I learn."

-Sophomore Hillary Reynolds

Striking a pose, *freshman* ***Marc Von Ahnen*** *shows his talent in the drama room. Many students have brought out the energetic side of themselves by being in drama this year.*

Enthusiastic *students,* ***Amanda Grant, Anesha Franklin, Deangelow Dudley, Jamie Griffith, Eric Dority, Cory Dawson and Lisa Johnston,*** *pull together as one in another famous production put on by drama students.*

Just finishing a scene, *freshman* ***Brad Mannebach*** *wraps his coat around himself while freshman* ***Kenny Scott*** *gazes on.*

Looking intently *at the boat on top of the curtain, junior* ***Brad Ruppel*** *and sophomores* ***Laura Pastore*** *and* ***Ruby Denton*** *listen to sophomore* ***Ashley Inthalangsy*** *recite her lines.*

Peeking around the garbage can, *senior* ***Troy Brown*** *watches fellow classmate* ***Carey Losenicky*** *speaking during one of many drama class productions.*

it's just English

When the Scarlets meet Shakespeare...

"When we don't have homework, it's unusual."

English class has kept junior **Tiffani Cason** busy this year. This year, her class has read *The Crucible*, watched *Roots*, and they've done visualization and memory techniques.

Though there's "no prescribed day-to-day curriculum," according to teacher and English department head **Julia Hagen**, students can expect to read a major novel each year.

A freshman taking English will typically read a Shakespearean play.

"That was great," recalled freshman **Ben Jones**. "*Romeo and Juliet* really made English class come alive."

Seniors have the chance to take a field trip to the Guthrie Theater in Minneapolis. This year ninety students took the trip, where they ate lunch in a park and saw *King Lear*.

English is an elective for seniors because only three years of English are required for graduation. Seniors have the option of taking an AP English test, which can grant college English credit for high scores.

"The test is really hard," said **Hagen**. "A lot of seniors spend a good part of the year preparing for it. But it's well worth it, if you do well."

For some students, like senior **Mol Hom**, English class is not all drudgery and dead-line assignments.

"One of the cooler things is when we painted (AP teacher Kay McCollum) room," said **Hom,** recalling the activity that emphasized music and the expression of identity. English teacher **John Raymond's** English class walls are drenched in the creativity that symbolizes the relationship between art, musi and writing that is important in the realizatio of self.

Raymond also sponsors the Englis department's special project—one that is als unique to East—the *Portal*, East's literar magazine which publishes student writin and art.

"It's a special opportunity for students to have their work published. It's a collection of exemplary work done only by East students," said **Hagen**

"Because of costs, we cannot provide a magazine for eac student," **Raymond** said. And, he added, since magazines don circulate through the student body a lot of talented student aren't aware of the *Portal*.

"It's not as if we're like the school paper where teachers have certain amount to hand out to kids in classrooms," he said.

Due to lack of funds, this may be one of the last years of th *Portal's* existence. **Raymond** and the *Portal* staff have been considering several alternatives to having a student magazine, funds run too low to cover the cost of publishing. One suggestio is the idea of having a "Reading Theater" in which people ca choose to read aloud, to a group, their own stories and poems

"It's a good way to support the efforts of all kinds of writers. really like to hear poetry read," said junior **Glenna Frank**, cop editor for the staff.

Activities such as these, students say, can certainly be a refreshing break form the routine of studying verbs and writin compositions.

__Silent reading__ is the task at hand for freshmen __Lacey Miller, Janee Earp, Hillary Beaman, Jason Lay__ and __Jesse Watterston__. Students freely chose materials of interest from the novel "Running Loose" to a book on fishing.

__Not all writing__ takes place in compositions; not all test answers are in notebooks. Freshman __Adam Sparks__ knows there must be a paper idea somewhere on the back of this chair.

In order to create *character pictures to share with a collaborative group, freshmen* ***Michelle Colvert*** *and* ***Jason Lay*** *search their books for character traits. Teacher* ***Kathie Danielson*** *worked closely with other English teachers using collaborative groups as a learning technique.*

"Monkeying around" *in speech class, sophomore* ***Amy Klopfenstein*** *teaches the class how to make monkey bread in her demonstration speech. Those speeches were a big part of a semester grade in Ms. Shaeffer's speech class.*

Demonstration speeches *ensure that everyone is a master at something. Sophomore* ***Heather Martineau*** *enlightens the class with her impressive skill at making book covers.*

Worksheets are endless*, it seems, for freshmen* ***Amanda Armstrong****,* ***Amanda Pratt****,* ***Sarah Lewis*** *and* ***Kenny Scott****. Vocabulary and grammar difficulties are overcome with daily practice in teacher* ***Mary Westover's*** *class.*

Interpreting Life

What is individual events? It's a part of the debate group.

According to a debate information packet "I.E.'s," or individual events are speeches given by one person, not a team debate. It's a competition where one speaker competes against five other speakers in two or three rounds, and the top six speakers 'break' into a final round, where the top three competitors win trophies."

"Individual events is something you do if you feel passionately about something," said freshman **Sara Huffman**. "I.E.'s let you express your feelings and the more you put into it the more you get out of it."

There are four types of IE's: Original Oratory, Extemporaneous Speaking, Dramatic Interpretation and Humorous Interpretation.

"If you feel passionate towards poetry or dramatics, then you can could do a poetic or dramatic interpretation," said **Huffman**. "But if you feel passionate about a problem that you think needs fixing, then you can do an oratory interpretation."

1995-1996 Debate Winners

Championship Debate	
Matt Heman & Gary Schnoor	Roosevelt - 2nd place
Novice	
Sara Huffman & Jamie Swacker	Iowa City West High - 3rd place
Panada Ferrell & Lauren Rice	Iowa City West High - 4th place

***Putting** together his speech on Nuclear Proliferation, sophomore **Keith Twombley**, prioritizes the evidence according to its significance. Finding enough information is necessary for the debaters to support their speeches.*

Checking and rechecking, *sophomore* ***Gary Schnoor*** *and freshman* ***Lauren Rice***, *go over their speeches to make sure they haven't left anything out and that all the information is supported. Having the right evidence and support is crucial to any debate strategy.*

Working on their speech together, *junior* ***Jamie Swacker*** *and freshman* ***Kristina Hokanson*** *discuss and practice on how to deliver their argument. Delivering an argument, as well as a speech, effectively and assuredly can decide whether you win or lose a competition.*

"Out of Order!!"

Ever heard of "Student Congress?" What is it?! Well, it's a group of students who simulate what real legislatures do.

According to teacher **Mike Miller**, "It's a competitive simulation of real life Congress. Students use parlimentary procedures to debate bills and resolutions."

"In Student Congress we get to make bills and give speeches for or against a bill," said freshman **Ben Stevens**. "We also get to role play what the participants of Congress do. For example, once I got to be the presiding officer, this person gets to stand at the podium and use the gavel to call people 'out of order'!"

team effort

New topics, lots of research, loads of fun

What comes to mind with the word "debate?" Two people standing at podiums throwing arguments at each other on a chosen topic, or someone looking for an argument and calling it debate?

Actually, debate isn't anything like these descriptions.

According to the East debate information packet, "It's a prepared argument of a two person team on a current national high school debate topic, with the teams alternating sides for and against the topic, and a judge choosing the winner based on the quality of the argument and the evidence."

"To me debate is making friends, competing and researching," said sophomore **Matt Heman**. "It's competitive, fun and helpful."

"Debate isn't something that can be explained in a few sentences or paragraphs, because it's so diverse and there are so many types of debate that it even varies within itself," commented freshman **Lauren Rice**.

"Forensics is a co-curricular activity that takes place inside and outside the classroom setting. It is competitive public speaking," said debate coach **Mike Miller**.

Perhaps you think it's easy to be a debater, just coming up with information off the top of your head. Think again!

"The students' research includes extensive files on various topics, using the school library, Drake's main library, the Capitol law library and resources from the internet," according to the East debate information packet.

Debaters prepare these files by themselves and with the help of their coaches.

"We usually do much of the research ourselves, but our coaches help us out. For example our assistant coach helped us out by doing much of the work on our affirmative piece," said **Heman**.

"Most of the articles I use come from newspapers, magazines or books," said **Rice**.

Working side by side, seniors **Kaofeng Lee, Mike McDowell** and sophomore **Jill Nowadzky**, try to beat deadline 4. Because of January's snow days students came in during their study centers to catch up.

TNT comes in small boxes

Dealing with shortage shows capability

The Quill staff was the smallest it has ever been. At the start of the year there were only twelve people and each staff member was assigned to do more work than is usually planned.

"The staff was small, but very capable," said **Ed Kelly**, *Quill* adviser.

Kelly has been the adviser for five years and he loves it.

"It's a world that gives me a chance to work with creative kids in a real hands-on environment. The kids seem to care more because their work is seen by people," said **Kelly**.

Being on the *Quill* staff takes up a lot of the students' time.

"It's very stressful during deadline times, especially when we're at school until five at night or later," said junior **Jenie Fuller**.

But for many, all the hard work they put in is worth it in the end.

"Knowing the book will be our best yet is what I think is the best part of being on the staff," said senior **Heather Armstrong.**

"We work together as a team and it always pulls together in the end," said **Fuller**.

Students have various reasons for joining th staff.

"I joined because I wanted to be part of th school and this is a class where I can look bac and see what happened in high school," sai junior **Jennifer Fallis**.

"I wanted to be part of my high school, bu I'm not into sports so I joined this class," sai sophomore **Amy Klopfenstein**.

For some there is a downside.

"I like seeing my work being published, but it's a disappointment already knowing what is going to be in the yearbook said **Fallis**.

It's not hard to join the *Quill* staff. The only requirement is teacher recommendation and a willingness to get involved.

"The only reason for having a teacher recommendation is to b careful that we don't get someone who doesn't care. Everybod hurts if one slacks off," **Kelly** said.

Goofing off *in their spare time between deadlines, sophomores* ***Angie Beason*** *and* ***Angie Curtis*** *are caught in the act. Curtis is showing Beason proper cropping techniques.*

QUILL. Front Row: Michelle Vail, Trisha Wood. Row 2: Heather Armstrong, Jamie Swacker, Mike McDowell. Row 3: Amanda Sugget, Noi Vongchanh, Kaofeng Lee. Row 4: Jenie Fuller, Jennifer Fallis, Andrea Curl. Row 5: Patchay Kamvanh, Stacy Haws, Elizabeth Barefield. Row 6: Landna Baccam, Angie Curtis, Cindy Lo, Kelly Kraska. Row 7: Amy Klopfenstein, Amanda Grant, Jill Nowadzky, Rachel Deierling. Back Row: Steve Porter, Ken Sinclair, Ryan Cook. Not Pictured: July Thongthi, Mano Baccam, Angela Beason, Lisa Borne.

It's ***party time*** *for staff members senior* ***Trisha Wood****, junior* ***Jenie Fuller****, and seniors* ***Heather Armstrong, Michelle Vail, Sabrina Smiljanic*** *(Scroll staff), and senior* ***Lisa Borne****. After making their deadline they had to celebrate!*

Pondering on a story, *junior* ***Maddy Wiseman*** *stands by junior* ***Matt Leonard*** *as he tries to get information for a story. "A lot of time and thought is spent on each issue," said junior* ***Kati Jividen***.

Pausing for time out, *staff members juniors* ***Kristi Cox*** *and* ***Adam Fisher*** *and seniors* ***Jason Shelburg*** *and* ***Jason Kristufek*** *take time to look at a design. The staff is always ready to give good advice to fellow members.*

Looking through notes *and other information, senior* ***Gretchen Proksa*** *and senior* ***Jill Hollister*** *sit at a table during class. Good stories require careful planning and research.*

changing places

Moving from Journalism I into the *Scroll* staff

Every year, selected students sign up for Journalism I (J1), a class taught by **Ed Kelly**, journalism adviser and teacher. Freshman students are informed about the class during English. As sophomores or juniors, students are eligible to enter the program.

During the class, students learn all about writing techniques and design, for both the *Quill* and *Scroll*. Even a little bit of photography will be taught before the student's first semester of J1 ends.

J1 has its highlights, along with its downsides.

Senior **Jill Hollister** said, "The hardest thing for me was having to do all the interviewing, but studying for grammar was easy."

Junior **Kristi Cox** said the class taught her design, "which can be creative."

Sophomore **Justin Shelburg** said, "I chose the *Scroll* because I want to be the sports writer. In view of my last two years of high school, I might just continue in the journalistic field."

Cox and sophomore **Jill Nowadzky** also want to continue in journalism.

Nowadzky wants to be in the field of journalism because "it seems really interesting, and I've always liked to write."

A real newspaper job producing one paper a day can get pretty busy, but the *Scroll* puts out about 16 issues a year, one paper every two weeks.

As J1 ends, the real test begins. Are students ready to put out an actual paper for fellow students to read?

"Yes," said junior **Kristina Hughes**, "I like to write articles for the paper. The deadlines are also a challenge I can handle."

Students who like to write, should sign up for J1 and work for the *Scroll*.

"We always need more students to take J1," said junior **Kati Jividen**.

SCROLL. FRONT ROW: Mol Hom, Jill Hollister, Maddy Wiseman, Laura Fuller. ROW 2: Kristi Cox, Gretchen Proksa, Jason Kristufek, Patience Swacker. BACK ROW: Kati Jividen, Sabrina Smiljanic, Matt Redshaw, Adam Fisher, Brian Archer, Jason Shelburg, Matt Leonard, Michael Wright. NOT PICTURED: Glenna Frank, Kari Teske.

Party Time! *The photo class has fun and converses during some "down" time.*

say

As people take time out to take your picture

cheese

1-2-3! Shoot!

Students in photo class aim to capture the real East High on film.

Sophomore **Angie Carey** said, "I try to take good pictures of the things that happen in the halls and during classes."

Photo is not just a class for learning how to take pictures, but also to learn about many composition techniques and how to develop and print black and white film. Students also find photo to be a fun class.

"It's all about taking better pictures and developing them," said sophomore **Thone Vang**.

"It's neat how you can develop and print your own black and white film," said sophomore **Julie Yang**.

The classroom expectations of behavior are to treat others with respect and to be responsible.

"Just do your work and everything will go fine," said sophomore **Jennifer Ballard**.

Yang said, "I like being in photo class because I get along with everyone in class."

Photo training also leads to different types of scholarships and the most important of all, a career. Space explorers, newspaper publishers, professional photographers and artists are all people who use photography.

Photo is not a very difficult class, but it has to do with treating others with respect and acting in a responsible and professional manner, according to photo adviser **Nancy Holmes**.

"Photo class is very fun and easy to be in," said **Vang**.

"I think photo class is easy. The best part about it is taking pictures," said **Ballard**.

Clip, Clip! *Carefully, senior* **Angie Allison** *concentrates on cutting out the comic strips perfectly.*

Camera shy, *senior* **William Brewton** *hides his face but peeks at the camera between his fingers.*

Standing between the tree branches, *sophomores* **Mano Baccam** *and* **Angie Carey** *give the camera a smile.*

purrrfect

Nine lives to accomplish it all? Not these photo kids

shot

You might think it takes nine lives to accomplish everything that one Photojournalism class does, but two alumnae proved it is possible with only one life and it is also very rewarding.

Kara Brown and **Nicole Fees**, 1995 grads, are the proud winners of the John Lethcoe Memorial Scholarship, worth a thousand dollars to each of them.

Students in Photojournalism do several things, but what they have most is pride.

"It is the best team-oriented class I've ever had. Everyone is working to their own capability," said photo teacher **Nancy Holmes**.

Photojournalism kids also do a lot of extra work outside of class. They are the ones you see running out on the floor during assemblies and games to get the perfect shot. They do work before school and after school also, but they don't seem to mind.

"Everybody gets along and we are like one big family," said junior **Angi Allison**. "We have a lot of work, but we get it done."

To take Photojournalism, students must first pass Photo I. It is then possible for Photojournalism to be retaken many times by students for a credit each year.

"This is my third year and every year has been a blast!" said junior **Stacy Hull** about her experience.

Kids from Photojournalism can also be student aids in other photo classes. They usually are in Photo I helping out.

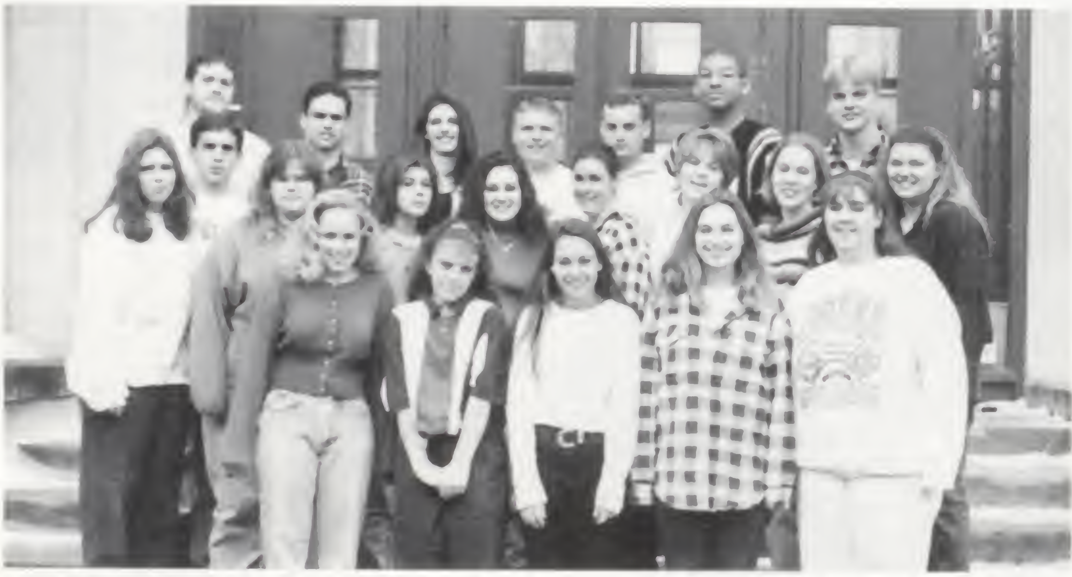
"There is no other class at East High like photo," said senior **Travis Risius**.

Photo classes work together to produce pictures for the *Scroll* and *Quill* every year.

"It is fun, hard work but it pays off in the end," said senior **John Groen**.

"This is the only class that is a team," said junior **Missy Gray**.

Photography is a "hobby that you can have forever," said **Holmes**.



PHOTOJOURNALISM. FRONT ROW: Sabrina Overton, April Schatz, Tammy Halbur, Katie Nevins, Stacey Hull. ROW 2: Stephanie Breese, Joe Furby, Dana Gerlach, Nicole Littell, Amy Winebrenner, Brenda Dalrymple, Robyn Zohbon, Jodi Fenton, Angi Allison. BACK ROW: Ron Billingsley, Jason Tulk, Missy Gray, Travis Risius, Joe Thomas, William Brewton, Greg Hillson. NOT PICTURED: John Groen Jr.

Posing, seniors ***Jodi Fenton*** *and* ***Robyn Zohbon*** *smile for the camera.The 22 students involved in photojournalism helped the Scroll and Quill staffs by taking and developing pictures for them.*

While developing*, junior* ***Stephanie Breese*** *concentrates carefully on how much developer she will use. It's important to be precise with chemicals when working in the lab.*

Taking a break *from photo class, juniors* ***Amy Winebrenner*** *and* ***Brenda Dalrymple*** *reach for a nice cool drink. Photojournalism students just finishing a class project usually found time for a party.*

Taking a little break *from her work to give a smile, sophomore* ***Jennifer Weeks*** *shows how relaxing class is. Writing the plans for projects is really an important part in the class.*

Giving a glance *to the camera, sophomore* ***Curtez Patton*** *is taking a break from a demonstration given by Jeff Bock. The press that's being used is one of the machines used in the class.*

prints for the future

With computers and some art, students print the future

Graphic Arts, a class that is rapidly increasing in popularity among students of all grade levels, combines the use of computer images and a few different types of printing machines. The course is being taught by **Jeff Bock**.

During the course of the school year, the students produce many fine projects in the class. What's even better is the fact that they get to keep some of their quality pieces of work.

"I really just took the course because I wanted to learn about the many machins and how the process of printing really works," said sophomore **Jayne Corbin**.

"A lot of my friends had taken the class," said sophomore **Jennifer Weeks**. "They told me of the many interesting projects that they do in there throughout the year and the fact that it's just a cool class."

Many interesting and fun projects. Well, what is so interesting in the minds of students?

"In the class we've done stuff such as printing our own note pads, coming up with our own business cards and we've even printed on mirrors," said sophomore **Nikki Mooers**.

Printing on mirrors!

"The process of printing on mirrors is really quite similar to the process of silk screen printing on shirts. It's really a cool effect," said **Weeks**.

With projects such as these, it seems that would be truly hard to not enjoy the class. S what would be the best thing about the class?

"The thing that makes the class so great is the fact tha there's no real pressure just as long as our projects turn out prett good," said **Corbin**.

"Probably the best thing about the class is that Mr. Bock is really cool teacher and he makes the class really fun," said **Weeks**

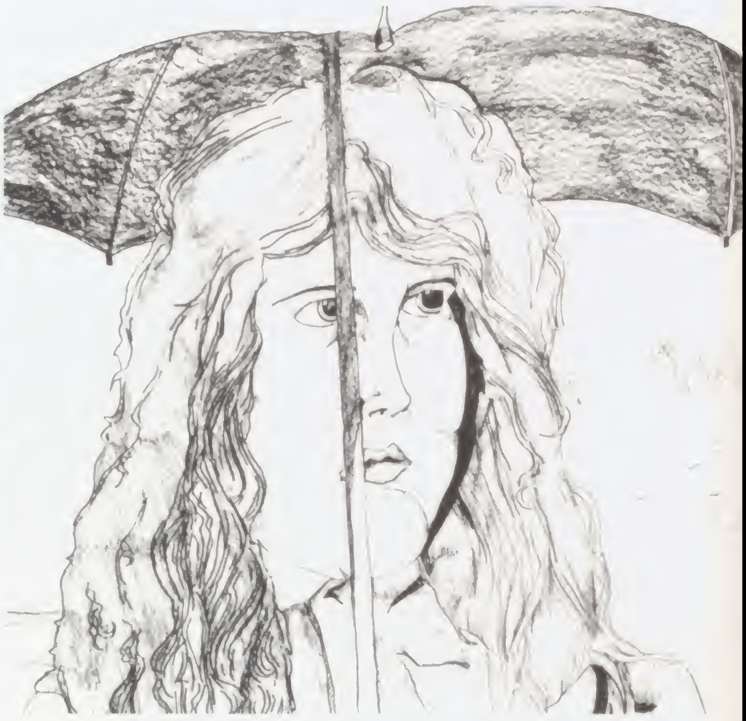
While not many students are considering a career in graphi arts, the class is recommended by those who take it. Got an ope elective? Give graphic arts a shot.

Carefully checking over their projects, sophomores **Mark Mullin** and **Lacy McCuen** check each other's work. It helped to double check work before printing out a final product.

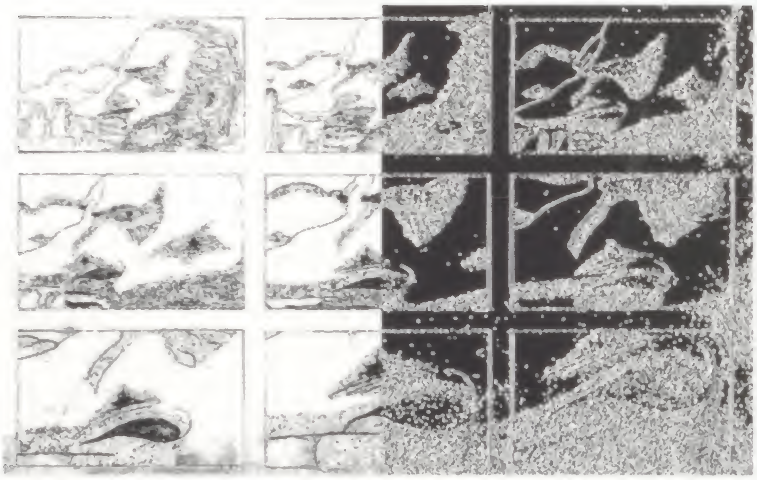
Showing some signs of frustration, sophomore **Marlin DeVan** walks away from the paper cutter. Things didn't always turn out to be a piece of cake for students, but they almost always pulled through.

Looking over the shoulder of sophomore **Nikki Mooers**, junior **Ashley Aldini** offers any assistance she can to help. By lending a hand to fellow students, the graphic arts class was able to produce spectacular projects.

Jeremy Skinner, 10th grade



Frankley Lem, 9th grade



mural on the wall, who's the fairest of us all? mural

During passing, we are all so busy that we don't have time to stop and wonder at the beauty, the peace and the harmony around us. Of course, we only have four minutes to get from the north wing to our locker in the basement, and then to class up on the third floor.

However, if we'd stop and look, we'd see the murals on the first floor and the stairway down to the basement from the cafeteria.

"The mural on the stairway is called Classes of East High," said art teacher **Jerry Goodrich**.

The mural was started and completed in the spring of '93.

Despite the large project being so easily accessible to the public during production, there haven't been many problems.

"The murals haven't been vandalized. When we started, the custodians warned us that students would mess it up, but nothing serious has happened," said Goodrich. "It shows that the students must really like it."

The next mural that was started was the one on th first floor. It is called Fac*es of East High*.

Sophomore **Elizabeth LeClere** said, "It's som thing to look at while I'm walking through th hall. It's also interesting trying to figure out know anyone on there."

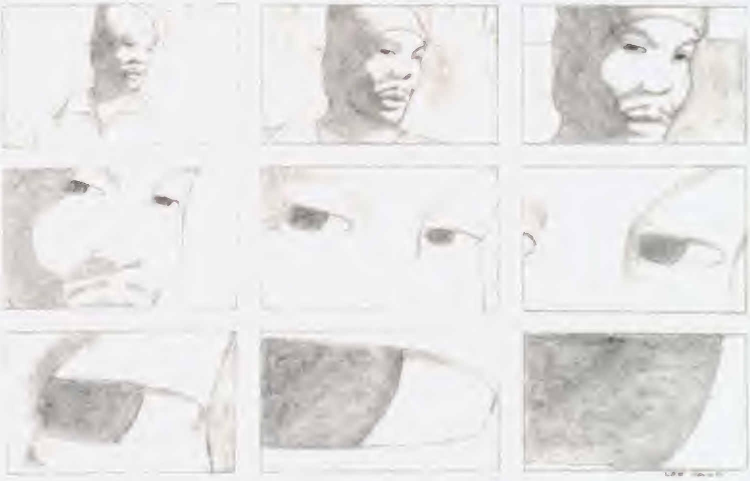
Working on such a big painting takes a lot work and time.

"My advanced students work on the mur when they have the time," said **Goodrich**. "But th have their own class project to do at the same tim The only other problem is the fact that we need pictur submitted to finish this mural."

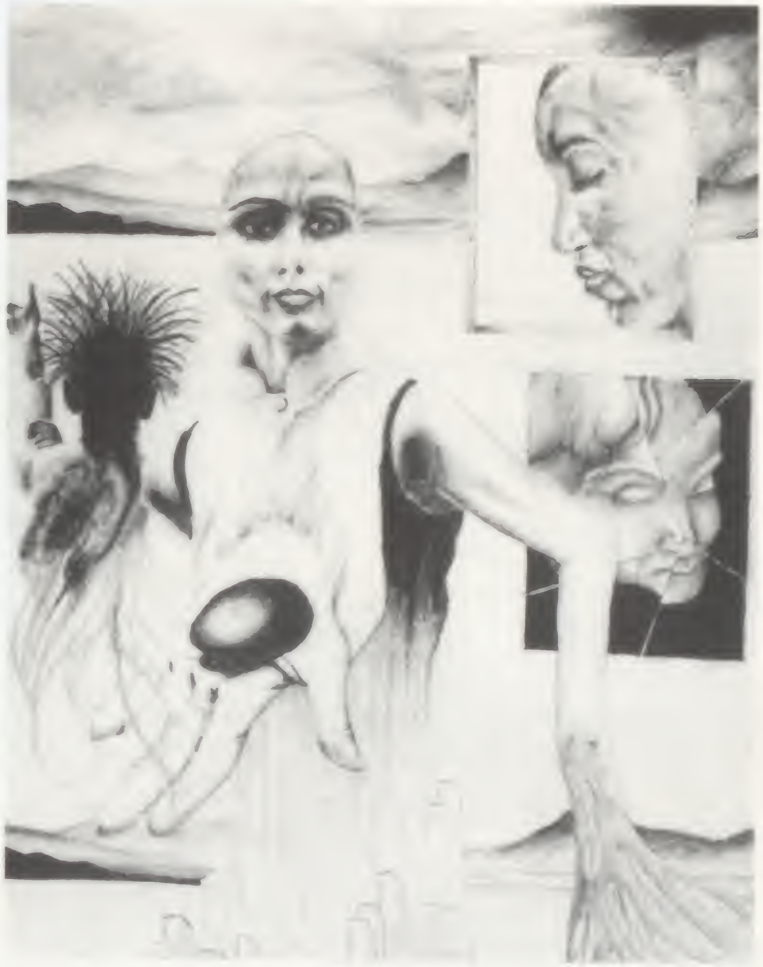
Faces started in the spring of '94 and is still in progress.

"The next mural we're planning on doing is going to be call *Different words that starts with E.* However, we haven't even cided where we're going to put it. We have to finish *Faces* firs said **Goodrich**.

Lee Yang, 9th grade



Job Yamen, 11th grade



Despite the crowd *around only one desk, freshman* ***Chianeda Sam*** *works diligently through the noise. "We have a lot of great talent this year," said art teacher* ***Shirley Gooch****. "These students show serious interest in art."*

Creative juices *flow in the art room hourly, exemplified here by freshmen* ***Randall Cunningham*** *and* ***Heather Colyn****. Individual projects from the art department staff were hung in the front hallway and placed in the showcases for fellow students and visitors to look at.*

bigger

New ideas and new thoughts bring great results

better

A brand new $30,000 technology lab was built and a brand new class was started to use it. This class was called Technology Today.

There are 24 computerized module stations in one classroom. There's also a TV and/or computer at every station.

Each student spends approximately 10 days at each module.

"The students really enjoy them," said teacher **Marty Mohler**, who teaches this class 3 hours a day. "They can usually do about 16 modules out of the 24 in one semester."

"Since everything is so new, there are a lot of technical problems with things not working, but despite that, it's fun," said senior **Heather Collins**.

At these modules students can work on aerodynamics, computer animation, robot programming and drafting. There's also a small booth for TV and radio production, although nothing actually comes out of it.

At one station, students can make architectural plans for an actual house.

"We made a house plan, which was pretty cool," said freshman **Meredith Garlick**.

Senior **Tony Mills** said, "In college, I plan to go into architectural engineering so this class will really help me. It can help students decide what they want to do later in their careers."

"With this class, students get a basic understanding of industrial arts," said **Mohler**. "They can go into graphic technology, photography, metal, wood, auto or home remodeling. It's a great addition to our industrial arts wing."

Huh? I don't know what's wrong. *Auto shop isn't just a bunch of guys grunting around their cars. As sophomores* ***Joe Avon*** *and* ***John Swacker*** *try to figure it out, this class included a lot of thinking and planning.*

Beating your head *on the machines doesn't help. Sophomore* ***Aaron Pruitt*** *took a little head rest on the drilling machine after a long day of hard work.*

__Hey! I can fit in here!!__ Fixing a car with hands-on training gets downright dirty. Sophomore __Aaron Johnston__ proves that by practically climbing into the engine of his car.

__Pulling out graphing paper__ and a ruler, junior __Brian Bell__ isn't in math class. These are not stereotypical no-brainer classes. Completing a worthwhile project needs a lot of math and science skills.

__You're messin' up__ your clothes. In auto shop, students work on everything that goes into a car. They work on the engine, muffler and oil. Junior __John Swacker__ works on the auto body, spray painting the car.

learning about life

Classes that prepare students for their future

Learning to grow up is hard enough, but there are ways to make it a little bit smoother and easier by learning more than the basics at school.

Taking one of the sewing classes is one way to help you.

"It's a good learning experience to know how to sew. It's a nice feeling to know how to make something on your own," said junior **Melissa Lamb**. "I made my homecoming dress by myself."

Parenting and child development classes are offered as well.

"In child development you learn more about the kids and how they grow. Each kid grows differently and so you learn something new about each one," said freshman Tracy Lowe.

"Parenting class shows you how different children develop and deals with the learning process they go through. It also teaches you to be a good parent," said sophomore **Jennifer O'Connor**.

Grads helps out students who are pregnant or have children.

"It helps me out a lot for the future in what I need to know about taking care of my child," said freshman **Jacara Sheley**.

"People should learn more about their pregnancy and their needs and not go uneducated," said senior **Tammy Hilario-Bahena**.

Though life might have its ups and downs, it's always a plus to know where one is heading.

__Cutting, snipping, sewing,__ and designing away, freshman __Keisha Patton__ enjoys making new products for her sewing class. Students were assigned different projects to work on for the different level of classes.

__Sizing up__ her pattern, senior __Yolanda Pierson__ makes her project perfect with the help of teacher __DeAnn Hebert__. Making clothes and bags were part of the projects made.

There aren't enough *hours in the day when you're watching over a little child. Sophomore **Jennifer O'Conner** puts in a lot of hours helping out her friend and her friend's child.*

Discussing the joys *and hardships of raising a child, senior **Martha Reasby** and alumni **Val Cooper** and **Terra Scott** recall memories. The Grads class has been very successful with its program for young parents.*

Don't catch *your fingers in there! Freshman **Amy Ellis** tries carefully to sew her line straight so that her shirt will fit. Precision and patience were required to have a perfect result.*

Kneeding dough, *sophomore* ***James Beeman*** *prepares an old fashioned loaf of bread. In the foods classes students prepare all kinds of foods, ranging from ordinary to exotic.*

Cleaning up *at the end of class, freshman* ***Mark Smith*** *dries off a cup from his cooking area. Besides cooking, students learn about safety around the kitchen.*

cooking for the future

A piece of life's puzzle

Mmmmm!!!

It's the middle of class and there's 20 minutes until lunch, when this overwhelming smell of muffins drifts into the room. Where's it coming from? Probably, from down the hall, in Mrs. Berg's foods class. She teaches her students how to cook and prepare for life.

"By taking my class, the students learn how to cook so they can take care of themselves when they get out on their own," said teacher **Linda Berg**.

"In class we learn how to cook for ourselves," said senior **Missy Garrett**.

Besides preparing her students for living on their own, **Berg** teaches her students about nutrition.

"I teach the kids how to look for the nutritional values of what they cook," said **Berg**.

Although they learn nutrition, the students also learn how to cook other things, other than the traditional muffin.

"We're learning how to cook foods of other nationalities," said **Garrett**.

Waiting for assistance *sophomore* ***LaDondra Moon*** *asks for help before continuing on with her cooking project. Students in Berg's food and nutrition classes learn how to look for the nutritional values in what they cook.*

Setting the table*, sophomore* ***Natasha Sharpnack*** *keeps busy while other group members finish cooking. Students learned to become independent individuals by learning to cook for themselves.*

Family & Consumer Science: Foods/Nutrition

selling ads

The pros and cons of selling ads

for school

In Ad Sales class, taught by Nancy Hansen, students learn the necessary skills needed to effectively sell an ad for the yearbook and get the skills to go out and actually make the deal complete.

"Mrs. Hansen showed us how to get out and sell ads to businesses in a way to actually get a sale out of them," said junior **Joy Elliot**.

The types of ads, as well as the size, varies from business to business. The price of an ad depends on how much space a business wants their ad to take up.

"We generally sell ads to local businesses like Hy-Vee, car washes and restaurants," said junior **Leslie Foreman**. "The other type that is very common are the ones we sell to seniors and the senior class."

"The cost of an ad comes from how much space the business wants the ad to take up," said senior **Mike Newton**.

The reasons for taking the class generally differ among the many students who take the class. Reasons range from getting skills in business life to just taking the course for fun.

"I took the class because I thought it would give me skills in the business sales area for when I get into college," said **Newton**.

"The class sounded like a fun experience and it really did turn out to be fun," said **Elliot**. "The course was recommended to me by my sister and while in the class we got to help the school out."

Ad sales is recommended by teachers as well as students. Why?

"It was a fun class to take and what was even better, we got out of school a lot throughout the course of the year," said **Foreman**.

"I think that I would have to recommend it because it's really a great learning experience and you get a lot of on the job training," said senior **Joe Robinson**.

The class, thanks to the tremendous efforts of **Robinson** and junior **Paige Cowger**, enjoyed overwhelming success this year. **Robinson** raised almost $2,600 and **Cowger** raised about $2,300 for the school through selling ads to businesses. These two students were the top sellers for the class and the whole school benefits from their efforts.

AD SALES (Fall). Front Row: Nancy Hansen, Michelle Langford, Sadanan Panvaree, Ranae Charron, Joy Elliot, Melissa Bannick, Misty Gilleland, Sarah Banks, Mandy Bennett. Row 2: Leslie Foreman, Angela Jennings, Melody Mendenhall, Stephanie Beardsley, Nicole Harty. Row 3: Jay Samuelson, Michelle Cleghorn, Adam Mamminga, Ross Peterson, Mike Newton, Jennifer Jones. Row 4: Adam McFadden, Shane Lovell, Kirk Glass, Amy Flynn. Back Row: Joe Robinson, Toby Sharp, Jack Bolio, Chad Barnes, Brian Shogren. Not Pictured: Angela Jennings, Dustin Kintz, Brad Turvey, Paige Cowger, Jennifer Moon.

AD SALES (Spring). Front Row: Angie Archer, Anourine Baccam, Mao Vang Khamphoui Calo, Amanda Nalevanko, Nicole Kock, Jeremy Hills, Michael Gilbert. Row 2: Nancy Hansen, Amy Winebrenner, Travis Risius, Tim Leabo, Amy Flynn, Nicki Lacquement, Katy Knight, Amy Leeper, Amanda Hull. Back Row Chris Hemesath, Shaun Rivas, Tyson Mixon, Robert Apt, Chad Lortscher, Jesse Williams, Ryan Moyle, Shane Johnston, Chad McFarland. Not Pictured: Rob Nowadzky.

Looking through a past yearbook for some interesting ideas, junior ***Paige Cowger*** *gets a couple of helpful hints from teacher* ***Nancy Hansen****. Looking through past yearbooks prooved to be extremely helpful in getting partial ideas and full designs.*

Going over one of his sales before making it final, senior ***Mike Newton*** *carefully checks over all the details on the sale. Selling an ad was very hard work at times for students, double checking the ad was even more important.*

Finding the answers to a little book work, senior ***Mandy Bennett*** *is wasting no time during the class period. Before students can go out and actually make a sale they have to do some studying and listen to a few lectures on selling techniques.*

Solving the problem, math teacher ***Virgil Larsen*** *helps a student with his assignment. Math problems tend to confuse students when they're complex.*

Calculating numbers on his calculator, senior ***Mike Adams*** *uses it to double-check his homework. Students use their books and calculators to make sure they get the right answer.*

math made easy

Graphing calculators make homework easier

Have you seen those big graphing calculators and wondered what they do? Well, those calculators are used to graph those equations that sometimes just don't make sense, or to check even the simplest equations. Equations like y=-9/13x+3(-88), or y=3x-15.

"The graphing calculators make tedious calculations simple and help you understand mathematical concepts," said teacher **Daria Huang.**

Although it may sound easy to use, it really is a puzzle.

"They are very complicated," said junior **Jessica Piper**. "Instead of a little sheet telling you how to use it, you get a thick booklet to find out what's wrong!"

"The calculators are hard to use," said sophomore **Sarah Ingersoll**. "I could do better without it, and when I use it I always get the answer wrong."

Though some of the opinions about the calculators may appear negative, most say they are an improvement and a help in class.

"They really help my self-esteem, I always get the right answer, and when I use the calculator, it always comes out the same," said senior **Mick Wright**.

"It would be helpful for students in Algebra 2 and beyond to buy a graphing calculator," said **Huang**.

Some students use their graphing calculators for other reasons.

"They're cool because you can program games on them and play them when you get bored," said senior **Matt Redshaw**.

***Hard at work** on geometry, sophomore **Jodie Hansen** attempts to get her homework done before class is over. Having homework every night was expected by students.*

***Breaking from her assignment**, senior **Angela Williams** talks to the teacher and grins. Sometimes students have to take a break and relax.*

what a year!

EHS academic teams set records, go to State

When you think of East High teams, what do you think of?

Your first answer may be football, basketball or track. However, over the past year, one of East's teams has been more successful than any of the others: Academic Decathlon.

In fact, the Academic Decathlon team made it to the state competition in Denison on March 8-9.

"This is the first time since I've coached the team that we won regionals and went on to State," said Coach **Anda Liepa**.

The regionals were held February 10 and all nine team members made a good showing.

Freshman **Frank Swoboda**, sophomore **Keith Twombley** and senior **John Wing** all won their divisions at regionals. These three led East to the team title with 33,712 points.

"It is really unusual for all three categories to be won by the same school," said **Swoboda**.

Six members of the team also contributed to winning the AD city championship. **Swoboda**, along with freshman **Ben Jones**, sophomores **Amy Braaksma**, **Ryan Cook**, **Rachel Deierling**, and junior **Joel Jones** defeated Urbandale on February 7 to win the city championship.

"It was really exciting to win, especially since it was so close in the finals," said **Deierling**.

Another strong area for East academics this year was the Knowledge Bowl. In a preliminary round on November 8, East's three teams answered 150 questions in an attempt to move on to the next round.

Two of the three teams finished in the top 24, earning a berth in the regionals, which were held on November 22.

At regionals, **Braaksma**, **Cook**, **Deierling** and **Swoboda** tied in fourth place as a team. East's other team, consisting of seniors **Wing**, **Tim Stroope**, **Adam Neubauer**, **Pete Trost** and junior **Anthony Davis**, came in tenth.

"I think it was great that we were able to place so high, especially since we're such a young team. We surprised everyone, including ourselves," said **Braaksma**.

All of this academic success has improved East's reputation among administrators.

"If the number of opportunities your school offers is an indicator, East is the best school in the state of Iowa," said **Ed Pilkington**, high school Gifted/Talented consultant for the Des Moines Public Schools.

ACADEMIC DECATHLON. FRONT ROW: Rachel Deierling, Coach Anda Liepa, Frank Swoboda. BACK ROW: Ben Jones, Amy Braaksma, Joel Jones, John Wing, Ryan Cook, Keith Twombly. NOT PICTURED: Nicole Jacobs, Assistant Coach Debbie Neustadt.

***Team members Rachel Deierling, Joel Jones, Amy Braaksma** and **Frank Swoboda** go over "important" reading material at the Drake bookstore. The bookstore was a great place to relax between tests.*

***During lunch** at Drake, sophomores **Amy Braaksma** and **Rachel Deierling** smile for the camera. Many of the members agreed that the cheeseburgers were tasteless.*

***Three of East's** AD team members receive medals at regionals on February 10. Senior **John Wing**, sophomore **Keith Twombley**, and freshman **Frank Swoboda** each won their categories. At right is WOI-TV's **Rod Fowler**, who hosted the Super Quiz.*

GUTHRIE
CENTER

***AD team** members sophomore **Amy Braaksma** and junior **Joel Jones** compete in the Super Quiz finals. The pair, along with senior **John Wing**, answered all five of their questions correctly to help East win the team title.*

*NCYL members **Robyn Zohbon** and **Michelle Vail** huddled together and tried to stand from a sitting position. Group games were one way to get to know people at the convention.*

***Learning to trust** is the quickest way to get to know someone. **Pat Lowe, Michelle Vail** and **Joe Robinson** had to trust the person behind them for a seat as they sat down.*

***Senior Tim Stroope** is congratulated for his academic excellence. **Supt. Gary Wegenke** presented his honor with an encouraging message and a handshake.*

invisible

Honor students are not recognized until class day

honors

Walking through the halls you would never recognize if someone is an Academic Letterwinner or a member of the National Council on Youth Leadership (NCYL). They can be "invisible" honors.

One way to recognize an Letterwinner is to look at their pictures posted in the front entryway display case.

"That was a bad picture of me," said sophomore **Nicole Slater**, "but at least everyone that sees it knows I have a high GPA."

The criteria for the Academic Letter honor award is a 3.6 grade point average (GPA) for two consecutive semesters within one school year and an academic schedule of five full-time academic classes. An average of 111 students receive this award each year.

The NCYL members' identities seem a mystery until announced at commencement or the class day assembly.

Seventeen East students applied for a $500 scholarship and a $300 scholarship given for outstanding leadership in school, church and community. Senior **Robyn Zohbon** received the $300 scholarship.

"I was interviewed in Valley High School's library by two leaders of the organization. We discussed my application, and that's how they chose who got the scholarship from each school," said **Zohbon**.

She was presented her scholarship at the class day assembly.

Students are taught early in school to work hard for a high Grade Point Average and do extra-curricular activities inside and outside of school. The hard work may result in funds for education beyond high school and help set your life financially for the future.

ACADEMIC LETTERWINNERS. FRONT ROW: B. Forest, P. Kamvanh, P. Matticks, N. Slater, N. Jacobs, B. Stamper, K. Teske, G. Frank, A. Klopfenstein, K. Sinclair, J. Swacker, C. Grasso, N. Garringer, S. Lee, C. Young, J. Johnson, S. Halsten. ROW 2: K. Scarlet, V. Kinnear, K. Sawhill, K. Lee, D. Kha, B. Abbas, K. Guile, C. Patterson, J. Watkins, L. Fetter, M. Kitthikoune, A. Medearis, J. Irvin, T. Page, L. Lethcoe, A. Hodson. ROW 3: S. Hayworth, L. Larson, H. Jensen, S. Atkinson, J. Hollister, L. Fuller, P. Roush, S. Oltman, J. Fallis, J. Fuller, S. Matthew, J. Fenton, A. Arpy, C. Taha, R. Hesseltine, A. Nemmers, N. Smith. BACK ROW: D. Penake, M. Peterson, T. Nemmers, L. Sayaxang, W. Waterhouse, R. Swisher, M. Van Gundy, A. Davis, A. Neubauer, B. Archer, P. Richards, M. Redshaw, K. Jividen, J. Boyd, A. Braaksma, J. Thongthi, S. Baccam, H. Underwood.

NCYL. FRONT ROW: Robyn Zohbon, Brian Archer, Jason Kristufek, Joe Robinson, Michelle Vail. ROW 2: Euie Kittikoune, Sue Lee, Christy Grasso, Mol Hom. BACK ROW: Pat Lowe, Brad Zelenovich. NOT PICTURED: Amy Flynn, Jill Hollister, Laura McCoy, Ted Nemmers, Jason Shelburg, Jenny Young.

NHS. Front Row: Christine Grasso, Sue Lee, La Vongphasouk (Pres.), Valerie James, Tracy Berry. Row 2: Unidentified, Manivong Kitthikoune, Unidentified, John Kurtz, Kaofeng Lee. Row 3: Unidentified, Shopha Matthew, Cassey Bauer, Diana Kha, Stacey Long, Heather Jensen. Row 4: Unidentified, Timothy Stroope, Jill Hollister (VP), Ted Nemmers (Sec.). Back Row: Brian Archer, Phillip Richards, Matthew Redshaw (Tres.), Jeffrey Howe, Rhonda Swisher.

KIWANIANS. Front Row: Darvette Smith, Christine Grasso, Heather Bailiff, Mol Hom. Back Row: Andy VonAhnen, Jason Kristufek, Sue Lee, Tyson Mixon. Not Pictured: Mick Wright, Tim Stroope.

Talking with her parents, *senior* ***Valerie James*** *excitedly shows them her new member certificate. Their junior year, NHS members were part of a ceremony inducting them into th group.*

While talking *to students, teacher* ***Larry Hutzel*** *collects money from those who want to buy a group picture. One of NHS's biggest fund-raisers was selling environmental T-shirts, which usually raises about $800 for the club.*

Flexing her muscles, *senior* ***La Vongphasouk*** *shows off as teacher* ***Kacia Cain*** *laughs. The sponsors of NHS were science teachers* ***Larry Hutzel, Cain, Keri Frommelt, Lowell Long, John Rudisill*** *and* ***Debbie Neustadt****.*

Things you never knew

To be in NHS you have to have a high GPA.

The requirements to become a Kiwanian are academics, sports/music, leadership, and service.

NHS sponsors Scarlet Standouts.

honoring

Students who work hard during high school are rewarded

the elite

The National Honor Society (NHS) and Kiwanians reward outstanding students for their hard work. Students who would not normally be recognized are given their due credit.

"I read about (Kiwanians) in the school paper but never thought I would get to be one," said senior **Tyson Mixon**.

To get into either group you have to not only have good grades, but also be active in school activities.

Senior **Jill Hollister** said, "I thought it was neat that I was able to be in (NHS). I knew you had to be involved in things to be able to be in it. I have always wanted to be a part of it, even when I was a freshman."

NHS and Kiwanians are not just honors, membership comes with responsibilities, too.

A Kiwanian is picked for each month of the school year and during that month they have lunch with the downtown Kiwanians once a week.

"I was able to meet new people from other schools. We taught older people at the table some slang words. The Kiwanians were really funny to be around," said senior **Darvette Smith**.

NHS had meetings a couple times a month. They also went out into the community and did service projects.

"We went to Bethel Mission and served food on the food line. I thought it was a good one-on-one experience with people in the community," said senior **Matt Redshaw**.

*Pouring over files, freshman **Lauren Rice**, sophomores **Keith Twombley** and **Gary Schnoor**, are looking to find essential information for their newest speeches. The evidence they find and use will support their speech arguments.*

*"**Out with the Myuriama** and in with the Hashimoto evidence" says sophomore **Keith Twombley**. Debaters spent a lot of time discussing Myuriama (the former prime minister of Japan) for a case and when the new prime minister, Hashimoto, came into office, it changed their whole strategy.*

A Day in Debate

On a regular Friday morning for most students, the debate team's usually packing their things for a two day tournament trip.

Making sure they have everything, the debaters load a bus or van and leave around third hour, arriving at the tournament in midafternoon, around 2:30 p.m.

"We spend hours together, getting on each other's nerves and telling jokes, until we arrive at our destination," joked freshman **Sarah Huffman**.

They sometimes stop for a bite to eat on the way.

"On really long trips, we usually stop at a fast food place to eat and stretch," said junior **Jamie Swacker**.

Once the group arrives they unload their things and wait until the tournament begins. With the free time before a tournament, the debaters change clothing and prepare for the debates.

"We usually listen to the speeches before the tournament," said freshman **Lauren Rice**.

"We do speaking drills, which requires rapid reading, and we practice our debating," said sophomore **Gary Schnoor**.

"We make sure we have enough evidence and practice our speeches some more," said sophomore **Keith Twombley**.

When the big moment arrives the debaters debate in "rounds" against teams from other schools.

"We usually go through three rounds the first day, with a break between the second and third rounds," said **Schnoor**. "Then after the third round we return to our hotel or another debater's home."

"Later at the hotel, we get something to eat and then get some sleep for the next day's debating," said **Twombley**.

These debaters, *junior* ***Jaime Swacker*** *and freshman* ***Lauren Rice,*** *consult a dictionary to find the precise meaning of the term "resolution of debate" for an upcoming match. Research is one of the primary steps to begin a speech or debate.*

After school, *alumna* ***Jenny Boatwright*** *coaches freshman* ***Sarah Huffman*** *in preparation for an upcoming match. The debate team had four alumni coaches to assist the debaters with various tasks.*

Debate trophies *come in all shapes and sizes. Here, sophomores* ***Gary Schnoor*** *and* ***Matt Heman*** *show off their latest one. They received this prize from a fellow debater.*

Practicing their duo-interpretation, *junior* ***Jaime Swacker*** *and freshman* ***Kristinia Hokanson*** *try to do it from memory. This piece is a skirmish about two sisters taking care of their elderly mother.*

***All staff members** need to take turns on the machines to make their deadlines. Senior **Jason Lamb** enjoys working with the press a lot.*

Atlanta
CAUTION

GRAPHIC TECH. FRONT ROW: Cassie DeYoung, Tonette Haygood, Nicole Kock, Mesha Taylor, Kristi Cox, Paul Grother. BACK ROW: Brian Roeder, Jason Lamb, Dan Foreman, Mike Grant, Luke Storey, Ryan McIntosh, Matt Parsons, Sabrina Smilijanic, Jake Thompson. NOT PICTURED: Markisha Carr, Ranae Charron, Jodi Fenton, Brandy Foster, Missy Garrett, Ericka Gervais, Mary Green, Travis Head, Melissa Hovey, Angela Jenkins, Lesley Munyon, Amanda Nalevanko, Cori Rice, Brandy Waldron, Jennifer Weeks, Nick Winterberg.

***At the light tables** used for stripping and paste up, junior **Nick Winterberg** is working on another project. Film stripping is just the start in the process of printing the Scroll.*

Printing for the School

What actually happens in room 655N with teacher **Jeff Bock**? Many students take Graphic Arts to design business cards, but others go further and actually design and print things needed for the school.

"We design notepads and business cards for the teachers and students," said junior **Nicole Kock**.

"We also print dance programs and tickets, the entire *Scroll* and some ads for the yearbook," said **Bock**, teacher since 1972.

During periods four and five, the graphic tech staff is working hard to meet deadlines and to be creative. Although it may be tough at times, most students volunteer to take this course.

"I took this course because Mr. Bock is the coolest teacher here, and you get to be creative," said junior **Kristi Cox**.

Students in this class range from their first year to their third, but no matter how muh experience they have, they never get bored.

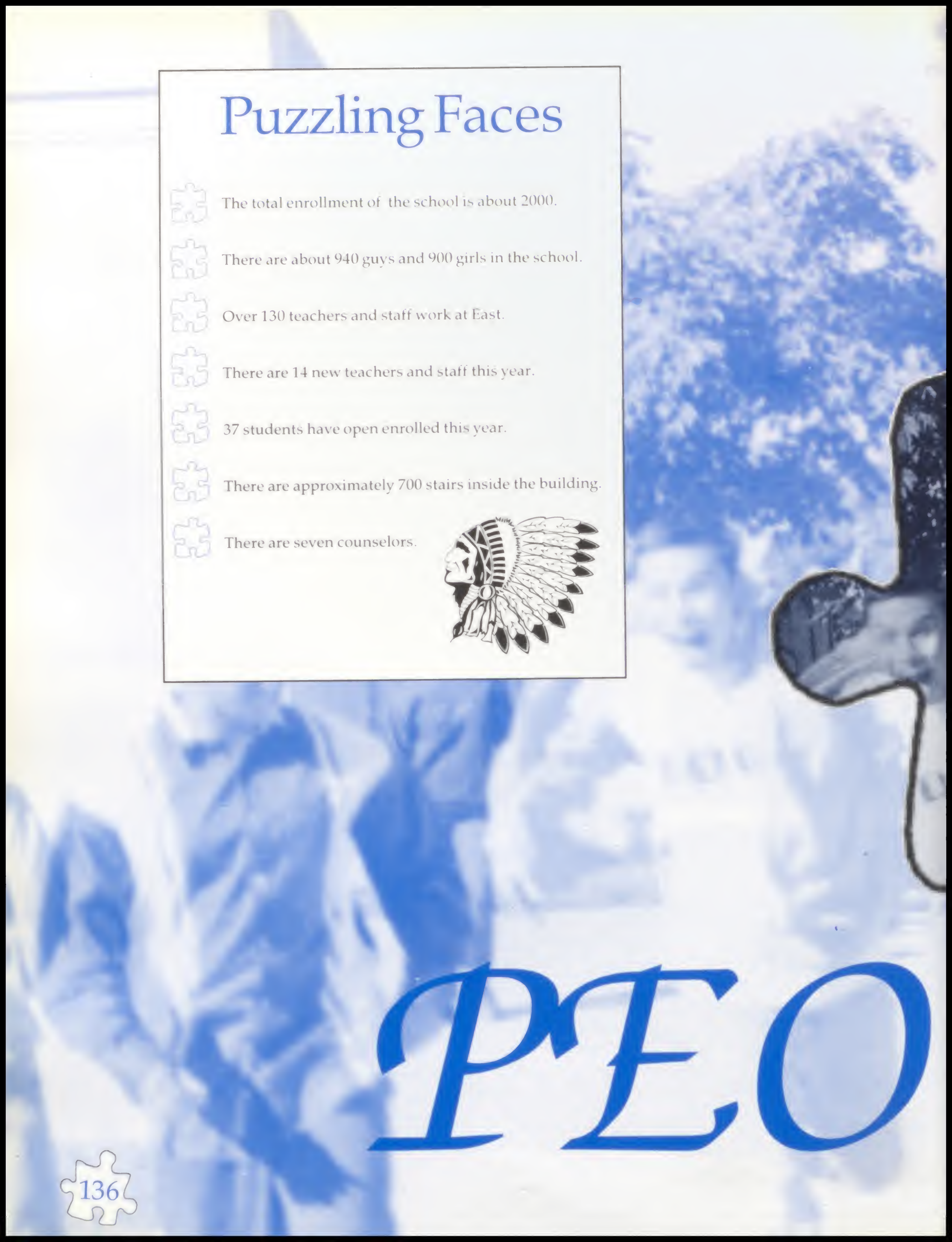
"I have some of the brightest and best kids in my class, and there is no wasted time," said **Bock**.

Although some students choose to take this course for a fun and easy "A," others come to realize they could make a career out of it.

"I plan on a career in advertisement or newspaper design, so this class is very helpful," said **Cox**.

***As Spree programs** are being cut in the paper cutter, senior **Brian Roeder keeps watch**. This machine has been a long-time fixture in the workroom.*

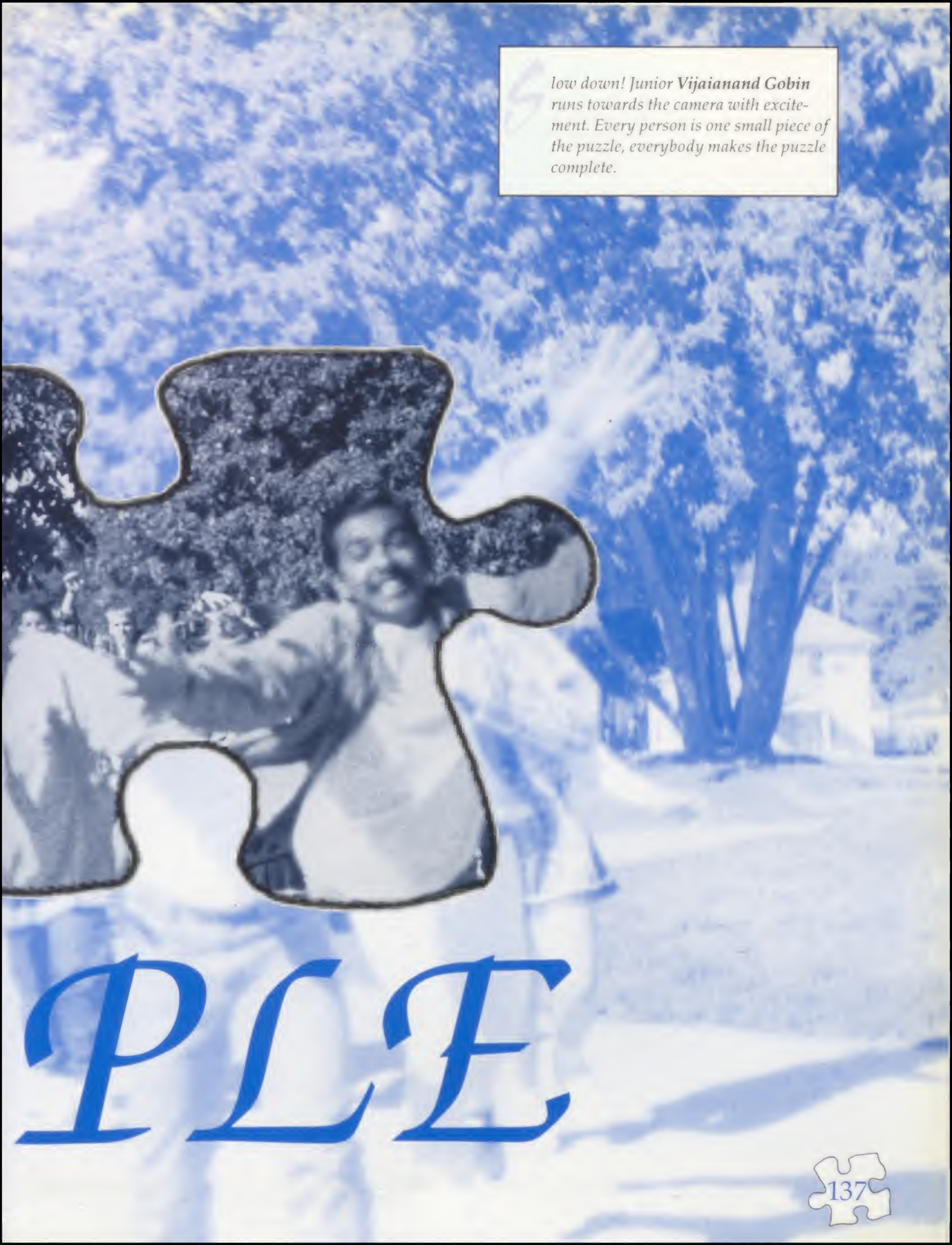
***Before graphing and printing**, many pieces of work had to be drawn out. Senior **Jodi Fenton** works to create a unique design to use for a notepad.*



Puzzling Faces

- The total enrollment of the school is about 2000.
- There are about 940 guys and 900 girls in the school.
- Over 130 teachers and staff work at East.
- There are 14 new teachers and staff this year.
- 37 students have open enrolled this year.
- There are approximately 700 stairs inside the building.
- There are seven counselors.

PEO



*Slow down! Junior **Vijaianand Gobin** runs towards the camera with excitement. Every person is one small piece of the puzzle, everybody makes the puzzle complete.*

PLE

Seniors

Class of '96

ABBREVIATIONS:

AHSME	American High School Mathematics Exam
BPA	Business Professionals of America
DMACC	Des Moines Area Community College
EEE	Triple 'E' Club
FCA	Fellowship of Christian Athletes
ISU	Iowa State University
JA	Junior Achievement
JROTC	Junior Reserve Officer's Training Corps
NCYL	National Council on Youth Leadership
NHS	National Honor Society
OA	Office/Library Aide
SBAC	School Board Advisory Committee
SCHC	South Central Honors Choir
SL	Students in Leadership
UB	Upward Bound
UI	University of Iowa
UN	United Nations
UNI	University of Northern Iowa

Abbas, Bethany—Basketball 1-2, Pep "E" Club 1-6; Scarlet Standout, Softball 1-4; Spanish Club 1-2, Stud. Gov't. 1-4, Volleyball 1-6, Top 15%.
Adams, Michael—Football 1-2.
Allen, Jessica—Basketball 1-4, Pep "E" Club 1-8, Track 1-4, ISU

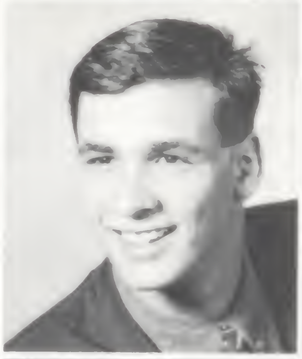
Anderson, Mindy—Hamilton Business College
Anderson, Ryan—Baseball 1-4, Class Officer 5-6 (Treas.); Football 1-8; Scarleteers 3-4; Wrestling 1-2, Simpson College
Archer, Brian—Acad. Letter, Baseball 1-8, Football 1-8, NHS, Scarlet Standout, Scroll 5-8 (Sports Editor 7-8); Sr. Board, NCYL, Top 3%

Arlaud, Michele—Basketball 1-4, Cross Country 1-8, Pep "E" Club 1-2, Scarlet Standout, Softball 1-8, Track 1-8, DMACC
Armstrong, Heather—Acad. Letter 7-8, Jr. Board, Pep "E" Club 1-8, Quill 5-8 (Academic Editor 7-8); Scarlet Standout, Scarleteers 3-4, Tennis 1-8 (Co-captain 7-8), 12-B; Alumni Dinner 1-4, UNI
Armstrong, Tatum—Cheerleader 3-4, Pep "E" Club 1-4, 7-8, Scarlet Standout, Stud. Gov't. 1-4, 12-B, UNI

Atkinson, Stephanie—Acad. Letter; Concert Band 1-6, Equip. Mgr., 3; Honor Band Marching Band 1-6; Scarlet Standout; Swimming 1, 3. Texas A&M
Auch, Rebecca
Bacon, Angela—OA 3-8; Steppers 5-6; Stud. Gov't. 3-4. DMACC

Bailiff, Heather—Pep "E" Club 1-8 (Pres. 7-8), Stud. Gov't. 5-8 (Sec.), BPA 7-8 (Pres.) Basketball 1-8; Volleyball 1-8; Kiwanian; Scarlet Standout; Sr. Board; Jr. Board, Softball 1-6, UN Trip; Track 1-4, OA 1-8, Scarleteers 3-4. Simpson College
Baker, Tina
Banks, Sarah—OA 5-6; Pep "E" Club 1-8, Quill Ad Sales 7, Scarlet Standout, Softball 1-4, 7-8; Spanish Club 3-6; Steppers 4-6. DMACC

Barnes, Chad—Football 1,3; Quill Ad Sales 5,7; Scarlet Standout; Stud. Gov't. 3; Track 8. UNI
Baumann, Christopher—BPA 7; Quill Ad Sales 5-6, Swimming 1-5. Nebraska College of Technical Agriculture
Beardsley, Stephanie



Beckman, Matthew—Basketball 2-4, Football 1; Track 2. Air Force
Beers, Brian—Art Club 7; Scarlet Standout. DMACC
Bennett, Mandy—OA 1-8; Pep "E" Club 3-8, Quill Ad Sales 7; Steppers 5-6, Stud. Gov't. 3-8; Volleyball 3. ISU

Berry, Tracy—Acad. Letter; BPA 7-8, NHS; Pep "E" Club 1-8, UN Trip, Wrestling 5-6 (manager), Top 15%. UI
Betts, Eric—Acad. Letter; Scarlet Standout; Top 15%
Billingsley, Ronald

Blackford, Joseph—Spanish Club 7-8; UB 3-8, Wrestling 5-8 UI
Blitz, Christopher
Bolio, Jack—Football 1-3

Borne, Lisa—BPA 7-8, OA 5-8, Pep "E" Club 7-8, Quill 4-8 (Ad Editor 4-8), Scarlet Standout, Top 15%
Boylan, Joey—New Horizons 1-6 Wrestling 2-4
Brewton, William—Basketball 1-8, Football 1-8, Photojournalism 6-8, Scarlet Standout, Track 2-8 UI

Brown, Larry—Baseball 1-8, Football 1-8, School Play 1-8, Theater Arts 7-8 Wrestling 3-4 Des Moines Police Academy
Brown, Sarah
Burkhead, Alice—Cheerleader 1-6, PEOPEL PE 3-4, Pep "E" Club 1-8, Scarlet Standout, Sr. Board

Burkheimer, Joey
Bushong, Diana—Colorguard 3-4 Concert Band 1-2 Marching Band 1-4, Steppers 5-6, Swimming 1-2, Volleyball 3
Cady, Anne—Basketball 1-4, Jazz Band 1-8, Marching Band 1-8, Scarlet Standout, Softball 1-4, Swimming 1-8, Track 1-8 Morningside College

Calo, Khamphoui—Key Club 7-8, Leadership Council 7-8, Orchestra 1-4, Pep "E" Club 7-8, Stud. Gov't. 5-8, Tennis 5-8, UB 5-6 UI
Carlstedt, Ryan—Basketball 1-2, Scarlet Standout 5, Tennis 3-8, UN Trip UI
Carpenter, Henry

Carpenter, Jennifer—Equip. Mgr., Boys Track 2; Forensics 1-4; Quill 4; Scarlet Standout, Track 4 ISU
Carr, Markisha—Leadership Council 7-8; OA 3-6; Scarlet Choir 3-4, UB 1-8 DMACC
Carroll II, Richard—Leadership Council 6-8; New Horizons 3-8; Scarlet Standout 5-7, Stud. Gov't 6

Cason, Cory—Football 7; Track 5-8
Charron, Ranae—Cheerleader 1-8, Graphic Tech 6-8, OA 6-8, Pep "E" Club 1-8; Quill Ad Sales 7, Scarlet Standout, Scarleteers 5-8, Stud. Gov't 1-8, UN Trip DMACC
Childs, Rindle Ryan—Baseball 1-8; Basketball 1-2, Golf 1-8 (Captian 7-8) UN Trip

Christenson, Joshua—Baseball 1-6; Basketball 1-4; Golf 1-8, Scarlet Standout, Scarleteers 7-8; Spanish Club 7-8; Tennis 7-8, UN Trip. ISU
Clark, Matthew—Football 1-8, OA 1-4, Pep "E" Club 1-8, Swimming 3-8, DMACC
Clark, Pamela—Debate 1-8; New Horizons 3-8, Pep "E" Club 3-4, Scarlet Standout DMACC

Clark, Steven—PEOPEL PE 7-8
Clark, Timothy—Basketball 3-4, 7-8; Football 1-8, Pep "E" Club 7-8
Collins, Heather—Talent Search 3-8, Tennis 1-5, 12B, Grand View College

Corbin, Teresa—Soccer 8, Spanish Club 5-8, Science Bound 1-2. Columbia College
Cowles, Chandra
Cox, Ulrike—Concert Band 3-7; Honor Band, Marching Band 3-7, Scarlet Standout top 3%.

Cupp, Michael—Football 1-8, Pep "E" Club 7-8, Scarlet Standout; School Play 1-2, Track 3-8, Wrestling 3-4. Indian Hills Community College

Davis, Erik—Scarlet Choir 7-8, Scarlet Standout, Swimming 1-6.

Dawson, Cory—School Play 4-8, Silent Vibes 3-5, Talent Search 1-8; Theater Arts 6-8, Track 4, Wrestling 3-5. Trinity Bible College

Doornenbal, Amy

Dority, Eric—Drama Club 3-8, Photojournalism 5-6; Play Production 1-2; Scarleteers 3-4, Scarlet Vibrations 7-8, School Play 1-8; Soccer 1-4, 7-8. Theater Arts 5-8, Thespians 7-8. University of Nebraska

Earles, Michelle

Edmonds, Nicole—Scarlet Dance Squad 5-6

Edwards, Brent

Embrey, Jeremie—Concert Band 1-8, Football 1-3; Honor Band; Jazz Band 3-6, Marching Band 1-8; Wrestling 7-8. Central Missouri State University

Enos, Delbert—Baseball 1-8, Basketball 1-6; Football 1-6, School Play 1-8, Theater Arts 5-8; Thespians 7-8, Track 1-6. Grand View College

Faux, Donald—Acad. Letter, Pep "E" Club 7-8; Scarlet Standout, Swimming 1-8. Indian Hills Community College

Fenton, Jodi—Acad. Letter, Cross Country 3, Honors Photo 7-8, Pep "E" Club 1-8; Photojournalism 7-8, Scarlet Standout, Spanish Club 3-4; Tenis 6, Track 2, Volleyball 1; Top 3%. ISU

Flannery, Jenny—New Horizons 3-4; Graphic Tech 3-5, Talent Search 1-7. DMACC

Flesher, Scott

Flynn, Amy—Basketball 1-8, Class Officer 5-6 (VP), Jr. Board, Pep "E" Club 1-8; Scarleteers 1-4, Softball 1-8, Spanish Club 3-8, Sr. Board, Stud. Gov't. 1-8, Talent Search 1-8, Track 1-4, UN Trip, Volleyball 1-8. Northwest Missouri State

Foreman, Dan—Basketball 1-4. UI

Fuller, Laura—Acad Letter; Pep "E" Club 1-2, Scarlet Standout, Scroll 5-8, Top 15% UI

Garner, Jodi—Pep "E" Club 1-8, Stud Gov't 7, UN Trip, Wrestling 3-8 (Manager). Grand View College

Garrett, Melissa—Cheerleader 1-8, Class Officer (VP 1-4), (Pres. 5-6), Jr Board, OA 1-2; PEOPEL PE 2-8, Pep "E" Club 1-8, Scarleteers 3-4, 7-8; Sr Board, Stud Gov't 1-8; Track 2, 4, UN Trip, Homecoming Queen. Grand View College

Gilbert, Amber—BPA 7, Pep "E" Club 5-6, Scarlet Standout, Softball 1-8. DMACC

Gilbert, Melissa

Gillfland, Misty—BPA 8, OA 1-8, Pep "E" Club 1-8, Quill Ad Sales 7-8, Scarlet Choir 1-2; Scarlet Standout, Steppers 5-8, Stud Gov't 7-8, Wrestling 1-8 (Manager). Mercy School of Radiologic Technology

Glass, Kirk—OA 2-3, 5; Quill Ad Sales 7

Gonzalez, Tisha

Grant, Michael

Grasso, Christine—A Cappella 1-8 (Pres. 7-8); Acad Letter, Cheerleader 1-8 (Captain 7-8); Class Officer 1-2, 5-8 (Sec.), Show Choir 1-8, Kiwanian, NHS, Pep "E" Club 1-8 (Treas. 7-8); Scarlet Standout; Scarleteers 3-4, 7-8, Spanish Club 5-8, Sr Board, Stud Gov't. 3-8, UN Trip, Top 3%

Green, Kimberly—Basketball 5-6, BPA 7-8, New Horizons 5-6; Pep "E" Club 5-8; Scarleteers 7-8; Sr. Board; Steppers 7-8, Stud Gov't 7-8.

Green, Mary—New Horizons 5-8; Pep "E" Club 3-4

Grother, Jon—Baseball 5-6, Football 1-4, 7-8, Silent Vibes 7-8; Swimming 5-8; Track 5-8. UNI

Grother, Paul

Guile, Keli—Acad. Letter; BPA 7-8; Spanish Club 5-6; Top 15%. AIB
Halbur, Tammy—Cheerleader 1-8; Class Officer (Treas. 5-6); Jr. Board; Pep "E" Club 1-8; Photojournalism 7-8; Sr. Board; Stud. Gov't. 7-8. DMACC
Hall, Maaret—Colorguard 3-4; Scarlet Standout; School Play 5. Ricks College

Hamilton, Kimberly—Drama Club 1-2; Orchestra 1-8 (Pres. 7-8); Pep "E" Club 5-8; Photojournalism 4; Play Production 1-2; Tennis 4, 8. Faith Baptist Bible College
Hansen, Mary
Harrington, Richard

Harty, Nicole
Haug, Jessica—Cross Country 3; Orchestra 1-8; Track 2, 4, 8; UN Trip. ISU
Haws, Leroy

Heller, Alisha
Henry, Emily—Cheerleader 4-8; Class Officer (Treas. 1-2); Jr. Board; Pep "E" Club 1-8; Scarleteers 3-4; Stud. Gov't. 1-8; UN Trip; Volleyball 1, 12 B. Florida Community College
Hilario-Bahena, Tammy—New Horizons 1-7; OA 6; Scarlet Standout; Talent Search 1-7. DMACC

Hill, Angela—New Horizons 1-4; Scarlet Standout; School Play 3
Hillson, Greg—Photojournalism 7-8; Soccer 6. DMACC
Hines, Christian—Football 1; New Horizons 5-6. Indian Hills Community College

Hoard, Jennifer
Hollister, Jill—Acad. Letter, French Club 1-8, Key Club 5-8 (VP 7-8), NHS (VP), Pep "E" Club 3-8, Portal 1-8, Scarlet Standout, Scroll 5-8 (Editor 7-8), UN Trip, NCYL, Top 3%
Holmes, Jeremy—New Horizons 3-4, Scarlet Standout

Hom, Mol—Acad. Letter, French Club 1-6, Key Club 5-8 (Pres. 7-8), Kiwanian, Orchestra 1-2; Pep "E" Club 3-8, Portal 3-8, Scroll 5-8, Stud. Gov't. 3-6, Talent Search 5; UN Trip; 12-B
Houghton, Jason—New Horizons 3-7, PEOPEL PE 1-5, Scarlet Standout.
Hull, Jonathan—Basketball 1-6, Concert Band 1-2, French Club 3-6, Jazz Band 1-2, Marching Band 1-2, Pep "E" Club 7-8, Scarlet Standout, Tennis 1-8. UNI

Isaac, Jeremy—Concert band 1-8, Honor Band, Jazz Band 1-8, Marching Band 1-8, Pep "E" Club 1-8, Scarlet Standout, Swimming 1-8, UN Trip, Top 15%. Drake University
James, Valerie—Acad. Letter, Leadership Council 6-8, NHS, Scarlet Dance Squad 5-8, Scarlet Standout, Softball 1, Track 1-8, Science Bound, Russian Exchange, Top 15%, ISU
Jeffery, Shannon—Childrens Center on Methodist Hill

Jensen, Heather—Acad. Letter, BPA 5-6, NHS, Pep "E" Club 3-4, Quill 5-6, Scarlet Standout, Honor Roll 8, Top 15%, UI
Jensen, Jessica—Art Club 7, PEOPEL PE 7.
Johnson, Brad

Johnson, Rebecca—DMACC
Johnson, Shantell—Career Beg. 5-6; Leadership Council 7, New Horizons 7, Scarlet Dance Squad 5-7, Stud. Gov't. 3-4. Northwestern Missouri State University
Johnston, Shane

Jones, Jennifer—Basketball 1-2, 5-6, Pep "E" Club 1-2, 7-8; Quill Ad Sales 7, Scarlet Standout, Volleyball 1

Jones, Sarah—AIB

Keener, Kristie—OA 2-8, PEOPEL PE 7-8, Pep "E" Club 1-6; Scarlet Standout, Scarleteers 7-8, Spanish Club 3, Steppers 7-8, Stud. Gov't. 3, 5; UN Trip, ISU

Kephart, David—Acad. Letter; Football 1-2, OA 5-6, Pep "E" Club 1-8, Portal 5-6; Scarlet Standout; Quill 5-6, Swimming 3-6, Track 1-4, UB 1-8, DMACC

Kimbley, Kristina—BPA 8, Cheerleader 1-2, 3-4, French Club 1-2, 3-4, Quill 3-6, Scarleteers 5-8, Steppers 5-8 (Captain 7-8), UN Trip, AIB

Kirstein, Angela—A Cappella 3-6, BPA 7 (Historian Assist. 7); Colorguard 3-6 (Captain 5-6), Concert/Show Choir 3-6, Marching Band 1-6, New Horizons 5-6, Pep "E" Club 7-8, Portal 3-4, Silent Vibes 5-6, Softball 1-2, Swimming 1-2, UN Trip, DMACC

Kitthikoune, Manivong—Acad. Letter; French Club 1-8, Jr. Board; Leadership Council 7-8, NHS; Pep "E" Club 1-8, Scarlet Standout, Scarleteers 7-8; Stud. Gov't. 1-8; UN Trip, Science Bound 1-8, NCYL; Top 15%, ISU

Knouf, Scott

Kouang, Patrick—Scarlet Standout, UB 1-2

Kristufek, Jason—Baseball 3-6, Class Officer (Treas. 7-8), Kiwanian, Pep "E" Club 7-8, Scarlet Standout; Scarleteers 5-6, Scroll 5-8; Sr. Board, Hockey 1-8

Kuehler, Joshua—Pep "E" Club 1, Scarlet Standout, Colorado Art Institute

Kurtz, John—Acad. Letter, Honor Band; Jazz Band 1-8, Marching Band 1-8, NHS, Scarlet Standout, Top 15%, Central College

Kyburz, Jeremy—Basketball 1-2, 7-8, ISU

Lamb, Jason—Baseball 1-6, Football 1-2, Top 15%, UNI

Lambrix, Deanna

Larosee, Ryan—UI
Lay, Jason—Top 15%
Lee, Kaofeng—Acad. Letter, French Club 1-6, Key Club 7-8, NHS, OA 5-6, Pep "E" Club 5-8, Portal 5-8, Quill 5-8 (Design Editor 7-8), Scarlet Standout, Stud. Gov't. 5-8 (Historian 7-8), UN Trip, Top 3%

Lee, Sue—Acad. Letter, Cheerleader 1-8, Kiwanian, Leadership Council 7-8, OA 1-8, Scarlet Standout, Spanish Club 5-8, Sr. Board, Stud. Gov't. 1-8, Talent Search 3-8, Tennis 1-8, 12-B, Top 3%, UI
Lehman, Randy
Levy, Brandy— DMACC

Long, Natasha—Leadership Council 7-8, New Horizons 5-8, Pep "E" Club 5-8, Portal 7-8, Scarlet Choir 1-2, Scarlet Dance Squad 5-8, Scarlet Standout, Softball 1-2, Spanish Club 7-8, Stud. Gov't. 3-4, Track 1-8, UB 1-8
Long, Stacey—A Cappella 7-8, Acad. Letter, Concert Band 1-8, Concert/Show Choir 7-8, Honor Band, Jazz Band 1-6, Marching Band 1-8, NHS, Prep Ensemble 2, Scarlet Choir 1, Scarlet Standout, Tennis 5-8, Top 3%, UNI
Lore, Alicia—JV Steppers 5-6, Madrigal Choir 1-4, Softball 1-4, Iowa School of Beauty

Losenicky, Carey—Basketball 1-4, Drama Club 3-8, Orchestra 1-6, 8, School Play 1-8, Theater Arts 3-8, Thespians 7-8, Track 1-4, Volleyball 1-4
Loving, Kurtis
Loving, Robert—Football 1

Lowe, Patrick—Baseball 1-8, Basketball 1-8, Football 1-8, NCYL, Scarlet Standout, Track 1-8, Top 15%
Mallett, Christine—Alumni Dinner 3-4, Career Beginnings 1-4, Drama Club 1-2, Leadership Council 5-8, New Horizons 3-8, OA 3-4, Pep "E" Club 1-8, Scarlet Dance Squad 5-8, School Play 1-8, Science Bound 1-4, Spanish Club 5-6, Stud. Gov't. 5-6, Theater Arts 7-8, Treble Choir 5-8, UB 3-4, DMACC
Mapes, Sarah—Concert Band 1-4, Concert/Show Choir 2, Marching Band 1-4, Scarlet Choir 1, Drake University

Martin, Nicole—Scarlet Choir 1-2, Tennis 1-6, Augustana College
Mata, Juanita—Leadership Council 5-8, Soccer 8, Spanish Club 1-4, 7-8, DMACC
Matthew, Shopha—Acad. Letter, Leadership Council 7-8, NHS, Pep "E" Club 7-8, SBAC 7-8, Scarlet Standout, Scarleteers 3-4, 7-8, Spanish Club 5-6, Stud. Gov't. 1-2, Trip 3 %, ISU

McClain II, John—New Horizons 7-8, PEOPEL PE 3-8; Scarlet Standout
McCoy, Laura—A Cappella 1-8, All-State Choir 3-4, Basketball (Manager 5-6); Concert/Show Choir 1-8, Drake Honors Choir 5-6, Forensics 7; Leadership Council 5-8, OA 5-8, Pep "E" Club 1-2, Portal 3-4, Scarlet Standout, Scarleteers 7-8, School Play 3-4; Softball 1-4, Steppers 7-8, Talent Search 5-8; Track (Manager 5-6), Treble Choir 3-4, Monmouth College
McCoy, Thomas—Northwest Iowa Community College

McDowell, Michael—Art Club 1-2; Quill 5-8, Grand View College
McFadden, Amanda—Forensics 5, Pep "E" Club 1-4; Stud. Gov't. 1-4, Volleyball 1-4
McFarland, Chad

McKinney, Tina—Talent Search 1-8
Mendenhall, Melody—Basketball 1-2; Cross Country 1-6, Pep "E" Club 1-8, Quill Ad Sales 7, Spanish Club 5-6, Stud. Gov't. 7-8; Talent Search 1-2, Track 1-4, UN Trip, Grand View College
Miller, Justin

Mills, Anthony—Basketball 1-4, Golf 1-8, ISU
Minard, Nicholas—Pep "E" Club 5-8, Swimming 3-4, Track 1-2, DMACC
Mixon, Tyson—Basketball 1-2, Football 1-8; Kiwanian, Russian Exchange 6, UNI

Moberg, Tei Anna– Pep "E" Club 7-8, DMACC
Moore, Bryan—Basketball 1-2, New Horizons 5-8, Scarlet Standout
Morlan, Melissa—Tennis 1, Grand View College

Moyle, Ryan
Mrogenski, Kelly—A Cappella 4-8, Concert Band 1-8; Concert/Show Choir 4-8, Honor Band, Jazz Band 1-4, Marching Band 1-8; Pep "E" Club 1-2, Prep Ensemble 3, Scarlet Choir 1, Scarlet Standout, Tennis 2, 6-8, Treble Choir 2, UNI
Muller, Frederick—Baseball 3-8; Basketball 1-4, Scarlet Standout, Tennis 3-8

Mullin, Patrick—Baseball 1-2, Football 1-8, Pep "E" Club 3-8; Wrestling 1-2, UI
Munyon, Lesley—Pep "E" Club 7-8, Portal 3-4, Scarlet Standout
Murray, Shawntay—French Club 3-4; Leadership Council 7-8, Pep "E" Club 7-8, Scarlet Dance Squad 5-8, ROTC Drill Team 2-6, ISU

Myers, Amy
Nalevanko, Amanda—Cheerleader 1-8, PEOPEL PE 3-4; Pep "E" Club 1-8, Scarlet Standout; Sr. Board, Stud. Gov't. 1-3; UN Trip
Nemmers III, Theodore—Acad. Decathlon 4-8; Acad. Letter 1-2, 5-8, Concert Band 1-2, Football 1-4, French Club 3-6, Key Club 5-8 (Sec. 7-8); Leadership Council 7-8, Marching Band 1-2; NHS (Sec.), Pep "E" Club 1-8; Quill Ad Sales 5-8; Scarlet Standout; Stud. Gov't. 3-4; Swimming 1-8 (Captain 3-8), Track 1-2, NCYL, CAI 7-8, Top 15%, US Coast Guard Academy

Neubauer, Adam—Acad. Decathlon 7; Acad. Letter, Spanish Club 5-8 (Pres. 7-8), Top 15%, UI
Newton, Michael—Concert Band 1-6, Jazz Band 3-6, Marching Band 1-6,
Nordin, Heather—Washington State

Nowadzky, robert
Parsons, Matthew—Concert Band 1-3, Football 1-2, Golf 7-8, Marching Band 1-3, Tennis 6-8, UNI
Pauscher, Ronnie

Perdue, Rachelle—BPA 7
Peterson,Ross—Acad. Decathlon 1-3, Baseball 4-6, Cross Country 1; Debate 1-2, Forensics 1-4, Mock Trial 1, Pep "E" Club 5-8; Quill Ad Sales 7-8; Sr. Board, Talent Search 1-6; Track 2; UN Trip. DMACC
Philavanh, Vannaphone—French Club 1-8, Jr. Board; Leadership Council 7-8, Pep "E" Club 1-8, Scarlet Standout 3, Stud. Gov't. 1-6, Tennis 4, UN Trip; Volleyball 3. Drake University.

Proksa, Gretchen—French Club 1-8 (Treas. 3-4), (VP 5-6), (Pres. 7-8); Portal 1-8, Scarlet Standout; Scroll 5-8, UN Trip. Truman State University
Quijano, Jennifer—Pep "E" Club 7-8, Scarleteers 7-8; Steppers 7-8. DMACC
Quinn, Scott

Quinn, Shawn
Quinn, Thomas—New Horizons 1-8
Ramirez, Celestino—Track 1-4. Grand View College

Ramsey, Matthew—Acad. Letter 5-6, BPA 3-4; Spanish Club 5-8; Top 15%. ISU
Rayman, Teresa—Basketball 1, Key Club 5-6, Mock Trial 3-4; New Horizons 8, Portal 3; Scarleteers 1, Scroll 5-7 (Opinion Editor 7); Tennis 6-8. ISU
Reasby, Martha—Basketball 1-2; Softball 7-8, Spanish Club 8

Redshaw, Matthew—Acad. Letter 1-6, Golf 3-8, Key Club 5-8 (Historian), NHS (Treas.), Pep "E" Club 7-8, Scarlet Standout, Scarleteers 7-8, Scroll 5-8, UN Trip, Top 3%, UI
Rice, Cori—Cross Country 3-4, OA 3-6, Portal 7-8, School Play 5-6, Graphic Tech. 5-8, Swimming 1-2, Tennis 5-6, Track 1-4, ISU
Rice Jr., Billy—Baseball 1-8, Basketball 1-4, Football 1-8, Track 3-8, Texas A&M

Richards, Phillip—Acad. Letter, Golf 7, NHS, Scarlet Standout, Tennis 6, 8, Top 3%, ISU
Richardson, April—Key Club 5-6, Leadership Council 7-8, School Play 8, Stud. Gov't. 5-8, UB 6-8, ROTC 6-8, UNI
Risius, Travis—Baseball 1-8, Football 1-8, OA 2-8, Pep "E" Club 5-8, Photojournalism 2-8, Scarlet Standout, Scarleteers 3-4, Stud. Gov't. 1-2, UN Trip, Wrestling 1-4, Grand View College

Robinson, Holly—Basketball 1, 3-4, Leadership Council 7-8, New Horizons 7-8, Pep "E" Club 6, Scarlet Standout, Swimming 1, 3, 5, DMACC
Robinson, Joseph—Cheerleader 5-6, Football 1-8, Pep "E" Club 5-8, Quill Ad Sales 7, Scarlet Standout, Tennis 6-8, NCYL, UNI
Roeder, Brian—Basketball 1-4, Silent Vibes 1-2, Tennis 1-8, UN Trip, UNI

Rose, Lee
Rourke, Scott—Baseball 1-8, Class Officer (Sec. 3-4), Football 1-8, Jr. Board, Pep "E" Club 1-8, Scarlet Standout, Spanish Club 5-8, Sr. Board, Stud. Gov't. 1-4, UN Trip, Wrestling 1-8,
Rustan, Robert

Ryan, Nicholas—Football 1-7, Track 1-4, Wrestling 1-6
Schaffer, William—Football 1, New Horizons 7, UNI
Schlotterbeck, Jodie—BPA 7-8, OA 3-8, Pep "E" Club 1-2, Prep Ensemble 3-6, Scarlet Choir 1-2, Scarleteers 5-6, DMACC

Schmig, Raychall—Forensics 1-2. French Club 3-4. Mock Trial 2. Pep "E" Club 3, Scarlet Dance Squad 8. AIB

Sharon, Wendy—Scarlet Standout.

Sharp, Brandon

Sharp, Toby—Basketball 1-4. Golf 1-8; Quill Ad Sales 7. UI

Sheets, Diana—BPA 5-6; Pep "E" Club 1-4, Quill 3-6 (Sports Editor 5-6); Track 1-8 Simpson College

Shelburg, Jason—Baseball 3-4, Basketball 1-8 (Captain 7-8). Golf 1-8 (Captain 7-8); Scarlet Standout, Scroll 3-8

Shogren, Brian—Football 1-8, Portal 4. Quill Ad Sales 7, Scarlet Standout. Drake University

Shutt, Rachelle—Basketball 1-6. BPA 7-8, Cross Country 3-4; Pep "E" Club 1-4 Softball 1-8; Track 1-8. UNI

Sinclair, Tammy

Smiljanic, Sabrina—French Club 2-8, BPA 7-8, Scroll 5-8 (Ad Manager 7-8), Pep "E" Club 3-4.

Smith, Amanda—BPA 7-8 (VP); OA 3-6; Pep "E" Club 3-8 (Historian); Quill 3-4; Quill Ad Sales 5-6. Scarlet Choir 2, Scarleteers 3-8. Steppers 3-8 (Sec., Choreographer), UN Trip.

Smith, Darvette—Acad. Letter 3-4. Basketball (Manager 3-6); Cheerleader 7-8, Cross Country 3-6; Drama Club 1-8; Jr. Board, Key Club 5-8, Kiwanian, Leadership Council 5-8, New Horizons 7; Pep "E" Club 3-8, Scarlet Standout, Scarleteers 5-8. School Play 1-8, Silent Vibes 1-6. Spanish Club 5-8. Stud. Gov't. 5-8, Theater Arts 5-6; Thespians 5-6, Track 1-8. UNI

Smith, Jeremiah

Soulinthavong, Souringit—Acad. Letter 1-4. Scarlet Standout. Top 15%. ISU

Spargo, Jason—Football 1-8. School Play 8, Track 1-4. Wrestling 1-8. ISU

Stammer, Zeth
Stanley, Jennifer—DMACC
Stevens, Debra—New Horizons 7, Pep "E" Club 1-2.

Stoutenberg, Daniel—New Horizons 5-6, Home Remodeling 5-8.
Stroope, Timothy—Acad. Decathlon 7, Acad. Letter 1-8, Football 1-3, Kiwanian, Knowledge Masters 7, NHS, Pep "E" Club 7-8, Scarlet Standout, UN Trip, Wrestling 1-8, Alumni Dinner 1-8, Top 3%. Northwestern University
Stutes, Michelle

Suggett, Amanda—Pep "E" Club 1-8, Quill 5-8 (Sports Editor 7-8), Scarlet Standout; Sr. Board; Stud. Gov't. 3-4, Swimming 1-8 (Captain 7), Track 2, 6, 8; 12-B, Top 15%. St. Cloud State University
Swacker, John
Swanson, Paul—OA 5, Pep "E" Club 5-8.

Swisher, Rhonda—Acad. Letter, NHS, Pep "E" Club 3-4; Quill 3-6 (People Editor 5-6); Scarlet Standout, Top 15%. Simpson College
Taber, Cindy—Art Club 5-6, OA 5-6; Pep "E" Club 1-6; Scarlet Choir 3, Scarlet Standout.
Thornton, David—Concert Band 1-8, Honor Band; Jazz Band 1-8, Marching Band 1-8 (Drum Major), DMACC

Tiedemann, Laura
Tolkan, Stephanie—Pep "E" Club 1-4.
Tulk , Jason

Vail, Michelle—Alumni Dinner; Cheerleader 1-8, Class Officer 1-2 (Pres.), Jr Board, NYCL 12-B, PEOPEL PE 4-8, Pep "E" Club (VP 7-8); Quill 3-8 (Editor 7-8), Scarlet Standout, Scarleteers 1-6, Stud. Gov't 1-8, UN Trip, ISU

Vang, Liaidub—Talent Search 5-6, Wrestling 1-2

Vitiritto, Josh

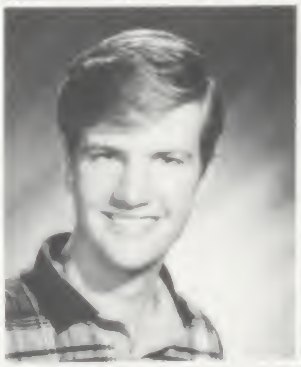
Voll, Jeffrey—Football 1-8, Scarlet Standout, Soccer 1-8, Track 2, Wrestling 1-4, Carpenters Union Local 106

VonAhnen, Andrew—Basketball 1-2, Kiwanian, Pep "E" Club 7-8, School Play 1-8, Sr. Board

Vongchanh, Khelang—UB 1-6, AIB

Vongphasouk, Vangpheng—Acad. Letter; Cheerleader 5-8, Colorguard 3-4; Jr. Board; NHS (Pres.), OA 3-4, Pep "E" Club 3-8, Scarlet Standout, Stud. Gov't 2-8, Volleyball 3-8, Top 15%, Washington University

Wagner, Markus



Warren II, Gregory—Baseball 1-4, DMACC

Weiser, Corey—High Tech Institute, Pheonix, Arizona

White, Chad—Football 7; Pep "E" Club 7, Swimming 6, Army

Willett, Troy

Williams, Angela—Key Club 5, Leadership Council 7-8, New Horizons 4-8, Pep "E" Club 7-8, Scarlet Standout, Stud. Gov't 5-6, UNI

Winn, Eric

Wirtjes, Deborah—Concert Band 1-8 Jazz Band 2; Marching Band 1-8, Volleyball 1-6 UNI
Wolff, Amy
Wood, Trisha—Key Club 5-6, Pep "E" Club 1-6, Quill 3-8 (Student Life Editor 5-6); Softball 1-4 Track 3-8, Volleyball 5-6 UI

Woodard, Diane—Pep "E" Club 5-8, Scarlet Choir 3-4, Swimming 1-4 Army
Woods, Gina—Leadership Council 7-8; OA 5-8, UB 5-6. Kirkwood Community College
Wright, Michael—Acad Letter, Class Officer (VP 7-8); Debate 1-2, Mock Trial 1-4, Pep "E" Club 5-8; Scarlet Standout; Scarleteers 3-4, Scroll 5-8 (News Editor 7-8) Swimming 5-8, Top 15% Harding University

Xiong, Cheng—Acad Letter, Leadership Council 7-8 Pep "E" Club 7-8, Scarlet Standout, Soccer 8, Top 15% UI
Yamen, Job—Quill 5-6, New Horizons
Young, Jennifer—Acad Letter; Basketball 1-8, Pep "E" Club 1-8, Softball 1-8, Spanish Club 7-8, Stud Gov't 1-7, Track 1-2; UN Trip, Volleyball 1-8

Zelenovich, bradley—Alumni Dinner; Baseball 1-8, Basketball 1-2, 5-8; Football 1-8 Jr. Board NYCL; OA 1-8, Scarlet Standout, Spanish Club 3-6, Sr. Board, Stud. Gov't 1-4, 7-8; Track 2, UN Trip University of Michigan
Zohbon, robyn—Key Club 5-8, NYCL, Pep "E" Club 1-8 Photojournalism 7-8, Scarlet Standout, Scarleteers 7-8, Scroll 5-7, Stud Gov't 1-6 UN Trip, Volleyball 1-4, Top 15% UNI

Missing Pieces

Abusharkh, Hussam—Spanish Club 7-8, UB 3-8, Top 15%
Baker, David
Baker, Jamie—Softball 2
Bauer, Cassey—Top 15%
Beach, Christopher—Football 1-2, New Horizons 7-8, Army
Burke, Bobbie
Cain, Gabriel—New Horizons 5-6, Homeremodeling
Cooper, Scott
Davis, Michael
Deleaca, Nicholas—Class Officer (Pres. 3-4), Football 1-8, Pep "E" Club 1-8, Quill Ad Sales 5-6, Sr. Board, Wrestling 1-4, UI
Denton, Ruby
Donahue, Chad—Cross Country 3-8, Leadership Council 7-8, Track 3-8
Dudley, Deangelow
Duff, Donald
Folsom, Ian—School Play 4-7, Silent Vibes 5-7, Theater Arts 4-7, Thespian 5-6, DMACC
Foster, Brandy—New Horizons 5-8
Freestone, Erika—Concert/Show Choir 4-6, Play Production 2, School Play 2, Spanish Club 6, DMACC
Fry, Gregory—New Horizons 1-2, PEOPEL PE 1-8
Green, Joshua
Griffin, Sheatra
Grimes, Valerie
Haley, Garry
Haygood, Donella
Henderson, Gregory—Baseball 3-4, Football 1-4
Houghman, Kevin—New Horizons 5-8
Howe, Jeffery—Art Club 5-8, NHS, Scarlet Standout, School Play 3, Talent Search 1-8, Top 15%
Huffman, Joseph—Wrestling 3-6
Hutson, Barty—Baseball 1-4, Basketball 1-5, Football 1-8
Kabuika, Tshiteya—Football 1-2, French Club 1-2, Soccer 1-2, Wrestling 1-2
Kha, Diana—Acad. Letter, NHS, Scarlet Standout, Top 15%
Kirkpatrick, Gloria
Kroeger, Amy
Lee, Mongzong—A Cappella 7-8, Concert/Show Choir 7-8, Scarlet Standout, Spanish Club 7-8, SL 5-6, UI
Lee, Vang—Talent Search 5-6, Wrestling 1-2
Lehman, Donald
Leverett, Thera
Lloyd, Elizabeth—New Horizons 3-4, 7-8, OA 1-4
Lloyd, Shantell
Lovan, William
Neel, Matthew
Nelson, Matthew
Ounlokham, Seth
Patton, Jermaine—University of Arkansas
Patton, Pamela—New Horizons
Peters, John
Pierson, Yolande—A Cappella 3-4, Leadership Council 7-8, Scarlet Choir 1-2, Track 3-4, University of Kansas
Porter, Cole—Football 3-4
Porter, Lonnie
Rumage, David
Ryan, Arwen
Sams, James—New Horizons 3-8, PEOPEL PE 3-8
Selby, John
Spaine, Joella—UI
Stanley, Michael—French Club 1-2, 5-6
Stewart, Stacy
Taylor, Tyrell—Basketball 1-4, 7-8, Career Beginnings 3-8, Football 1-8, Pep "E" Club 7-8, UB 4-8, Central College
Thompson, David
Thompson, Michelle
Trost, Peter
Trotter, Joshua—Army
VanBlaricum, Thomas
VanGundy, Matthew—Acad. Letter, New Horizons 7, OA 1-2, Top 15%
Vang, Mao
Willwerth, Sheryl
Wilson, Patricia—New Horizons 5-8, Pep "E" Club 1-2, Prep Ensemble 3-4, Scarlet Choir 1-2, Treble Choir 3, 5-8, Iowa School of Beauty
Wing, John—Top 15%
Zarate, Daniel

Puzzlin' Faces!!

Michelle Vail

" Get out of my way!"

Matt Clark

"I'm smiling, I'm smiling–Uh-oh! Mommy, my diaper needs changing!"

Mike McDowell

"I'll smile for five more seconds, then ——Waaahhhh!!"

Baby Seniors

Jill Hollister

"I love my doggy!!"

Laura McCoy

"Yikes! There's a really really big box on your face Mommy—you are my Mommy, aren't you?"

Ted Nemmers

"Don't pick on me, or I'm gonna tell my daddy on you. He's a teacher!"

A Break in Tradition

as class day moves to the evening

The year has come to a close and summer is just around the corner. Going to the beach, joining the local baseball team and getting a summer job are the kind of things on everyone's mind. All you have to do is get through finals and, for seniors, graduation.

Class Day is a major production every year for most graduating seniors. However, starting a new tradition, Class Day was divided into two events. Along with the Class Day that took place during the school day, there was also an evening Class Day—or in this case, a Class Evening.

"After over 14 years of having Class Day on Friday afternoon, this will be quite a change. There will be a lot of details and adjustment," said senior board advisor **Donna Christenson**.

Although senior board was mostly in charge of Class Day, there was also a faculty Class Day committee to help make things run smoothly. The chairperson of this committee was math teacher **Carla Murphy**.

"We make sure everything goes correctly and is well organized. We try to meet everyone's expectations," said **Murphy**. "I expect we will get mixed reactions, but I hope this will let more parents attend, since they can't come to the day one."

While there was still the Class Day on Friday afternoon, many things were moved to the evening.

"The night program centers more on academic honors, scholarships and top 3% and 15%. The day program is focused toward the student body. We have the groups perform, the momentos and other things that the student body enjoys," said **Christenson**. "With this change, more parents should be able to come, where they couldn't in the past."

"We've tried to keep in the tradition of East High," said senior board vice president **Mick Wright**, "but I think this change is awesome. During the night program more family and friends are able to come, and that made it more sentimental."

SENIOR BOARD. FRONT ROW: Amanda Nalevanko, Heath Bailiff, Christy Grasso. ROW 2: Ali Burkhead, Emily Henry, Am Flynn, Kim Green. ROW 3: Mandy Suggett, Sue Lee, Tamm Halbur. ROW 4: Missy Garrett, Jason Kristufek, Andre VonAhnen, Nick Dellaca. BACK ROW: Mick Wright, Bra Zelenovich, Scott Rourke, Ross Peterson, Brian Archer.

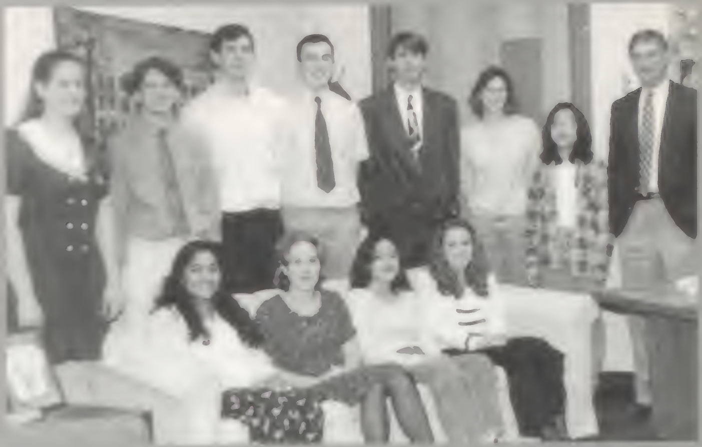
SENIOR BOARD OFFICERS. FRONT ROW: Andrew VonAhne (Pres.), Christy Grasso (Sec.), Jason Kristufek (Treas.), Mic Wright (VP).

Pausing to grin *for the camera, senior board member* ***Emily Henry*** *pauses in her conversation with fellow seniors. The board involved the rest of the senior class with major decisions. "They sent out a survey to the senior class to see what kind of speaker they would like for the graduation ceremony," said senior board advisor* ***Donna Christenson****.*

*Hmmm? Let's concentrate on this... Senior board president **Andy VonAhnen** muses as he contemplates on many senior decisions. Organizing and making ground-breaking decisions fell upon the senior board members' shoulders.*

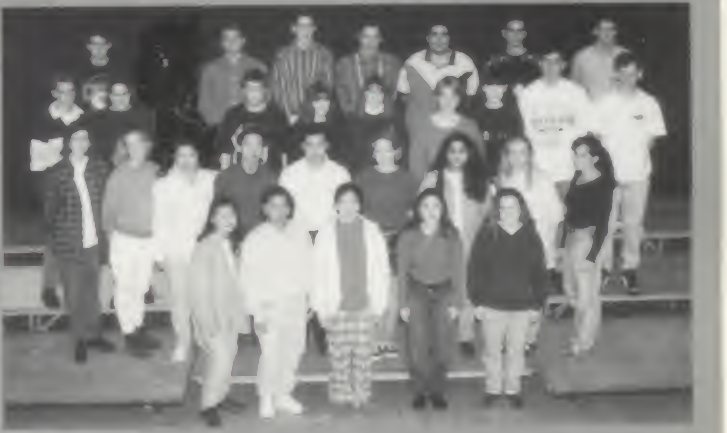
***Think! Darn it, think!** Senior **Josh Christenson** commands senior **Tammy Halbur** to cogitate. Many decisions and ideas occurred every morning on the senior bench on the first floor, as seniors gathered there to socialize and dream about no more high school.*

Top 3%



TOP 3%, FRONT ROW: Shopha Matthew, Jodi Fenton, Sue Lee, Christy Grasso. BACK ROW: Stacey Long, Tim Stroope, Brian Archer, Matt Redshaw, Phil Richards, Jill Hollister, Kaofeng Lee, Principal Jerry Stilwell. NOT PICTURED: Ulrike Cox

Top 15%



TOP 15%, FRONT ROW: Eaue Kitthikoune, Valerie James, La Vongphasouk, Sue Lee, Christy Grasso. ROW 2: Jill Hollister, Cassey Bauer, Diana Kha, Cheng Xiong, Kitta Soulinthavong, Jodi Fenton, Shopha Matthew, Bethany Abbas, Mandy Suggett. ROW 3: Mick Wright, Stacey Long, Adam Neubauer, Heather Jensen, Rhonda Swisher, Robyn Zohbon, Laura Fuller, Brian Archer, Pat Lowe. BACK ROW: Jason Lay, Ted Nemmers, Michael Wright, Jeff Howe, Hussam Abusharkh, Eric Betts, Matt Ramsey. NOT PICTURED: Tracy Berry, Lisa Borne, Keli Guile, Jeremy Isaac, John Kurtz, Jason Lamb, Matt VanGundy, John Wing, Ulrike Cox, Kaofeng Lee, Matt Redshaw, Phillip Richards, Tim Stroope.

The completed puzzle...

Class

of ’96

Life after Graduation

Weniors,we are all part of the big picture called life, which we think we have down pat by the time we graduate. We know who our friends are and most of us think we know what we want to do or what we want to be.

But then we are plucked from the comfort of our home and our families to go off to college, the military or to get married and start our life. Let's explore the different possibilities of what these people are going to do and why they are doing it. Also what they think it will be like.

We will hear from someone who feels a certain patriotism to his country, someone who wants to further their education and someone who wants to enjoy their child growing up.

We all choose different paths for ourselves and who is to say which is right or wrong. But, we all have to make our own choices and live with them. Hopefully, you have made the best decision for yourself and have not based it on what someone else has said, because in the end you are the one who has to live with it. But then we are plucked from the comfort of our home and our families to go off to college, or the military or to get married and start our life. In this section we will explore the different possibilities of what these people are going to do and why they are doing it. Also what they think it will be like.

We will read about someone who feels a certain patriotism to his country. Someone who wants to further their education and finally someone who wants to enjoy their child grow up.

We all chose a different path for ourselves and who is to say which is right or wrong. But we all have to make our own choices and live our life the way we chose. Hopefully you have made the best decision for yourself and have not based it on what someone else has said, because in the end you are the one who has to live with it.

Michelle Thompson

Sabrina Smiljanic and Michelle Thompson represent the junior college and work force students.

Q: What do you plan to do after high school?

Sabrina Smiljanic

M.T.: I'm going to go to a junior college. I'd like to study computer programming because that's what I'm interested in. I'll also be raising my daughter, Lunden Marie.

S.S.: I'm planning on going to DMACC. Then, I'll be transfering to a four year college. I want to do something in English, maybe in management. I'm also engaged, so probably get married.

Q: Where do you see yourself in about 10 or 20 years?

M.T.: Having a good job as a computer programmer.

S.S.: I see myself married with a couple of kids. I'll probably go to work part time when the kids are older. I want to be there for my children. I remember how it is coming home from school and knowing that Mom's home, or calling home sick and knowing that there's someone there to come and pick me up. I don't want to tell my kids, "Oh, I'm sorry honey, but I'm in the middle of a business meeting."

Q: What are some of your fears and doubts about life?

M.T.: Getting to know people, since I'll be moving around a lot.

Q: What are you ambitions and goals?
M.T.: Taking care of my family. Sticking to what I do and following my goals.

Jeremy Isaac represents the military-bound student. He is planning on going into the Army after high school to help with college costs. He's joined the Iowa Army National Guard. He's contracted for six years in the Guard and 2 years in reserves.

Q: Why did you enlist?
J.I.: I did it to help with college expenses. I'll be going to Drake, so this will help tremendously. If I continue to serve in the Army for 30 years, I'll be able to retire.

Jeremy Isaac

Q: How do you find time to participate in the Army with all your college activities?
J.I.: During two summers, I'll go on a training program. After that, every two weeks out of a year, I'll go to wherever the Army sends me and work for two weeks. Then I'll come back and go on as normal. I'll also go to drill one weekend out of each month during school.

Q: Where do you see yourself in about 10 to 20 years?
J.I.: I see myself being a commissioned officer.

Q: What do you hope to accomplish?
J.I.: Becoming a commissioned officer, pharmacist or having a computer science degree

Michelle Earles

Many seniors are college bound. As the chart shows, nearly three-fourths of graduating seniors plan to go to a four year college. For some seniors, like Michelle Earles who will be the first in her family to go to college, going to college will be a new experience for the whole family.

Q: Where do you plan to go to college?
A: I plan to go to Iowa State University.

Q: Where do you see yourself in about 10 to 20 years?

Different Pathways

According to the 1995 survey of East High graduating seniors, this was where most seniors intended to go.

	%
A four-year college	
Private four-year college:	14.6 %
Public four-year college:	23.1%
A junior college	
Area school:	30.5%
Junior college:	2.8%
Business trade school:	4.0%
Nursing school:	1.2%
Work Force	12.0%
Active Military	3.7%
Unknown	8.1%

A: Ten to 20 years? Hopefully be finished with college. I want to open my own business, start a family and settle down.

Q: How do you feel about going to college next fall?
A: Good. I've always been taught that I should finish going to school, and to me, school's not over until I finish college.

JUNIORS

Jill Ackelson
Nicole Ahrens
Carrie Alderman
Ashley Aldini
Angela Allison
Donald Anderson
Katie Anderson

Robert Apt
Amanda Arpy
Anourine Baccam
Vanhnida Baccam
Lisa Baker
Melissa Bannick
John Barach

Christina Battin
Justin Bauman
Brain Beers
Thomas Bennett
Nickolaus Bethards
Marie Blackford
Melissa Bos

Joseph Bosley
Travis Boyce
Terence Bragg
Stephanie Breese
Donald Brooks
Philip Brown
Tamara Buckner

Lawrence Bundy
Talisa Butts
Matthew Byars
Kelli Cain
Kingkeo Calo
Stephanie Carlson
Joseph Cason

George Casper
Alisha Clark
Dale Clark
Pamela Clark
Russell Clark
Jamaal Clarkson
Michale Cleghorn
Tanya Cleghorn

Michael Collins
Timothy Connors
Brian Corbin
Jenifer Cosner
Paige Cowger
Robert Cowie
Kristi Cox
Russell Crane

Nicole Crook
Anthony Crum
Andrea Curl
Jamie Dahlberg
Brenda Dalrymple
Cortnei Davenport
Anthony Davis
Autum Davis

Jennifer Deaton
Montez Deering
Nicolas Deering
David Djuth
Tywon Dudley
Steve Duncan
Sarah Elder
Joy Elliott

Micheal Engelbrecht
Adam Erickson
Jennifer Fallis
Laura Fetter
Jerrilyn Finch
Adam Fisher
Lamonte Fisher
Leslie Foreman

Matthew Forest
Glenna Frank
Amanda French
Jenie Fuller
Nichole Garringer
Thomas Gary
Jeffrey Gathercole
Shawna Gering-Brown

Erika Gervasi
Daniel Gilbert
Vijaianand Gobin
Amy Goddard
Tisha Gonzalez
Trent Good
Rachel Gossen
Melissa Gray

Jodie Griffin
John Groen
Jennifer Grund
Christopher Gulley
Ryan Haag
Deann Hale
Kevin Hamm
Shari Hansen

Charity Hart
Scott Haworth
John Heldenbrand
Sam Henderson
Rebecca Hewitt
Jeremy Hills
Amy Hollingsworth
Angela Hovey

Vann How
Kristina Hughes
Amanda Hull
Stacey Hull
Sheila Hummel
Matthew Humphrey
Scott Hunt
Michael Ingersoll

Daverita Isaac
Jennifer Jacobe
Jacki Jacobus
Angela Jenkins
Angela Jennings
Kati Jividen
Misty Johnson
Joel Jones

Lara Jones
Nicholas Jones
Adam Kilgore
Lisa King
Steven Kitikiatisak
Katy Knight
Nicole Kock
Keopaseuth Kouang

Nicki Lacquement
Melissa Lamb
Michelle Langford
Lance Larsen
Timothy Leabo
Amy Leeper
Jennifer Leete
Anna LeFleur

***A horse lover**, junior **Melissa Lamb** proudly struts her colt, Melissa's Magic. Animals endure in our hearts .*

***Watching** a game, juniors **Missy Gray, Nicole Littell**, and **Stephanie Carlson** realize they can't live without each other.*

Life With or Without

Try to imagine yourself without that one special thing

Can you imagine life without that one thing that pushes you on from day to day?

Of course no one could live without food, water, clothes and shelter, but could you survive without family, friends, and love?

"I love my daughter, Kristen, more than anything and she has changed my life for the better," said junior **Tisha Gonzalez**. "She means a lot to me and it makes me happy to see her smile."

"My family is the most important thing in my life," said junior **Nichole Garringer**. "Without them I wouldn't have people to love or to care about me."

"No life without friends! I'm always needing advice from someone," said junior **Patty Mills**.

Animals could be substituted for family and friends.

"I couldn't live without horses because they're understanding, intelligent and compassionate," said junior **Laura Shelton**. "They look at the person inside of you and love you truly."

Some people can't live without material possessions.

"I have to have rings on. You can never wear too many," said junior **Madeline Wiseman**.

No matter what it is, everyone has something that they can't live without. Life would be meaningless without it.

Matthew Leonard
Melissa Lester

Emily Lewis
Laura Lewis

Kevin Lightner
Christina Linville

Nicole Littell
Jennifer Lloyd

Tou Gee Lo
Lydel Lockman

Chad Lortscher
Diane Lovan

Vilayphone Lovan
Shane Lovell

Abigail Lozano
Stephanie Lucas

Todd Lund
Lansao Ly

Adam Mamminga
Melissa Mauk
Adam May
Rodney May
Brant McAninch
Angela McCann
Becky McCarl
John McCaughey

Stacey McCrea
Adam McFadden
Dennis McMahon
Craig McWilliams
Abby Medearis
Michael Medina
Elisabeth Mefford
Jeffery Metheny

Jeffery Miller
Roy Milligan
Patricia Mills
Jennifer Moon
Michael Moore
Angie Moyle
Jennifer Mullins
Mary Ann Murphy

Thomas Murray
Jenni Myer
Amy Myers
Nicholas Neal
Timothy Nicoletto
Jeremy Noble
Jennifer O'Conner
Eugene Olsen

Joshua Olson
Sherida Oltman
Martin Osborn
Sabrina Overton
Debra Palmer
Larisa Palmer
Sadanan Panvaree
Coleen Parcel

Crystal Patterson
Holly Payne
David Penake
Shaheed Pendleton
Michael Peterson
Kaiphat Phaydavong
Jennifer Pierson
Jessica Piper

Kelly Potter
Jason Potts
Mark Presswood
Jennifer Prudencio
Heather Purcell
Carrie Reese
Bradly Reuppel
Bradly Reynolds

Sarah Riggan
Jessie Rivas
Shaun Rivas
Tara Robuck
Natalie Rouker
Roy Ross
Sean Saddoris
Timothy Sams

Jay Samuelson
Michelle Schillinger
William Schillinger
Martin Schnoor
Matthew Schnoor
Brendan Shanahan
Dawn Shaver
Laura Shelton

Vanessa Shelton
Adriana Shilling
Ryan Shipman
Jason Short
Timothy Sims
Olga Sklavenitis
David Smith
Joseph Smith

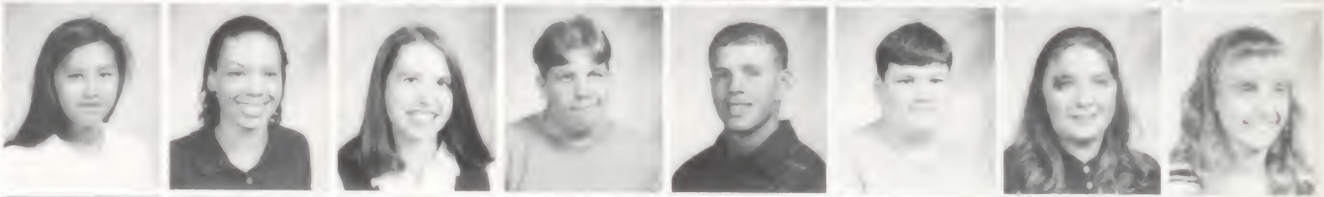
Angela Smothers
Leann Sou
Zachary Stammer
Christopher Standley
Chad Stephenson
Randall Stevens
Nicole Stevenson
Lucas Storey

Amanda Strahl
Robert Straub
Jamie Swacker
Patience Swacker
Amber Swayne
Jaimee Swayne
Victoria Swinehart
Christina Taha

Kevin Tallman
Letisha Taycher
Joseph Thomas
Cynthia Thompson
Jacob Tompson
Johanne Thompson
Kenneth Thompson
Orlando Turner

Brad Turvey
Dustin Tyler
James Tyler
Aniekan Ubom
Stacy Vahey
Troy Vance
Jeremy Venn
Ryan Vitiritto

Noi Vongchanh
Winell Waterhouse
Jennifer Watkins
Benjamin Watson
Steven Webb
Jay Wedman
Natasha Welch
Cheryl Welker



Barbara West
Angela Wickert
Chasyti Williams
Jesse Williams
Mikisha Williams
Carl Wilson
Kathleen Wilson
Amy Winebrenner

Nicholas Winterberg
Laura Wiseman
Molly Wood
Melissa Woodard
Tyheisha Wortham
Christina Yaw
Joseph Young
Krystal Young

Missing Pieces

Bethany Abbas
Hussam Abusharkh
Jason Albizures
Jason Allison
Angela Archer
Soukham Baccam
Vathana Baccam
Tanya Ball
Bryan Ballard
Brian Bell
Ronald Billingsley
Carol Blair
Danielle Blue
Brian Boydston
Jeremy Butler
Tiffani Cason
Eugenia Coleman
Tiffany Cook
Derrizett Cropp
Lisa Dix
Jeffry Dougherty
Brandy Fox
Michael Gilbert
Mary Green
Jeffrey Guyer
Maaret Hall
Kimberly Hamilton
Leroy Haws
Matthew Helmers
Eric Henderson
Dustan Holtry
Joseph Houchin
Valora James
William Kaiser
David Killmer
Amy Kroeger
Dianna Lambrix
Lucas Lampman
Michael Langford
Neng Lee
Amanda McFadden
Cortez Miller
Ryan Navratil
John Nelson
Nam Nguyen
Rebecca Patterson
Steven Penman
Vanessa Perkins
Dawn Porter
Jennifer Pratt
Sabas Ramirez
Terrance Robinson
Choua Sayaxang
Wendy Sharon
Ranjit Stallworth
Cindy Taber
Michelle Thompson
David Tilden
David Vance
Mao Vang
Sara Vestal
Markus Wagner
Gene Way
Patricia Wilson
Diane Woodard
Annette Woods

Preparing for the Future

Starting a new tradition by starting early

The Junior Board decided that they wanted to do more for their class then the previous year's board had.

"Throughout these past two years, officers and board members haven't really done anything, but this year (Ken) Miller wanted to get us all involved, to make this year and next the best it could be," said junior **Amy Hollingsworth**.

They hoped to start a new tradition of every class selling afghans.

"We had a meeting and we decided what we were going to sell. We tried to find new things to sell and not just the same things as everyone else," said junior **Steve Webb**.

Junior **Jill Ackleson** said, "The people we are really counting on to buy the afghans are the alumni and parents."

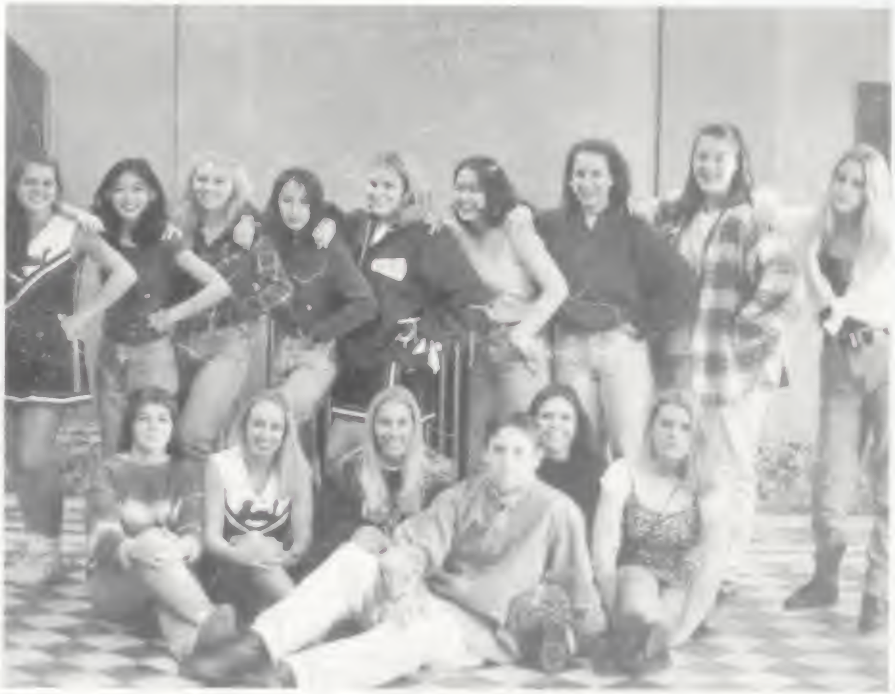
What was the main thing this class was doing? Well, their main project was raising money.

"In past years the board hasn't sold nearly as much. Classes always run out of money because they haven't brought in enough to leave a gift to the school. To prevent this, we are selling everything now," said junior **Kristi Cox.**

"When we are seniors we will need to have money, so this year we are actually doing something," said junior **Stephanie Carlson**.

The Senior Board next year will not have the worry of where they are going to get money from, thanks to the board this year.

Junior **Katy Knight** said, "I feel we had good officers this year who wanted to get involved to make our junior year and senior year more memorable. They tried to raise enoung money to give the school something from our class. Hopefully, next year's Senior Board will have the same ambition to do things for the students and the school."



JUNIOR BOARD. Front Row: Niki Littell, Sabrina Overton, Patty Mills, Jeremy Hills, Stephanie Breese, Kristi Cox. Back Row: Stephanie Carlson, Diane Lovan, Autum Davis, Leann Sou, Melissa Bannick, Sadanan Panvaree, Jill Ackelson, Amy Hollingsworth, Katy Knight. Not Pictured: Joy Elliott, Shawna Gering, Angie Jennings, Steven Webb.

Finding a little humor *in their work, Vice-Principal* ***Ken Miller*** *and juniors* ***Steve Webb***, ***Kristi Cox***, *and* ***Jill Ackelson*** *talk about how much profit they gained from candy sales. Along with a lot of work the Junior Board also had fun.*

President
Steve Webb

Vice President
Kristi Cox

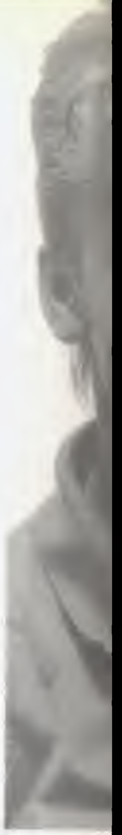
Secretary
Stephanie Carlson

Treasurer
Jill Ackelson

Always ready *to be of some help, Vice-Principal* ***Ken Miller*** *talks about what is happening with the Junior Board with junior* ***Steve Webb***. *Miller was the board adviser.*

Getting hungry *during class, freshman* ***Stephanie Fallis*** *buys a sucker from junior* ***Kenna Byers***. *Junior Board was able to raise a lot of money by selling M&Ms and suckers during class.*

Learning to be a parent



Preparing for parenthood was the plan for Grads. Being a parent and taking care of a child takes more than just reading a book. These young adults learned a variety of things and will benefit from them in their future with their children.

"Mrs. Adams helps us out with food and nutrition, we learn CPR, and do a lot of activities. You never feel left out," said junior **Annette Woods**.

"When you have a problem, they listen and try to help you out," said sophomore **Tammy Hilario-Bahena**.

Taking Grads offered insight on what to do during pregnancy and what to do after as well.

"I think the class should be for anyone who wants to learn about pregnancy. It's a benefit for those who don't know much about it," said freshman **Jacara Sheley**.

Support is frequently dealt out to the young parents and help is always given.

"It's good to be around people who have kids because you know you're not alone," said **Woods**.

"If there's something we need to know that pertains to our child, we can look it up in different books or ask for help," said **Sheley**.

Being a parent is hard work that takes a lot of time and energy. But being a teen parent is even harder. Not knowing where to turn sometimes, it's nice that there is a class that deals with teen parents. It's a step in helping them make their child's future brighter.

SOPHOMORES

Nicholas Akinkuoye
Nathan Amadeo
Andrew Anderson
Michael Audas
Landna Baccam
Malissa Baccam
Mano Baccam

Pakakham Baccam
Sammy Bacon
Amanda Bailey
Diane Bailey
Erica Bailey
Mindy Baker
Russell Baker

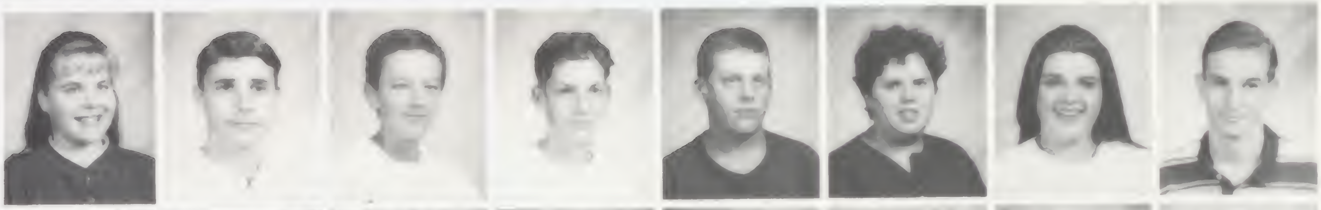
Tory Baker
Jennifer Ballard
Amy Banks
Debra Banks
Elizabeth Barefield
Douglas Beach
Angela Beason

Misty Beerbower
Danielle Bell
Adam Bennett
Richard Bennett
Lewis Benson
Stephanie Bernard
Scott Betts

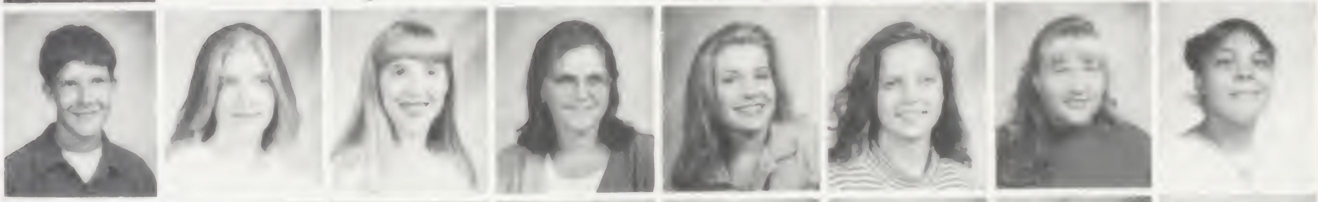
Angela Bolin
Jennifer Booth
Maryanna Boucher
Jamie Boyd
Amy Braaksma
Dale Brockman
Laurie Brown

A baby on your hip *is not the only balancing act for these young parents. Sophomore* ***Ronnica Harris*** *kept up on her studies while she tried to keep up with active daughter* ***Oshaya*** *as well.*

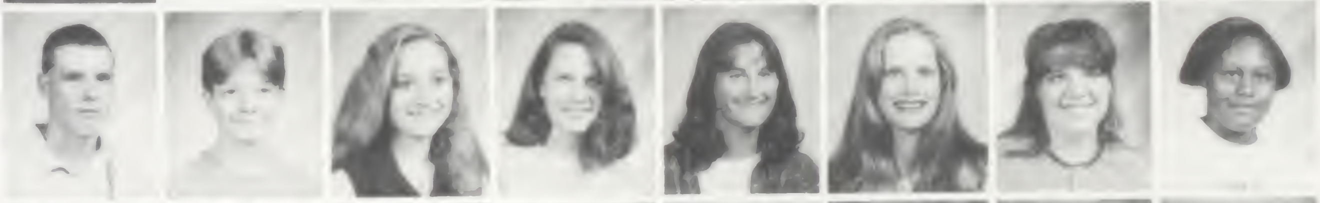
Learning the ways *of raising children, junior* ***Jennifer Lloyd*** *learns to be a good parent to her daughter* ***Brianna****. The young parents often came in and asked teacher* ***Donna Adams*** *for help with problems.*



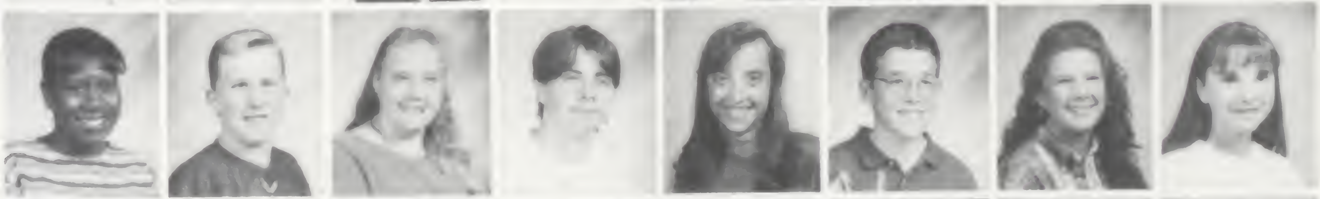
Leah Browne
Dana Bucklin
Jason Buehler
Thomas Burk
Shane Burkhead
Rachel Byars
Kenna Byers
Adam Calvert



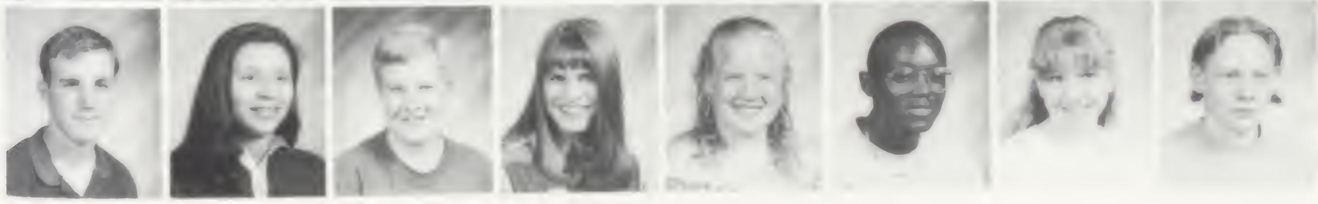
Chad Campbell
Jennifer Campbell
Sara Campbell
Shonna Cannon
Angela Carey
Rickie Carlson
Shannon Carlson
Martina Carr



Richard Celander
Steven Chance
Sheela Cheek
Lottye Childs
Sarah Christenson
Angela Clater
Gina Cole
Maya Coleman

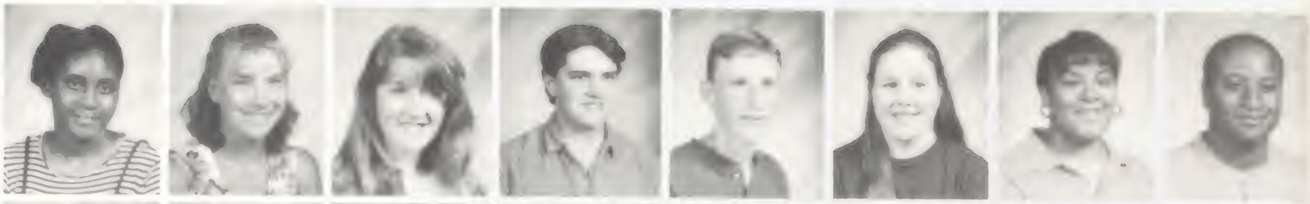


Maya Colemon
Christopher Collett
Heather Collins
Jeffrey Collins
Stephanie Conn
Ryan Cook
Jayne Corbin
Shawna Corbin



Paul Costa
Vanessa Coverdale
Nicholas Crawford
Deana Cruchelow
Angla Curtis
Andrew Davis
Angela Davis
Benjamin Davis

Davina Davis
Jessica Davis
Mendy Davis
Joseph Deaton
Justin Dehnert
Rachel Deierling
Amber Devan
Marlin Devan

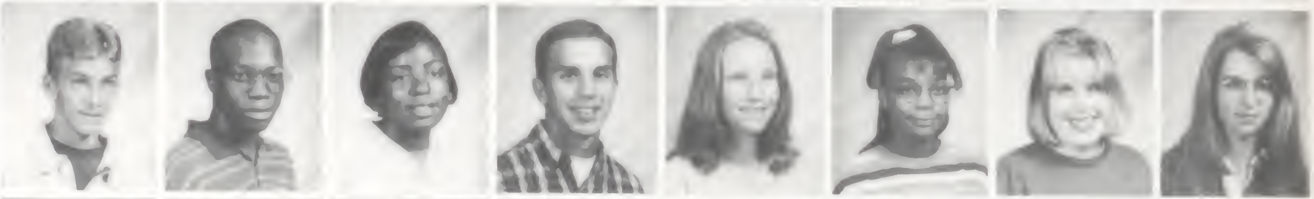


Cassie DeYoung
Ngalula Ditu
Karen Djuth
Lori Doornenbal
Rosa Dozal
Thomas Duffy
Jason Duke
Thomas Eddis

Jeffery Edler
Bryan Erickson
Leslie Evans
Franklin Ewurs
Travis Farley
Andrea Farnsworth
Shellie Faught
Brenda Faus

Dawn Ferguson
Christina Fetters
Christopher Flagg
Jaclyn Flagg
Mera Folsom
Benjamin Forest
Tricia Forest
Billy Formaro

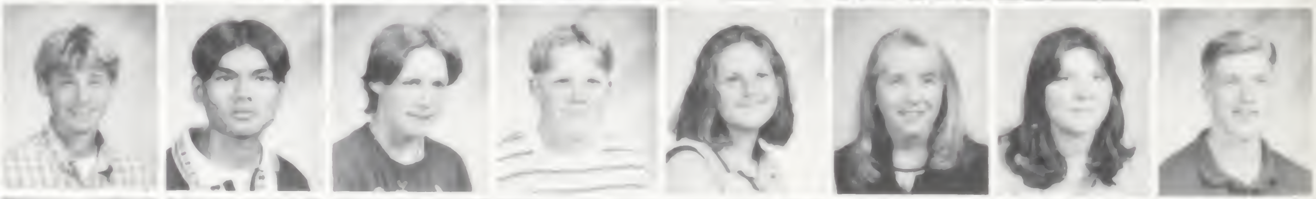
Chad Foster
Clarence Foy
Anesha Franklin
Joseph Furby
Bethany Gale
Rashawnda Gardner
Nicole Garland
Heather Garrison



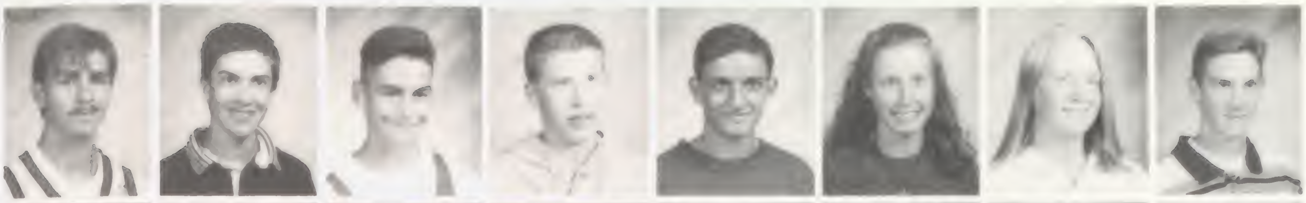
Jason Garrison
Dana Gerlach
Angela Gilbert
Patrick Gilbert
Scott Gist
Elizabeth Glenn
Ryan Goddard
Shannon Gossen

Elizabeth Govoni
Anthony Graham
Amanda Grant
David Graves
Renee Green
Stacy Griffith
Anthony Grother
Corey Guessford

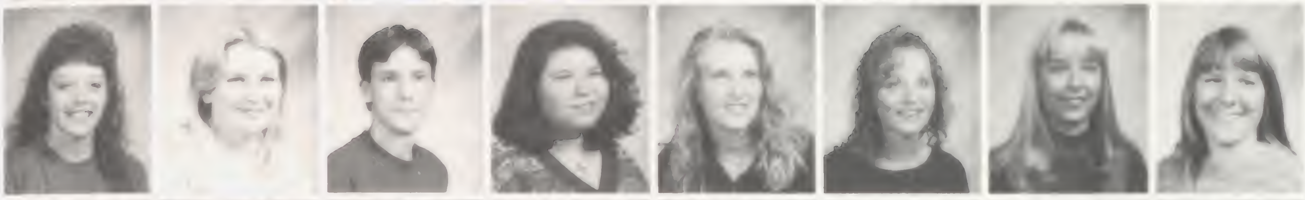
Tanner Guy
Oulaythone Hacknorath
Michael Hafenbrack
Michael Hagins
Jennifer Hall
Sarah Halsten
Jodie Hansen
Jason Hanson



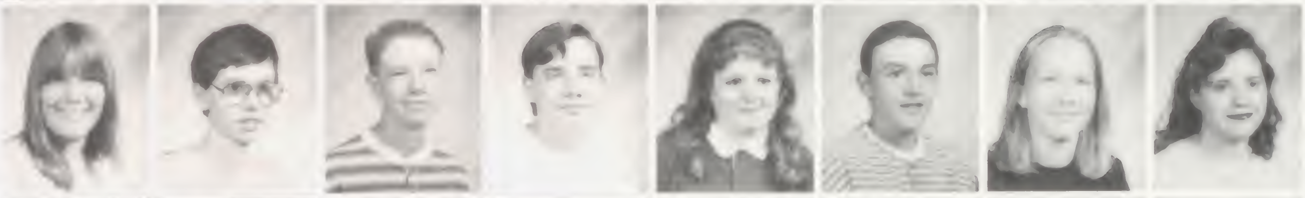
Katherine Harrington
Ronnica Harris
Edward Haworth
Stacy Haws
Jamie Hayes
Joshua Hayes
Travis Head
Steven Heathcote



Jeremy Heldenbrand
Matthew Heman
Judah Hernandez
Justin Herndon
Toby Herrera
Renee Hesseltine
Laura Hewitt
Joshua Hibben



Amy Hicks
Angela Hicks
Benji Hildebrand
Andrea Hill
Megan Hill
Tessa Hill
Jodi Hills
Angela Hoard



Jessica Hoard
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Paul Holmes
Michael Housman
Melissa Hovey
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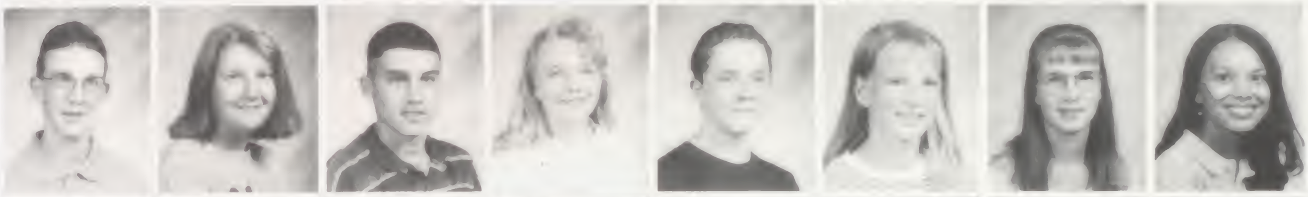
Angela Hughes



Joshua Huitt
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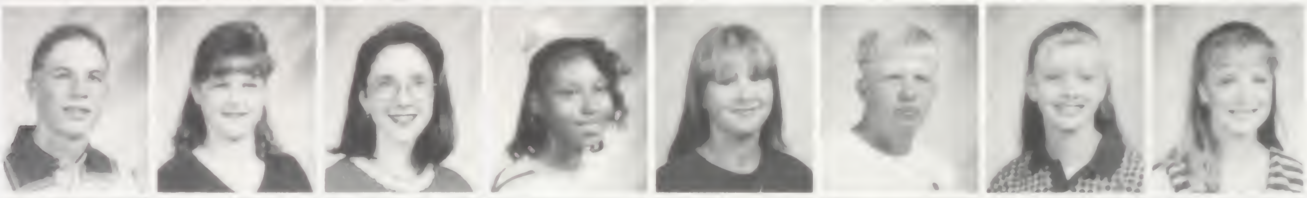
Scott Hutchinson
Melissa Hutchinson
David Hutson
Brandy Hyden
Sarah Ingersoll
Outhay Inthalangsy



Jason Irvin
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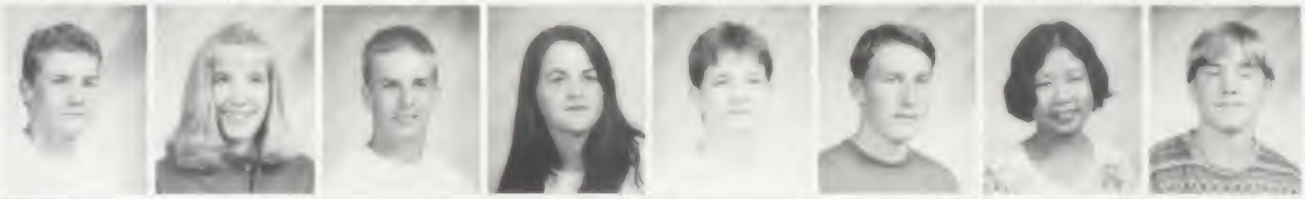
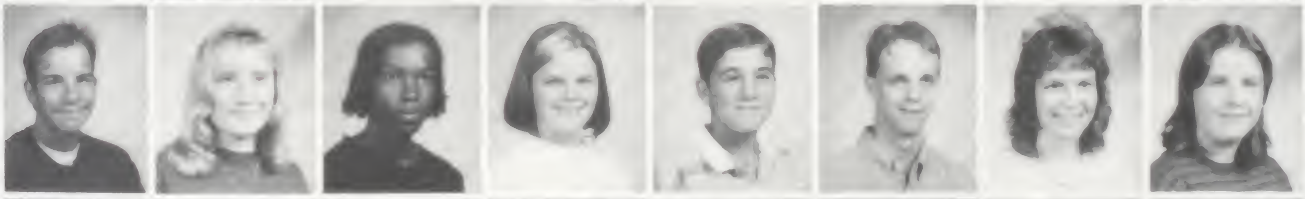
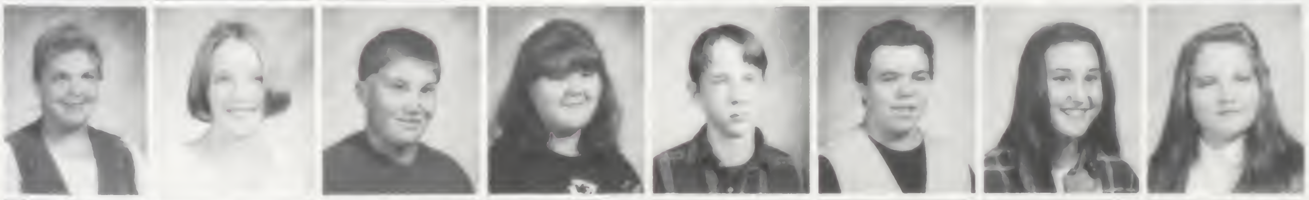
Angela James
Mayme Jenkins
Brian Johnson
Chree Johnson
Jennifer Johnson



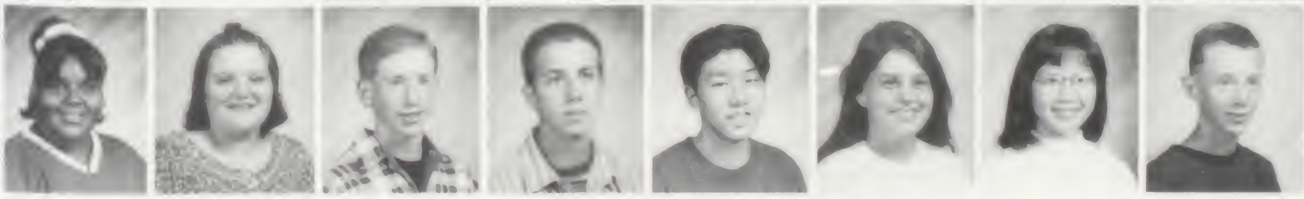
Jeremy Johnson
Julie Johnson
Aaron Johnston
Lisa Johnston
Jeffery Jones
Joshua Jorgensen
Patchay Kamvanh
Michael Kephart



Jason Kern
Melinda Kimball
Trond King
Vanessa Kinnear
Nicolas Kligopoulos
Raymond Kling
Amy Klopfenstein
Kelly Kraska



Elizabeth Lamb
Jennifer Lamb
Bryce Landers
Jody Landers
Casey Law
Edward Lawrence
Crystal Leach
Elisabeth LeClere



Kamilia Lee
Marcy Lehman
Lance Lethcoe
Kristopher Lightner
James Lim
Joy Lloyd
Cindy Lo
Matthew Logsdon

Sunshine Visitors

__Socializing__ with Valley View Village residents, teacher __Linda Nemmers__ discusses her teaching career. Nemmers is the co-sponsor of the Pep Club.

The Pep E Club involves students in leadership inside and outside of the school. An example of this leadership, was the visit they took to the Valley View nursing home, on October 25. The group visited the home with intentions of brightening the residents' day.

"The group was made up of any club member who wanted to go, and it was a social visit, not just a service project," said **Shirley Blenderman**.

Visiting the home made the students feel good.

"It was a lot of fun knowing that we brightened the day for the residents," said junior **Jenie Fuller**.

"It makes you feel good when you know you've made someone else's day go better," said junior **Angi Allison**.

Although the students went as a group and chatted with the residents, they didn't go empty handed.

"We took Halloween cookies, stories about what's happening at East and the holiday spirit for the residents," said **Blenderman**.

When the students talked with the residents, they found out many things.

"I found out that some of the residents had even attended East when they were in high school," said **Fuller**.

"The residents had some really interesting things to say, like how they grew up, where they went to school and how times have changed," said **Allison**.

__Pitcher in hand__ and ready to assist, junior __Jenie Fuller__ asks, "Would you like some juice?" Fuller was the junior chair of the Pep E Club, she and several members who went to the Valley View nursing home to visit the residents.

__Bringing a smile__ to a new friend makes sophomore __Hillary Reynolds__ smile. She wore a bunny suit to get nursing home residents into the Halloween spirit.

Deenda Lopez
Kalongkhone Lovan
Kimberly Luce
Tony Ly
James Marker
Heather Martineau
Genaro Mata
Monica Mata

Danielle Mathias
Presha Matticks
Stacy Matzke
Kailee Mauk
Christina McCann
Heather McCarl
Courtney McClelland
Lacy McCuen

Wendie McCuen
Alesha McElvogue
Amanda McFarland
Ryan McIntash
Melissa Medearis
Nicholas Menough
Todd Mentzer
Amy Merryfield

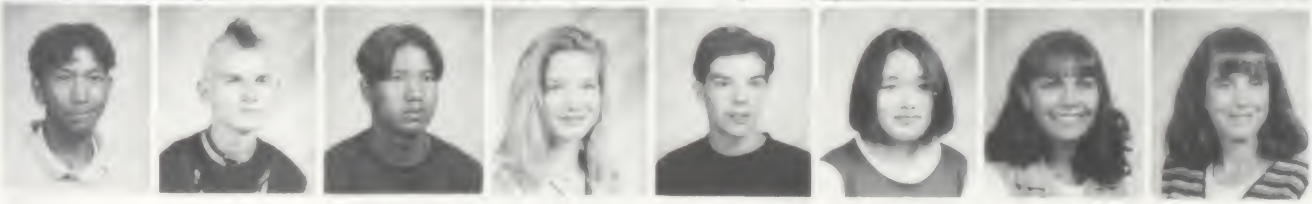
Stephanie Merryfield
Christopher Merten
Gary Messer
Cynthia Michael
Jason Miller
Kevin Minard
Teresa Moberg
Kevin Mogle

Jeannine Mooers
Ladondra Moon
Ryan Moses
Blaine Moyle
Mark Mullin
Robyn Munde
Erin Munoz
Kevan Murphy

Mindy Murray
Amy Nemmers
Kathyrn Nevins
Jill Nowadzky
Erin O Connor
Jessica Oldham
Eric Olson
Erika Olson

Kate Olson
Frank Ounlokham
Greg Owens
Josie Owens
Matthew Oxenford
Andrew Padgett
Timothy Page
Kate Pagel

Angela Parsons
Laura Pastore
Curtez Patton
Lucas Payton
Angela Pebbles
Joseph Peek
Melissa Peek
Alicia Pencook



Thanongsack Pephiron
Nicholas Petty
Kaiphet Phaydavong
Megan Plummer
Steven Porter
Palina Prasasouk
Raychelle Puchta
Amanda Ragan

Sophomores: Lopez – Ragan

Estevan Ramirez
Kenneth Randolph
Holly Reese
Hillary Reynolds
Nathan Richards
Ryan Rinehart
Sondra Rivera
Kenneth Rodine

Bethanie Root
Jared Rose
Jason Rosenwinkel
Montgomery Ross
Paula Roush
Michelle Sabin
Angela Sager
Emily Sawhill

Katie Sawhill
Kendra Sawhill
Keri Sawhill
Brandon Sayles
Kimberly Scarlett
April Schatz
John Schatz
Gary Schnoor

Dusty Schooley
Brady Shanahan
Allison Sharp
Nicholas Sharp
Natasha Sharpnack
Justin Shelburg
Martin Shogren
Richard Shutt

Georgina Siders
Jeremy Sims
Kenneth Sinclair
Khamnoy Sipaseuth
Jeremy Skinner
Joshua Skinner
Nicole Slater
Steven Slaughter

Nicholas Smith
Brandi Smithhart
Siaolong Southammavong
Rebecca Stamper
Mindy Stapleford
April Steen
Robert Stephenson
Dustin Stevens

Joshua Stewart
Lindsey Stocker
Donald Stone
David Suggett
Ernest Taylor
Ricky Taylor
Kari Teske
Krystal Tharp

Sharee Thomas
Brandan Thompson
Joseph Thompson
July Thongthi
Keri Thornton
Christine Timmerman
Tascha Torgeson
Tiffany Torrans

Tiffany Trevillyan
Jon Trogdon
Katrina Tudor
Keith Twombley
Kristie Vahey
Tiphany Van Blaricum
Emily Van Horn
Chanthone Vang

Sophomores: Ramirez – Yang

Lee Vang
Jeremy Vansice
Brenda Villarreal
Ivan Wagner
Kathy Waldron
Moses Ward
Tiffany Webb
Jennifer Weeks

Carrie Whalen
Melissa Wheeler
Kristi White
Krystal White
Kate Wieck
Traci Williams
Melissa Wiseman
Krista Wonders

James Woodward
Dana Worthington
Heather Wright
Julie Yang
Khou Yang
Meng Yang

Missing Pieces

Joseph Avon
James Beeman
Mabel Beltran
Timothy Blackburn
Eric Brannon
Cecil Brewton
Kourtney Butts
Annie Byers
Kevin Collins
Heather Connor
Joseph Cook
Martin Cross
Reed Crowley
Kylie Culp
Maurice Currie
Jerry Danielson
Derek Donaldson
Yakonda Dudley
Monique Flipping
Amanda Fox
Adrien Freeman
James Gargus
Nicole Gist
Candace Graham
Donald Graham
Harlan Grimm
Tonette Haygood
Timothy Heckinger
Timothy Henderson
Sara Holman
Leron Jennings
Deondra Jones
Desiree Jones
Donald Kendrick
Bombee Keomanivong
Rachael Kinney
Dustin Kintz
Manivone Kitthikoune
Jennifer Laake
Justin Leader
Chue Lee
Anthony Leonardi
Kaseem Majied
Christina Mallory
Kenneth Manirath
Andrew Marquis
Starlet Monaco
Robert Overlin
Christina Overton
Robert Patton
Nikki Payton
Brandy Porter
Heather Pratt
Aaron Pruitt
Terrence Reasby
James Regan
Anthony Rivera
Charles Robbins
Brad Rodgers
Matthew Salasberry
Tyrone Scott
Justin Sellers
Joshua Shaw
Michelle Slaughter
Charles Smith
Gennie Spivey
Christopher Stewart
Randall Strong
Mesha Taylor
Chad VanGundy
Ginger VanGundy
Erick VanHorn
Scott Walker
Brandon Waugh
Tisha Wells
Dennis White
Myleka Wright
A Yang
Mark Young

A line up of cars *is found in the back parking after school. The lights on SE 14th and Walker make getting out of this parking lot time-consuming and frustrating for students.*

Cars found in the parking lots *all seem to have their student parking stickers in different places. This car has its sticker in the front driver's side window. Stickers were originally intended to be in the rear window, driver's side.*

A full row of cars are parked *in this school parking lot. Students have the choice of parking in one of four lots during the day, only if they have a permit. Cracking down on illegal drivers and non-student cars is helping the lots with capacity.*

parking lots

CAR CLUSTER

THE SCHOOL day ends and now students must face the puzzle of getting out of one of the four parking lots. It's common to see cars backed up in long lines waiting to exit the lots.

Time is a big factor for cars leaving the lots. Traffic on University and SE 14th keeps cars backed up waiting to pull out into the traffic.

"It takes me over ten minutes to get out of the parking lot after school. It's a mess, plus people drive so crazy I have to watch out for people hitting me," said junior **Joel Jones**.

Drivers who are very eager to leave the lot tend to just push their way out anyway they see fit.

"Parking lots are such a hassle, people are always trying to pull out in front of me. If people wouldn't rudely butt out in front of me I'd be nicer and let more people out," said junior **Kristina Hughes**.

There are approximately six hundred parking spaces in the lots and over half of the student body is capable of driving a car to school. So parking stickers were added this year to control the problems of illegal drivers and outsiders parking in school lots.

In order to obtain a parking permit students had to fill out a form at registration and get parent permission. The stickers are also useful to the school in identifying drivers that have problems, like leaving lights on or parking illegally in the lots.

"I don't like the parking stickers because if I'm somewhere outside of school and I don't want to be known as a high school student people see the cute student parking sign in my car window and wonder," said senior **Sabrina Smiljanic**.

FRESHMEN

Steven Adams
Heather Adamson
Scott Adamson
Pedro Akinkuove
Paula Alanis
Curtiano Allen
Sadessa Allison

DeAnn Anderson
Jacob Anderson
Freddy Arias
Amanda Armstrong
Marijean Atkinson
Stacie Atkinson
Angela Avery

Jason Bailey
Lissa Baker
Tyler Baker
Jennifer Ball
Zachary Banks
Stacey Barefield
Stacy Barnes

Shannon Barrett
Barbara Battin
Hillary Beaman
Joshua Belcher
Gavin Bell
Todd Bennett
Renee Bernhardt

Alex Bibbins
Michelle Bickford
Carrie Birkhofer
Dorene Black
Courtney Blakeman
Leah Bloomer
Kelly Bloomquist

Cary Bockoven
Rhiannon Bode
Jason Boehme
Justin Bolander
Jesica Boozell
Reyna Borges
Pamela Bouaphakeo
Jennifer Breese

Eric Brown
Samantha Brown
Trae Bruce- Harbour
Scott Brueck
Stephanie Burch
Abigail Burkhead
Carl Busch
Anthony Buttrey

Kerrie Calhoun
Michael Camp
Bryan Campbell
Shandy Campbell
Megan Cardines
Stacy Cardines
Brian Carey
Charity Carlson

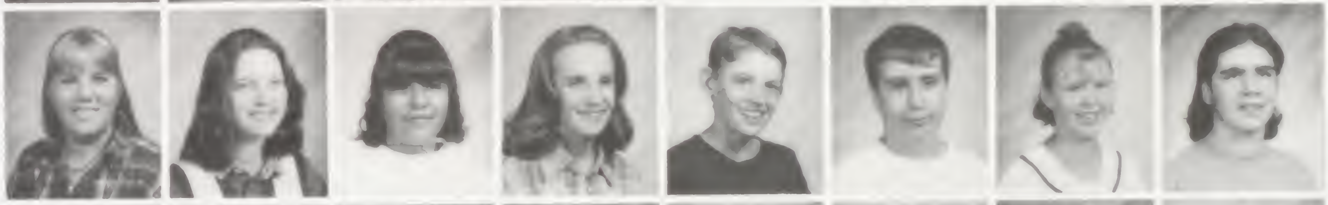
Stacey Carney
Tracey Carney
Courtney Carpenter
Sherri Carpenter
Jonathan Carstens
Alvaro Castro
Adreanne Clark
Andrew Clark

Brandi Clark
Bradley Cochran
Brady Coe
Trisha Cole
Chris Coleman
Michelle Colvert
Heather Colyn
Amanda Conlin

Sarah Consorti
Mystie Cook
Bradley Cosner
Cameo Cott
Bethany Courtney
Ben Cowie
Robert Crane
Dana Crewse

Fred Crader
Kari Cummins
Randle Cunningham
Cody Current
Angela Curry
Clint Czizek
Joshua Dady
Heather Dahlberg

Steven Daniels
Michael Darrach
Christine Davis
Markeyte Davis
Shawna Davis
Skip Davis
Jami DeMoss
Stephany Denning



Dawn Dickey
Amanda Dillard
Kristina Dozal
Elizabeth Drey
John Easter
Gene Eide
Amy Ellis
Jason Embrey

Justin Embrey
Emily Erickson
Kimberly Evans
Nicole Evans
Daniel Evans
Melissa Fagen
Stephanie Fallis
Roland Farnsworth

Amy Farrell
Dawn Farrell
Christie Fausett
Jacob Ferrell
Panda Ferrell
Jesse Fetters
Johney Figgins
Shawna Finch

Joesph Finn
Keely Fisher
Niccole Flagg
Anthony Foley
Bryan Ford
Amy Forkner
Marlon Fowler
Nichole French

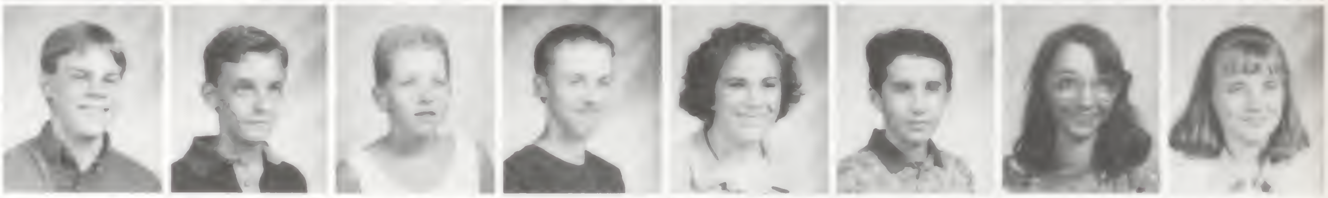
Timothy Froehle
Rickey Funderburk
Sunnie Gabbard
Bradley Ganoe
Anesa Gardner
Michael Gardner
Meredith Garlick
Kelly Garner

Michael Gary
Shane Gee
Jesse Geisler
Jennifer Gering
Len Gerrietts
Stephanie Gibb
David Gibson
Katrina Gipson

Brandie Gist
Terry Goltz
Mahlon Gragen
Amanda Graham
Kimberly Graham
Dray Grantham
Andre Graves
Jamie Gray

Kerry Green
Bradley Gregg
Tamara Gregory
Kendra Grove
Teresa Gustafson
Lindsay Guy
Savanchay Hacknorath
Matthew L. Hall

Matthew M. Hall
Russell Hall
James Hansen
Chantell Harris
Schanell Harris
Nicholaus Hartkopp
Morgan Haynes
Lucas Hayworth



Chad Heathcote
Landon Heck
Nicholas Helmers
Ethan Herrera
Jessica Hill
Tyler Hines
Charity Hodson
Kristina Hokanson

Nicole Hook
Stacie Hornocker
Sara Huffman
Brian Humphrey
Brian Hungate
Courtney Hurdle
Dawn Hutchison
Jessica Ingersoll

Adam Ivanovich
Shannon Iverson
Bobby Jay
Troy Jeffries
Tabatha Jennings
Lindsay Jensen
Stephan Joanides
Dustin Johnson

Jennifer Johnson
Benjamin Jones
Christine Jones
Malissa Jones
Jennifer Jordan
Khamla Kamvanh
Richard Keesey
Sara Kelley

Tang Keothammakhoun
Amanda Kerr
Kelley Kilbane
Andrew Kilgore
Amanda Kindhart
Meggan King
Shannon Kingrey
Judy Kligopoulos

Cole Kline
Rustin Knouf

Mindy Kohrs
Keopasith Kouang

Zachery Lacquement
Eric Lancial

Todd Lane
Courtney Larue

Eric Lay
Bridget Lee

Long Lee
Katherine Leeper

Stacey Letze
Marques Lewis

Ronald Lewis
Sarah Lewis

Jennifer Lim
Jeremy Lint

***Arranging the cookies** carefully, junior **Jen Watkins** places them on a tray while senior **Ali Burkhead** looks on. For Thanksgiving, the Bible Study group gave the office workers cookies to thank them for their hard work.*

***About 40 students** gathered outside the school around the flag pole before school. Students all around the country gathered at their school flag poles to pray for their schools in this demonstration of faith.*

Keeping the FAITH

The students who attend one class before school do so willingly and with smiles on their faces. The Bible Study group met at 7:15 in the morning two times a week for their "class." They met in teacher **Lowell Long**'s room, although it was student led.

Each person had their own special reason to attend.

"Going to Bible Study each week is a good experience for me. I really need a break from the things that go on at school, and the Bible Study refreshes me," said junior **Adam Erickson**.

Freshman **Jenny Ball** said, "I go because I have no time to go to church and I like to learn more things about God."

Students also attend the study group to get to know other people.

"I go so I can talk with other Christians and share my feelings. It is nice to know other people who understand what you believe," said sophomore **Brandon Sayles**.

The idea of the Bible Study is not just for personal growth. It is also a "reach-out" opportunity.

"We want people to see more than just a group that sits around and prays, but actually goes out and does things and shows God's love," said junior **Jen Watkins**.

For Thanksgiving the group made a basket filled with food and took it to St. Paul Lutheran, west of the school grounds. The church then passed it onto a family who needed it.

Junior **Laura Fetter** said, "The basket was Jen's idea, but all of us put a lot into it. It really showed that East isn't all bad, like our reputation supposedly says."

Joyce Loghry
Aaron Long
Robert Long
Shawna Lore
Bagdy Lovan
Luang Lovan
Manila Lovanh
Nicole Lovell

Chad Lowe
Tracy Lowe
Sheriva Luong
MayChoua Ly
David Lynch
Chauncey Mallett
Jeremy Mally
Bradley Mannebach

Amanda Markle
Joshua Martin
Amanda Mason
Jason Mason
Joseph Mastin
Timothy Mastin
Vanessa Mata
Tara Mathews

Michael Mauk
Deja May
Charles Maynard
Tiffany Mayse
Brandi McAninch
Jennifer McCann
Ramon McCarrell
Derek McChurch

Melinda McConnell
Chantelle McFadden
Christopher McKean
Travis McKean
Patrick McNeley
Evangeline McPherson
Nophalak Meksay
Sandra Mendenhall

Joel Metheny
Scott Michael
Jessica Miller
Joshua Miller
Lacey Miller
Tameka Miller
Jason Milligan
Jeremy Milligan

Mark Mitchell
Matthew Mitchell
Robert Montis
Bradley Moore
Robert Moore
Kristen Moraine
Sarah Moran
Brian Moss

Senaida Mota
Richard Munyon
Michelle Murphy
Amanda Myer
Lindsay Neal
Jaime Nelson
Mylee Nguyen
Brian Norton

Jason Nutt
Anna Ochoa
Jessica O'Coonor
Chad Olson
William Olson
Joyce Ortega
Levi Overton
Tonya Palmer

April Parker
Tabatha Parks
Natalie Patterson
Lakesha Patton
Latoria Patton
Shawn Pepel
Sarah Pettyjohn
Saengchanh Phaviset

Nicole Poland
Andrew Powell
Amanda Pratt
Stacey Pruitt
Raffaela Punelli
Erik Purscell
Marcos Ramirez
Holli Ramsey

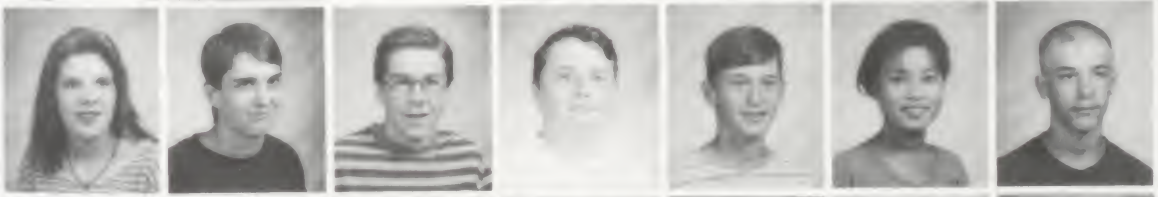
Jessica Randolph
Robert Randolph
Cory Rankin
William Rattray
Lonnie Rattray
Bradley Reed
Jody Reed
Monica Reed

Courtney Reeves
Daniel Rendall
D J Renslow
Julie Rice
Lauren Rice
Ladonna Rimmer
Frank Rivas
Hope Robbins

Elizabeth Robinson
Nathaniel Robinson
Rory Rodriguez
Shannon Root
Rusty Roustio
Angie Rustan
Katy Ryan
Steven Sable

Sarah Sanders
Amanda Sargent
Stanley Satterfield
Adam Schaff
April Schaffer
Evan Schatz
Jessica Schierholz
Mollie Schirman

Tracie Schlotterbeck
Joseph Schuler
Jereme Schulz
Stephanie Scigliano
Kenny Scott
William Sevenbergen
Bryan Shepherd
William Shepherd



Amanda Shipman
Jason Shootman
Eric Short
Joseph Sickels
Edward Signs
Khamhou Sihom
Ian Sims
William Sitthisay

Marlisha Slaughter
Randy Slaughter
April Smith
Bradley Smith
Douglas Smith
Dustin Smith
Jason Smith
Jeffrey Smith

Freshmen: Parker–Smith

Missing Pieces

Antonio Alexander
Jason Archer
Demetrius Armstead
Robert Bacon
Scott Bauer
Edgar Beerbower
Richard Blount
Aaron Boylan
Kristin Britt
Johntay Brown
April Butler
Steven Butler
Michael Charvat
James Cheeney
Corey Coleman
Nicki Convery
Vicki Convery
Kevin Cooper
Mckenzie Daggett
Joshua Dalton
Tiffany Davis
Matthew Dent
Julieanna Duff
Shane Dunaway
Kimberly Duong
Janee Earp
Christopher Fidler
Jeremiah Finney
William Foster
Heather Fox
Charles Franks
Nathan Freel
Curtis Glenn
Pedro Gomez
Trina Gomez
Angela Gorman
Andy Gregory
Travis Hall
Traves Hartman
Heather Haus
Nicholle Havens

John Smith
Mark Smith
Meredith Smith
Miles Smith
Alvin Snyder
Sarah Southard
Christopher Spargo
Adam Sparks

Megan Staley
Jesse Stammer
Thomas Stark
Anthony Stephens
Roy Stevens
Michael Stoker
Aaron Storm
Bobbie Stout

William Stradley
Pelon Streeper
Jason Street
Timothy Sudbrock
Bryan Summy
Randall Swisher
Frank Swoboda
Jesse Tharp

Phanh Theppanya
Christina Thomas
Theodore Thomas
Kristin Tiedemann
Charles Tonsi
Christopher Ulmer
Jennifer Van Blaricum
Ralph Van Dyke

Billy Van Horn
Nicky Vang
Gustavo Villarreal
Marc Von Ahnen
Kea Vongchanh
Nicole Vulgamott
Garry Waldon
David Walker

John Holley
David Hood
Angela Jackson
Josephine Jackson
Dustin Kidder
Randy Killen
Michael King
Michael Kingrey
Bert Knapp
Michael Laurie
Felicia Lee
Frankley Lem
Chommany Lo
Billijo Loghry
Reggie Lopez
Asia Majied
Rebeca Marentes
Donald Martin
Ryan Maschke
Jeremy McBurney
Charles Mercer
Leona Miller
Matthew Morlan
William Muniz
Tiffany Nash

Trent Nash
Christopher Nelson
David Overlin
Joseph Peacock
Claude Phillip
Tiffany Phillips
Misty Rattray
Ryan Reinier
Ross Rinehart
Andre Robinson
Alexandria Rocha

Erik Rodgers
Chineda Sam
Jerrett Sandedge
Jacara Sheley
Amie Shriner
Kirk Sly
Lukas Smith
Richard Smith
Robbie Smith
Tabatha Smothers
Ron Spurgeon
Angela Stewart
Joseph Stewart
Kelly Stoutenberg
Terence Tolson
Jennifer Tornquist
Juan Trenter
John Trotter
Tony Vang
Kervin Veasley
Heather Vertz
Erica Vestal
David Wicker
Stephanie Widlund
Kimberly Wooster

Megan Wall
Alisha Wallace
Jacob Walls
Demarco Walton
Jesse Watterson
Brett Waugh
Matthew Waugh
Taylor Webb

Craig Webber
Heather Weber
Amy Welch
Chad Welch
Travis Wesley
David West
Marty West
Matthew White

Neal White
Shawna White
Frantz Whitfield
Junior Whitten
Jennifer Williams
Kyle Williamson
Ryan Witt
Shawn Wolfe

Dillon Wonders
Christopher Wood
Melissa Woodard
Gaylen Worthington
Floyd Wright
Joseph Wyckoff
Kenneth Wyckoff
Chao Xiong

Larry Xiong
Lee Yang
Sandy Yang
Jesse Yeomans
Stacey Zelenovich

Pouring a compound *that fixes bricks together, senior* ***Dan Stoutenberg*** *concentrates not getting it all over everything. Avoiding spills is not always easy, but the students did a pretty good job.*

Checking out *the top of a furnace for any possible problems, senior* ***David Enos*** *seems fairly happy with his findings. The remodeling of basements sometimes requires the replacement of expensive equipment, such as water heaters and furnaces.*

Building Skills

In the course of Home Remodeling, **Bill Oleson** teaches students the skill of remodeling homes. From the foundation of the home to patching up holes in the walls, students get on-the-spot training on actual homes.

Since the class actually leaves the school to work on homes, the students have to be responsible and worthy of trust.

"The maturity of the students towards the house and in their progress in the class is one thing I'm truly proud of this class for," said **Oleson**.

Remodeling houses isn't an easy job and by far isn't a slack-off class, so why would students want to take such a class?

"Mainly, I want to get a chance to be in the union someday, so I can make some good money," said junior **Phil Brown**.

"Money in this field is nice, but I took this class for myself," said senior **Mike Adams**. "Home remodeling is something that always comes in handy down the road."

Students have some some good opinions about the class.

"It's a cool class because you don't have to sit at a desk for seven hours a day," said sophomore **Russ Baker**.

"As a class, we always go out to lunch during our travel time," said **Adams**, "and it's cool because then when it's time for class to start, we spend three hours just having a good time and working with good students on a house."

For some, the class is just for some extra skills and others might even continue on into a career in home remodeling. But in either case, the class combines hard work with a fun environment in order to produce a house to be truly proud of.

The previous house the class completed made the front page of the Metro section in the Des Moines Register last year.

Watching teacher Bill Oleson**, junior* ***Jason Straub *is learning how to determine if the bricks are level or not. In the process of building a basement, it's very important that everything is as level as possible.*

Grabbing a bucket** of concrete, senior* ***Dan Stoutenberg *prepares to start on another part of the basement. The class had to transport a lot of their equipment back and forth to the site every day.*

FACULTY

Bill Ackerman, **Soc. Sci.**
Donna Adams, **Fam/Con. Sc.**
Colleen Aldridge, **Assoc.**
Paul Allen, **MD Resource**
Montez Anderson, **Monitor**
Rhonda Anderson, **Assoc.**
Linda Baker, **Music**

John Bankus, **Soc. Sci.**
Pat Bannon, **Counseling**
Linda Berg, **Fam/Cons. Sc.**
Shirley Blenderman, **Business**
Jeff Bock, **Graphic Arts**
D'an Boire, **Resource**
Rob Boley, **LD SC**

Ron Borstad, **English**
Rollie Bramhall, **Physics**
Jim Brauninger, **Orchestra**
Cecil Brewton, **Afr/Am. St.**
Nita Brower, **English**
Judy Brownsberger, **Sp. Educ.**
Jack Bryan, **Counseling**

Ken Burgess, **Resource**
Jim Bush, **Soc. Sci.**
Pat Bushong, **Secretary**
Kacia Cain, **Biology**
Gary Cameron, **I.S.S.**
Barbara Campbell, **SWS**
Bill Carlson, **Math**

ADMINISTRATORS
PIECING EAST TOGETHER

Jerry Stilwell, Gary Jotzke, Donna Christensen, and **Ken Miller**—under the leadership of these four administrators, East is preparing students for the twenty-first century. Change and progress are the key words for the success of this leadership team, led by Principal **Jerry Stilwell**.

In **Stilwell's** seven years at East, the school has launched itself into the technological world of the future. East has grown by adding a new Industrial Arts technology lab and one more computer lab in the Business Department this year.

"When I arrived, we had less than 20 computers. Now we have approximately 200 in the building," said **Stilwell**.

"The students and staff realize the absolute necessity of a high school diploma. There is more emphasis put on academics," said **Christensen**.

Donna Christensen was a new vice principal this year. She had some previous administration experience running night school.

"It's wonderful being an advisor. The advantage is already knowing the students and staff since I have been a teacher here for many years. I like being an administrator, but I also liked being a teacher. Being a teacher, you get to know the students better in a classroom situation. Being an advisor, you get to work on the policies and to make the school better," said **Christensen**.

Principal ***Jerry Stilwell*** *takes a break out of his busy work day to pose for a picture. He worked hard this year to make East a better place for students to get along.*

Bob Carmichael, **LD SC**
Carolyn Chase, **Con. Sci.**
Ted Christensen, **Soc. Sci.**
Jane Christenson, **Sec.**
Nancy Christy, **Couns.**
Lonnie Clark, **Registrar**
Bob Collins, **Soc. Sci.**
Pam Corey, **Assoc.**

Karen Cross, **Math**
Diane Crozier, **English**
Kathie Danielson, **English**
George Davis, **Phys. Ed.**
Clara Day, **Business**
Chris Dow, **Assoc.**
Diane Fleming, **Secretary**
Dennis Forker, **English**

Keri Frommelt, **Science**
Ken Gaeth, **Phys. Ed.**
Ruth Ann Gaines, **Drama**
Marlia Gatto, **Associate**
Ann Ginther, **Resource**
Jessica Gogerty, **Science**
Shirley Gooch, **Art**
Jerry Goodrich, **Art**

Don Graves, **Attendance**
Julia Hagen, **English**
Jeff Hall, **Tech. Ed.**
Kathy Hansen, **Spanish**
Nancy Hansen, **Business**
Dena Harms, **Math**
Deann Hebert, **Con. Sci.**
Jim Hickman, **Math**

Say cheese! *Senior* ***Heather Bailiff*** *poses for a picture with* **Ken Miller**. *A lot of students enjoyed talking to the advisors during the school day.*

Go East! *Principal* ***Jerry Stilwell*** *is cheering on East despite the rainy weather. He was seen at many football games supporting the teams.*

ADMINISTRATION. FRONT ROW: Principal Jerry Stilwell. BACK ROW: Vice Principals Ken Miller, Donna Christensen, Gary Jotzke.

Gary Jotzke *takes a peek from his office door. He spends many hours in his office solving problems for the students.*

Patricia Hill, **Assoc.**
John Hodson, **Govt.**
Ann Hoehle, **Library**
Patty Hoffman, **Couns.**
Deb Hoksbergen, **Assoc.**
Anita Holmes, **Soc. Worker**
Nancy Holmes, **Photo**
Bob Howe, **Bldg. Manager**

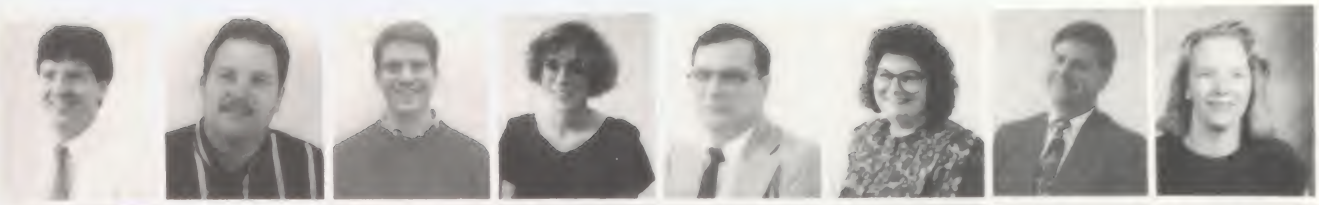
Daria Huang, **Math**
Erick Hunter, **MD SC**
Mark Hurley, **Phys. Ed.**
Larry Hutzell, **Chemistry**
Terry Johnson, **Bkpr.**
Russ Junck, **Tech. Ed.**
Mary Jane Kaldenberg, **Bus.**
June Kalsem, **Library**

Dolores Keith, **Span./Eng.**
Ed Kelly, **Journalism**
Virgil Larsen, **Math**
Carole Larson, **Phys. Ed.**
Judy Larson, **Soc. Sci.**
Anda Liepa, **English**
Dave Lippold, **Monitor**
Lowell Long, **Science**

Susan Lorence, **French**
Carol Lortscher, **Secretary**
Barb Madden-Bittle, **Nurse**
Robert Madison, **Math**
Marjorie Mayes, **Secretary**
Kay McCollum, **English**
Mark McConeghey, **Assoc.**
Marilyn Miller, **Spanish**

DES MOINES SCHOOL BOARD. Front Row: Laura Sands, President John Phoenix, Vice President Liz Goodwin, Superintendent Gary Wegenke. Back Row: Jacquie Easley, Jane Hein, Suzette Jensen, Harold Sandahl.

***Executive Director** for Middle and High School Programs, **Dr. Barb Prior**, speaks at an October 17 school board meeting, reporting on budget and class sizes. The board grants approval for school budgets at the meetings.*



Mike Miller, **Debate**
Marty Mohler, **Tech. Ed.**
Ken Morton, **MD SC.**
Carla Murphy, **Math**
Don Murphy, **Soc.Stu.**
Linda Nemmers, **Math**
Ted Nemmers, **MD Res.**
Debbie Neustadt, **Sci.**

Randy Nordaker, **MD SC.**
Mary Ann Ochs, **Business**
Dale Ogle, **Work Study**
Bill Oleson, **Tech. Ed.**
Harold Olsen, **Coun.**
Harry Owen, **Science**
Chris Paulson, **Band**
Elaine Peterson, **Comp.**

Jean Pillers, **Coun.**
Paul Poehlein, **Coun.**
Ric Powell, **Athletic Dir.**
Ned Rasmussen, **Tech. Ed.**
John Raymond, **English**
Griff Reese, **BD SC**
Clark Roberts, **Math**
John Rudisill, **Science**

Judy Rush, **English**
Linda Saddoris, **English**
Kathy Sams, **Assoc.**
John Schnoor, **Math**
Cindy Selden, **English**
Jim Semple, **MD SC**
Margaret Severino, **Span.**
Jill Shaeffer, **Speech**

DES MOINES
PUBLIC
SCHOOLS

Decisions, decisions! *The school board meets to decide on many projects. Vision 2005 is of vital interest to many this year.*

Virtual Reality

Invasion of technology in the classroom

Imagine this: You bring your grandparents to school for open house. While you are showing them around school and telling them where everything is, they say, "You know, honey, everything looks exactly like when I went here."

They even recognize math teacher **Virgil Larson**. "He was just a young man right out of college when he was *my* teacher," says Grandpa.

Geez!! How old is this school?!!

One-third of the schools in Des Moines are more than 75 years old. East High was built in 1912, 84 years ago. Many students go to the same classrooms that their grandparents went to.

With a long life comes a need for upkeep, so a 28-member citizens committee, in collaboration with school-based councils, has developed a plan for improving schools—Vision 2005.

"All members on this committee are board appointed," said school board member **Liz Goodwin**.

Vision 2005 will rewire, reroof, repair, replace and revamp chalkboards and add computers.

It will provide students and teachers access to vital technology and information necessary for learning.

"That would be great," said sophomore **Heather Martineau**. "In the next century, everything will depend on computers. We're in the computer age, and its going to grow no matter how much we try to ignore it."

Raising local sales tax one-percent would raise up to $25 million a year in Des Moines. Twenty-five percent of the tax money would be used for "improving neighborhoods through this school revitalization project." Fifty percent would go to property tax relief and the remaining 25 percent to the city.

"First of all, we need to get a one-cent tax referendum voted on, which would be sometime soon after 1995," said **Goodwin**. "The reconstructions should be well underway by the year 2005."

Diane Sheil, **Secretary**
Susie Shupe, **Assoc.**
Don Starcevich, **BD SC**
Ken Stock, **Business**
Carolyn Strickler, **LD Res.**
Chuck Sutherland, **P.E.**
Leah Taylor, **Math**
Stan Thompson, **Govt.**

Troy Tyler, **Monitor**
Fred Vanderley, **Soc. Sci.**
Bev VandeWall, **Bkpg. Asst.**
Jim VanTuyl, **Social Sci.**
Joyce Vickroy, **Phys. Ed.**
Delores Weeks, **Cafe. Mgr.**
Mary Westover, **English**
Steve Wetter, **Psychologist**

Fannie Wilson, **Horizons**
Mel Wilson, **Soc. Sci.**
Patty Wilson, **MS Res.**
Chaney Yeast, **SUCCESS**

*"**The telephone** is for you, boss!" Building manager* ***Bob Howe*** *has a busy job trying to clean up after us. As you see every day, he does a great job.*

*Where do** our good school lunches come from? Cafeteria worker* ***Jane Bordenaro*** *starts one day's menu.*

NIGHT CUSTODIANS. Front Row: Steve Shephard, Richard O'Brien, Daryl Jones. Back Row: Sarah Coats, Vickie Copic, Carolyn Fremand, Joe Leo. Not Pictured: Jim Corrigan, Bruce Miller, Steve Oxford, Katherine Vertz, Melvina Wignall.

DAY CUSTODIANS. Front Row: Edward Donaldson, Mary Penenger. Not Pictured: Steve Barnes, Daniel Fraaken.

Serving lunch *is a hassle when students have to be back in class in a halfhour. Cafeteria worker* ***Lorraine Massey*** *hurries to satisfy all the hungry people.*

CAFETERIA WORKERS. FRONT ROW: Linda Evans, Dixie Heimbaugh, Ruth Foster, Barbara White, Lorraine Massey, Nancy Roth, Delores Weeks. BACK ROW: Mae Smith, Norma Toigo, Jane Bordenaro, Geneva Hanson, Kathy Clater, Wanda Stoner, Marketa Welch, Beverly Johnson.

Helping Out

Familiar faces in the hallways include the staff and students, but we often forget some valuable people... cafeteria workers and custodians.

Although many of us don't talk to them much, they do have a lot of East spirit.

"I went to school here, and now it's like my home away from home," said night custodian **Steve Shepherd**.

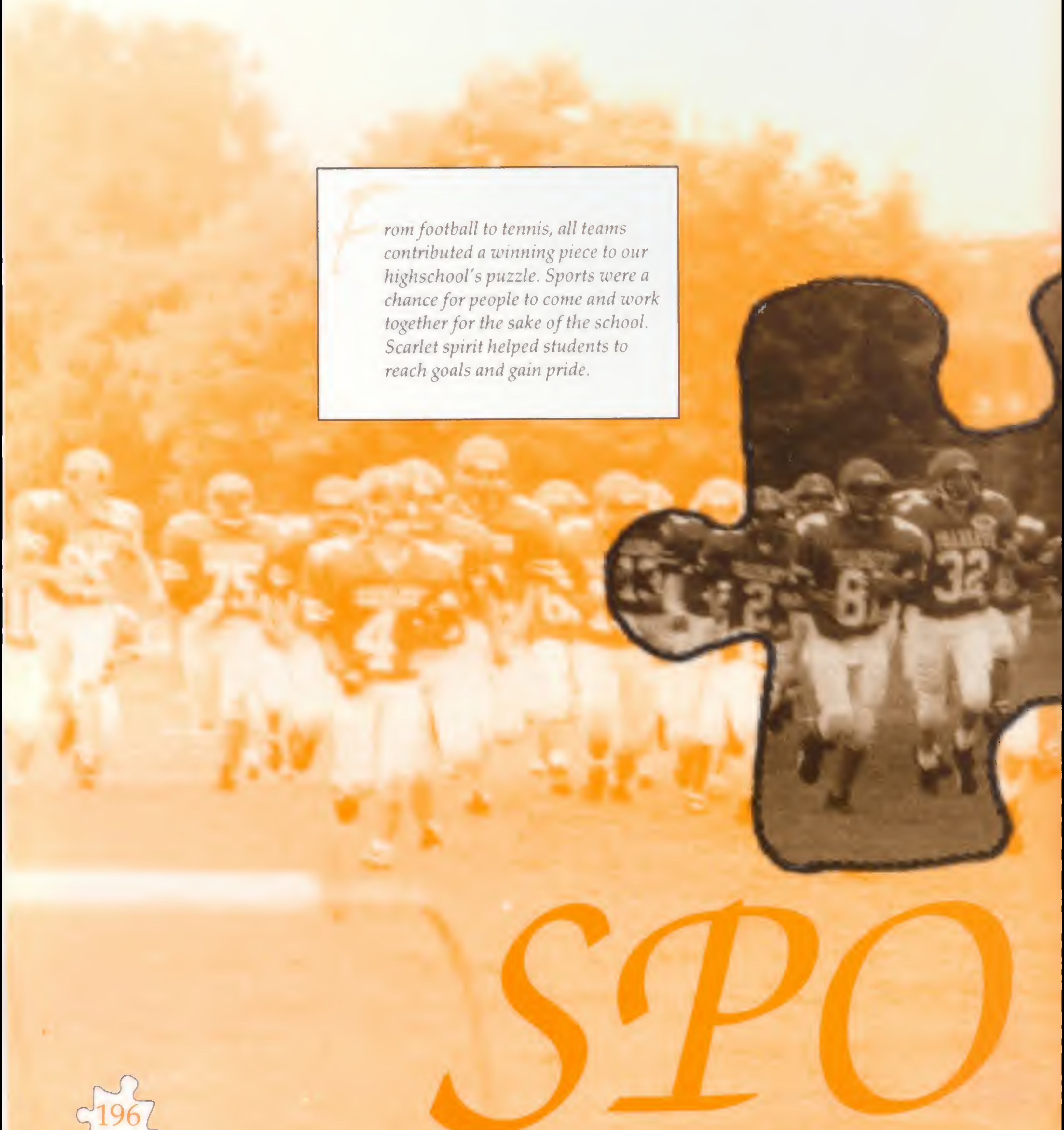
Many students see cafeteria workers and custodians as people on the job, but it goes further than that.

"We buy items from the students who sell things and we just feel like we are a part of East High," said cafeteria manager **Delores Weeks**.

Working here for some was a choice, while others learned to love it.

"I worked at Hoover for sixteen years, and I think parents and kids are more down to earth here at East," said night custodian **Daryl Jones**.

All in all this school includes everyone and nobody is less special. We all fit in together as one big piece of a life-long puzzle.



From football to tennis, all teams contributed a winning piece to our highschool's puzzle. Sports were a chance for people to come and work together for the sake of the school. Scarlet spirit helped students to reach goals and gain pride.

SPO

Winning Pieces

- Average amount of money used for boy's sports: 29,500
- Average amount of money used for girl's sports: 20,450
- Combined weight of the varsity football team: 9,125
- The sophomore baseball team placed first in their conference.
- Ken Gaeth and Stan Thompson have coached girls swimming together at East for 25 years.
- The school hires 15 policemen for each home football game

RTS

Tennis Anyone?

New additions help out the team

Love/Love is the score as the two eager players get ready to compete. The sun is beating down on the green pavement. Sweat trickles down a cheek. The ball is thrown up high, served, and an ace is hit. This is how the boys and girls tennis team started their matches.

There were many new additions to the girls team.

"We had a lot of new underclassmen. This will help out the team next year, since a lot of seniors are graduating this year. The freshmen can gain strength by then," said senior **Kelly Mrogenski**.

"Everyone was fighting for varsity spots. A lot of people were discouraged because of the lack of playing time," said Sophomore **Becca Stamper**.

Tennis has become more and more forgotten as the years pass.

"We play just as hard as the other teams but people forget that tennis is a school sport and we don't get very recognized," said Senior **Heather Armstrong**.

"It would be a lot better if more people came to support us and watch our games," said Senior **John Hull**.

40/Love is now the final score. One last serve for the game and that's it. It's over. East has won yet another game.

COED NAKED TENNIS

Good friends usually stick together, and this is the case for alumni ***Chindaly Chounlamountry*** *and* ***Leang Sou****. They went out for tennis together and finished their second year together as they graduated. Meeting new people was often common on the court, whether they went to East or whether they did not.*

Filled with enthusiasm and eagerness, alumna ***Jennifer Boatwright****, smiles as she waits for her awards. Boatwright was number one on the girls tennis team and helped them out tremendously.*

Time on many of the players' hands led to relaxing and chatting with friends. This is how senior ***Stacy Long****, alumna* ***Jennifer Nemmers****, and senior* ***Kelly Mrogenski*** *spent their time after a match. Often the matches would last three hours and relaxing was all they wanted to do.*

Junior ***Matt Leonard****, and seniors* ***Brian Roeder****,* ***Ryan Carlstedt****, and* ***John Hull*** *are some of the top players on the boys tennis team. Being on the boys team was an advantage because they had fewer players, which means more playing time. They worked well together as a smaller team and had some good victories.*

Cheese! Alumna ***Cara Kidd*** *and assistant coach* ***Miss Smith*** *smile for the camera as they are leaving from the banquet. This was* ***Smith's*** *first year as an assistant coach for the girls team. She is* ***Coach Joyce Smith's*** *daughter. She was a good addition to the girls team and it helped them to have two coaches on the courts.*

"Our strength was our hard work and effort in every practice - our determination."

Becca Stamper

Sophomore

"Having a lot of returning players helped us to have a better record."

Kelly Mrogenski

Senior

Change in Season

Positive attitude towards the season during the school year

With a cheer from the sidelines, the soccer team was once again pumped for their season, but for a change, the soccer season was played in the spring instead of the fall for the first time.

It was a big change, but most of the players had a positive attitude about it.

"I liked the season during the school year because you could go to practice right after school and not come back during the summer days. I think more people will come out next year for soccer," said junior **David Penake**.

"With the season going during school, the players got the motivation to do well for the school. The 'pride' factor comes into play," said coach **Rob Boley**.

The team had its ups and downs throughout the year.

"The strength of this team is its attitude. There are several players who work as hard as they can, and the others are starting to pick up on it. The weaknesses of the team would be their inexperience. Due to the fact that we started nine freshman and one sophomore, we don't have a lot of varsity level experience," said **Boley**.

The team hung on and has good intentions for improvement for next year.

"We weren't very skilled but we had a lot of heart," said sophomore **Tanner Guy**.

"For the most part we did all right. We started off slowly, but by the end of the season we improved a great deal," said sophomore **Brandan Thompson**.

"It would be nice if more people would go to the games to help support the team. It really does help and encourage the team to do their best and makes us feel better about ourselves."

Vanessa Kinnear

Sophomore

Taking a break! *At half time, the soccer team takes a break and talks about what they can do better for the second half. Captain* ***Tanner Guy*** *leads this group in their meeting.*

Time to relax! *Sophomore* ***Brandan Thompson*** *is tired after a long, hard day at practice. The team practiced every day for two hours after school. The practices are held at stadium.*

During warm-ups *before the game against North on May 1, some of the members take things more seriously than others. East lost to North 0-1.*

"Hurdles are challenging and I'm proud if I get over all ten without falling on my face."

Amanda Suggett

Senior

"We play tag and run around right before we have to run our race. It helps drop our time."

Sarah Ingersoll

Sophomore

Getting a reassuring *pep talk, junior* ***Jessica Piper*** *checks the time on her last race. Most got a speech about gving it your all.*

Striding Strong

Young team pulls through tough season

Adrenaline flowing, legs pumping, and heart racing, while the mind stays focused. That is the natural high received from running track.

All girls were encouraged to give 101% effort. The team was young and determined, approximately 75% of 48 participants were underclassmen or first year runners.

"We had a great turn out in numbers. A lot of girls want to run and that helps the team," said junior **Madeline Wiseman**. "Coach Davis instills a lot of spirit, pride, and honor into the girls."

"The size pretty much can make or break the team," said senior **Darvette Smith.**

If it wasn't for the inexperience, it was the weather holding them back. The temperature averaged 68 degrees through most of the season.

"It was so cold in the early season that your body refused to function," said senior **Trisha Wood**. "The sting of the cold wind makes your body go numb."

"The rush you get from putting all you have in one race and feeling like you truly achieved something outweighs any gripe," said **Wiseman**.

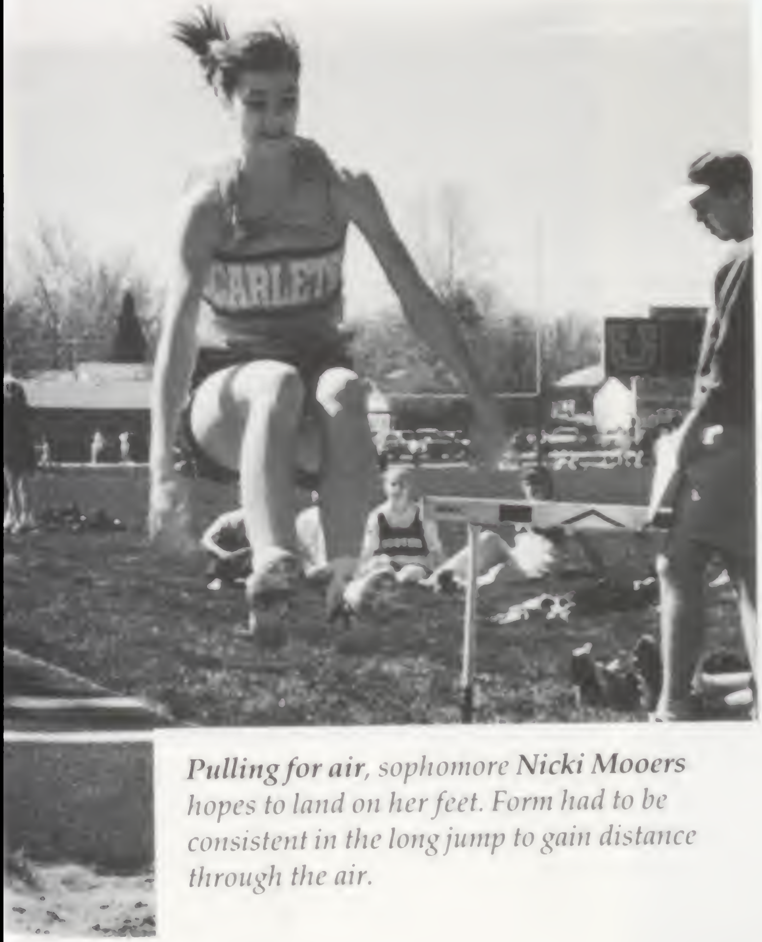
The memories bonded them as a team and kept them coming back for more.

"I remember when Amy Nemmers won a dinner off Coach Davis," said senior **Diana Sheets**, "because Trisha Wood made it to finals in the 100 meter hurdles at Districts."

"I was running the 400 meter hurdles at Roosevelt," said senior **Rachelle Shutt**. "When I got to the last hurdle, I didn't get my foot up high enough and fell, but still came in second."

Judging her distance, *senior* ***Anne Cady*** *winds up to throw. Shot put and discus both required upper body strength.*

Pumping over hurdles, *senior* ***Trisha Wood*** *strides to take the lead. Team encouragement along the sideline helped adrenaline flow.*



Pulling for air, *sophomore* ***Nicki Mooers*** *hopes to land on her feet. Form had to be consistent in the long jump to gain distance through the air.*

Falling from *the sky, alumna* ***Erica Hemiseth*** *clears the bar. Leg strength and flexibility were key factors of high jumping.*

Focused on the *next hurdle, junior* ***Kaitphat Phaydavong*** *pumps. The 400 meter hurdles was considered the toughest race.*

Man's Mark

The willpower to qualify for State

Seen only as a blur, floating by in a gust of wind, the boys track team often runs as a single animal.

They really needed to heat up the track in early spring.

"It was cold enough out there to make ice sculptures with your spit," said senior **Chad Donahue**.

After early training, it's time to get motivated to make the set time to qualify for State. The boys have a time set at the beginning of the season and have from early March to late May to qualify.

On the flip side, the girls go to a state meet at the end of the season where first place in each event qualifies.

"It was my second year going to State," said senior **Pat Lowe**. "I was very nervous and it showed. I hit the first hurdle in the high hurdles and fell, but I got back up and still beat one kid in my heat."

"If I went to State I would be very nervous," said sophomore **David Suggett**, "but I know I would have to go with the idea that I'm going to win and not lose."

Alumnus **James Lee**, senior **Deangelow Dudley**, junior **Cory Cason**, sophomore **Greg Owens**, and senior **Pat Lowe** made it to State. The 4 X 100 meter relay team placed well in fifth.

The goal to make it to State makes the underclassmen more determined with every stride.

Striding to *the tape, junior* ***Greg Owens*** *gives all he's got to make the line. He went to State in the 4 X 100 meter relay.*

Huddling in the bleachers, sophomore **Travis Head** tries to stay warm. Blankets and gloves were seen through most of the season.

Reaching for air, junior **Kaitphat Phaydavong** lunges over the hurdle. The last 50 meters of the 400 meter hurdles took endurance.

"I was warming up for the discus and almost hit two guys in the head."

Mike Cupp

Senior

"One meet I didn't get enough sleep the night before and I ran and jumped the worst I ever did."

Kurt Loving

Senior

Hurdling past the competition, senior **Pat Lowe** reaches to gain ground. He went to State in the 400 meter hurdles.

All-Conference

First team

1st base
John McCaughey

Outfielder
Pat Lowe

Utility
Anthony Crum

Second Team

Pitcher
Brian Archer

Infielder
Ryan Baker

Honorable Mentions

Gus Childs
Albert Hall
Travis Risius
Scott Rourke
Brad Zelenovich

All-District

First Team

1st Base
John McCaughey

2nd Base
Anthony Crum

Second Team

Outfielder
Pat Lowe

***The team greets** junior **John McCaughey** after his homerun against Dowling. **McCaughey** finished the year with a total of 6 homeruns.*

***After throwing an** opponent out on first base, the team hurries to the dugout. Being prepared was a necessity.*

***First baseman** junior **Gene Olson** scoops up a throw to get the runner out. Flexibility was definately a concern for most infielders.*

So Close

Ending the year with one win from State disappointed many

Another season came and went and the varsity baseball team ended their year with a great season.

"I think the outcome of our season will be in the back of our minds next year," said senior **Brian Archer**.

The team ended with an outstanding batting average of .343.

"My average was .313 with 21 RBI's. This was a good year for me," said senior **Travis Risius**.

Finishing the season with a record of 26-12, they were ranked 7th in the state.

"We were beat in the district championship game by Marshalltown, a team we should have beat easily," said senior **Brad Zelenovich**.

Six juniors were brought up to dress out with the varsity team as either starters or to just help out the team.

"I was privileged to play with varsity, and being able to pitch helped my skills out a lot," said junior **Anthony Crum**.

The team feels next year they will have a reason to win the state championship. They have had enough experience, and they will have a strong team returning.

"We've got something to prove next year to our school, and if we don't win, I will be disappointed," said **Zelenovich**.

VISITOR
BALL STRIKE

__After having a__ meeting with __Coach Powell__, the team gets to relax. Playing a double-header was tiring for some.

***Senior Travis Risius** and junior **Anthony Crum** discuss their strategies for the field. The catcher was normally the key player, needed to talk to the players on the field.*

Practice Pays

Summer heat didn't stop baseball

While some of you were working hard at your summer jobs, others were working hard at freshman and sophomore baseball practice. The high temperatures didn't stop our boys from showing their stuff.

"We are the only freshman team to win 30 games in one season," said freshman **Zak Banks**.

The sophomore team also finished with a good season.

"We had a lot of competition in our conference, but we managed to come out on top," said sophomore **David Suggett**.

Although it seems that these guys were too busy to have any fun, they had some interesting times in their dugout.

"When we played Indianola, a couple of players got into my Icy Hot and started a fight with it. Joe Costa got some in his ear and had to use a Q-tip to get it out. We had fun that game," said **Banks**.

In the long run, these guys worked as a team and made it far. Placing first and second in the conference was a great achievement for the teams and for the school.

"We were proud to be able to bring this fulfillment to school and tell everyone how hard we worked together," said junior **Tim Sams**.

***The freshman team** never has time to relax. Whether they're up to bat or on the field, this team had to be aware of what was going on.*

***Even though he had** enough time to stay standing, junior **Kenneth Rodine** slides into third base. Any time there was a doubt about where the ball was being thrown these players knew to slide.*

After scoring a run, *junior* ***Tim Sams*** *congratulates junior* ***Robert Apt***. *Awarding team members was a priority for the sophomore team.*

No matter how hot *it is, Coach* ***Ken Burgess*** *makes his players look good. Hustling in and out of the dugout was a necessity.*

The umpire calls *the runner out as sophomore* ***David Suggett*** *makes a great tag. Third base became* ***Suggett's*** *territory throughout the season.*

Freshman Baseball

EHS	vs.	Opponent
6	Fort Dodge	1
7	Fort Dodge	1
1	Hoover	3
7	Hoover	2
12	Hoover	1
4	Lincoln	3
5	Lincoln	7
13	Lincoln	12
7	Lincoln	0
12	North	3
18	North	3
8	Dowling	4
8	Dowling	11
9	Dowling	4
6	Johnston	7
15	Johnston	3
3	Perry	5
6	Perry	4
4	S.E. Polk	3
5	S.E. Polk	12
2	S.E. Polk	5
11	Indianola	3
7	Indianola	0
8	Indianola	0
4	Roosevelt	0
15	Roosevelt	0

Boys Track

Place	Meet
No score	ISU Indoor
No score	Little Scarlet Relays
No score	Scarlet Spring Classic
4th place	Hi Covey Relays
No score	Little Scarlet Inv.
1st place	Roosevelt Inv.
6th place	Norwest Classic
No score	East Inv.
4th in 100 & 4th in 4x100	Drake Relays
6th place	Little Abe Relays
2nd place	City Series
2nd place	9th & 10th Conf.
3rd place	Dragon Inv.
Rained Out	Indianola Inv.
3rd place	American Conf.
19th place	State Meet

Girls Track

Place	Meet
5th	Rams Relays
2nd	Roosevelt Inv.
5th	Urbandale Inv.
2nd	Lincoln Relays
2nd	City Series
5th	Ankeny Inv.
2nd	Lee Town Relays
5th	District Meet
4th	Conference

Sophomore Baseball

EHS	vs.	Opponent
5	Urbandale	3
9	Roosevelt	5
2	Hoover	1
5	North	4
12	North	1
3	Dowling	1
12	S.E. Polk	5
10	Indianola	2
4	Lincoln	5
3	Lincoln	1
3	Hoover	5
8	Hoover	11
3	Dowling	1
10	Dowling	5
2	North	0
9	Roosevelt	6
9	Roosevelt	4
16	S.E. Polk	6
5	S.E. Polk	4
14	Indianola	4
6	Indianola	2
6	Lincoln	5
16	Johnston	4
15	Johnston	4

Girls Tennis

EHS	vs.	Opponent
0	Ames	11
6	Ankeny	5
4	Johnston	7
3	Roosevelt	8
3	Urbandale	8
3	Dowling	9
6	Indianola	5
2	S.E. Polk	9
8	North	3
1	Lincoln	10
10	Saydel	1
6	Hoover	6

Soccer

EHS	vs.	Opponent
0	Hoover	9
1	Ankeny	4
0	Ames	5
1	Mason City	3
0	Roosevelt	15
0	North	1
0	Dowling	7
1	S.E. Polk	2
0	Indianola	4
0	Lincoln	3

Varsity Baseball

EHS	vs.	Opponent
1	Urbandale	2
2	Roosevelt	0
1	Dyersville	3
5	Sioux City East	11
4	Hoover	3
4	North	1
9	North	8
11	C.B. Lincoln	1
8	C.B. Lincoln	2
4	Dowling	5
12	S.E. Polk	6
4	Sioux City East	5
9	Sioux City East	5
2	Indianola	6
7	Lincoln	4
7	Lincoln	4
6	Hoover	16
12	Hoover	11
9	Ft. Dodge	10
8	Sioux City Heelen	6
6	C.B. Jefferson	4
7	C.B. Jefferson	2
11	Newton	4
15	S.E. Polk	4
9	Dowling	8
1	Dowling	3
6	Davenport Assumpt.	9
10	North	5
17	Roosevelt	1
9	Roosevelt	8
5	S.E. Polk	2
7	S.E. Polk	6
8	Indianola	7
10	Indianola	9
2	Lincoln	3
12	S.E. Polk	0
14	North	1
5	Marshalltown	15

Boys Tennis

EHS	vs.	Opponent
0	Ames	11
2	Ankeny	9
0	Urbandale	11
7 th place	Ankeny	–
3	Hoover	8
0	Dowling	11
0	Lincoln	11
1	S.E. Polk	10
5	Indianola	6
0	Roosevelt	7
5 th place	East	–

VARSITY BASEBALL Front Row T Rinus, A Crum, J Kristufek, C Standley, F Muller Row 2 B Zelenovich G Olson, R Baker, S Rourke, C Knight, J McCaughey Row 3 B Sayles, Coach J Judkins, Head Coach R Powell, Coach T Shelton, D Lehman Back Row A Hall, G Childs, B Archer, P Lowe Not Pictured M Peterson, D Anderson, J Lamb

FRESHMAN BASEBALL Front Row: Z Banks, J. Shelburg, N Kligopoulos, D. Grantham, R Lehman, R Bennett, R Gist Row 2 B Johnson, D Brockman, C. Stewart, D. Suggett, J Johnson, D Donaldson Row 3 F Ewurs, K Rodine, M Briant, Coach Burgess, J. Costa, J. Irvin, N. Smith Back Row M Mullin, J. Dehnert, R Goddard, D. Davis, J. Hanson, B. Olson, R. Patton

SOPHOMORE BASEBALL. Front Row, R. Hale, A. Gobin, J. Hills, T Sams Row 2 T Page, T Vance, B Corbin, J Gathercole, C Lortscher Back Row, M Peterson, R Apt, Coach T McDonald, Coach J Dalbey, D Anderson, J. Stewart

BOYS TENNIS Front Row M Parsons, F. Muller, H. Phan, R Carlstedt, A. River Back Row P. Richards, J Robinson, J Hull, Coach S Card, B. Roader, C. Rouse, M. Leonard

BOYS TRACK Front Row L Lethcoe, K Phaydavong, K Lovan, L Vong, M Ward, T Vong, E Auguste, J Donenuse, T Dudley, D Suggett Row 2 J Grother, C Cason, C Cason, C Donahue, B Edwards, J Wedman, T Head, D Dudley, J Lee, S Ramirez ROW 3 J Heldenbrand, S. Lovell, D Brookes, Coach N Rasmussen, Coach P Graves, Coach M Hurley, Coach B Baldus, R McIntosh, T Vance, J Irving, ROW 4 W Brewton, G Scott, R Patton, D Enos, D Djuth, K Phaydavong, M Currie Back Row T Davis, P Lowe, K Lightner, J Hibben, K Loving, G. Owens, C Flagg Not Pictured T Mentzer

GIRLS TENNIS Front Row J. Boatwright, R Stamper, S Lee, C Kidd, T Yencer, H. Armstrong, N Brown Row 2 J Fenton, G. Frank, E. Brown, C. Rice, K. Mrogenski, L Sou, C Chounlamentry, S. Long Row 3: Coach J Smith, K Hamilton, M Kittikoune, J Nemmers, N Martin, N Ahrens, Asst Coach S. Smith Back Row K Hughes, S Panvoree, A. Lozano, C. McClelland, M. Kimball, L Shelton, D Lopez, J. Myers

GIRLS TRACK Front Row: A. Nemmers, M. Coleman, K. Thorton, M. Suggett, V. James, C. Patterson, A. James, A. Carey, L. Childs, R. Hessletine Row 2 K. Sawhill, S. Ingersoll, J. Piper, E. Lewis, A. Hollingsworth, N. Long, S. Matzke, K. Olson, T. Wood. Row 3 M. Hill, A. Cady, T. Forest, N. Slater, Coach G. Davis, Coach C. Larson, M. Wiseman, N. Jacobs, L. Stocker, N. Mooers Row 4: E. Mefford, K Jividen, M. Wiseman, R. Shutt, S. Arlaud, D Smith, D. Sheets, K. Anderson Back Row: C Moore, L. Smith, A. Lillard, J. Reidburn, T. Carey, C. Foley, E. Hemesath

New Apparel

Boys and girls golf improved through the season

New apparel and equipment are in. The golf team received new black sweaters and red jackets, along with new golf bags and balls. All of these things were added after golfer mom Marsha Mills joined the Booster Club and became an active member. She saw a need for better equipment and matching uniforms.

"The new equipment gave us an extra edge that compared us to all of the other teams in the state. Now we are at the same style level as everyone else," said senior **Matt Redshaw**.

"It was about time we got new equipment, now we look more like a team," said senior **Tony Mills**.

The '95 boys team had a good season in their new apparel and equipment, but that wasn't the reason for their success. They had a 2-6 record and came in fourth in the American Conference which was an improvement from last year's seventh place finish.

"We had a lot of fun and we were more of a team this year. I will miss all of our seniors, especially Tony Mills and Jason Shelburg, because they were most of our team this year," said junior **Matt Leonard**.

The girls golf team had some new comers and some veterans.

"I had never played before so it was quite an experience. It was definitely a laugh for everyone else watching me play," said senior **Jennifer Young**.

"My first year went really well even though I had on and off days. I had a lot of fun with coach Schnoor and meeting all the other girls," said senior **Amy Flynn.**

Last year's girls golf team finished fifth in the conference and fourth in sectionals.

"I think we did very well as a team for having two golfers who had never played before," said **Young**.

***Members** of the golf team stand around waiting to tee off at Grand View golf course. Practices and meets were held at this 18 hole course located on East 29th Street, conveniently only five minutes away from school.*

Tony Mills

Senior

2nd place at the City Series

4th place Conference Meet at Blank shooting a 77

Tie for 3rd in a 19 team tournament

With his hands on the cart steering wheel, **Coach Schnoor** watches his team perform. Schnoor has been coaching golf for twenty-three years and is retiring this year.

Holding onto their golf bags, senior **Jennifer Young** and alumna **Johanna Schnoor** stop to smile for the camera. The girls season is during the spring months of April and May.

Keeping his eye on the ball, senior **Matt Redshaw** gets ready to take a chip shot from the fairway.

Concentrating on the golf ball, senior **Jason Shelburg** prepares to tee off on the first hole. Shelburg was the number two varsity golfer.

Swinging her golf club, senior **Jennifer Young** tees off at Grand View. The team played six meets at this course during the season.

__After being introduced__, the infield players all gather at the pitcher's mound to high-five each other before the start of the game against Roosevelt which they won 7-2 on June 22, 1995.

__Awaiting the pitch__ from her opponent from North, junior __Missy Gray__ aggressively takes her stance at the plate while alumna __Tricia Yencer__ steps off third. Assistant coach __Bill Carlson__ looks on. Playing at East, the team won 5-3.

__Sliding into home plate__ in perfect form, senior __Jennifer Young__ collides with Roosevelt's catcher. Close calls at home plate played a big role in close games with opponents.

__Under the lights__, at North's field, the infield members of the team are all down and ready as they wait for the ball to be hit to them. Being ready at all times is a big factor in successfully fielding a ground or fly ball.

High Expectations

Varsity softball feels the pressure

The crack of the bat, the breeze of the ball, and the awe of the crowd are all parts of the season at Gustavenson Field, that was home to the girls softball team during the summer months from May to July.

The softball team this year was faced with living up to the past season's second place finish in the state tournament. Everyone felt a lot of pressure to win state from coaches and fans.

On top of that, they had many games and very little time to practice. Yet, the team did finish as a winning team and were strong all throughout the season.

Mental weakness had a role in the outcome of the season.

"When one person got down on themselves, the whole team went down along with that person," said sophomore **Crystal Leach.**

"The team had some let downs when we would make a bunch of errors in an inning, but we would always come back strong without bats (hitting)," said junior **Jessica Piper**.

On the positive side, before every game after the team was done warming up, they all would sit on the grass and everyone would socialize about what was happening to them in their lives.

Nicki Mooers, sophomore, used the words "enthusiastic" and "energetic" to describe the team.

Some of the games were very intensive and upsetting.

"The game against Muscatine was a big disappointment because it went 16 innings before we ended up losing 0-4," said senior **Amy Flynn**.

"When we faced Ankeny for the first time since they beat us at State the previous year, Coach Bob Savage pitched Nicki Mooers to throw them off. Ankeny was shocked that they couldn't touch the ball and we ended up winning 7-0," said junior **Missy Gray**.

***In her hitting stance**, sophomore **Crystal Leach** stands aggressively at the plate waiting for a good pitch. Hitting is the key to having a winning season, which the team did have.*

*Rounding first base, while keeping her eye on the ball, sophomore **Nicki Mooers** thinks about whether to go for second or stay at first.*

*Sitting in the dugout, Coach **Bob Savage** watches the field as he coaches yet, another season in his distinguished coaching career.*

*Running through the base, senior **Amy Flynn** successfully beats the throw from her Ankeny opponent, which the team beat on Ankeny's home field 7-0.*

Play Ball

Players fight for a winning season

Teamwork, practice, goals, pep talks, concentration, and talent. All these things were put together on the JV and freshman softball teams.

Practices were a major part in the success of the teams.

Sophomore **Keri Thorton** said, "Practices were good for working on the things that the team needed to work on and also for improvement for the individual."

"This year I wanted to improve on my catching and help the team in anyway I could," said sophomore **Holly Reese**.

Practices were to prepare for the real games but the teams also had to be mentally prepared.

"Before the game, the coach would give us a pep talk to build up our spirits," said **Reese**.

"To get our minds off the upcoming game and to calm our nerves we would all sit around and talk about soap operas," said sophomore **Amanda Grant**.

After a game the work was still not done.

Sophomore **Jessica Hoard** said, "After the games the coaches would have us sit down and tell us what we did wrong. They also told us how much more practice we needed."

Working as a team, much can be accomplished.

"Even when we were behind we would work as a team and pull together," said junior **Joy Elliott**.

In the end, both teams performed well. JV won every game except for four games and tied one. The freshmen won about half of their games.

"We worked hard and the season went very well," said sophomore **Amy Nemmers**.

__As the team__ comes into the dugout after playing in the outfield coach __Shannon Carlson__ meets them. Communication over what was going on during the game was important.

__Getting ready__ to throw the ball, sophomore __Crystal Leach__ warms up after the team has gotten out onto the field. Whenever the team goes out onto the field they take time out to warm up.

***Behind the base**, sophomore **Amy Nemmers** is prepared for the pitcher's next throw. The catcher is required to wear a lot of protection to avoid injury.*

***Hoping that the** ball will go far, junior **Jessica Piper** hits away. To be able to win a game the team has to first be able to hit the ball and get on base.*

"The most exciting game was when we were playing S.E. Polk and we were losing 2-7. In the last inning something clicked and we kept getting the ball to end 9-7."

Amanda Grant sophomore

"During one game, the pitcher and two starters were missing and we were still able to tie the game."

Joy Elliott junior

Senior captain and quarterback ***Brad Zelenovich*** *gets prepared for battle against Ames. Day games became a regular during the '95 season.*

The kickoff team *is determined to get the game, against Roosevelt, started off right. This group helped bring in the victories against both North and Hoover.*

Football Awards

1st Team All Conf.

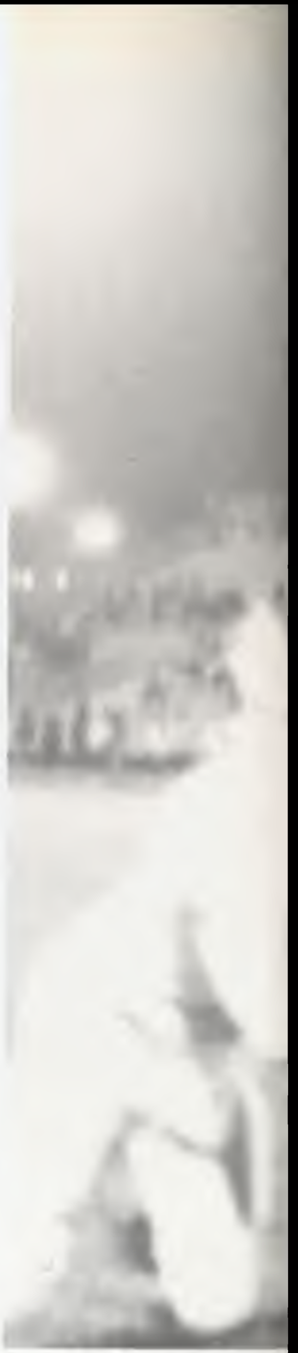
Kurt Loving
Pat Lowe

2nd Team All Conf.

Ryan Anderson
Tyson Mixon
Scott Rouke
Brad Zelenovich

Honorable Mention

Brian Archer
Cory Cason
Tywon Dudley
Patrick Mullin
Gene Olson
Dave Penake
Jason Spargo
Tyrell Taylor
Steve Webb



***Fighting for yardage** against Roosevelt, senior **Deangelow Dudley** gets tackled. The game was a close loss with the finishing score being 29-34.*

Close Calls

An up/down season finished with many close games

"The scoreboard may not have shown it, but we were a good team. We were all like brothers and we stuck together," said senior **Tyson Mixon**.

The varsity football team finished with a 2-7 record. Victories over North and Hoover were the highlights of the season.

Although the team worked hard every game, some players felt there could have been some changes.

"We didn't play up to the level that we should have every week. One week our defense would do well and the next the offense would do well. The consistency wasn't there," said senior **Brad Zelenovich**.

Some concerns involving the student issues were carried onto the field. Tempers flared between two non-students at one evening game, causing the next game to be scheduled on a Saturday afternoon and alledged racial tension at East became the highlight of the evening news.

"All the distractions off the field prevented us from concentrating," said senior **Brent Edwards**.

Memories will never be forgotten in the minds of senior football players.

"Toward the end of the season was fun, everyone got a little closer, especially the seniors," said **Mixon**.

***The offensive players** listen intently to assistant coach **Troy Tyler**. Tyler was the new runningback coach for the varsity team and one of the new head coaches for junior varsity.*

***Jamboree is the kickoff** for every football season. Seniors **Brian Archer**, **Barty Hutson**, **Nick Dellaca**, and **John Grother** watch the scrimmage in the hot August sun.*

Sophomore Awards

Team Captains
Joe Furby
Jason Irvin
Tim Page
Moses Ward

Mr. Intensity
Chris Flagg

Most Valuable D-Player
Joe Furby

Most Valuable O-Player
Kal Lovan

Mr. D-Lineman
Frank Ewurs

Mr. O-Lineman
Mike Hagins

Mr. Enthusiasm
Chris Flagg
Tim Page

Mr. Hitter
Joe Furby

Mr. Consistancy
David Suggett
Kal Lovan

Mr. Pride
Tim Page

Most Improved
Travis Head
Todd Mentzer

Best Rep. of EHS
Tim Page
Brian Johnson

__Waiting__ for the whistle, the freshman boys are always aware of the areas around them. Even though they hadn't kicked off yet, the team had their heads in the game.

__Blocking__ was one of the keys to the freshman team this year. Although they didn't have many touch downs, they stopped the opposing teams from scoring many times.

***Injured** freshman **DJ Ranslow** is being cared for by coach **Bob Higgins** during a game. This is **Higgins** first year of coaching freshman football at East.*

***Stand back** as our aggressive team takes on Lincoln Thursday, September 7. Although it wasn't a victory for us, a lot of effort went into this game.*

***Sidelines are** the resting place for the team during different plays. "Although it seems like a long break, we don't have anytime to catch our breath," said freshman **Zack Banks**.*

Football Fun

Football didn't just consist of touchdowns and field goals this year. Much experience was gained through the hard work the freshmen and sophomores went through. The season was predicted to be a big challenge for both teams.

"We were a young team and we were just learning new techniques," said sophomore captain **Zack Banks**.

Learning to work together was difficult for the freshmen, but they also were learning a whole new game. Coming from Little All-American football to high school football was difficult because you need a lot more information and you need to be more aggressive.

"The game is a lot more intense in high school," said freshman **Russ Hall**.

The sophomores had the experience, but they were up against some tough teams, for instance Dowling and Indianola.

"We tried to execute our plays and tried to keep a close game," said sophomore **Brian Johnson**.

Although there were many changes during the season, improvement will be a necessity for next year. Whether they are participating in other sports or just weighting lifting this winter, the players plan to strengthen their muscles for next season.

"Depending on what the boys plan to do in the off season, we could be really good next year," said sophomore coach **Jeff Hall**.

"I hope we will win at least three games next year," said freshman **Patrick McNeley**.

All in all, the season was a time to learn for the upcoming varsity years and to be enjoyed.

"I think football is fun," concluded **McNeley**.

Freshman Awards

Team Captains
Jason Nutt
Craig Webber
Zak Banks
Floyd Wright

Mr. Intensity
Justin Embrey
Jason Milligan

Mr. Hustle
Joel Metheny

Most Valuable O-Player
Jason Nutt
Craig Webber

Most Valuable D-Player
Zak Banks
Floyd Wright

Mr. Hitter
Floyd Wright

Most Improved
Curtis Allen
Bert Knapp

Best Rep. of EHS
Jason Nutt
Ben Cowie

Heart & Soul
Todd Bennett
Kyle Williamson

Lone Tree
Donnie Martin

Scarlet Pride
Bobby Jay

Varsity Softball

EHS	vs.	Opponent
2	Norwalk	1
1	Lincoln	0
5	Ft. Dodge	1
2	Muscatine	3
5	Pella Christen	1
0	Dowling	4
1	Linn-Mar	0
8	Durant	1
4	Wilton	3
0	Muscatine	4
5	Hoover	2
6	S.E. Polk	0
7	Ankeny	0
3	IA City High	0
1	Woodward-Granger	3
1	Indianola	3
5	North	3
5	Dowling	7
7	Roosevelt	2
3	C.B.T.J.	2
8	Shenandoah	3
8	Lewis Central	5

Girls Golf

EHS	vs.	Opponent
10th Place	Valley Classic	
228	Indianola	260
2nd Place	City Series	
250	Hoover	283
250	Roosevelt	207
9th Place	North Inv.	
9th Place	Newton Inv.	
230	Pella Christian	221
223	Dowling	210
5th Place	Conference	
219	North	280
219	S.E. Polk	208
219	Lincoln	215
4th Place	Sectional	

JV Softball

EHS	vs.	Opponent
5	Norwalk	3
7	Lincoln	4
1	Urbandale	2
6	Hoover	0
6	Dowling	4
2	Hoover	0
5	S.E. Polk	3
9	Indianola	2
11	North	1
3	Dowling	4
5	Roosevelt	1
11	Pella Christian	1
5	S.E. Polk	1
0	Lincoln	1
7	Roosevelt	1
11	North	4
6	Ankeny	6
3	Hoover	7

Boys Golf

EHS	vs.	Opponent
4th Place	Conf.1st Half	
12th Place	Newton	
173	Hoover	168
169	Roosevelt	148
3rd Place	City Meet	
164	North	166
155	Dowling	138
168	S.E. Polk	166
168	Ottumwa	156
176	Lincoln	163
160	Indianola	167
4th Place	Conf. 2nd Half	
8th Place	Valley Inv.	
9th Place	District	

Freshman Football

EHS	VS.	OPPONENT
0	Indianola	20
6	Lincoln	44
0	Hoover	25
14	Roosevelt	16
0	North	32
0	Dowling	40
6	S. E. Polk	42
8	Ankeny	41
12	Ames	50

Freshman Softball

EHS	vs.	Opponent
11	Dowling	8
13	Dowling	4
13	Hoover	5
3	Hoover	4
3	S.E. Polk	5
2	S.E. Polk	16
0	North	2
5	North	14
5	Indianola	10
10	Indianola	6
9	Roosevelt	1
25	Roosevelt	0
9	Hoover	8
6	Hoover	2
6	Dowling	7
4	Dowling	8
2	Lincoln	7
2	Lincoln	5
13	Roosevelt	1
13	Roosevelt	1
13	North	1
3	North	2
1	Ankeny	7

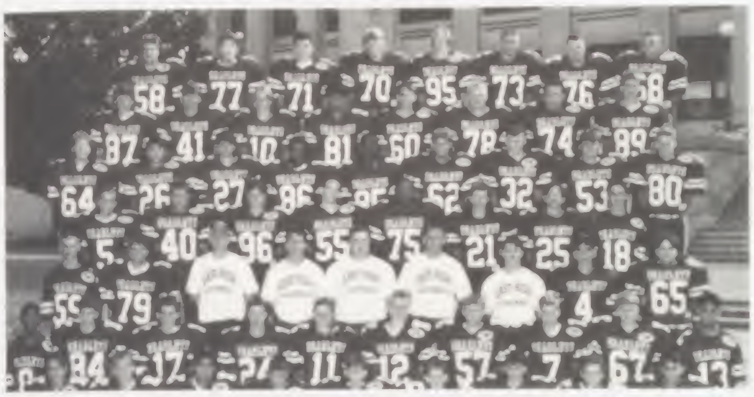
Varsity Football

EHS	vs.	Opponent
14	Ankeny	49
0	Ames	12
42	Hoover	7
29	Roosevelt	34
42	North	29
0	Dowling	17
13	S.E. Polk	22
13	Indianola	40
21	Lincoln	34

Sophomore Football

EHS	vs.	Opponent
13	Ankeny	31
6	Ames	35
52	Hoover	6
14	Roosevelt	14
18	North	12
0	Dowling	26
14	S. E. Polk	28
0	Indianola	21
14	Lincoln	26

VARSITY SOFTBALL. FRONT ROW: B. Gale, N. Hanson, J. Young, C. Leach, A. Nemmers, T. Yencer. ROW 2: M. Gray, N. Mooers, A. Flynn, J. Piper, C. Foley. BACK ROW: T. Collins, S. Carlson, B. Savage, B. Carlson, L. Beckman, J. Reidburn.



FRESHMAN FOOTBALL. FRONT ROW: M. Charvat, C. Webber, E. Lem, B. Carey, R. Cunningham, B. Cochran, M. Signs, A. Kilgore, A. Ivanovich. ROW 2: R. Long, R. Crane, N. White, J. Milligan, P. McNeley, J. Nutt, D. Martin, T. Baker, R. Hall, C. Allen. ROW 3: I. Sims, Chad Welch, A. Abbas, M. Higgins, K. Burgess, T. England, R. Biondi, J. Embrey, L. Hayworth. ROW 4: D. Gibson, Z. Banks, D. Walker, T. Hall, M. Lewis, J. Milligan, D. Renslow, J. Farrell. ROW 5: L. Overton, C. Busch, C. Ulmer, S. Satterfield, R. Slaughter, K. Williamson, M. West, F. Wright, B. Cowie. ROW 6: K. Scott, B. Pineger, J. Mally, G. Villareal, J. Lint, B. Knapp, R. Rodriquez, T. Bennett. BACK ROW: B. Summy, J. Yeomans, D. Rendall, J. Smith, J. Bolander, J. Metheny, G. Bell, B. Jay. NOT PICTURED: M. Kingery, J. Mason, K. Stoutenberg

SOPHOMORE FOOTBALL. FRONT ROW: K. Lovan, T. Farley, B. Fomaro, C. Clark, N. Kilgopoulos, M. Ward, T. Pepirom, J. Hayes ROW 2: D. Suggett, J. Furby, B. Johnson, T. Head, B. Howard, J. Costa, J. Rose, M. Ross, T. Herrara ROW 3: T. Iverson, J. Irvin, K. Wilson, C. Hall, C. Nave, C. Schreck, M. Curry, A. Johnston BACKROW: N. Minough, M. Higgins, J. Smith, T. Page, K. Rodine, J. Hansen, D. Davis, M. Mullin BACK ROW: R. Goddard, C. Flagg, T. Mentzer, J. Stewart, J. Denhart

GIRLS GOLF. FRONT ROW: J. Krueger, J. Young, A. Flynn. BACK ROW: S. Waltz, J. Schnoor.

JV SOFTBALL. FRONT ROW: C. Patterson, A. Grant, S. Vahey, B. Gale. ROW 2: S. Denning, A. Gilbert, R. Carlson, J. Elliot, A. Nemmers. BACK ROW: N. Mooers, C. Leach, L. Beckman, S. Carlson, J. Piper, R. Shutt.

FRESHMAN SOFTBALL. FRONT ROW: B. Gale, K. Thorton, J. O'Conner, A. Grant, K. Vahey, A. Beason. ROW 2 : A. Nemmers, J. Hoard, R. Carlson, A. Hoard, S. Denning, S. Carlson. BACK ROW: K. Cummings, H. Reese, Coach S. Carlson, C. Leach, S. Zelenovich.

BOYS GOLF. FRONT ROW: Justin Shelburg, Jason Shelburg, D. Gilbert, D. Grantham. ROW 2: M. Humphrey, T. Mills, M. Parsons, J. Christenson, T. Sharp. BACK ROW: R. Childs, M. Redshaw, J. Schnoor, P. Richards, M. Leanard, M. Smith.

VARSITY FOOTBALL. FRONT ROW: T. Risius, T. Sams, S. Webb, B. Hutson, L. Lockman, T. Duffy, T. Dudley, J. Hills, B. Corbin. ROW2: N. Dellaca, R. Nowadsky, T. Taylor, B. Edwards, C. Cason, D. Dudley, C. Standley, B. McAninch, A. McFadden, J. Grother. ROW 3: T. Mixon, N. Ryan, T. Tyler, B. Carico, N. Rasmussen, P. Starcevich, M. Anderson, T. Ford, B. Shanahan. ROW 4: Z. Stammer, K. Burgess, B. Higgins, M. Pierson, A. Abbas, J. Hall, Nave, T. England, R. Biondi, D. Schreck. ROW 5: T. Leabo, M. Clark, D. Penake, D. Thompson, M. Cupp, C. McWilliams, S. Rourke, B. Shogren, A. Kilgore. ROW 6 : J. Voll, R. Pauscher, P. Mullin, R. Anderson, B. Zelenovich, P. Lowe, B. Rice, J. Robinson. BACK ROW: J. Metheny, W. Brewton, B. Archer, T. Clark, J. Spargo, K. Loving, D. Cropp, G. Olson.

Running Wild

Boys cross country ended up with a positive season

"The season went really well, they all had a great attitude. They were hard workers, and they always gave 100%."

Don Graves
Coach

Over the hills and through the woods, the boys cross country team did their best throughout the season with Coach **Don Graves,** who has been coaching cross country at East since 1974.

During the season, the guys practiced many hours after school. They ran about five miles each night, sometimes working on the track.

Often, they had to prepare mentally and physically.

"Before the meets, I usually would meditate and stretch out," said senior **Chad Donahue**.

"I would try to get my head together. Some of the courses were pretty tough and I needed to think them through before I ran," said sophomore **Ryan McIntosh**.

Many of the guys had personal goals this year.

"My goal was to finish the season alive, and I did," said **Donahue.**

"My goal was to stay on the varsity team. I was hoping the team would make it to State. We were not a very old team, there was only one senior. I look forward to us to doing better next year," said **McIntosh**.

Junior **Kevin Lightner** had the best running time on the team. He ran a 16:40 at the Newton meet. He missed making state buy seven places.

"East was in the fastest district. If we were in another district, Kevin would have made it to state," said Coach **Don Graves**.

"My personal goal was to do my best every day and never give up," said **Lightner**.

"We had a pretty good season considering how young the team was. The future looks bright," said sophomore **Josh Hibben**.

Hello, anybody home? *Sophomore* ***Lance Lethcoe*** *has mistaken his shoe for a telephone. The cross country team had some very humorous times throughout the season.*

***Taking a break**, senior **Chad Donahue** takes a rest before practice. Donahue was the number two runner on the team, while junior **Kevin Lightner** was number one runner.*

***Time to spare.** Senior **Chad Donahue** tries to make sophomores **Kris Lightner** and **Lance Lethcoe** laugh. Lethcoe was the number three runner on the team this season.*

EAST HIGH
EAST HI

***Pick on somebody** your own size. Junior **Kevin Lightner** and senior **Chad Donahue** are caught in action picking on a younger member of the team, as junior **Troy Vance** gets a kick out of his fellow teammates.*

***Buddies!** Sophomore **Estevan Ramirez** and junior **Sabas Ramirez** encourage each other before practice. The team's favorite places to run were the fairgrounds and Ewing Park.*

Trying to overpower *the tree, junior* ***Christina Taha*** *uses kinetic energy. It was easier to go around the trees than through them.*

Exhausted from her run*, senior* ***Shelly Arlaud*** *stretches to recover her breath. Stretching kept muscles from cramping.*

Senior Shelly Arlaud *enjoys a laugh with senior Tosha Smith from North. Both found their awards to be comical.*

Planning their strategy *and stretching before a race was essential. Without stretching, muscles would snap like rubber bands.*

***Nervous about their race**, many stood on the sideline watching the other races. Adrenaline pumped their legs into overdrive.*

Hard Bodies

Cross country's 'girls of steel' make the miles

The season started August 17 with very few girls going out for the team, one freshman, four sophomores and one junior.

"We had a very young squad that learned lots and shows promise for future years," said coach **Carol Larsen**.

An average practice for these girls was running two to five miles and working out in the weight room.

"Sometimes we went to the Capitol Hills to work or the track to do conditioning," said freshman **Abi Burkhead**.

The team didn't finish as well overall as the girls did individually.

"We didn't have many runners, so we didn't score well as a team," said sophomore **Sarah Ingersoll**. "Most of us got our own best times and improved a great deal, though."

"We worked well together as an overall team," said sophomore **Nicole Slater**. "We were very close and supportive of each other. Everyone on the team was a friend, and we encouraged each other at practice."

The team always ran at a different place with different terrain.

"Ankeny was the worst place to run," said **Burkhead**. "The weather was horrible and there was so many hills."

"Hoover was the hardest because it was so boring," said **Ingersoll**. "It was just an open area and it took forever to run it."

All the girls laughed when Shelly Arlaud's car was mentioned.

"She had so many problems with her car, and finally, it literally fell apart on the way to a meet. We barely made it back to East, and we ended up having to ride on the floor of Mr. Graves' van with the guys cross country team," said **Slater**. "We still laugh about it."

The team believes that not many go out for cross country because of their fear of running over a mile, and putting forth effort and dedication, but they think it's worth it.

"Nicole Jacobs (top) was our number one varsity runner consistently all year. Sarah Ingersoll (bottom) ran consistently second for our team and shows lots of promise and leadership."

Carol Larson

Coach

All ears, *senior* ***Amy Flynn,*** *sophomore* ***Nicki Mooers*** *and senior* ***Jenny Young*** *stretch before a game. They were talking about the game and planing strategies.*

On a Roll

Varsity volleyball went undefeated in conference play for the 4th year straight

They did it again! The varsity volleyball team went undefeated in their conference for the fourth year in a row.

"It took a lot of practice but it was worth it, and we had fun too," said sophomore **Megan Hill**.

"I think people thought this was our year to rebuild, kind of like the 'under dogs,' and didn't expect us to go as far as we did," said junior **Jennifer Fallis**.

What about next season though, with four seniors leaving, two of which are starters?

"I think we have a good chance next season with half our starters coming back," said **Coach Lizz Beckman**. "It makes a difference when your younger starters are as experienced as ours."

"I know we'll do good, you can't focus on four people, it takes a whole team to win," said junior **Jessica Piper**.

"Even though two of our really experienced players, Amy Flynn and Jenny Young, are leaving, we still have a good future considering that Megan Hill,Crystal Leach and I have been playing together since junior high," said sophomore **Nicki Mooers**.

"We will have had plenty of practice when next season comes around with half the team playing for a winter volleyball team, Des Moines Juniors," said sophomore **Crystal Leach**.

Everyone has a positive outlook on next year's team. They are going for 5 years in a row undefeated.

Get ready! At one of the games senior **Heather Bailiff** bumps the ball for sophomore **Crystal Leach** to set.

Yeah, we know we're cute. *The girls were pumped up for the big Homecoming game. They beat Lincoln in the best of five series.*

ON BLEACHERS

Look out, *where's that ball going. The girls are standing in line as sophomore **Nicki Mooers** hits it. This was just one way the girls warmed up before the games.*

Burger King hats? *Sophomore **Crystal Leach,** sophomore **Nicki Mooers,** senior **Heather Bailiff,** senior **Amy Flynn,** and sophomore **Megan Hill** pose for the camera. The girls also colored their hair red and black and put black paint under their eyes for the Homecoming game.*

Good Luck
to
These Seniors

"I'm going to miss playing for East, but I plan on playing in college for either Grand View or Simpson."
_Senior
Amy Flynn

"We really worked hard in practice and it paid off, yet we still had a lot of fun."
—Senior
Heather Bailiff

"I think we surprised ourselves and did pretty well, however I was sad and am definitely going to miss it."
—Senior
Jenny Young

Showing their Scarlet spirit, *junior* ***Katie Anderson*** *and freshman* ***Stephanie Fallis*** *are getting psyched for a game. The JV team did well this year in all aspects of their game.*

Anxiously looking on, *junior* ***Jennifer Fallis,*** *sophomore* ***Kate Wieck,*** *and junior* ***Katie Anderson*** *study the play proposed by their coach,* ***Chaney Yeast.*** *First year JV Coach Yeast took over from former coach* ***Mary Decker****.*

Bump it! *Freshman* ***Kristin Tiedemann*** *prepare herself for the ball. The freshman team put in a lot o time and effort to make them the best they could be.*

Hitting the ball *around at practice, the freshma girls are having fun. With teamwork, at the end of th season their efforts paid off.*

Serving It Up

Volleyball gets addition— a sophomore team.

It's not all spiking, setting, bumping and serving for the volleyball teams. They also do push-ups, crunches, running and other daily exercises.

This year the exercises were the same but the players were different. Fewer juniors went out for the team than ever before.

"We had an unusally low number of juniors that tried out this year, about five," said JV **Coach Chaney Yeast.**

On the other hand, because of a very high number of sophomores and freshmen, a sophomore squad was added. Sophomores as well as freshman are still able to play on JV.

Sophomore **Holly Reese** said, "It was a lot of hard work, but we always had fun."

The team didn't have the best year but that was due in part to being so young.

"The girls were playing against other girls who were older and had more experience. They did very well considering that though," said freshman coach **Mary Decker**.

Junior **Jennifer Fallis** said, "I like the new coaches. They made the season fun and interesting."

Former varsity **coach Decker** said, "I love to watch them improve. But being the varsity coach for so long and now being the freshman coach is a big transition; it's like starting at a whole new level of play with the girls that don't know all that much about the game."

"Any year that you improve, it's a good one," said **Yeast**. "They're all good athletes and I'm looking forward to working with them next year."

"Even though we
didn't have
the most uplifting
season,
we never let our
Scarlet Spirit and
pride fall short of
the best."

Becca
Stamper
Sophomore

"It was
a lot of hard
work but we all
had a lot of fun
playing."

Stephanie
Fallis
Freshman

Brrrr! *Sophomores* ***Nick Kligopoulos*** *and* ***Joe Furby****, junior* ***Steve Webb****, and senior* ***Ron Pauscher*** *relax before their daily run. Wrestlers were dropped off at a certain point, where they ran back to school for practice.*

Giving 110%

Varsity wrestlers wrestle with intensity

"The key to success is dedication. Everyone has to be committed."
-Senior Scott Rourke

Imagine running 2.5 miles, doing drills in a 90 degree room and sweating like a waterfall for practice.

This is what varsity wrestlers face every day from 3-5 p.m.

"Practices are hard but that's what it takes to be a winning team," said 152-pound junior **Tim Leabo**.

Coach **Larry Jackson** believes that a dedicated wrestler should give 110% each time.

"I believe that it's important that my wrestlers step on the mat a man and come off the mat a man," said **Jackson**.

Jackson is in his first year as coach following former coach **Gary Rourke**, who retired.

"I like the way he pushes us to give 110%," said 125-pound sophomore **Ryan Shutt**. "He'll do anything to help us succeed."

Many believe that the team's philosophy, "Wrestle with Intensity," is a good idea to follow.

"It's a good quote," said assistant coach **Augie Guitierrez**, "because it's how a wrestler should win."

"Everyone goes into matches believing they can win," said **Jackson**. "I believe in everyone."

The coach thought that their hardest meets were against S.E. Polk and Dowling. Although they lost against Dowling, he said he was very proud of the them because they all wrestled with intensity, which showed dedication.

"We were there with the intensity, but our mental stability wasn't," said 103-pound sophomore **Nick Kligopoulos**.

To be the best, the wrestlers are responsible to give 110%.

"Many can be good, only one the best," said assistant coach **Dan Ryan**.

Let's get ready to rumble! *Sophomore* ***Nick Kligopoulos****, junior* ***Steve Webb****, and sophomore* ***Ryan Shutt*** *look relaxed and ready to go. East finished 13-11 overall in dual meets and placed 1st in the Roosevelt Invitational meet.*

1995-96

Varsity Wrestlers

Name	Weight
Z. Banks 4-14	130
B. Corbin 8-17	145
D. Donaldson 6-17	189
T. Dudley 5-9	160
J. Furby 21-11	135
N. Kligopoulous 27-5 State Qualifier	103
T. Leabo 18-12	152
J. Milligan 9-11	112
R. Pauscher 9-15	171
S. Rourke 28-5	140
R. Shutt 18-15	125
J. Spargo 9-15	Hwt.
S. Webb 16-19	119

At districts in Johnston, *sophomore* ***Joe Furby*** *gets in position to do a double-leg takedown. East finished in 5th place and sent one wrestler to State.*

Looking calm, *junior* ***Brian Corbin*** *and sophomore* ***Brian Johnson*** *patiently await for the sound of the whistle. Six minute drills were part of a daily routine for practice.*

Nice to meet you! *Senior* ***Tim Stroope*** *shakes the hand of an opponent. The varsity wrestlers kicked off the season with a win over Carlisle, 53-12.*

Pin your man! *Senior* ***Scott Rourke*** *pins Coach* ***Larry Jackson*** *during practice. Practices were usually held in a 90 degree room from 3-5 p.m.*

*During practice, sophomore **Brian Johnson** does a move on **Coach Dan Ryan**. Different moves have to be mastered in order to outwit opponents.*

Mat Victors

JV wrestling season is a surprising success

Wrestlers gain a lot of stamina and strength from hard work.

It is a very physical sport and they have to learn many things in practice.

"We learn high crotches, stand ups, singles and doubles," said sophomore **Brian Johnson**.

Wrestlers do many different things while preparing for a meet. Some just sit down and relax, others practice moves.

Freshman **Randle Cunningham** said, "We just kind of pump each other up before a meet."

The first meet a wrestler competes in can be hard. They are nerve-wracking and make a wrestler anxious.

"For my first meet I was very nervous," said sophomore **Billy Formaro**. "I just sat and thought about the meet for awhile."

Like all sports, wrestling has its good matches and its bad matches. One of the most memorable was against S.E. Polk.

Sophomore **Matt Logsdon** said, "I felt that it was our best match. We went in as underdogs and we beat the odds."

Losing can be tough, especially for wrestlers.

"When I lose I feel like I wasn't prepared and that I should have worked harder," said sophomore **Tim Page**.

Freshman **Brad Cochran** said, "I feel like I let the team down when I lose."

They set goals for themselves and as a team they worked together to accomplish them.

"I want to see them work to their potential," said **Coach Dan Ryan**. "I also want them to give it all they've got."

Freshman **Marty Signs** said, "My goal is to make varsity and get a letter for wrestling."

Kidding around*, sophomore *Ryan Rinehart *picks up senior* ***Tshiteya Tabuika****. Playing around helped keep team spirit up.*

On the sidelines*, the wrestling team watches a meet. These wrestlers were focusing on the season's upcoming meets.*

Behind every dummy *is a wrestler. Wrestlers used practice dummies like this one to learn new moves. This lovely opponent was no match for the skills of these EHS grapplers.*

Rolling on the mat*, sophomore* ***Tim Page*** *holds down freshman* ***Brad Cochran****. Intense practices like these helped prepare the wrestlers for their meets.*

"I became a manager because my sister had been one and I thought it would be fun."

Jodi Garner

"I wanted to get involved in school activities and being a manager was a good way."

Stephanie Beardsley

"I don't play sports and I thought it would be fun being a manager."

Judy Kligopoulous

Freshman Volleyball

EHS	vs.	Opponent
2	North	0
	Indianola Tourn.	
1	Norwalk	1
0	Indianola	2
0	Newton	2
0	Ankeny	2
1	Roosevelt	2
0	S.E. Polk	2
0	Hoover	2
0	Indianola	3
	Urbandale Tourn.	
0	Ames	2
0	Boone	2
1	ADM	1
1	Hoover	2
0	Dowling	3
0	Hoover	3
	Lincoln Tourn.	
2	Norwalk	0
1	Lincoln	1
2	North	0
1	Grandview Park	2
0	Roosevelt	2
	Dowling Tourn.	
0	Dowling	2
0	Roosevelt	2
1	Dowling	3
0	Lincoln	3
0	Marshalltown	3

Wrestling

EHS	vs.	Opponent
53	Carlisle	12
6th place	Newton Duals	
32	Lincoln	28
40	North	29
33	S.E. Polk	32
7th place	Boone Invit.	
24	Indianola	40
39	Norwalk	29
9	Urbandale	61
5th place	Urbandale Duals	
34	Roosevelt	27
60	Hoover	9
27	Dowling	30
1st place	Roosevelt Duals	
6th place	Conference	
5th place	Districts	
41st place	State Tourn.	

Boys Cross Country

Meets	Places
Urbandale Classic	5th
Hoover Invite	5th
Karpen Invite	4th
City Series	3rd
Ankeny Invite	8th
Cardinal Invite	4th
Urbandale Invite	2nd
Augustine Invite	4th
Conference Meet	6th
District Meet	9th

Girls Cross Country

Meets	Places
Ram Invite	9th
Urbandale Classic	10th
Hoover Invite	11th
Karpen Invite	4th
Cardinal Invite	8th
Urbandale Invite	4th
Hawkeye Invite	
City Series	4th
Conference Meet	8th
District Meet	16th

J.V. Volleyball

EHS	vs.	Opponent
3	North	0
1	Roosevelt	2
1	S.E. Polk	2
0	Hoover	3
0	Indianola	3
0	Dowling	3
	Indianola Tourney	
0	Indianola	2
0	Lincoln	2
0	Ankeny	2
0	Marshalltown	2
0	Lincoln	2
0	Marshalltown	2

Varsity Volleyball

EHS	vs.	Opponent
1	Ames Early Tourn.	1
0	Newton	2
2	Knoxville	0
0	Nevade	2
3	Ames	0
3	North	0
	S.E. Polk	
1	Urbandale Tourn.	1
0	CR Jefferson	2
2	Carroll Kuemper	0
2	Valley	0
2	CB Jefferson	0
2	Knoxville	1
1	Valley	1
1	Griswold	1
2	Iowa City High	0
2	Iowa City High	0
3	Carlisle	2
	Indianola	
2	Cedar Falls Tourn.	0
2	Cedar Falls	0
	C.E.W. of Elgin	
1	Cedar Falls Tourn.	1
0	Mt. Vernon	2
0	Waterloo Colombus	2
3	Gladbrook Reinbeck	0
	Hoover	
0	Urbandale Tourn.	2
0	Urbandale	2
2	Indianola	0
0	Boone	2
3	Johnston	2
	Roosevelt	
0	Cedar Rapids Tourn.	2
1	Dike	1
1	Dav. West	1
2	CR Kennedy	0
2	Ft. Aquinas	0
2	Roosevelt	0
3	Lincoln	1
3	Dowling	1
0	Lincoln	3
3	Marshalltown	0
2	Roosevelt (Dist)	3
	Ankeny	

Sophomore Volleyball

EHS	VS.	OPPONENT

SCORES NOT AVAILABLE

BOYS CROSS COUNTRY. Front Row: T. Vance, R. McIntosh, S. Ramirez, L. Lethcoe, E. Ramirez, B. Shepard. Back Row: K. Lightner, C. Donahue, D. Graves, K. Lightner, L. Larsen, J. Hibben.

VARSITY VOLLEYBALL. Front Row: J. Young, L. Vongphasouk, C. Leach, J. Piper. Row 2: J. Fallis, A. Flynn, H. Bailiff. Back Row: L. Beckman, M. Hill, N. Mooers, C. Yeast.

FRESHMAN VOLLEYBALL. front row: S. Widlund, J. Boozell, A. Schaffer, S. Moran, K. Tiedemann, L. Miller, T. Mathews. row 2: S. Hornocker, C. Reeves, A. Conlin, T. Lowe, S. Lore, J. Nelson, S. Denning, J. Hill. back row: S. Fallis, S. Iverson, J. Demoss, S. Mendenhall, J. Templeton, Coach Decker, K. Calhoun, N. Patterson, K. Cummins.

WRESTLING. Front Row: J. Kligopoulos, M. Gilliland, J. Garner, S. Beardsley, A. Fortner. Row 2: B. Carey, *C. Webber, M. Logston, *S. Peoel, R. Shutt, J. Milligan, N. Kligopoulos, Z. Banks, *M. Shines, R. Cunningham, B. Cochran. Row 3: D. Gibson, D. Martin, J. Embrey, *A. Schaff, T. Baker, M. Ross, S. Webb, R. Hale, B. Corbin, J. Furby, R. Rhinehart, T. Dudley, J. Mason, T. Kabuika. Row 4: T. Farley, J. Farrell, *S. Henderson, S. Milligan, B. Johnson, T. Herrera, Coach Ryan, Coach Jackson, Coach Gutievvez, Coach Boley, C. Ulmer, B. Howard, R. Hall, *J. Embrey, D. Suggett, T. Duffy. Back Row: *J. Rose, *S. Knout, J. Methany, T. Stroope, S. Rourke, R. Childs, J. Spargo, R. Pauscher, T. Leabo, J. Blackford, B. Knapp, *R. Knout [*did not finish season]

GIRLS CROSS COUNTRY. Front Row: S. Ingersoll, N. Jacobs. Back Row: K. Sawhill, Coach Larson, N. Slater, S. Arlaud. Not Pictured: A. Burkhead.

JV VOLLEYBALL. Front Row: N. Littel, K. Vahey, K. Wieck. Row 2: J. Piper, D. Bailey, J. Fallis, S. Matske. Back Row: K. Anderson, Coach Yeast, T. Hill, L. Medford.

SOPHOMORE VOLLEYBALL. Front Row: K. Wonders, A. Banks, B. Shanahan, B. Stamper. Row 2: J. Boozel, H. Reese, M. Boucher, T. McCann, M. Kimball. Back Row: K. Cummins, Coach Trogdon, S. Fallis, N. Patterson.

SCARLET WRESTLING

Dive On In

Not a lot of swimmers, but a lot of hope

The boys swim team did well this year sending five swimmers to Districts, but no one to State. The team only had 12 members.

Senior **Mick Wright** said, "I thought we did okay for the amount of people we had."

The coach, **Mark Hurley**, said, "We would have had a better year if we had a few more people. We need to work on recruiting more swimmers."

The team had a low number of swimmers, like the other schools, with the exception of Roosevelt and Hoover.

The reason for the low numbers might have to do with the fact that people aren't intrested in swimming. Guys don't want to shave their legs and heads. It takes a lot of determination and dedication to do what these guys do.

Senior **Jeremy Isaac** said, "We did pretty good even though we only had a few strong swimmers. As a team, we really pulled together when it came down to it."

"Coach Hurley was the best coach we could of had. He really worked with and helped us out," said **Wright.**

"I was real proud of all the swimmers, but we are going to have to work hard. We're losing four of our captains and a total of six seniors," said **Hurley.**

They had no morning practice and that might have been one of the problems of the team.

"We had the practices, but nobody showed up so we just canceled them," said manager **Brenda Faux.**

***Looking half dead**, senior **Mick Wright** stares into the camera at Lincoln's district meet. Five swimmers from East went to districts and came close to beating East's school record.*

Swimming anchor, *freshman* ***Ryan Witt*** *takes off in the boys meet against Roosevelt. Due to lack of participants, East's swim team was never able to pull off a victory.*

Taking the plunge, *seniors* ***Jeremy Isaac*** *and* ***Ted Nemmers,*** *and members of other teams prepare for hydro battle. Isaac and Nemmers considered themselves rivals.*

Gliding through the water, *senior* ***Jeremy Isaac*** *is in mid stroke of the breaststroke. Isaac's accomplishments in this event was an asset to the team.*

Taking a break, *sophomore* ***Josh Hayes,*** *freshman* ***Landon Heck,*** *and senior* ***Don Faux*** *confer on strategy between events. Swimmers took these opportunities to reflect on their performance.*

"I think I did well as an individual, but as a team we didn't do so well."

Ted Nemmers
Senior

"Even though a lot of people down-grade swimming, it is still very enjoyable. Swimming is not only physical, but also mental."

Landon Heck
Freshman

"I was having a really good season until a football injury caused a lack of motion in my arm."

Matt Clark
Senior

Strip tease! *Senior* **Anne Cady** *shows off her outfit before she puts on a dance in front of a crowd at Districts. Fooling around and making people laugh was how Cady kept the team entertained during meets.*

Coaches Stan Thompson *and* **Ken Gaeth's** *friendship was what kept them coaching together for twenty-five years. They celebrated their twenty-fifth anniversary with the end of the season.*

Successful Season

History makers and record breakers

The girls swim team will be remembered forever in the history books of East High. Together they broke records, individually they accomplished goals and as a team they finished with a winning season.

The girls broke many records and gained many friendships that will last forever.

"There were times I thought the swimmers were going to kill each other, but we were a close group. We took care of each other and pushed each other to our best," said **Crystal Patterson.**

"Our team had a lot of support from one another. We worked hard at practices and meets," said sophomore **Rennee Hesseltine.**

Goofing off and having fun were common at the swim meets.

"I remember when senior Anne Cady put on a dance at Districts, in front of a crowd of about 150 people, wearing only her softball t-socks, her tennis shoes and her swim suit," said sophomore **Amy Nemmers.**

The season couldn't have gone as well if it hadn't been for everyone's improvements throughout the three months of practice.

"Though this was my first year in swimming, I feel that I accomplished a lot," said freshman **Beth Drey.** "Within a few meets I was already swimming varsity."

The team will remember this season for not only the 5-4 winning season, but the overwhelming accomplishments they worked together for.

State Qualifiers

Mandy Suggett

100 Backstroke
(Record:1:05.47)

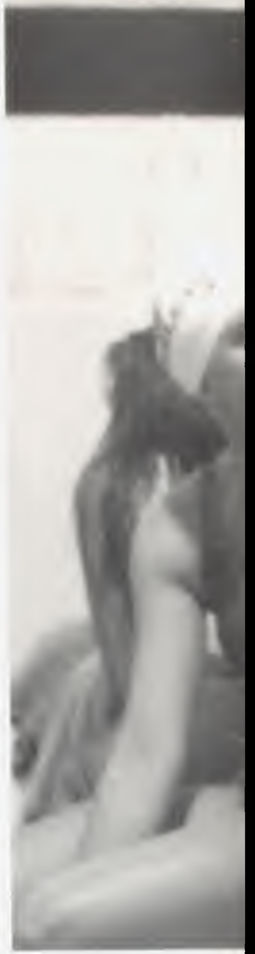
Lara Jones

100 Breaststroke
(Record:1:12.23)

Record Breakers

Mandy Suggett
Lara Jones
Crystal Patterson
Abby Lozano

200 Medley Relay
2:01.60
200 Free Relay
1:50.06

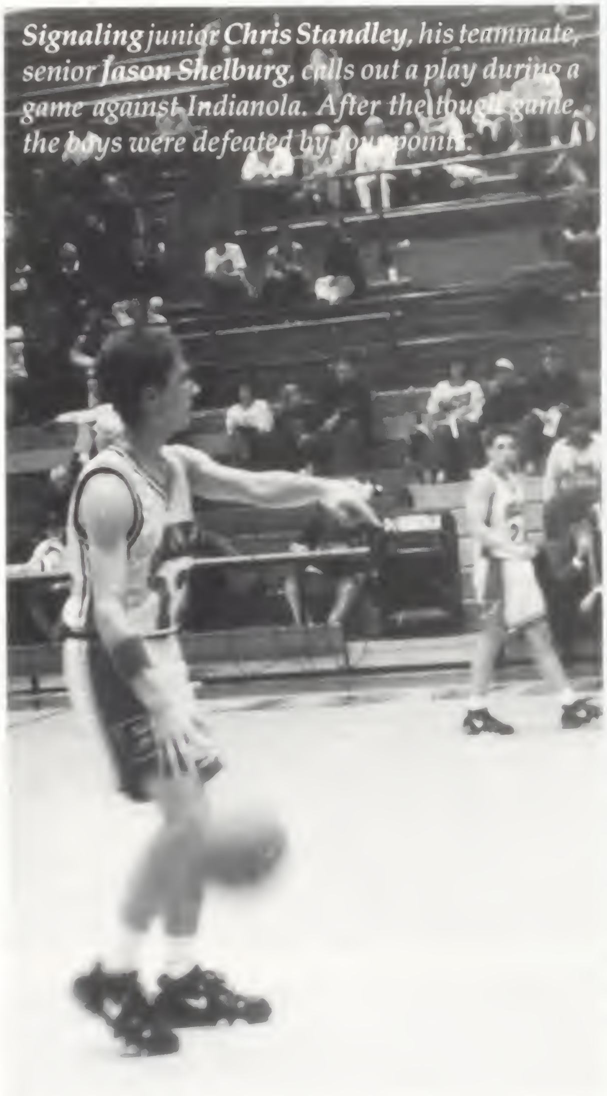


Keeping occupied *during the meet was often a problem. Senior* ***Anne Cady****, sophomore* ***Amy Nemmers****, and junior* ***Crystal Patterson*** *try to entertain one another. Often there were long waits between one's events.*

Staying relaxed *after warmups junior* ***Jamie Swacker****, freshman* ***Beth Drey****, and sophomores* ***Courntey McClelland*** *and* ***Laura Pastore*** *prepare for the meet. McClelland was named most improved swimmer.*

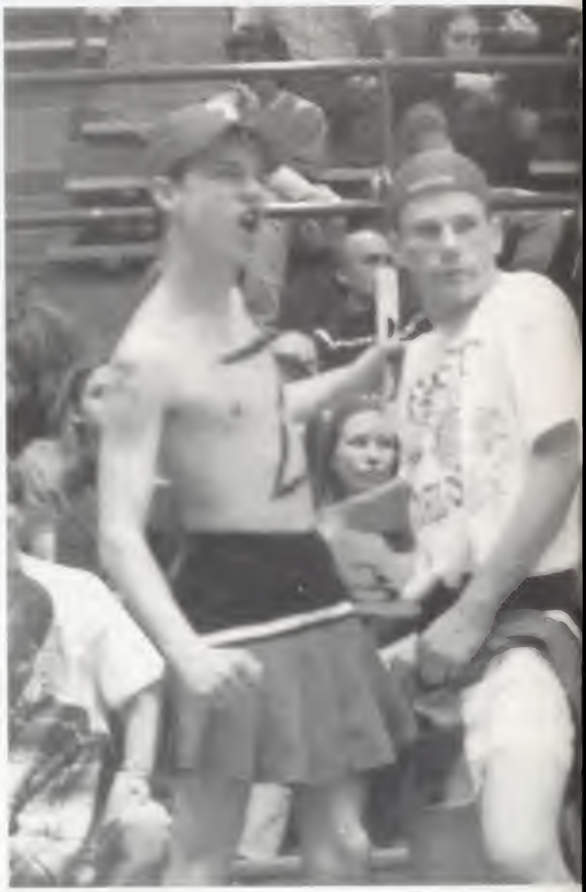
Ready to swim *a tough meet against Roosevelt, juniors* ***Lara Jones*** *and* ***Abby Lozano*** *and senior* ***Mandy Suggett*** *pause for a quick picture. The girls lost the meet against Roosevelt, but it didn't hurt their winning record.*

Waiting for the bus *to take them to their away meet, freshmen* ***Renee Hesseltine, Amy Nemmers****, and juniors* ***Abby Lozano, Lara Jones****, and* ***Crystal Patterson*** *bond. Bus rides were a new way to get to away meets.*



***Signaling** junior **Chris Standley**, his teammate, senior **Jason Shelburg**, calls out a play during a game against Indianola. After the tough game, the boys were defeated by four points.*

***Showing off their legs** and school spirit, senior **Andy Von Anhen**, **Ryan Childs**, **Ross Peterson** and **Rob Nowadsky** shout out some cheers. Th male cheerleaders made the crowds go crazy wit their funny outfits and wild performances.*



***Junior Kevin Lightner** gets ready for a play after a time out, so the team could discuss their plan. **Lightner** was one of 12 juniors who made up more than half the team.*

***Every point counts!** Senior **Jason Shelburg** shoots for a point at the free throw after an Indianola teammate fouls him. The competition was stiff and the boys were only defeated by 10 points or less in 9 out of 20 games.*

Off on a new foot

Varsity basketball boys take hopes to the rim

Ten seconds to go, you're sitting on the edge of your seat, East has the ball trailing by one. And then there it is, the last shot. It's in and the boys varsity basketball team wins another close game.

Many victories and defeats were decided in the last few seconds of intense close games.

"We lost a lot of games this year by six points or less that could have easily gone our way," said senior **Jason Shelburg**.

"The team has made an effort to play better which made the games close," said senior **Brad Zelenovich**.

The very first victory was against Ames, one of many close exciting games where the boys won.

"We were a lot closer in most of our games, and we stuck together as a team to win more games," said senior **William Brewton**.

"We worked harder and had four more wins then last year," said junior **Chris Standley**.

Their hard work, dedication and heart proved their teamwork to be successful and on the court.

"My highlight was breaking the old school record of 23 three-pointers. I tied the record at Indianola, then I broke the record on the first shot of the game against Ames," said **Shelburg**. "However, after that shot, I couldn't hit the side of a barn in broad daylight."

"Justin and I went to an Iowa basketball camp together last summer, so that has helped us out a lot," said junior **Kevin Lightner**.

But thinking ahead made the team wonder. How will things be different next year when a lot of the senior boys are gone?

"I think many of the juniors will have to step up and take leadership of the team and get to know each other so we can improve from there," said junior **Justin Bauman**.

Overall, the season has proved to be a very good one and more victorious for the Scarlets then it has been in many years. Their great effort, their practice and their love for the game paid off.

***Shoot it!** Junior **Chris Standley** decides whether to shoot the ball or pass it to a teammate. Deciding to shoot it, **Stanley** makes the needed three-point shot.*

"No wonder people say that experience is the best teacher. It has to happen, to teach us things we don't want to learn."

William Sitthisay

Freshman

"I think the season went OK as long as we improve for next year."

Kyle Williamson

Freshman

"We had a good year, but next year we'll try to do better."

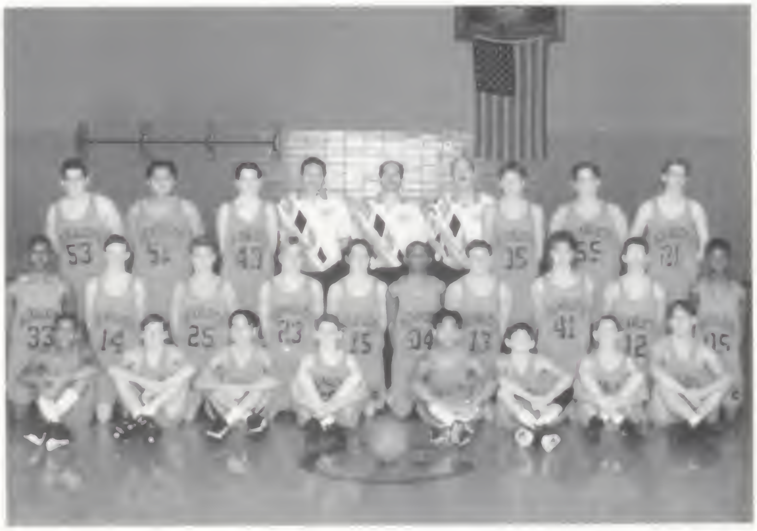
Chuck Mercer

Freshman

Taking a break *from the court, sophomore* ***Chris Merten*** *is blown away while sophomore* ***Jeff Edler*** *controls the wind tunnel. The sophomore team started the season with at least 25 guys and ended the season with about ten guys.*

Running back in*, freshman* ***William Sitthisay*** *tries to catch up with the team. The freshmen played most of their home games at Goodrell.*

TER WELDING
6



FRESHMAN B TEAM. FRONT ROW: M. Fowler, E. Short, L. Vang, J. Easter, S. Chineda, E. Shatz, B. Humphrey, T. Sudbrock. ROW 2: R. McCarrell, D. Wonders, J. Belcher, J. Nutt, D. Evans, C. Mercer, M. Stoker, J. Slaughter, A. Sparks, M. Gary. BACK ROW: R. Randolph, S. Kuang, J. Smith, Coach Mohler, Coach Fisher, Coach Jacobs, T. Bruce, R. Montis, S. Brueck.

Hoopin' It

Sophomore, freshman hoopsters ended with disappointing seasons

Although they didn't win many games and had almost the same records, the sophomore and freshman boys basketball teams had good seasons, yet were disappointed.

The sophomores had only two wins. Both those wins were against the Lincoln Railsplitters.

"We played them twice and they're the only team we beat; that's kind of sad," said sophomore **Justin Shelburg**.

The freshman A team only had one win, against Grandview and the B team also had only one win, against Indianola.

"We didn't have a lot of victories, but we had fun because we showed good sportsmanship," said freshman **Joe Wyckoff**.

Besides sportsmanship, one other thing games count on is attitude.

"We had a lot of talent, but our attitude at games was bad," said **Shelburg**. "Our practices weren't taken seriously and that's what rubbed off at the games."

Besides the talent, attitude and sportsmanship, the look doesn't really matter. What matters is how you play the game.

"We played pretty good, but we didn't play up to our ability," said sophomore **Genaro Mata**.

The sophomores' new basketball sweatshirts were banned by the varsity coach and the principal after being worn just one game day. The sweatshirts said, "Gotta have balls (which is a graphic) to play," on the front. On the back it said, "Scarlet sophomores. Head, heart and feet."

"It wasn't a big deal that our sweatshirts got banned because that's not what basketball is all about," said **sophomore Lance Lethcoe**.

"I thought it was a stupid idea to ban our sweatshirts because they gave us these cheap T-shirts to wear in place of them," said sophomore **Chris Merten**.

The freshmen didn't cause any controversy and managed to pick up a few pointers for themselves.

"I learned that when we're down by a lot of points not to give up, but just keep on playing," said freshman **Chuck Mercer**.

Some freshmen also learned to accept what they had coming to them.

"I learned that I wasn't as good as I thought because in previous years I have always played on the A team, but this year I played on the B team," said freshman **Ben Cowie**.

Basically the only difference between the sophomore and freshman basketball teams is that the sophomores have more knowledge of the game.

"We gained more knowledge of basketball- we knew it, but we didn't show it," said **Mata**.

"The freshman team will be back and better next year."
—Freshman ***Mike Mauk***

Standing around *after the referee blew his whistle to call a foul, these freshmen players realize they are behind by 12 points. The freshman team had to learn how to play as a team instead of individuals this year.*

"We had the talent to win games, but we didn't have the attitude."
Justin Shelburg
Sophomore

"We had enough heart and feet to play, but we didn't have the head."
Genaro Mata
Sophomore

"Even though we didn't do as good as we expected to do, we had a lot of fun."
Lance Lethcoe
Sophomore

"We practiced and played hard, but our teamwork needed improvement."
Jeff Edler
Sophomore

Swish!

Girls varsity basketball ends with 6-12 record

Tramping up and down the court, the Lady Scarlets ended the season with a 6-12 record. Even though their season had some ups and downs, the girls never gave up.

"Our season started out slow with a 0-10 record. By the middle of the season we won six games in a row," said senior guard **Jenny Young**.

"The season turned out better than we expected. Everyone didn't expect us to win many of our games as we did," said sophomore forward **Crystal Leach**.

During the season, the team had many goals they wanted to accomplish: to win games, play hard and have a decent record at the end of the season.

"Since we were a small team (in size), some of our goals were to shoot from the outside more and have good defense," said sophomore forward **Nicki Mooers**.

"Most important, we went out and played as a team," said **Young**.

With the help of **Coach George Davis**, the team never gave up hope.

"Coach Davis is a person who knows that if you want to get better, then he makes sure you do get better. He's easy to get along with," said **Mooers**.

With team vs. team scrimmages and the running and shooting drills, the girls know what it takes to be good basketball players.

"One, have a good winning attitude. Two, have skills, and three, be a hard worker," said **Young**.

The season had many good times.

"My highlight of the year was getting in a game," said sophomore guard **Beth Gale**, who was injured most of the season.

There were also embarrassing moments.

"We were playing at the Urbandale Tournament and I was running up the court when I tripped and slid across the floor," said **Leach**. " I was so embarrassed."

The Lady Scarlets not only learned to play as a team, but they all became good friends and learned not to give up for anything.

"We went out thinking positive. We went out trying to do what we know how to do best—that is, to play basketball," said **Young**.

Dribble! Dribble! Seniors ***Heather Bailiff*** *and* ***Amy Flynn*** *set up a play to take the ball to the hoop.*

*"**Swish**" is what sophomore **Nicki Mooers** is thinking as she shoots for two at the Jamboree against Marshalltown, held in November at Drake's Knapp Center.*

***The team** surrounds **Coach Davis** as he runs through a play during a time out against Marshalltown.*

***Here they go!** Sophomore **Nicki Mooers** and senior **Jenny Young** sprint after the ball during a game. **Mooers** is one of the three sophomores in the starting line-up.*

"We were doing a rebounding drill and I was the only one who couldn't touch the rim."

Beth Gale
Guard

"An opponent blocked Maya Coleman's pass and the ball bounced off her head and went off the sidelines."

Jenny Young
Guard

"Scoring 16 points against Hoover High was my highlight of my first year playing for EHS."

Crystal Leach
Forward

"My most memorable time was our last game against Roosevelt where we lost by two."

Nicki Mooers
Forward

Slam Dunk

There's an athlete in all of us

Every season changes, and with every season there is a different sport. The freshman and sophomore girls basketball season has been a memorable one.

"Each person has improved in their own way throughout the year. I noticed it when game times came," said sophomore coach **Lowell Long**.

Although games were close neither team gave up fighting.

"I like playing basketball better this year than last because I've had more fun," said sophomore **Kristie Vahey**.

Freshman and sophomore girls put in numerous nights practicing for the games. Many girls found that practice was the key to a successful game.

"Everybody improved this year. We improved our record. We had good attitudes and worked hard at practices. It showed at game times," said freshman **Stacey Zelenovich**.

The freshman record was a tremendous change from years past. Many girls played their freshman year with only a couple of wins. This year they were 6-8. Although the sophomores had a great season they only won 4 games.

"I think that Amanda (Grant) and I had to come together and be leaders on the team this year because we were the captains," said sophomore **Kendra Sawhill**.

Injuries are a part of playing sports, and the freshman team found that out. Many of the girls had injuries due to collisions at the games.

"Abi Burkhead was one of the girls that got hurt this year. She sprained her ankle. Also, I had to get stitches this year because another girl and I collided," said freshman **Kari Cummins.**

***Waiting for the ball to be shot**, sophmores **Nicki Mooers** and **Crystal Leach** await the freethrow attempt by senior **Jennifer Young**. It was crucial for the players to commit a foul in the last seconds of the game when they were close, such as the game against Johnston in which the team lost 31-33.*

***Chatting about being announced**, freshman **Shawna Lore, Tracey Lowe** and **Abi Burkehead** stand around feeling a little embarrased. The team was announced at the winter assembly. held in December.*

Taking a break *after a hard game, sophomores* ***Kristie Vahey*** *and* ***Amanda Grant*** *pose for a picture. Becoming friends made communicating easier in games which made the basketball season worth while .*

EAST
Cadets

Showing their love, *freshman* ***Abi Burkhead*** *and sophomore* ***Kendra Sawhill*** *give* ***Coach Davis*** *a big hug from each side. Many of the players felt comfortable enough to go talk to their coaches.*

Being announced, *freshman* ***Anesa Gardner*** *intently steps forward to hear her name as her teammates cheered her on. Hearing fans scream in support was very encouraging to the team.*

"Team work was a key to playing with the team.Over all it was a good experience."

Nikki Payton

Center

"Everyone had their differences but we'd always work it out."

Keri Sawhill

Small Forward

"I had fun playing this year and I think it will be memorable."

Heather McCarl

Guard

Girls Varsity Basketball

EHS	vs.	Opponent
31	Marshalltown	36
47	Johnston	56
45	Roosevelt	65
56	SE Polk	71
40	Jefferson	52
41	Ankeny	68
35	Indianola	61
29	Ames	47
46	Lincoln	86
40	Dowling	91
44	Hoover	49
66	North	58
38	Roosevelt	42
58	SE Polk	50
48	Lincoln	92
62	Waukee	26
41	Dowling	94
47	Hoover	46
60	North	55
56	Indianola	54
46	Roosevelt	51

Boys Freshman Basketball

EHS	vs.	Opponent
26	Roosevelt A	53
33	Roosevelt B	64
30	S.E. Polk A	60
22	S.E. Polk B	56
37	Valley A	83
27	Indianola A	72
30	Indianola B	36
42	Lincoln A	91
44	Lincoln B	60
39	Dowling A	84
30	Dowling B	98
43	Hoover A	80
19	Hoover B	55
49	North A	61
38	North B	68
38	Roosevelt A	63
31	Roosevelt B	45
36	Lincoln A	77
43	Lincoln B	68
37	Indianola A	48
59	Indianola B	55
40	S.E. Polk A	84
53	S.E. Polk B	62
25	Hoover A	56
34	Hoover B	50
49	Grandview Baptist A	46
46	North A	68
36	North B	66
35	Dowling A	61
30	Dowling B	70

Girls Sophomore Basketball

EHS	vs.	Opponent
31	Johnston	33
41	Roosevelt	37
37	S.E. Polk	62
27	Ankeny	54
45	Indianola	60
25	Ames	30
27	Lincoln	70
30	Urbandale	62
31	Dowling	75
41	Hoover	47
37	North	33
18	Roosevelt	36
28	S.E. Polk	51
34	Lincoln	73
52	Waukee	28
24	Dowling	57
47	Hoover	50
40	Ames	15
29	North	32
37	Indianola	47

Boys Varsity Basketball

EHS	vs.	Opponent
35	Urbandale	71
65	Ames	62
65	Ankeny	93
66	Indianola	71
55	Lincoln	60
75	Dowling	79
59	Hoover	56
88	North	65
81	Roosevelt	96
58	S.E. Polk	66
60	Lincoln	63
55	Dowling	75
65	Hoover	66
57	Indianola	66
72	Ames	60
75	North	62
59	Roosevelt	70
47	S.E. Polk	54
59	Johnston	70
48	S.E. Polk	51

Girls Swimming

EHS	vs.	Opponent
96	North	61
113	Perry	53
36	S.E. Polk	62
64	Indianola	99
98	Hoover	70
63	Roosevelt	117
98	Boone	85
50	Dowling	119
4th	S.E. Polk Invite	
87	Lincoln	83

Girls Freshman Basketball

EHS	vs.	Opponent
34	Winterset A	23
30	Johnston A	14
23	Roosevelt A	40
11	Roosevelt B	35
14	S.E. Polk A	30
13	S.E. Polk B	36
21	Marshalltown A	32
24	Indianola A	50
18	Indianola B	25
42	Lincoln A	50
26	Lincoln B	32
30	Winterset A	18
21	Dowling A	52
24	Dowling B	28
28	Hoover A	32
16	Hoover B	48
34	Grand View Park A	28
44	North A	21
20	North B	19
53	Roosevelt A	50
19	Roosevelt B	31
23	Lincoln A	65
19	Lincoln B	45
16	Indianola A	55
45	Indianola B	37
34	S.E. Polk A	43
25	S.E. Polk B	32
21	Hoover A	48
13	Hoover B	52
47	North A	23
17	North B	27

Boys Swimming

EHS	vs.	Opponent
50	Lincoln	116
73	North	96
8th	Polar Bear Invite	
23	S.E. Polk	71
46	Perry	50
30	Grinnell	63
58	Indianola	106
6th	Rams Relays	
32	Roosevelt	129
40	Hoover	130
36	Dowling	132

Boys Sophomore Basketball

SCORES NOT AVAILABLE

GIRLS SWIMMING Front Row: Coach Gaeth, C. McClelland, L. Jones, A. Cady, J. Swacker, M. Suggett, L. Rice, C. Patterson, M. Wood. Back Row: L. Pastore, L. King, B. Drey, H. Payne, R. Hesseltine, A. Nemmers, A. Lozano, Coach Thompson.

GIRLS VARSITY BASKETBALL Front Row: B. Gale, H. Bailiff, J. Young, A. Flynn, C. Patterson, Row 2: A. Nemmers, C. Leach, R. Hesseltine, M. Coleman, C. Taha. Back Row: A. Swayne, N. Mooers, M. Hill, Coach Davis, Coach Luther, N. Patton, J. Piper, K. Anderson.

GIRLS SOPHOMORE BASKETBALL. Front Row: L. Childs Row 2: K. Thorton, D. Mathias, A. Grant, K. Vahey, Row 3: H. McCarl, S. Pruitt, R. Hesseltine, A. Franklin, K. Scarlett. Back Row: M. Coleman, Kendra Sawhill, Keri Sawhill, H. Reese.

GIRLS FRESHMAN BASKETBALL Front Row: N. Atkinson, S. Widlund, S. Denning, S. Hornocker, S. Cordines, J. Hill, S. Root Row 2: D. Anderson, T. Lowe, M. Staley, A. Burkhead, A. Conlin, S. Lore. Back Row: J. Jackson, A. Gardner, K. Cummins, Coach Morton, M. Garlick, S. Kelley, S. Zelenovich.

BOYS SWIMMING. Front Row: L. Heck, J. Isaac, J. Wedman, E. Taylor. Row 2: P. Gilbert, D. Faux, B. Porter, J. Hayes. Back Row: R. Witt, M. Wright, T. Nemmers, Coach Hurley, Coach Blair, M. Clark, J. Grother.

BOYS VARSITY BASKETBALL. Front Row: T. Taylor, A. McFadden, J. Shelburg, C. Miller, M. Leonard, C. Standley, J. Clarkson, N. Akinouye. Back Row: L. Bundy, B. Zelenovich, P. Lowe, W. Brewton, T. Clark, Coach Sutherland, J. Bauman, Coach Collins, J. Cason, K. Lightner, L. Larsen, J. Kyburz.

BOYS SOPHOMORE BASKETBALL. Front Row: L. Lethcoe, R. Bennett, C. Merten, D. Lopez, S. Southammavong, R. Slaughter, C. Stewart. Back Row: G. Mata, P. Akiknuoye, C. Foy, Coach Hill, J. Elder, Coach Boyles, A. Colvert, G. Owens, O. Hacknarath.

BOYS FRESHMAN BASKETBALL TEAM A. Front Row: A. Snyder, W. Sitthisay, L. Hayworth, S. Satterfield, M. Mauk. Row 2: B. Cowie, F. Wright, M. Kingrey, K. Williamson, S. Juanides, A. Robinson. Back Row: N. Robinson, J. Wycoff, Coach Mohler, Coach Fisher, Coach Jacobs, N. Hartkopp, M. Mitchell

The Pieces Fit

The year has ended and the pieces fit making a complete puzzle.

Well, look at us now. All grown-up and ready to step out into the real world. The year has ended. Seniors have seen their last homecoming, cheered the last basketball game, attended the last pep assembly and danced one last prom.

With Class Day and the graduation ceremony 331 high school careers slowly come to a close, and with that the last piece of the puzzle is fit into place. The puzzle is complete.

Through all the adversity from the outside world they stuck together and didn't let East High pride die. They pulled together during the bad times and, together, worked them out.

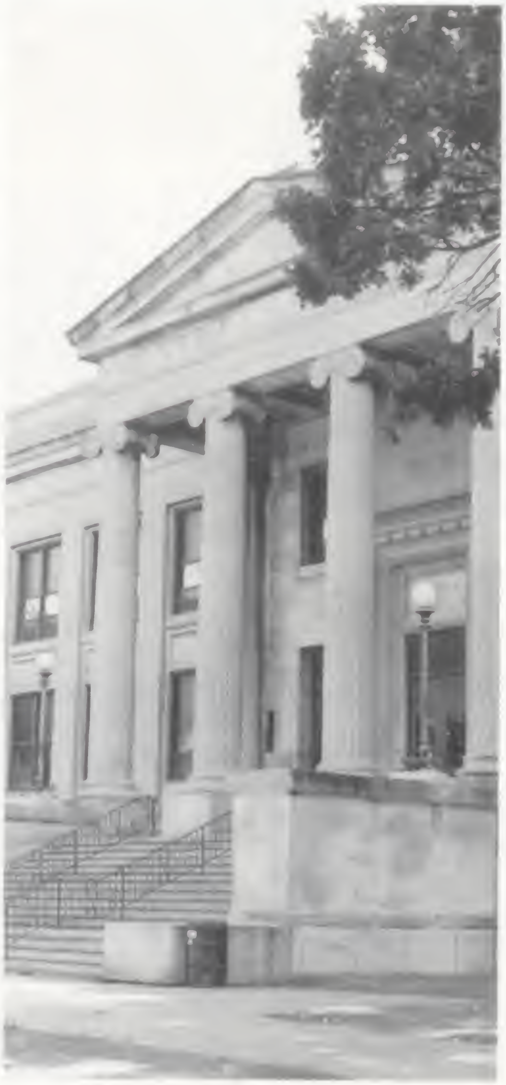
East is a family and every person— black,white, boy, girl— is a piece of this diverse puzzle.

Now it's time to search for new pieces. Take the experiences gained at East and use them to help sort out future plans. Always hold the memories tight.

For freshmen the puzzle is still a mystery, make it a memorable one.

Good-bye East High.

***Together we can work it out**. Seniors **Lee Vang** and **Leasie Griffin** are two of the members of the Diversity Council. They held their meeting during lunch in the cafeteria where around fifty students attended.*



***Never let your East High** spirit fade. East High was built in 1912. The ivory on the front of the building comes from Harvard. It is also the third largest school in the Des Moines and West Des Moines area.*

__Senior Anne Cady__ has played in the East band for four years. Her dedication and practice paid off. The beat goes on as seniors go off on their own to create their own futures.

NON-ATHLETIC LEADERS. Front Row: Christy Grasso, Kristie Kimbley, Valerie James, Darvette Smith, Row 2: Shawntay Murray, Shawna Finch, Stacey Zelenovich, Kate Olsen, Back Row: Sherida Oltman, Kathy Waldron, Pam Patton, Angela Parsons, Angie Moyle.

EAST
STEPPERS
96
EAST

__Pep assemblies__ are what brought the students together every few weeks. Pep E Club brought the spirit while Steppers, Colorguard, SDS and the band brought the entertainment. Teachers could even be found singing at some of the assemblies.

__They can still have fun__ in spite of the freezing temperatures. Sophomores __Jared Rose, David Suggett, Amanda Grant, Kim Loose, Jamie Hayes__ and senior __Chad Barnes__ hudle closer to stay warmer at the football game.

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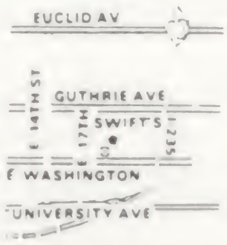

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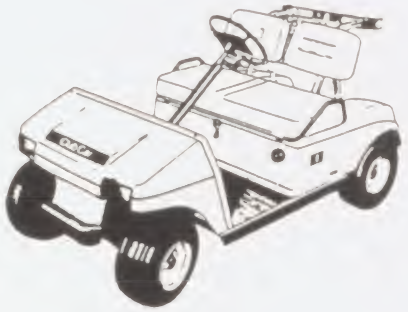

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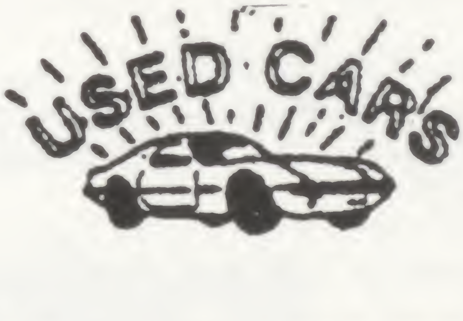

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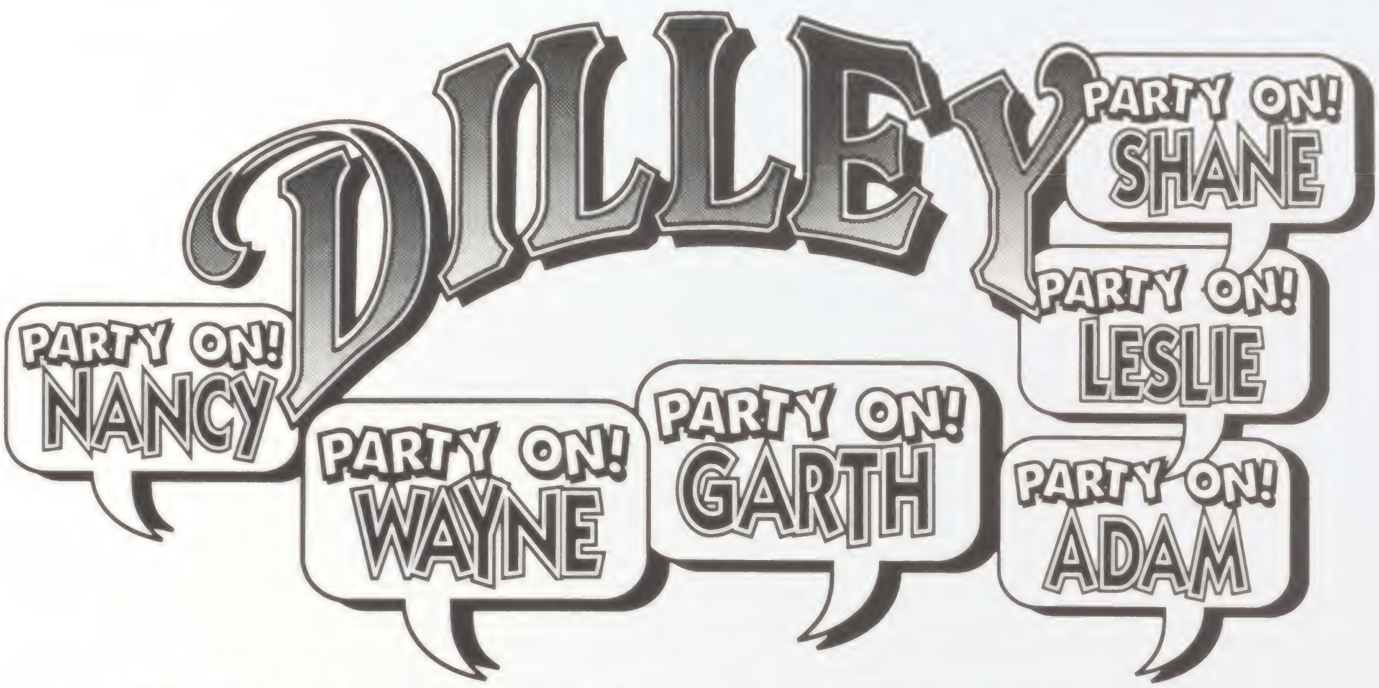
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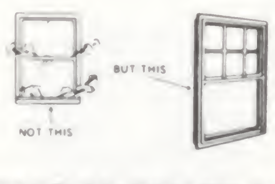
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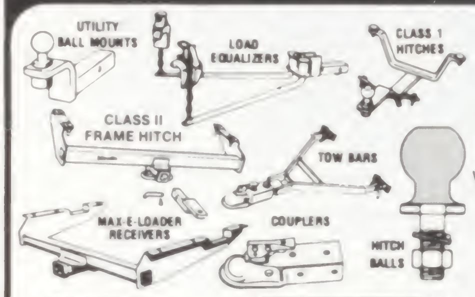

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Nick Delacca
Amy Flynn
Missy Garrett
Christy Grasso
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Tammy Halbur
Emily Henry
Jason Kristofek
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Ross Peterson
Scott Rourke
Mandy Sugget
Mick Wright
Andrew Van Ahnen
Brad Zelenovich

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Congratulations Graduates!

Chad Ira	1988
Scott Swacker	1989
Kaylee Brown	1990
Michelle Williams	1990
Stephanie Ira	1990
Amy Brown	1990
Kristie Swacker	1991
Sarah Brown	1992
Andrea Brown	1992
Kellie Swacker	1992
Erin Brown	1995

Present Students

Lara Jones	1997
Jamie Swacker	1997

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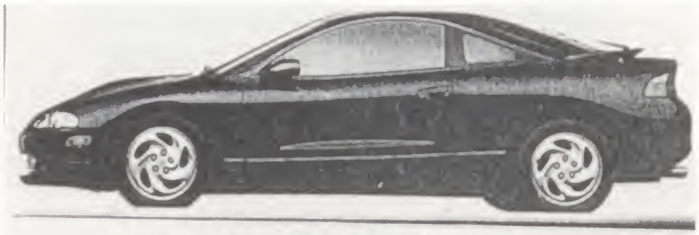

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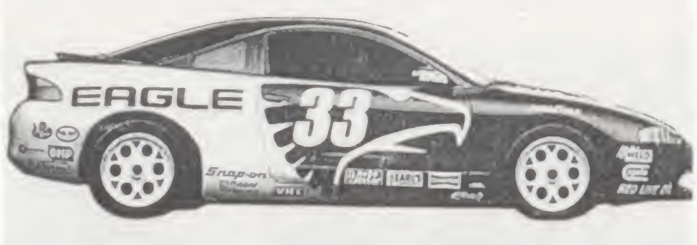

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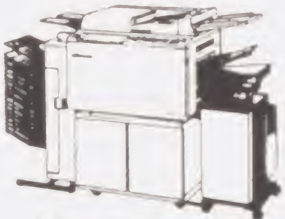
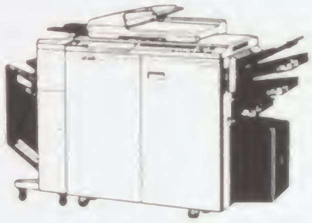

Mita DC-4685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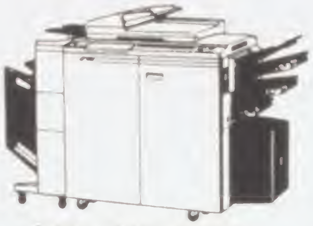
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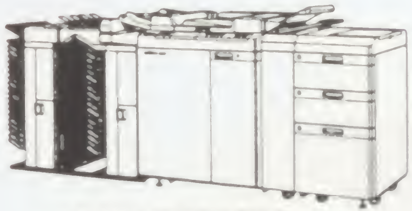
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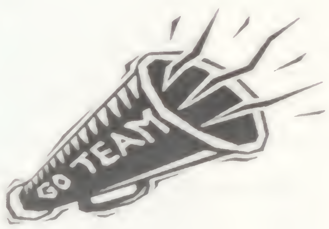

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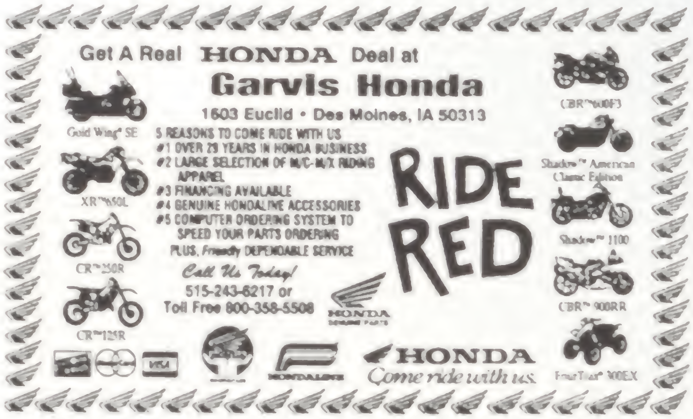
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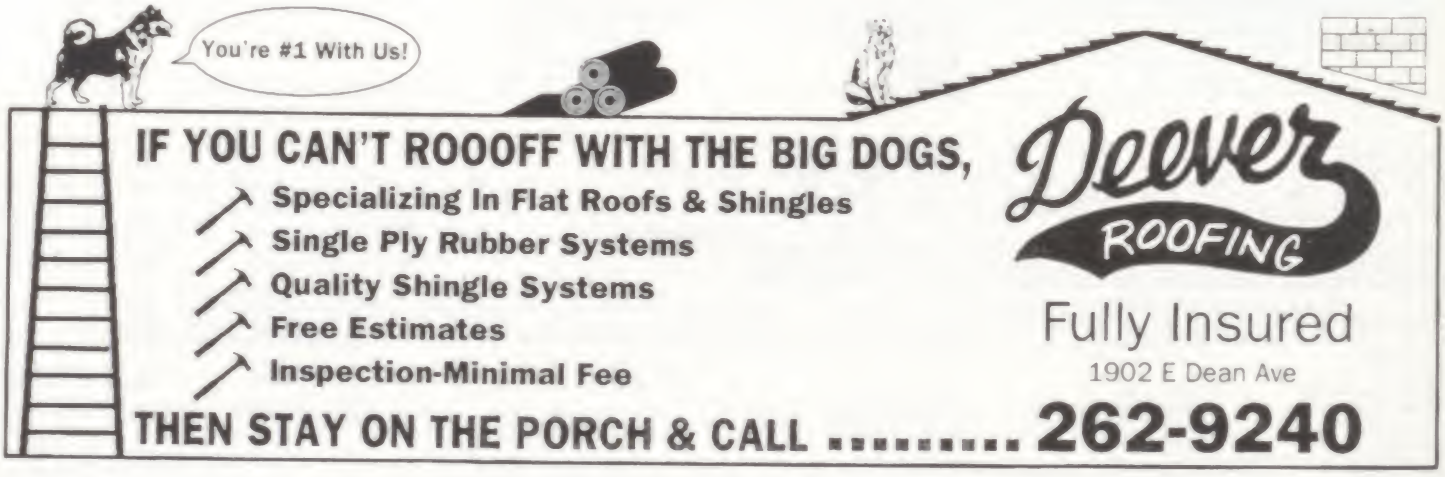
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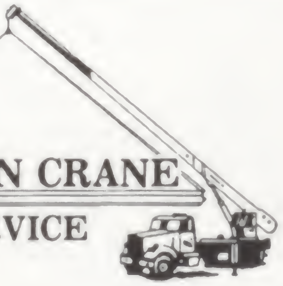

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- In Poland on Easter Monday, boys and girls celebrate by throwing water on one another.
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- On New Year's Eve in Spain, people drink champagne at midnight and eat one grape for every stroke of the clock.
- The Austrian tradition on National Day, October 26, is to go mountain climbing.
- On November 2, the Day of the Dead, Mexican families have picnics by the graves of their relatives.
- On March 3, the Girls' Festival in Japan, each family with a girl child sets up an elaborate display of dolls.
- For Palio, a regional festival in Siena, Italy, there is a horse race in the town square.
- Chileans believe that saying "rabbit" immediately after midnight on New Year's Eve brings good luck.

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Promise Keepers	4:00 p.m.
Orchestra Rehearsal	4:30 p.m.
Prayer	5:00 p.m.
Evening Service	5:30 a.m.
WEDNESDAY	
Bible Study	7:00 p.m.
Light Force Youth	7:00 p.m.
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Senior Steppers

Back: Misty Gilleland, Kim Green
Middle: Laura McCoy
Front: Kristie Kimbley, Jennifer Quijano,
Amanda Smith

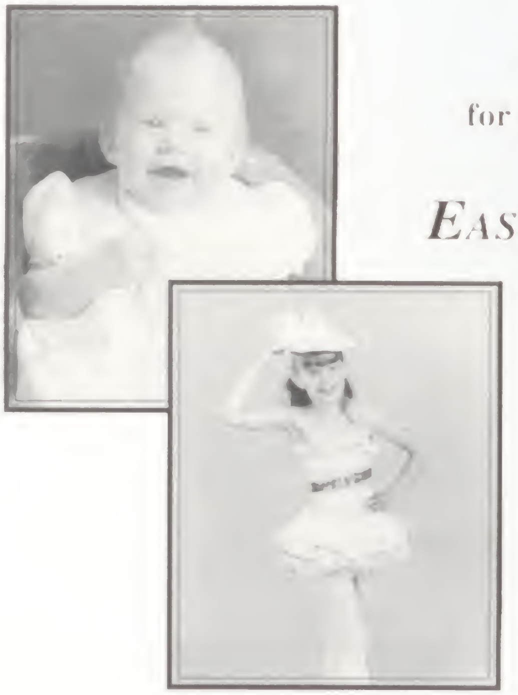
-Senior Steppers-
You're the best!
We'll miss you more
than
you'd ever guess.
Good luck next year,
and years to come.
To us, you'll always
be #1!

Love,
Steppers

Back Row: Jennifer Grund, Erika Gervais, Danielle Bell, Kate Pagel,
Stephanie Bernard, Carrie Whalen, Tascha Torgeson
Middle: Elizabeth Govoni, Jennifer Booth, Ashley Aldini, Sarah
Cingsorti, Jill Nowadzky, Christi Fetters
Front: Bethanie Root, Sarah Halsten

CONGRATULATIONS! — Diana Lynn Bushong

Class of '96



We are *Proud* of you
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Love,

Dad '65, Mom '70,
Paul '91, Brad '93,
Michael '00

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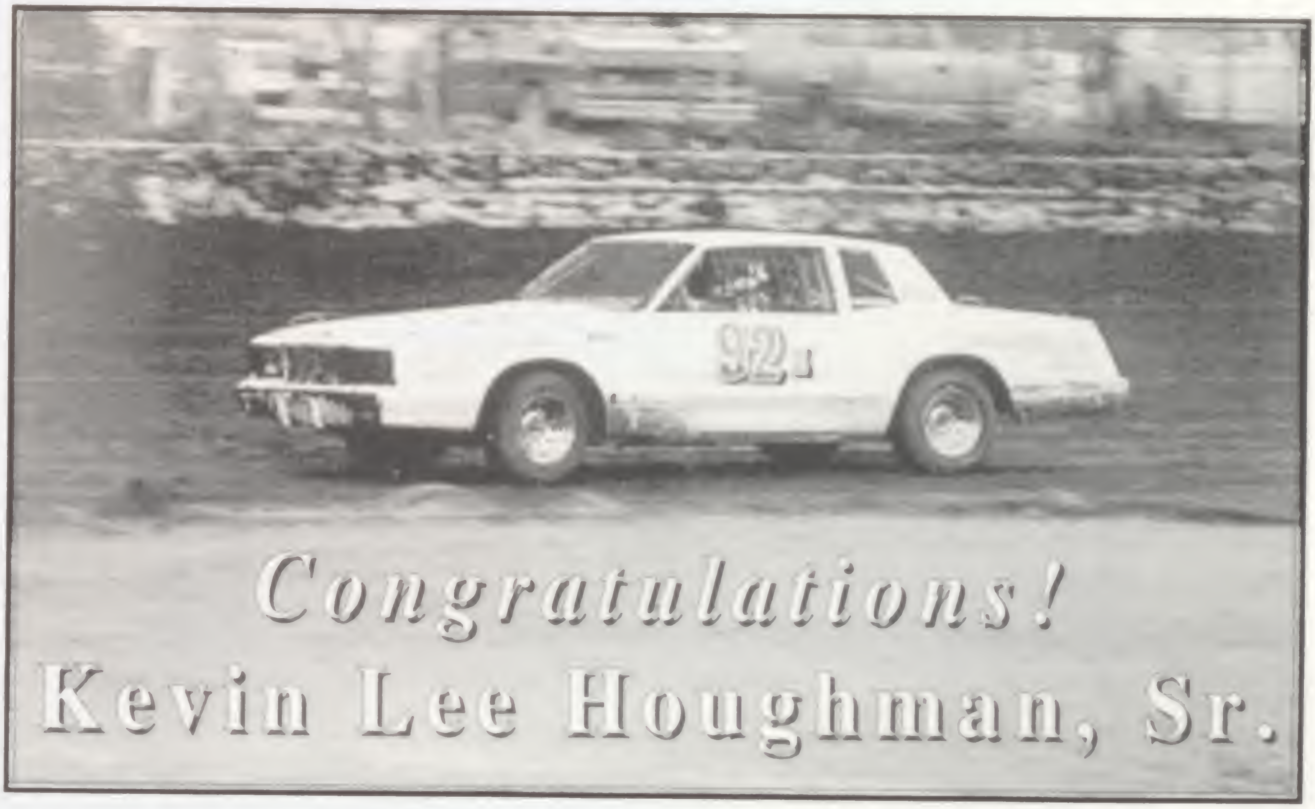
92
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Thera Leverett
Andrew Von Ahnen
Carey Losenicky
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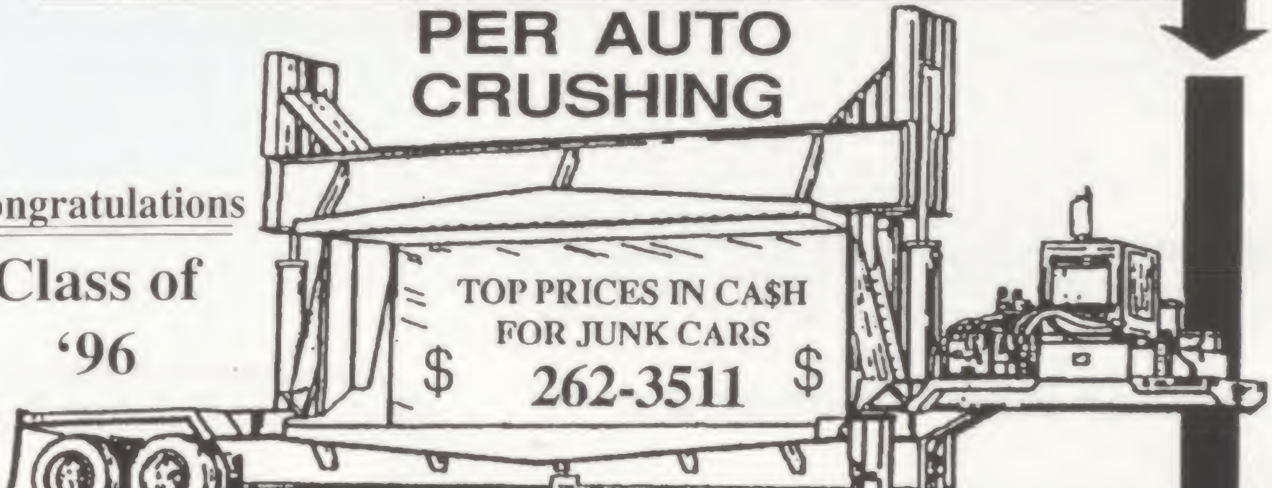

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GOOD LUCK SENIORS!

Front Row: Christy Grasso; 2nd Row: Ranae Charron, Sue Lee;3rd Row: Emily Henry, Michelle Vail, Tammy Halbur; Back Row: Darvette Smith, Missy Garrett, La Vongphasouk
Not Pictured: Amanda Nalevanko

From the

Junior**, **Sophomore** and **Freshman

Cheerleaders

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Tammy Halbur!

Love,

Mom & Dad,
Erna, Kenny, Cheryl, & Yvonne

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Mom, Rick, and Clara

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Brian Archer

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and all you have achieved.
We know the future holds
all that you have ever hoped for.

Love,
Mom, Dad,
Wendi & Brad

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Congratulations Jeremy Isaac!

May you always:

Soar with the eagles,
Catch big sharks,
Dive in calm waters,
And swim like the wind.

Congratulations!

We are proud of you!

Love,

Mom ('67), Dad, Heather ('92), Grandma, —and Grandpa from Heaven

CLASS OF '96

Mike Adams

Michael:
You will always have our love. May you always choose the right path in life for a successful and happy life.
Love,
Mom, Dad, and Melanie

Erik Davis

Erik:
May your future be bright and successful and the "greed" friendships endure.
Love,
Mom, Dad, Amanda, and Mary

Mike McDowell

Mikey:
You've always been a source of pride and happiness to us and always will be. Your future is bright son. Always remember—you can do anything if you want it bad enough.
Love always,
Mom, Dad, Tony, Jason, Tina, Ed and Ashley
May God bless and keep you always.

— Forever Young —

May the Good Lord be with you
down every road you roam
And may sunshine and happiness surround you
when you're far from home
And may you grow to be proud, dignified and true.
And do unto others as you'd have done to you.
Be courageous and be brave and in our hearts
you'll always stay... ***Forever young.***

May good fortune be with you.
May your guiding light be strong.
Build a stairway to Heaven as a prince or vagabond
And may you never love in vain
And in our hearts you will remain... ***Forever young.***

And when you finally fly away
you will be hoping that we served you well
For all the wisdom of a lifetime no one can ever tell
But whatever road you choose
we're right behind you win or lose...

Forever young.

Congratulations!

KRISTIE KIMBLEY

You have achieved many accomplishments
in your life and we are proud of you.

Remember Yesterday
Live For Today
Dream For Tomorrow

We Love You!
Dad, Mom, & Michelle

¡ Felicitaciones Seniors!

¡ Buena Suerte!

El Club de Español

Best Wishes to — MELISSA DEEANN GARRETT
and to —
The Class of '96

You are the Angel God sent to us to care for and to love.
You have made the "love" part real easy.
You have presented a few challenges,
but the "love" was easy.

Set no limitations, and pursue your every plan.
Just know that your potential will lead you to success.
May you be blessed wth a future
that fulfills your every dream.

We are very proud of all that you have accomplished,
and have so much respect for who you have become.

WE LOVE YOU VERY MUCH
MOM & JIM
Terri (Hardenbrook) Akins — Class of '67
Michelle (Garrett) Harmon — Class of '87
Kevin Harmon — Class of '86

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CONGRATULATIONS

To our Future History and Political Science Professor

—Teresa Lynn Rayman—

From your first school year to your last,
you have never ceased to amaze us.
With each new year
you have made us prouder
than the last.

As you enter college
and begin your journey through life,
may God continue to watch over you
and bless you
each day of your life.

Love you Always,

Mom & Dad

East High Debate

A TRADITION OF EXCELLENCE... WELL, MAYBE WHEN YOU JOIN.

Top 5 reasons to debate for Mr. Miller next year:

5. STAY LATE AND CUT CARDS WITH THE EVIDENCE ELVES.
4. FIND OUT WHO DAVE HILL IS.
3. IT'S THE LAST YEAR BEFORE THE COPIER SECURITY CODE GOES INTO EFFECT.
2. ONE WORD: DOOM
1. WALK WITH HEIDEGGER DOWN THE WOODPATH.

CONGRATULATIONS

- Matt and Gary on winning second place in champ at Roosevelt
- Novices Sara and Jamie advancing to Semis at Iowa City West
- Novices Panda and Lauren advancing to quarters at Iowa City West

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FULL
Crystal Clear
Remove label from Cap then just put water bottle in place. NO SPLASH

CONGRATULATIONS — JODIE NICOLE SCHLOTTERBECK !

**We have watched you
grow into adulthood
and have seen both
laughter and tears
through the years.**

**We want you to know
how proud we are of you
for all of your
accomplishments and
for being the daughter,
sister, and granddaughter
that you are today.**

Lots of Love,

Mom, Dad, Tracie, Jessica, Grandma and Grandpa

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Congratulations Sarah!

From —

Mom,
Dad,
&
Brandi

Row 1: Amy Goddard, Nicole Kock, Julie Johnson. Row 2: Danielle Blue, Jenni Myers, Angie Carey, Tim Sams, Liz Metford. Row 3: Jennifer Campbell, Anand Gobin, Angie Beason, Adam McFadden, Jojo Jackson. Row 4: Mike Charvet, Joe Robinson, Nathan Richards. Not Pictured: DeEnda Lopez, Amy Hollingsworth, Phil Richards, Lisa Dix, Tom Eddis, Jeff Voll, Chao Vang

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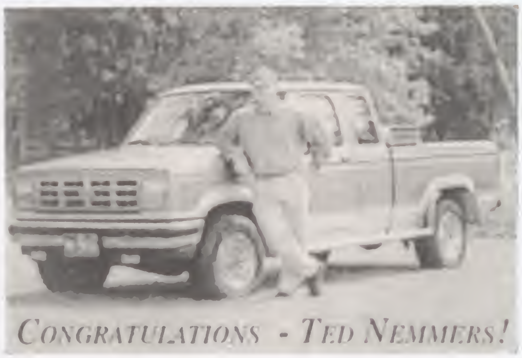

Love,
Dad,
Mom, 1969
Jennifer, 1995
Amy, 1998
Ryan, 2000

CONGRATULATIONS - TED NEMMERS!

—We are *PROUD* of You!—

Congratulations, Mandy!

You have always made us proud!
Love,
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Congratulations! Ali Burkhead

—WE ARE SO PROUD OF YOU!—

"In all thy ways
acknowledge him,
and
he shall direct
thy path."
(Prov. 3:6)

Love,
Mom, Dad and Abi

Billy –

As you know, it's been a long hard road to reach this goal – but now you have.

We wanted you to know that we are extremely proud of you and that surely Gramps is watching over you with such pride and love.

So go forward and know that you can achieve anything that you set your mind and heart to do.

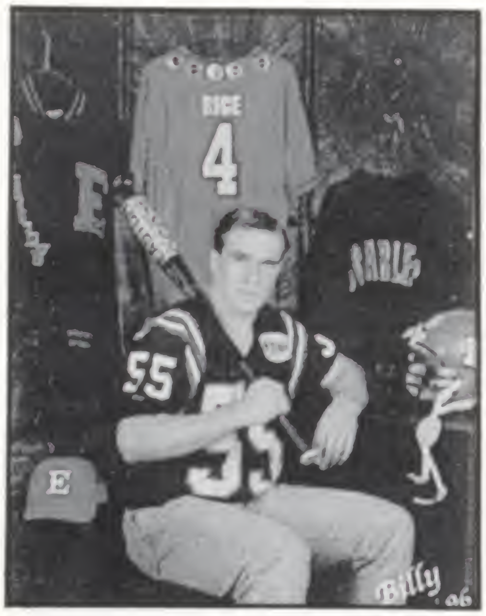
You will be a success!

We Love You ,

Grammaw, Aunt Deb, Uncle Joe, Grandma Jackson, Uncle Craig and Rose.

Congratulations! !

Billy Rice, Jr.



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Track (9-11)

Plans:

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Congratulations Class of 1996

Seated: Travis Head, Jayne Corbin, Nicki Mooers, Megan Hill.
Kneeling: Brian Johnson, Joe Furby, Maurice Currie, Tessa Hill, Heather McCarl, Maya Coleman.
Standing: Gina Cole, Frank Ewurs, Jeny Booth.

From the Class of 1998

GOOD LUCK Seniors

Front: Steve Webb.
Seated: Kristi Cox, Jill Ackelson, Stephanie Carlson.
Standing: Angela Jennings, Sabrina Overton, Patti Mills, Nikki Littel, Joy Elliott, Stephanie Breese.
Back Row: Autumn Davis, Leann Sou, Amy Hollingsworth, Katy Knight, Melissa Bannick.

From the Class of '97

Congratulations Seniors!

We wish you the best of luck in all you do!

Seated: Amanda Smith, Misty Gilleland, Kristie Keener, Becca Stamper, Darvette Smith,, Khamphoui Calo.
Standing: Patchay Kamvanh, Kamilia Lee, Kingkeo Calo, Chommany Lo, Sarah Moran, David Overlin, Doug Smith, Amy Nemmers

From your 1995-96 Student Government Members

Seated: Dr. Steven Fuller, Vice President; Lance Hanson, President; Sharon Page, Secretary; Marsha Mills, Treasurer.

Standing: Gary Jotzske, Sponsor; Kelly Cochran; Jane Christenson; Cindy Carey, Vicki Zelenovich; Mary Cochran; Mary Irvin; Norm Page; Shane Rutledge.

CONGRATULATIONS

Class of 1996

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Congratulations
Mom!!

Love,

Your Son—

Jesse Reasby

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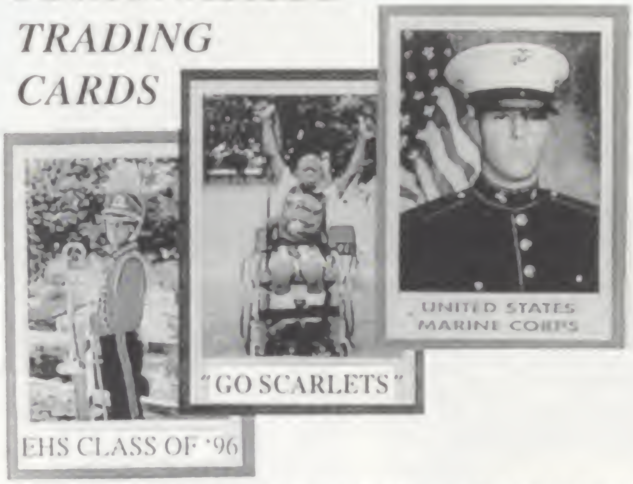
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EHS CLASS OF '96

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Tony Mills

Class of "96"

" You're outta here "

Good luck ! Your future is a bright one. Always look ahead -- never say die -- Take no prisoners -- Always, always remember that we love you ! Mom, Dad, and Patty

---

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Patty Mills
Class of '97

"Grandchildren"

Tony Mills
Class of '96

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Congratulations
Amanda Nalevanko

Good Luck
&
Best Wishes
for watever
the future holds
for you.

Love Forever and Always —
DAD, MOM, & MATTHEW

Becky
Nalevanko
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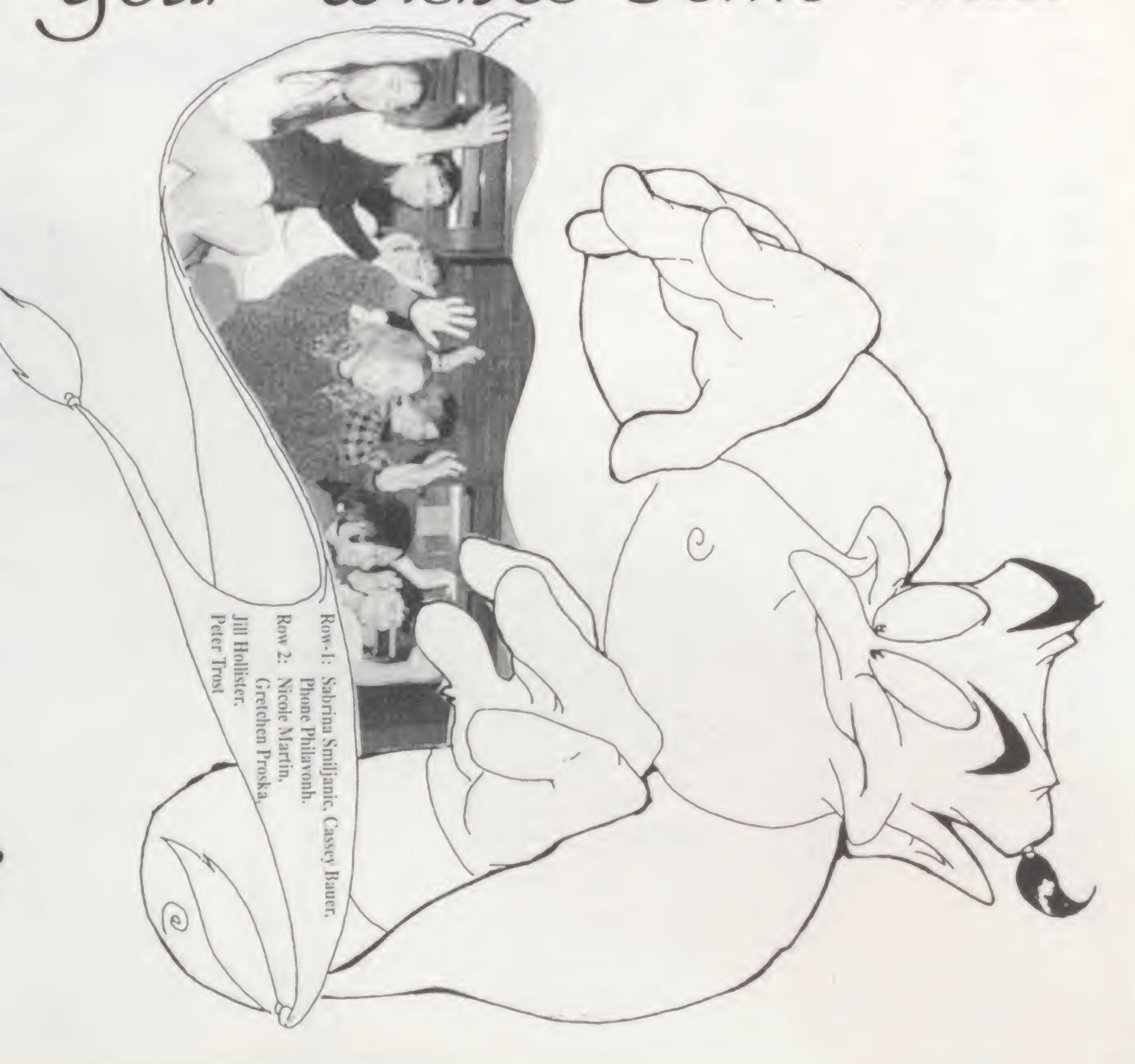
May All Your Wishes Come True!



Row-1: Sabrina Smiljanic, Cassey Bauer, Phone Philavonh.
Row 2: Nicole Martin, Gretchen Proska, Jill Hollister, Peter Trost

"Au Revoir, Seniors!"

Club Francais

Congratulations
1996 Grads!

Barr-Nunn
Transportation

A Smile costs nothing, but gives much.
It enriches those who receive it without making poorer those who give.
It takes but a moment, but the memory of it sometimes lasts forever.
None is so rich or mighty that he can get along without it and none so
poor that he can't be made rich by it.
A smile creates happiness in the home, and in the hospital,
fosters goodwill in business and is the countersign of friendship.
It brings rest to the weary, strength to the sick, cheer to the discouraged,
sunshine to the sad; and is natures best antidote for trouble.
Some people are too tired to give you a smile.
Give them one of yours as…
no one needs a smile so much as he who has no more to give.

H. PHILIP HANSEN TRUCKING

Congratulations Seniors

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To the puzzle-masters…

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Thanks for all the hard work,
late hours, and the
phenomenal productions that resulted.
We are indebted
to your spirit and creativity.

From your puzzled advisers…

Jeff Bock • Nancy Hansen • Nancy Holmes • Ed Kelly

CONGRATULATIONS

We Love
You

Jenny Young!

You're everything
special & good
You've brought the whole
family a world full of fun
in ways no one else could

YOUNG
2
EAST
2
East
2

DAD, MOM, LARRY, and RICHIE

A Year of Disaster

On the evening of October 4, 1995, Hurricane Opal came ashore on Florida's Gulf Coast, packing sustained winds of 125 miles per hour. Before it was through, the storm had killed at least 20 people in four states and caused at least $1.8 billion in damages to insured properties, making it the third-costliest storm in U.S. history.

The storm destroyed or damaged thousands of homes and businesses along a 120-mile stretch of the Florida Panhandle. Many of its residents were still recovering from and repairing damage inflicted by Hurricane Erin two months earlier.

[Inset photo] On October 9, 1995, Amtrak's Sunset Limited derailed en route from Miami to Los Angeles, killing one and injuring more than 70 others.

What made the news worse was the suspicion of sabotage, maybe the work of a railroad employee.

Found at the scene was a letter that made reference to the federal sieges at Waco, Texas, and Ruby Ridge, Idaho, and also mentioned the FBI and the Bureau of Alcohol, Tobacco and Firearms.

It was signed "Sons of Gestapo."

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A Year of Legends

For months, baseball fans were talking about The Streak.

With each game he played, Baltimore Orioles shortstop Cal Ripken Jr. drew one game closer to breaking one of baseball's "unbreakable" records.

In 1939, Yankee first-baseman Lou Gehrig retired after having appeared in 2,130 consecutive games, an accomplishment that surely would never be equaled.

In 1995, Ripken not only equaled it—he surpassed it!

On September 6, 1995, Ripken took the field, as he had done in every Orioles game since May 30, 1982, to play against the California Angels. This was consecutive game 2,131— but not until the fifth inning, when baseball games become official.

When the fifth inning came, fireworks exploded and cameras flashed, as 10-foot banners bearing "2-1-3-1" were unruffled in the outfield stands of Baltimore's Camden Yards.

Befitting a hero, Ripken hit a home run in the game won by the Orioles 4-2.

[Inset photo] In the U.S. Open, Monica Seles was beaten by Germany's Steffi Graf in New York on September 9, 1995. For Graf, it was the third consecutive Grand Slam title, coming after victories at Wimbledon and at the French Open.

In spite of her defeat on the tennis court, Seles felt like a victor of sorts. This loss was the first in a dozen matches that marked her inspired return to the sport after a two-year absence. Seles had been stabbed in the back by a deranged fan at a match in Hamburg, Germany.

"It has been very exciting to me playing again," she said. "As long as I keep having fun, that is what is going to matter to me the most."

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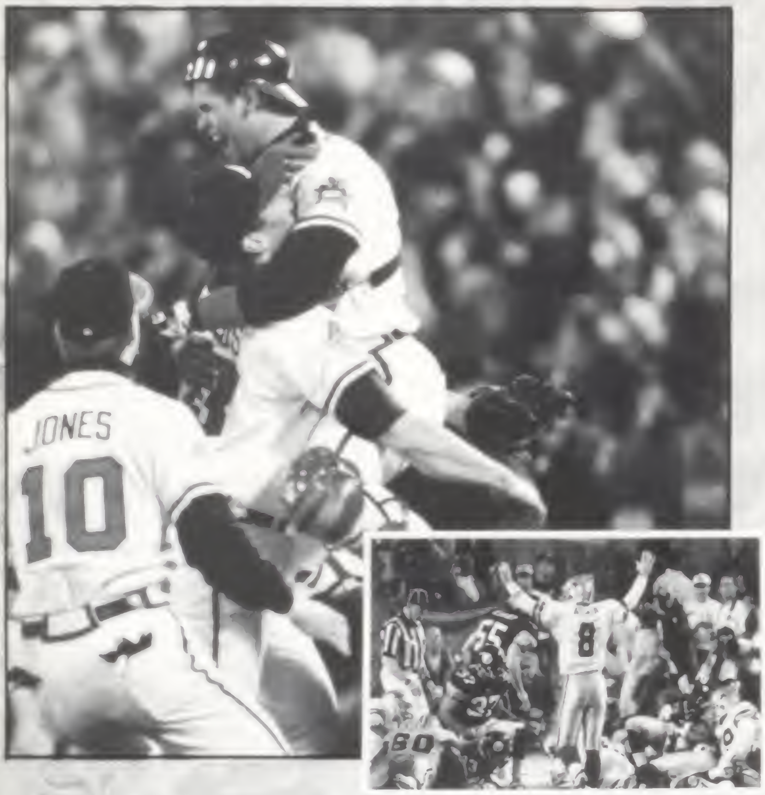
A Year of Tradition



The Cleveland Indians and the Atlanta Braves squared off in the first World Series in two years. This was, perhaps, the first between teams with politically incorrect nicknames.

The hard-hitting Indians compiled a lofty team batting average of .291 for the season, while the Braves pitching staff, led by Greg Maddux (19-2), was widely acknowledged to be the game's best.

It was a Series of the bats vs. the arms. And in the end, the arms were held aloft in triumph.

The Braves won the Series in six games, after taking a two-game-to-none lead in their home park. They won the Series on their return to Atlanta with a 1-0 victory marked by David Justice's home run and the one-hit pitching of Tom Glavine, who was named Series MVP.

[Inset photo] Despite playing nowhere near their best, the Dallas Cowboys won their third Super Bowl in four seasons on January 18, 1996, beating Pittsburgh 27-17. And they did it behind the heroics of cornerback Larry Brown, whose career has been spent in the shadow of glamour guys named Troy, Michael, Emmitt and Deion.

No team has gotten that many Super Bowl titles in such a short span. These Cowboys, basically the same mix of stars and blue-collar workers who won twice under Jimmy Johnson, went just as far with the oft-maligned Barry Switzer.

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A Year of Demonstration

The gathering in Washington, D.C. on October 16, 1995, was tremendous. Hundreds of thousands of African-American men converged on the nation's capital in response to the call from Louis Farrakhan, the Nation of Islam's leader, to rally for unity and brotherhood.

It was the fourth-largest demonstration in Washington's history, and the largest predominately African-American gathering.

There were dozens of speakers, including civil rights veterans Rosa Parks, Dick Gregory and the Reverend Jesse Jackson. Stevie Wonder sang, and Maya Angelou read a poem that urged the men to do right by themselves and "save your race."

The rally's climax was Farrakhan's speech in which he led the men in a pledge to "never raise my hand with a knife or gun to beat, cut or shoot . . . any human being" He urged the rally participants to join organizations, gain political control, fight racism and rid their neighborhoods of crime, drugs and violence.

[Inset photo] France resumed underground nuclear testing in September of 1995, detonating a device under a remote atoll in the South Pacific. Worldwide protests preceded the nuclear test, and criticism from the world followed it.

Two days of rioting, looting and firebombing exploded in Papeete, Tahiti, which lies about 750 miles from the test site. Two ships, part of a Greenpeace "peace flotilla," were stormed and captured by French commandos nearby.

France's President Jacques Chirac defended the tests and said that France would sign a global test-ban treaty at their conclusion.

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A Year of Human Rights

One August 24, 1995, human rights activist Harry Wu set foot on American soil after being imprisoned in China for 66 days.

Wu, a native of China and a naturalized U.S. citizen, had been taken into custody on June 19 while trying to enter China at a remote border crossing.

He was convicted on charges of stealing state secrets and was sentenced to 15 years in prison. Within hours, however, he was released and deported, in an apparent attempt to improve delicate relations between the United States and China.

Wu's trip to China had been one of several clandestine treks he had made since 1991 for the purpose of researching and filming evidence of abuses in China's prison labor camps. His efforts had resulted in television documentaries that gained international attention.

[Inset photo] In a speech to the United Nation's Fourth World Conference on Women, first lady Hillary Clinton took on the world.

Her speech in China made a call for human rights and freedom of expression, and she said that it was indefensible that many women who registered for the conference were denied visas or were unable to fully participate.

The conference platform called for measures to alleviate women's poverty, and improve health care, job opportunities and education.

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A Year of Peacemaking

"The sight you see before you . . . was impossible, was unthinkable, just three years ago," Israel's Prime Minister Yitzhak Rabin told those present at the East Room of the White House.

The "sight" was the September 28, 1995, signing of an accord between Israel and the PLO that would end Israel's military occupation of West Bank cities and lay the foundation for a Palestinian state.

President Clinton presided over the ceremony which featurd two hours of speeches and pageantry before an audience of diplomats, foreign ministers, Cabinet secretaries and members of Congress.

The agreement outlines the process for gradual withdrawal of Israeli troops and transfer of governing authority for Palestinian self-rule in 30 percent of the West Bank. It also allows for Palestinian elections and the release of 5,000 Palestinian prisoners being held by Israel.

[Inset Photo] In a dark remider of underlying tensions and the challenges that lie ahead, Prime Minister Rabin was shot to death on November 4, 1995, moments after telling cheering thousands that "people really want peace." The assassination–the first of an Israeli leader since the state's founding in 1948–stunned the nation.

Rabin was a war hero who became a peacemaker, and police said an Israeli described by friends as a right-winger confessed to firing the fatal shots.

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A Year of Hootie

This summer it seemed as though Hootie and the Blowfish were playing every time you turned on the radio.

The four-man rock group that seemed to come out of nowhere and dominate the audio scene did not go unnoticed on the video scene. Hootie, featuring vocals by lead singer Darius Rucker, won an MTV award for best new artist for their video, "Hold My Hand." The presentation was made at the 12th annual MTV Video Music Awards held in September 1995 in New York.

Dennis Miller hosted the ceremony, which included awards to Tom Petty (best male video), "You Don't Know How It Feels," and Madonna (best female video), "Take a Bow."

TLC won video of the year for "Waterfalls," a cautionary AIDS song.

While presenting best rap video award to Dr. Dre, Madonna lashed out at Republican presidential candidate Bob Dole for his previous criticism of the violent, sexist lyrics of some rap records.

Hootie later won a Grammy for best new artist.

[Inset Photo] Guitarist, composer and singer Jerry Garcia, co-founder of rock music's the Grateful Dead, died of a heart attack on August 9, 1995, just 8 days after his 53rd birthday.

The Dead, formed in 1964, blended rock, bluegrass and folk flavors into their own sound.

A Year of Peacekeeping

The first U.S. Apache and Blackhawk helicopters roared into Bosnia on December 24, 1995, a tangible sign of a NATO mission commanders said was on target and taking control of front-line positions.

While the eight American helicopters, part of the 1st Armored Division, were arriving in the northern city of Tuzla, the headquarters for U.S. troops, French soldiers were extending control in Sarajevo, where a curfew was lifted for Christmas Eve and Christmas.

They reached agreement with Serbs and the Muslim-led government on an initial pullback from font-line positions around the Bosnian capital. The city's people strolled peaceful streets into the early morning. Hope came with Christmas.

[Inset Photo] The former Yugoslavia has been the scene of a civil war since June 1991, and the fighting intensified in 1992 after the republic of Bosnia-Herzegovina declared its independence.

Bosnian Serbs, seeking independence from Bosnia, began their siege of the capital, Sarajevo, as the European community and the United States formally recognized Bosnia.

More than 200,000 people have been killed or are missing since the fighting began.

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A Year of Politics

CLINTON GORE 96
VIVA
BOB DOLE

President Bill Clinton entered the third year of his term as no president has done for 40 years—with a Republican Congress. As he began this new year, he resolved to "put aside partisan differences."

In April 1995, the Senate passed a bill that cut $16 billion from various social programs while sparing other items favored by Clinton. Although the President called the bill "the model of how we can work together," the gap remained wide over such issues as tax cuts, welfare reform and spending reductions.

Although cautious in dealing with the new Congress, Clinton raised his profile and took a firm stand on issues. He said he would try to work with the Republicans on their agenda, but would "no doubt" veto some of their proposals.

On April 14, 1995, Clinton filed the necessary documents with Federal Election Commission and made formal his candidacy for re-election.

The early stages of the '96 presidential race saw popular Desert Storm veteran General Colin Powell decline to enter the fray and Republican Majority Leader Bob Dole throw his hat into the ring one last time, at the age of 73.

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A Year of Terrorism

On April 19, 1995, a car bomb exploded in Oklahoma City (OK), destroying the Alfred P. Murrah Federal Building and killing 261 men, women and young children.

The force of the blast tore off the building's facade and sent it flying 50 feet across the street, where it slammed into another building and came to rest in a parking lot. With the outer wall of the building suddenly gone, workers tumbled out of their offices and into the street where the blast had carved a crater 30 feet wide.

Shortly after the explosion, Timothy McVeigh, a gulf War veteran, was arrested for carrying a concealed weapon. Two days later, he was recognized as one of the bombing suspects and was charged.

Mc Veigh's trial was held in Denver, Colorado and it served to raise public awareness of America's vulnerability to terrorist acts committed on U.S. soil.

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A Year of 'Juice'

On October 3, 1995, the long-running, real-life soap opera played its final episode.

In "the trial of the century," O.J. Simpson was acquitted in the June 12, 1994, stabbing murder of his former wife, Nicole Brown Simpson, and her friend Ronald Goldman.

Americans followed the trial for more than a year, listening to testimony, digesting the evidence and speculating on whether the former football superstar and film actor was guilty.

The jury reached its verdict in less than four hours deliberation, after listening to 133 days of testimony and considering more then 800 pieces of evidence.

It was a case that would leave Americans with many lasting images:

—A white Ford Bronco leading a police chase;

—Simpson trying on "the murder gloves" in court;

—The testimony of prosecution witness Police Detective Mark Fuhrman, whose credibility was later destroyed when it was shown that he lied under oath about his use of racial epithets.

In a statement made soon after his acquittal, Simpson vowed he would dedicate his life to a search for the real killers. Many Americans, however, still believed him to be the guilty one.

Gaseous Pillars in M16 · Eagle Nebula
Hubble Space Telescope · WFPC2

A Year of Discovery

The first detailed image of a distant star shows that the red giant Betelgeuse has a single, gargantuan hot spot that may be 12,000 degrees and an atmosphere extending much farther into space than once thought.

A Hubble space telescope image of Betelgeuse gives for the first time details of a star other than the sun and suggests that it may have dramatic physical differences from the sun.

"We have looked into space and have seen the face of a star," said Andrea Dupree of Harvard-Smithsonian Center for Astrophysics in Cambridge, Massachusetts. "It is exciting."

Betelgeuse, 500 light years from the earth, is the shoulder star in the constellation Orion, the Hunter. It is the seventh brightest star in the winter sky of the northern hemisphere and appears to have a reddish tint to the naked eye.

COLOPHON

The Herff Jones Yearbook Company of Shawnee Mission, Kansas produced 1150 copies of the 1996 Quill. Twenty-nine staff members put together the 344 page spring-delivery book on 80 lb. Bordeaux paper.

The laminated lithograph cover is printed with four color process soy ink. Endsheets are printed with black ink on gray paper stock. The 8.5" x 11" book is printed with offset lithography and is smyth-sewn, rounded and backed.

The majority of the copy throughout the book is Garamond.

All pages were submitted on Sy-quest cartridges using 12 Macintosh computers and the applications Word 5.0, FreeHand 5.0, and PageMaker 5.0. Most of the ads and backgrounds for some of the pages were submitted as camera-ready art.

Books were sold from September through November for $35, or included with a $60 Activity Ticket. The 1996 Quill was completed on March 8th. The Herff Jones representative was Paul Havnen.

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Yearbook Staff:
Michelle Vail-Editor-in-Chief
Kaofeng Lee-Design Editor

Heather Armstrong-Academics Editor
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Soukham Baccam, Stephanie Fallis, Job Yamen

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Landna Baccam
Mano Baccam
Angela Beason
Ryan Cook
Angla Curtis
Rachel Deierling
Amanda Grant
Stacy Haws
Amy Klopfenstein
Kelly Kraska
Cindy Lo
Mike McDowell
Jill Nowadzky
Steven Porter
Ken Sinclair
July Thongthi

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— MANY "THANKS" TO OUR 1996 RETIREES —

"Thanks" for more than 150 cumulative years of teaching of which 75 years were at EHS

John Schnoor
Total years teaching: 35
Years at EHS: 28
EHS Golf Coach: 25 years

Robert Madison
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Total years teaching: 33
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Total years teaching: 31
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In 1996, I graduate again—
to Retirement"

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Total years teaching: 12
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